

**Mid-State Unity Area of NA**  
**Minutes for January 13, 2020**

Page 1 of 6

**Open:** The meeting opened at 7:00pm with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

**Welcome all new GSRs, Alt GSRs, and Visitors:** Brendan L. (Alt. GSR - All About Change), Don D. (Alt. GSR – Stepping Into the Weekend), Jim K. (Secretary – Stepping Thru It All), Wayne (Visiting), Cathy P. (Secretary - Over the Wall), Dave R. (visiting)

**Mail:** Nothing.

**Roll Call:** There are 20 groups in MSUA. “Where Are We Going” group has folded. 17 groups were present and all have voting privileges. Quorum is set at 14 (2/3 of 20). The Literature Chair was not present. All other Area trusted servants were present with Secretary, Alternate Regional Committee Member (RCM), and Hospitals & Institutions (H&I) Chair vacant.

**Service Orientation:** The vice-chair read from our Policy, page 1 – Purpose and Function

**Announcements:**

- Stepping Into the Weekend group is hosting Chili Cook Off Game Night Feb 8th. \$5.00
- Stepping Thru It All needs addict support. (flyer). If they don't fill trusted servants by March then they might have to fold.
- Over the Wall group is celebrating their 34th Anniversary (flyer)
- All About Change group is having an ECCNA fundraiser. (flyer)
- Activities Subcommittee is hosting a “Rolling into Recovery” event (flyer)
- CAR Learning Day is January 25<sup>th</sup>, Brownstone Church in Portland (1pm – 5pm).

**Secretary Minutes** – December minutes were approved as distributed. **16-0-1.** New Perspectives groups didn't get them. They are requesting hard copy mailed.

**Treasurer report** – **Tonia C. read the report.** There were no questions. The report was approved **17-0-0.**

**Regional Committee Member (RCM) – Tommy F. read the report.** Three regional budgets are back to the Area for conscience (see New Business). The motion re: Strategic Planning Workgroup (SPW) merging into the Public Relations subcommittee was ruled out of order.

There were questions and discussion re: the SPW.. why was the motion ruled out of order? A: RCM states that it's because both committees recommended against it. Also a question as to whether it's a subcommittee or an ad hoc? It's an ad hoc for now but they plan on bringing a motion to become a full standing committee.

Discussion also about Area minutes not being posted on the website or some events not being on the calendar. It's in our policy that RCM is responsible for getting these on the website. Our group would like that taken care of.

***The CTRSC meets on the 3<sup>rd</sup> Saturday of every month in the Bengtson-Woods Building across from the main entrance of Middlesex Memorial Hospital, 28 Crescent St., Middletown at 2:00pm.***

**Activities** – **Jazmine B. read the reports.** The committee met twice since the last Area. Discussed the movie night, planning a get-together roller skating event, a possible event at a trampoline park, a 2<sup>nd</sup> chance prom, and also the marathon meetings and Gathering of Gratitude.

***Activities meets on the 2<sup>nd</sup> Wednesday of every month at Bethany Lutheran church located at 50 Court St., Cromwell at 9:00 p.m. after the all about change group.***

**Mid-State Unity Area of NA**  
**Minutes for January 13, 2020**

Page 2 of 6

**Hospitals & Institutions (H&I) – Tonia read the report.** The committee has been restructuring and ensuring all panels have members. Rushford on Sundays is now being serviced by Central Connecticut Area.

Q: What happened with HIPAA violations? - A: A couple of months ago someone on our panel let someone on the outside know something about someone who was inside and also about someone passing away. And also, someone let parents know their daughter was inside. Those are clear violations.  
Q: Is that person still on panel A: No.

**\*new day\* - H&I meets the 3<sup>rd</sup> Sunday of every month at Church of the Holy Trinity, 381 Main St., Middletown. New member orientation begins at 6:30pm followed by the regularly scheduled subcommittee meeting at 7:00pm.**

**Literature – Billy L. was absent.**

**Literature meets the 2<sup>nd</sup> Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:15pm.**

**Public Relations (PR) – Mark R. read the report.** Meeting was cancelled because of the holidays. Convention workshop went well. Requesting money to place an ad in the Big Y in Rocky Hill. It will play for the whole year.

**Public Relations meets on the 4<sup>th</sup> Sunday of every month at Church of the Holy Trinity, 381 Main St., Middletown. at 5:00 PM. New member orientation follows the subcommittee meeting.**

**Retreat – Kate D. gave a verbal report.** There were 4 addicts in attendance. \$0 balance. \$385 ending. 1 full, 2 deposits, \$5 donation. Discussed new workshops; Yoga, Step Writing, Vision Board. And an open meeting on Saturday night. Discussed some fundraising options. And a lot of discussion about bank account.

Q: Can we have a written report next month so we can see what's going on? A: Chair said just email it to the secretary every month and it will get emailed out with the minutes.

**Retreat meets the 2<sup>nd</sup> Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:30pm.**

**Ad Hoc for Gathering of Gratitude – Briana H. gave a verbal report.** The event went really well. Thanks to everyone who came and supported. We didn't really tally who brought food and who didn't. Things came in throughout the night. I Didn't really have a lot of support throughout the planning and the area should take that into consideration if we want to do this again.  
The chair thanked Briana and the ad hoc is disbanded.

