

Key

O – (Open)	All are welcome.
ST – (Step)	Twelve Steps of NA.
T – (Tradition)	Twelve Traditions of NA.
SWG – (Step Working Guide)	Discussion of the Step Working Guide text.
S – (Speaker)	Speaker, then opened for participation by attendees.
K – (Keytag)	Keytags handed out celebrating lengths of clean time.
FD – (Five and Dime)	Discussion on the Fifth Step and Tenth Step
LC – (Living Clean)	Living Clean Book
IG – (Introductory Guide)	Introductory Guide to NA
HIV – (HIV)	Focused on the needs of HIV positive members.
JFT – (Just for Today)	Just For Today text.
BST – (Beginners Step (1,2,3))	Steps 1, 2, 3, typically reading them from the Basic Text.
DC – (Childcare)	Childcare is available
C – (Closed)	Closed to non-addicts.
ES – (Español)	Spanish.
M – (Men)	Meant to be attended by men only.
W – (Women)	Meant to be attended by women only.
LGBT – (Gay/Lesbian/Bi/Trans)	Focused on the needs of LGBT community.
IP – (Informational Pamphlet)	Discussion of one or more Informational Pamphlets.
PI – (Pitch)	Each person who shares picks the next person.
RF – (Rotating Format)	Format that changes for each meeting.
To – (Topic Discussion)	Discusses a chosen topic.
IT – (It Works: How and Why)	Discussion of the It Works-How and Why text.
AW – (Basic Text)	Discussion of the Basic Text of Narcotics Anonymous.
CL – (Candlelight)	Meeting is held by candlelight.
WC – (Wheelchair)	Wheelchair accessible.
GP – (Guiding Principles)	Discussion of the Guiding Principles book.
YP – (Young People)	Focused on the needs of younger members of NA.

N.A. Meetings are usually 90 minutes long (an hour and a half), unless otherwise indicated.

Sunday

New Britain	9:00 AM (1 hour 15 min)
Sunday Morning Serenity (O,S,To)	
St. Marks Episcopal Church, 147 West Main St	
<i>Speaker on the second Sunday of each month</i>	
Waterbury	10:00 AM
A Fresh Start (O,S,To,K)	
West Main Behavioral Health Center, 88 Grandview Ave	
Basement	
Windsor Locks	10:00 AM (1 hour)
Sanity on Sunday (O,S,To)	
Windsor Locks Senior Center, 41 Oak St	
2nd Floor Speak every 2nd Sunday of the month	
Bristol	10:30 AM (1 hour)
Early Stepping (O,BST,S)	
Bristol Recovery Club, 67 West St	
Rear Entrance	
Fairfield	10:30 AM
Recovery on Park Avenue (O,To,WC)	
Sacred Heart University, 5151 Park Ave	
Room HC 202	
Hartford	10:30 AM
Honesty in Reality (O,S,To,WC)	
Hartford Hospital Amphitheater, 560 Hudson St	
Corner of Jefferson	
Middletown	10:30 AM
New Freedom (O,To,WC,K)	
St. Vincent DePaul Soup Kitchen, 615 Main St	
Just North of Washington St.	
New Haven	10:30 AM (1 hour 15 min)
No Excuses (O,To,WC,K)	
Yale Health Center, 55 Lock St	

Sunday-continued

New Haven	10:30 AM
Today We Live (O,To,WC)	
Awning Cleaning Industries, 29 Fitch St	
Guilford	1:00 PM
New Day New Way (O,S,To,WC)	
First Congregational Church, 122 Broad St	
Route 77	
Wolcott	4:30 PM
Young, Serene & Living Clean (O,S,To,WC,VP,K)	
W.A.L.C. (Wolcott Activities and Learning Center), 48 Todd Rd	
Meriden	5:30 PM (1 hour 15 min)
Principles Before Personalities (O,GP)	
Immanuel Lutheran Church, 164 Hanover St	
Bridgeport	6:00 PM
Open Arms (O,JFT,To,K)	
Bethel AME Church, 110 Grove St	
Corner of Laurel Street	
Bristol	6:00 PM (1 hour 15 min)
Principles Before Personalities (O,S,ST,W,K)	
Bristol Baptist Church, 43 School St	
Hartford	6:00 PM
Y Are We Here (O,S,To,WC)	
Trinity Church, 120 Sigourney St	
Middletown	6:00 PM
Serenity at Sundown1 (O,To)	
St. Bernadette's R.C. Church, 305 Townsend Ave	
<i>Speaker on the last Sunday of each month</i>	

