

Mid-State Unity Area of NA
Minutes for December 9, 2019

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Open: The meeting opened at 7:03pm with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome all new GSRs, Alt GSRs, and Visitors: Keith W. (Alt. GSR - Miracles at Trinity). Chrissy E. (Sec. - All About Change), Chris G. (visiting)

Mail: Just something from the bank. Given to the Treasurer.

Roll Call: There are 21 groups in MSUA. 16 groups were present. Quorum is determined after roll call and two groups gained their voting privileges back (Miracles at Trinity and No Joke on Main) so all 21 groups have voting privileges. Quorum is set at 14 (2/3 of 21). The Treasurer was not present at roll call but arrived late. All other Area trusted servants were present with Secretary, Alternate Regional Committee Member (RCM), and Hospitals & Institutions (H&I) Chair vacant.

Service Orientation: The vice-chair read from our Policy, page 8 – Trusted Servants – Administrative Officers (Section IV.B) #1 – 4

Announcements:

- All About Change will be closed on December 25th and January 1st (Wednesdays).
- Stepping Into the Weekend Chili Cook-Off Game Night will be February 8th, 2020. Flyers were at Area and tickets are available.

Secretary Minutes – November Minutes were approved as distributed. **16-0-0.**

Treasurer report – Tonia C. read the report. There were no questions. The report was approved **15-0-1.**

Regional Committee Member (RCM) – Tommy F. read the report. You can register for an eblast of events in the region at ctna.org. Both Public Relations and the Strategic Planning Workgroup recommended against our motion. After some confusion it was tabled to Policy for one month. Conference Agenda Reports (CAR) are here and we'll have a workshop in our Area on January 25th at Brownstone Church in Portland (1pm – 5pm).

The CTRSC meets on the 3rd Saturday of every month in the Bengtson-Woods Building across from the main entrance of Middlesex Memorial Hospital, 28 Crescent St., Middletown at 2:00pm.

Activities – Sita R. read the report. The Karaoke Night was a success and made \$58.00. Need suggestions for movies for Movie Night. Discussed changing day and time of committee meeting.

Activities meets on the 2nd Wednesday of every month at Bethany Lutheran church located at 50 Court St., Cromwell at 9:00 p.m. after the all about change group.

Hospitals & Institutions (H&I) – Tonia gave a verbal report. Doing much better. Switching to 3rd Sunday of the month. Rushford had a non-compliance issue. We broke HIPAA and Tonia is going to meet with the regulations coordinator. There were some issues at Merritt Hall too.

Q: What time on the 3rd Sunday? A: 6:30 orientation 7:00pm. Every 3rd Month is General Assembly.

****new day* - H&I meets the 3rd Sunday of every month at Church of the Holy Trinity, 381 Main St., Middletown. New member orientation begins at 6:30pm followed by the regularly scheduled subcommittee meeting at 7:00pm.***

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Literature – Billy L. read the report.

Literature meets the 2nd Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:15pm.

Public Relations (PR) – Mark R. gave a verbal report. 4 addicts in attendance. Rushford IOP going well. No calls on phonenumber this month. Convention workshop (3:30pm) will be each Area chair sharing what their committees have been doing. Also discussing getting professionals there too. Still discussing the Big Y ad.

Public Relations meets on the 4th Sunday of every month at Church of the Holy Trinity, 381 Main St., Middletown. at 5:00 PM. New member orientation follows the subcommittee meeting.

Retreat – Kate D. gave a verbal report. 4 addicts in attendance. Flyer is ready to go out. No longer doing earlybird discount, but doing payment options. Changed schedule and formatting...still 12 steps but meeting times shortened to have different types of workshops. \$0 balance. Bank started taking fees and then closed account. (\$32.44 gone). Elected Stephanie G. as secretary.

Retreat meets the 2nd Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:30pm.

Ad Hoc for Gathering of Gratitude – Briana H. gave a verbal report. No meeting today. Everything is all set. Flyers here. People have volunteered to help setup. Going to pass around a list so people can write their phone number down. Maybe this should be part of activities or whatever in the future.