**Group Reports:**

<b>Group</b>	<b>GSR/Alt.</b>	<b>Concerns</b>	<b>Positions OTF</b>
After the Weekend	Brian M.	All is well	Various
All About Change	Ann P.	ECCNA 24 fundraiser on May 9th. 2pm – 10pm	
Basically Lit	Reneé M.	Small Intimate Candlelight meeting. Always welcoming	Alt. Secrty, Alt. Treasr
Came to Believe	Lisa M.		
Living Clean	Gene F.	All is well	Alt. GSR

**Mid-State Unity Area of NA**  
**Minutes for January 13, 2020**

Page 3 of 6

Miracles at Trinity	Keith W.		
New Freedom	Karlene D.	All is well	GSR, Treasr, Secrty
New Perspectives	Leonard S.	All is well	Alt. GSR
No Joke on Main	Brittany L.	Need support for commitments that require over a year of clean time	Secretary
Over the Wall	Dave R.		
Saturday Night Sanity	Absent		
Serenity Check	Stacy D.	12 <sup>th</sup> anniversary - January 29 <sup>th</sup> . Special gratitude meeting, celebration after the meeting. Potluck.	
Stepping Free	Josh C.	Questions about the regional Strategic Planning workgroup	
Stepping into the Weekend	Don D.	Chili Cookoff/Game Night February 8 <sup>th</sup>	Alt. GSR
Stepping Through it All	Jim K.	Need trusted servants or group may fold.	Secrty, GSR, Alt. GSR, Treasr, Tote person.
Stepping Up	absent		
Straight Lace	absent		
Till the Wheels Fall Off	Briana H.	Negotiated rent to \$75. Still looking for a place with lower rent.	GSR
Whole Lava Love	Muriel R.		
Working the Steps	Stacy M.	Need addict support. Next business mtg. changes to format. Haven't collected enough for rent in 2 months	Alt. GSR

**Break:** 7:53pm - 8:06pm

**Roll Call II:** 17 groups answered roll call, all of them with voting privileges so quorum was met. All Area trusted servants are present except Literature Subcommittee Chair.

**Sharing Session:**

- Bank Account for Retreat – Motion made. Discussion in new business.
- MSUA Minutes not being posted to website. RCM will talk to Webservant at Region and iron out the process.
- Movie Night Budget - Licensing Fee Not Needed - Can we use those funds for other things?
  - Snacks budget was sort of a mess so I'm in favor.
  - Why don't we need it. A: The church is covering it as part of the rent. Last year was a one-time thing. The church now has a full year licensing agreement.
  - No objection to using

**Mid-State Unity Area of NA**  
**Minutes for January 13, 2020**

**Elections:**

- Alternate RCM - 3 years' clean time and prior ASC experience required.
- Secretary – Briana H. was nominated, qualified, and elected. **Congratulations!**
- H&I Subcommittee Chair – Tonia C. was nominated, qualified, and elected. **Congratulations!**
- ASC Chair – Adam H. nominated but declined. 2 years' clean time and prior experience as an ASC Admin Officer required.
- ASC Vice-Chair – 1 year clean time and prior experience as an ASC Admin Officer required.
- ASC Treasurer – Brian M. nominated but declined. Adam H. nominated, qualified, and elected. **Congratulations!**
- RCM – Tommy F. nominated but declines. 3 years' clean time and prior ASC experience required.
- Literature Chair - 2 years' clean time and 1 year prior experience required

Tommy said he will continue with ongoing issues and can represent our Area at the RSC meeting for the foreseeable future. There was a vote of confidence for Tommy to represent us.

Since there's no Chair or Vice-Chair, the question of who will be signing checks came up. There was no objection to Tonia continuing to co-sign checks.

It was also asked who will chair the meeting next month. It's customary for the RCM to chair if there is no chair or vice-chair.

Stacy D. volunteered to pick up the key from the senior center. Thank you, Stacy.

**Old Business:**

None

**New Business:**

**Regional Motion #1 (12/21/2019):** To approve 2020-2021 Schedule Facilitator Budget.

<b>Regional Schedule Facilitator</b>	<b>2019 - 2020 Approved</b>	<b>Spent to Date</b>	<b>2020 - 2021 Proposed</b>
Copies	60.00	4.47	<b>60.00</b>
Supplies	40.00	6.38	<b>40.00</b>
Postage	100.00	-	<b>100.00</b>
Workshops	-	-	-
P.O. Box	100.00	106.00	<b>120.00</b>
<b>Totals</b>	<b>300.00</b>	<b>116.85</b>	<b>320.00</b>

Intent: To be financially transparent

Made/Seconded: Schedule Facilitator/MSUA

Q: Why is postage still \$100 if they didn't use any? A: They've been encouraging places to buy their own. Sometimes it's used for free schedules.