Sunday-continued

New London	6:00 PM (1 hour)
Living Clean (O,LC)	
Lawrence and Memorial Hospital, 365 Montauk Ave	
Second Floor Conference Room #2	
Bristol	7:00 PM (1 hour)
Sunday Night Surrender (O,IPS)	
United Methodist Church, 99 Summer St	
Corner of Church St.	
Middletown	7:00 PM (1 hour)
Came To Believe (O,To,WC,K)	
Church of the Holy Trinity, 381 Main St	
2nd floor	
Naugatuck	7:00 PM
When at the End of the Road (O,LC,K)	
Naugatuck Congregational Church, 9 Division St	
New Britain	7:00 PM (1 hour 15 min)
Sunday Night Sanity (O,To,LC)	
YMCA, 50 High St	
<i>Living Clean 1st and 3rd Sunday</i>	
New Haven	7:00 PM
Serenity by the Sea (O,To)	
Fort Hale Park, Fort Hale Park Rd	
<i>Seasonal: Memorial Day - Labor Day</i>	
New Haven	7:00 PM
Hope to Grow (O,S,To)	
Trinity Lutheran Church, 234 Orange St	
Corner of Wall St.	
Norwalk	7:00 PM
Road to Recovery (O,BT,To)	
First Congregational Church, 3 Lewis St	
Corner of Park St.	
Old Lyme	7:00 PM
Great to be Straight (O,ST,T,WC)	
Roger's Lake Clubhouse, 75 Rogers Lake Trail	
Address is approximate	
Plainville	7:00 PM (1 hour)
The Promise is Freedom (O,S,T)	
Plainville Congregational Church, 130 West Main St	
<i>Tradition Speaker on the last Sunday of each month</i>	
Stamford	7:00 PM
Courage to Change (C,BT,JW,JFT)	
Chester Addison Community Center, 245 Selleck St	
Litchfield	7:30 PM (1 hour 15 min)
Miracles Happen (O,To)	
Saint Michael's Church Annex, 23 South St	
Middletown	7:30 PM
Where We Are Going (O,WC,LC)	
St. Vincent DePaul Soup Kitchen, 615 Main St	
Just North of Washington St.	
Moosup	7:30 PM
Moose Tracks (O,CL,To)	
Moosup Methodist Church, 13 South Main St	
Mystic	7:30 PM
Walking Tall In Recovery (O,JP)	
Potter's House Church of God, 500 Sandy Hollow Rd	
New Britain	7:00 PM (1 hour)
Spring Into Recovery (O,S,K)	
St. John's Evangelical Lutheran Church, 295 Arch St # 303	
Corner of Grand St.	
New London	7:00 PM
Clean and Serene (C,ST,T)	
St. James Episcopal Church, 76 Federal St	
Wallingford	7:30 PM (1 hour)
Touch of Life (C,JFT)	
Renaissance Club, 68 Quinipiac St	
Canaan	8:00 PM (1 hour)
Exactly Where You Need To Be (S)	
St. Joseph's Church, 2 E Main St	

Monday

Danielson	10:00 AM (1 hour)
Morning Serenity (O,LC)	
Westfield Congregational Church, 210 Main St	
New London	10:00 AM (1 hour)
NA in the Day (O,BST,JFT,RF,To,K)	
Huntington Street Baptist Church, 29 Washington St	
New Britain	12:00 PM
Genesis (O,To)	
South Congregational Church - Hart Hall, 56 Arch St	
Entrance thru courtyard in basement	
New Haven	12:00 PM (1 hour)
Out of the Darkness (O,To,WC)	
Episcopal Church of St. Paul & St. James, 57 Olive St	
Corner of Chapel St.	
Stamford	12:00 PM (1 hour)
Serenity at Noon (O,JFT,WC)	
Inspirica, 141 Franklin St	
Wallingford	12:30 PM
The Midday Message (O,To)	
First Congregational Church, 23 South Main St	
Rear of building	
New Britain	5:30 PM (1 hour)
Lifeline to Recovery (O,To,WC)	
St. Mark's Episcopal Church, 147 West Main St	
Niantic	6:00 PM (1 hour)
A New Wave of Serenity on the Sound (O,To,WC)	
Saint John's Episcopal Church, 400 Main St	
Portland	6:45 PM (1 hour 15 min)
Working the Steps (O,ST)	
Portland United Methodist Church, 381 Main St	
<i>First half personal step work. Second half step discussion out of the JFT</i>	
South Windsor	6:45 PM
Women Stepping Up (O,ST,W)	
Our Savior Lutheran Church, 239 Graham Rd	
Main Level	
Bloomfield	7:00 PM
New Bridge Over Troubled Waters (O,ST,T)	
First Congregational Church, 10 Wintonbury Ave	
Essex	7:00 PM (1 hour)
Steps on the Hill (O,SWG,To,WC)	
First Congregational Church, 6 Methodist Hill	
Street Entrance	
Meriden	7:00 PM
Straight From the Hip (O,DC,To,W,WC,LC,K)	
Emmanuel Lutheran Church, 164 Hanover St	
Middletown	7:00 PM (1 hour)
Miracles at Trinity (O,S,To,K)	
Church of the Holy Trinity, 381 Main St	
2nd floor <i>Speaker on the last Monday of each month</i>	
Mystic	7:00 PM (1 hour)
Walking Tall In Recovery (O,JP)	
Potter's House Church of God, 500 Sandy Hollow Rd	
New Britain	7:00 PM (1 hour)
Spring Into Recovery (O,S,K)	
St. John's Evangelical Lutheran Church, 295 Arch St # 303	
Corner of Grand St.	
New London	7:00 PM
Clean and Serene (C,ST,T)	
St. James Episcopal Church, 76 Federal St	

Monday-continued

Norwalk	7:00 PM
It Works, How & Why (C,ST,T,WC,K)	
First Congregational Church, 3 Lewis St	
Corner of Park St.	
Shelton	7:00 PM
Just For Monday (O,BT,K)	
War Memorial Building, 695 Howe Ave	
Rt. 110	
Southington	7:00 PM (1 hour)
Keep on Stepping (O,ST,WC)	
St. Paul's Episcopal Church, 145 Main St	
Stamford	7:00 PM (1 hour 15 min)
Recovery on the Hill (O,JFT)	
New Life Foundation, 41 Stillwater Ave	
Waterbury	7:00 PM
Unity Group (S,To)	
North End Recreational Center, 268 North Main St	
Willimantic	7:00 PM
There is Hope (O,JFT)	
CCAR, 713 Main St	
Corner of Church St.	
Windsor Locks	7:00 PM
Locked in Recovery (O,IPS,To,WC)	
Congregational Church of Windsor Locks, 8 Main St	
Branford	7:30 PM
Spiritual Thunder (O,To)	
First Baptist Church, 975 Main St	
Bridgeport	7:30 PM
West Side Story (O,S,To,K)	
Bethel AME Church, 110 Grove St	
Corner of Laurel St.	
Bristol	7:30 PM (1 hour)
Monday Night Miracles (O,S,To)	
Asbury United Methodist Church, 90 Church Ave	
Forestville	
East Hampton	7:30 PM (1 hour)
After the Weekend (O,To,WC,K)	
Bethlehem Lutheran Church, 1 West High St	
Corner of Rt. 66 and Main St. <i>Speaker on the last Monday of each month</i>	
Meriden	7:30 PM
No Mas (O,To,K)	
First Congregational Church, 62 Colony St	
Milford	7:30 PM
More Will Be Revealed (O,BT,CL,S,To)	
United Presbyterian Church, 109 Seaside Ave	
New Haven	7:30 PM (1 hour 15 min)
Living Clean (O,LC)	
First Presbyterian Church, 704 Whitney Ave	
Norwich	7:30 PM
Chelsea Group (O,BT)	
Christ Episcopal Church, 78 Washington St	
Mystic	7:30 PM (1 hour)
Recovering Hearts (O,SWG,ST,W,K)	
United Congregational Church, 1622 Torrington St	
<i>Women's Meeting</i>	
Danbury	7:00 PM
Starting Over (O,ST,To)	
Community of the Cross Church, 7 Madison Ave	
Danielson	7:00 PM (1 hour)
Get Clean or Die Trying (O,S)	
United Methodist Church, 9 Spring St	
Fairfield	7:00 PM (1 hour 15 min)
Primary Purpose (O,RF,K)	
Holy Family School, 140 Edison Ave	
Room 10	
Hartford	7:00 PM (1 hour 15 min)
Sisters Reaching Out (C,S,ST,W,WC,K)	
Liberty Christian Church, 23 Vine St	
Corner of Vine & Albany	
Waterbury	7:30 PM
Recovery in the East (O,RF)	
Saints Peter and Paul Church, 117 Southmayd Rd	
Higginan	8:00 PM (1 hour 15 min)
Stepping Free (O,S,ST,WC)	
St. James Church Parish Hall, 501 Killingworth Rd	
Corner of Rt. 81 and Little City Rd.	
Norwalk	7:00 PM
Never Alone, Never Again (O,LGBT,RF,K)	
Triangle Community Center, 619 West Ave	
Room B <i>Parking behind building available.</i>	
Old Lyme	7:00 PM (1 hour)
Living Clean Today (O,To,WC,LC)	
St. Ann's Episcopal Church, 82 Shore Rd	
Plainville	7:00 PM (1 hour 15 min)
The Healing Starts Here (O,SWG,WC,K)	
Our Lady of Mercy Parish Center, 19 Canal St	
Room 106	