**Tabled to Groups for one month**

**Mid-State Unity Area of NA**  
**Minutes for January 13, 2020**

**Regional Motion #2 (12/21/2019):** To approve the Regional Delegates team 2020-2021 proposed budget.

<b>Regional Delegate Team *</b>	<b>2019 - 2020 Approved</b>	<b>Spent to Date</b>	<b>2020 - 2021 Proposed</b>
Conferences; Workshops; Symposiums; Forums	3,118.44	2,140.43	* 1,424.00
RDA Airline Ticket – World Service Conference	400.00	-	-
Conference Agenda Reports	225.00	160.49	-
Connecticut Regional Workshops	700.00	330.21	400.00
Copies and Supplies	250.00	287.22	400.00
<b>Totals</b>	<b>4,693.44</b>	<b>2,918.35</b>	<b>2,224.00</b>

<b>* Detailed Breakdown of Conferences; Workshops; Symposiums; Forums</b>		
<b>2020 World Service Conference Wrap-up Report</b>	<b>80.00</b>	
<b>October 2020 NEZF – Northern NJ Region</b>		
• Hotel (1 room for 2 nights)	<b>275.00</b>	
• Mileage (approx.. 256 miles roundtrip)	<b>150.00</b>	
• Meals (Delegate and Alternate)	<b>160.00</b>	
<b>February 2021 MARLCNA (Lancaster, PA)</b>		
• Hotel (1 room for 2 nights)	<b>275.00</b>	
• Mileage (approx.. 558 miles roundtrip)	<b>324.00</b>	
• Meals (Delegate and Alternate)	<b>160.00</b>	

Intent: To be financially responsible.

Made/Seconded: Regional Delegate/TVA

**Tabled to Groups for one month**

**Regional Motion #3 (12/21/2019):** To approve the RSC Administrative 2020-2021 Proposed Budget.

<b>Administrative Officers *</b>	<b>2019 - 2020 Approved</b>	<b>Spent to Date</b>	<b>2020 - 2021 Proposed</b>
RSC Chair	50.00	8.68	50.00
RSC Vice Chair	50.00	2.34	50.00
RSC Secretary	200.00	109.93	200.00
RSC Treasurer	150.00	92.78	150.00
P.O. Box Rental	154.00	154.00	165.00
RSC Rent	240.00	-	240.00
Regional Insurance Policy	1,186.00	1,041.00	1,200.00
Storage Unit	270.00	-	270.00
Regional Learning Day	950.00	582.86	850.00
Ad-Hoc Committee	825.00	325.00	825.00
<b>Totals</b>	<b>4,075.00</b>	<b>2,316.59</b>	<b>4,000.00</b>

Intent: To be financially responsible.

Made/Seconded: Regional Delegate/TVA

Q: The \$240 for rent... do they pay that or buy literature for the facility. A: The buy lit with the money.

**Tabled to Groups for one month**

**Mid-State Unity Area of NA**  
**Minutes for January 13, 2020**

Page 6 of 6

**Motion #4 (1/13/2020):** Change Policy F. Retreat: 2. General: b. to read “The Retreat funds will be held in the MSUA bank account as a special reserve until the date of the annual retreat when a check made out to the retreat center is needed.”

Intent: To stop the retreat bank account from being in addict’s names and personal info being passed to new hands yearly.

Made/Seconded: Retreat Subcommittee Chair/Working the Steps

Q: The way the motion is written the Retreat won’t be able to get any money anytime until the day of the retreat. A: We don’t need money before that.

Discussion that we should take that into account and possibly reword the motion.

**Referred to the Treasurer for 1 month to discuss with the bank if there will be an issue depositing checks made out to “Became Willing Retreat” in our MSUASCNA bank account.**

**Closed at 8:54pm. Next MSUA Meeting will be February 10, 2020 at the Waverly Center, 7 Waverly Ave. Portland, CT 06480.**

In Service,  
Adam H.  
Chair, MSUASC

**Upcoming events:**

- January 29, 2020 – Serenity Check 12 year group anniversary – 5:45pm – 6:45pm is the meeting. Potluck celebration to follow. Third Congregational Church, 94 Miner St., Middletown, CT 06457
- February 25, 2020 – Over the Wall 34 year group anniversary – 6:00pm – 8:00pm Delicious Food, Great Fun and Fellowship, Speaker Meeting.
- March 7, 2020 – MSUA Activities “Rolling Into Recovery” – 6:00pm – 9:00pm. Bring \$11.00. Middletown Roller Skating Rink, 547 Main St., Middletown, CT 06457
- May 9, 2020 – All About Change group ECCNA 24 Fundraiser – 2:00pm – 10:00pm. 7 Speakers, Potluck Dinner, Dance. \$7.00. Bethany Lutheran Church, 50 Court St., Cromwell, CT

**The most efficient way to convey meeting changes to region is to fill out the Meeting Change form on our Regional Website. Go to [ctna.org](http://ctna.org), scroll to the very bottom of the page, and click “Meeting Change”.**

**Emergency or Temporary Group Cancellation or Relocation:** *If your group must cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs or other trusted servants should contact the MSUA chair at (860) 704-9899 with the information, and the chair will then use the MSUA email and telephone lists to disseminate the details as soon as possible*