Tuesday

New London	10:00 AM (1 hour)
NA in the Day (O,BST,JFT,RF,To,K)	
Huntington Street Baptist Church, 29 Washington St	
Waterbury	10:30 AM (1 hour 15 min)
Carpe Diem (BST,WC)	
St. John's Episcopal Church, 16 Church St	
On The Green	
Hartford	12:00 PM
Just Do It (O,To)	
United Methodist Church, 571 Farmington Ave	
Corner of South Whitney	
New Britain	12:00 PM (1 hour 15 min)
The Reach Within Group (O,DC,To)	
South Congregational Church - Hart Hall, 90 Main St	
Corner of Arch St.	
New Haven	12:00 PM
Tuesday at Noon (O,ST,WC,K)	
Episcopal Church of St. Paul & St. James, 57 Olive St	
Corner of Chapel Street	
Middletown	5:30 PM (1 hour)
Recovery 101 (O,RF,WC)	
Wesleyan University Campus (Albrinton Hall), 222 Church St	
Rm 304 - Across Street from Parking Lot <i>Free Parking available in Lot C on Church Street</i>	
Bridgeport	7:30 PM
Principles Before Personalities (O,ST)	
Golden Hill Methodist Church, 210 Elm St	
Corner of Lafayette St.	
Bristol	7:30 PM (1 hour)
Stop-N-Recover (O,S,ST,To,WC,K)	
Bristol Recovery Club, 67 West St	
East Haven	7:30 PM
Outer Limits (O,S,To,K)	
Christ & the Epiphany Church, 39 Park Place	
Enfield	7:30 PM (1 hour)
Monkeys with an Itch (O,S,ST,To,WC,K)	
St. Patrick, A&C church, 64 Pearl St	
<i>Speaker last Tuesday/Mo.</i>	
Hartford	7:30 PM (1 hour)
Addicts in Recovery (O)	
Mount Sinai Hospital, 500 Blue Hills Ave	
Meriden	7:30 PM
State of Recovery (O,To,WC,K)	
Immanuel Lutheran Church, 164 Hanover St	
Middletown	7:30 PM
New Perspectives (O,WC,K,GP)	
St. Vincent DePaul's Soup Kitchen, 615 Main St	
Mystic	7:30 PM (1 hour)
Twilight Zone (O,S,ST,K)	
Old Mystic Fire District Hall, 115 Welles Rd	
New Haven	7:30 PM (1 hour)
Boys to Men (O,M,S,To,WC,K)	
MAAS Building, 426 East St	
New London	7:30 PM (1 hour 15 min)
We Do Recover (O,JFT)	
Huntington Baptist Church, 29 Huntington St	
New Britain	7:30 PM
Free at Last (O,JW,WC,K)	
Winchester Center Congregational Church, 0 West Rd	
Rt. 263 and Newfield Rd.	
Woodbury	7:30 PM
Recovery in the Woods (O,BT,To,K)	
North Congregational Church, 11 Main St North	
Rt. 6 and Rt. 47	
New Haven	8:00 PM
Elm City Serenity (O,ST,K)	
St. Paul's UAME Church, 150 Dwight St	
Newington	8:00 PM (1 hour 15 min)
Straight Ahead (O,S,To,WC)	
Grace Episcopal Church, 124 Maple Hill Ave	

Tuesday-continued

Portland	7:00 PM (1 hour)
Over The Wall (O,To,WC,K)	
Portland United Methodist Church, 381 Main St	
Corner of Church St.	
Stamford	7:00 PM
Recovery on Tuesday (O,BT)	
New Life Foundation, 41 Stillwater Ave	
Waterbury	7:00 PM
Breaking the Chains (C,To,K,HIV)	
North End Recreational Center, 268 North Main St	
Wethersfield	7:00 PM
Pure and Simple (O,S,ST)	
United Methodist Church, 150 Prospect St	
Willimantic	7:00 PM (1 hour 15 min)
Tuesday Night Candlelight Meeting of NA (O,RF,WC)	
Windom Recovery Community Center, 713 Main St	
Wallingford	7:15 PM (1 hour)
The Courage To Change (C,BT,JP,M,RF,To,K)	
Renaissance Club, 68 Quinipiac St	
Bolton	7:30 PM (1 hour 15 min)
No Other Way (O,To)	
Bolton United Methodist Church, 1041 Boston Turnpike	
Route 44	
Bridgeport	7:30 PM
Principles Before Personalities (O,ST)	
Golden Hill Methodist Church, 210 Elm St	
Corner of Lafayette St.	
Bristol	7:30 PM (1 hour)
Stop-N-Recover (O,S,ST,To,WC,K)	
Bristol Recovery Club, 67 West St	
East Haven	7:30 PM
Outer Limits (O,S,To,K)	
Christ & the Epiphany Church, 39 Park Place	
Enfield	7:30 PM (1 hour)
Monkeys with an Itch (O,S,ST,To,WC,K)	
St. Patrick, A&C church, 64 Pearl St	
<i>Speaker last Tuesday/Mo.</i>	
Hartford	7:30 PM (1 hour)
Addicts in Recovery (O)	
Mount Sinai Hospital, 500 Blue Hills Ave	
Meriden	7:30 PM
State of Recovery (O,To,WC,K)	
Immanuel Lutheran Church, 164 Hanover St	
Middletown	7:30 PM
New Perspectives (O,WC,K,GP)	
St. Vincent DePaul's Soup Kitchen, 615 Main St	
Mystic	7:30 PM (1 hour)
Twilight Zone (O,S,ST,K)	
Old Mystic Fire District Hall, 115 Welles Rd	
New Haven	7:30 PM (1 hour)
Boys to Men (O,M,S,To,WC,K)	
MAAS Building, 426 East St	
New London	7:30 PM (1 hour 15 min)
We Do Recover (O,JFT)	
Huntington Baptist Church, 29 Huntington St	
Winchester	7:30 PM
Free at Last (O,JW,WC,K)	
Winchester Center Congregational Church, 0 West Rd	
Rt. 263 and Newfield Rd.	
Woodbury	7:30 PM
Recovery in the Woods (O,BT,To,K)	
North Congregational Church, 11 Main St North	
Rt. 6 and Rt. 47	
New Haven	8:00 PM
Elm City Serenity (O,ST,K)	
St. Paul's UAME Church, 150 Dwight St	
Newington	8:00 PM (1 hour 15 min)
Straight Ahead (O,S,To,WC)	
Grace Episcopal Church, 124 Maple Hill Ave	

Wednesday

Portland	7:00 PM (1 hour)
Over The Wall (O,To,WC,K)	
Portland United Methodist Church, 381 Main St	
Corner of Church St.	
Stamford	7:00 PM
Recovery on Tuesday (O,BT)	
New Life Foundation, 41 Stillwater Ave	
Waterbury	7:00 PM
Same Meeting New Day (O,JFT)	
The Bessamer Center, 2200 North Ave	
Use back entrance	
Hartford	7:00 PM
We Believe (O,To)	
Liberty Christian Church, 23 Vine St	
New Britain	7:00 PM
Genesis (O,ST,T)	