Gathering of Gratitude is on Tuesday December 24th at 7:00pm

Group Reports:

Group	GSR/Alt.	Concerns	Positions OTF
After the Weekend	Brian M.	Experimenting with web conference speaker every other month.	Alt. GSR
All About Change	Sean E.	Everything good. ECCNA 24 fundraiser on May 14th. Meeting will be closed on 12/25 and 1/1.	
Basically Lit	Reneé M.	All is well	Alt. GSR
Came to Believe	Lisa M.	All is well	Alt. GSR
Living Clean	Gene F.	All is well	
Miracles at Trinity	Keith W.	All is well	
New Freedom	Karlene D.	All is well	
New Perspectives	Absent		
No Joke on Main	Brittany L.	All is well	Alt. GSR
Over the Wall	Absent		
Saturday Night Sanity	Absent		
Serenity Check	Stacy D.	Anniversary Meeting coming January 29 th . Celebration after the meeting. Potluck.	

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Stepping Free	Josh C.	All is well	Alt. GSR
Stepping into the Weekend	Greg B.	Chili Cookoff/Game Night February 8 th	Alt. GSR
Stepping Through it All	Absent		
Stepping Up	Benjamin C.	All is well	Secretary
Straight Lace	Jazmine B.	Need addict support	
Till the Wheels Fall Off	Briana H.	Doing well. Still looking at another location due to rent hike. Settled on \$60/mo.	
Where We Are Going	Absent		
Whole Lava Love	Muriel R.	All is well	Alt. GSR
Working the Steps	Stacy M.	Need addict support	Alt. GSR

Break: 7:53pm - 8:06pm

Roll Call II: 15 groups answered roll call, all of them with voting privileges so quorum was met. All Area trusted servants are present except Activities Subcommittee Chair.

Sharing Session:

- Change of Meeting Times and Placed for Activities – A suggestions was maybe before Living Clean on Wednesday or Sunday before Came to Believe. A comment was made to maybe just wait to see if a new chair is elected because sometimes that changes who gets involved.
- Bank Account Changes - Retreat - Since our account got closed can we use the MSUA account. We used to do that. Admin and Retreat to meet to discuss. Q: How did you not know you were being charged? A: Paperless statements going to a Gmail address. Previous chair probably wasn't monitoring and Kate just got online access last week.
- Motion #1 (10/19) SPW/ PR – Our RCM reiterated what happened at Region and said he plans on voting in favor unless the area wants to change vote.
 - So you plan on supporting it? A: Our Area brought the motion so unless Area say otherwise we have to go with our previous conscience.
 - When does the SPW plan on ending? Why was last meeting at a restaurant with no time listed? Very exclusionary... I'm offended. Also, why isn't PR aware of the handbook?
 - Can we figure out when we can ask them when they asked for rent money? When was rent approved? All regional minutes not available.
- Gathering of Gratitude - We should discuss if this will be held again next year? Lack of support in planning it. Maybe it should be an activities thing but that might be too much to put on them.
 - It's something we voted on each year. If a motion comes up again to have it next year then that would be the great time to bring these issues up.

Elections:

- Alternate RCM - 3 years' clean time and prior ASC experience required.
- Secretary – 1 year's clean time and prior ASC experience required. Takes minutes and distributes them no later than one week after the ASC meeting.
- Hospitals & Institutions Subcommittee Chair – 2 years' clean time and 1 year prior experience on H&I required. Must attend all ASC meetings, all Area H&I meetings, and all Regional H&I meetings. (see pages 10 and 14 in the MSUA Policy document for complete requirements)
- Activities Committee Chair – Jazmine B. was nominated, qualified, and elected. **Congratulations!**

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- Area Chair, Area Vice-Chair, Treasurer, Regional Committee Member (RCM), and Literature Subcommittee Chair are added to the list of commitments that go out to the Fellowship for election next month.
 - Chair – 2 years’ clean time and prior experience as an ASC Admin Officer required.
 - Vice-Chair – 1 year clean time and prior experience as an ASC Admin Officer required.
 - Treasurer – 2 years’ clean time and prior experience as an NA treasurer required.
 - RCM – 3 years’ clean time and prior ASC experience required.
 - Literature Chair - 2 years’ clean time and 1 year prior experience required

Old Business:

Motion #1 (11/11/2019): To approve the 2020 Administrative Officers budget.

Administrative Officers *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Chair / Vice-Chair Copies	40.00	40.00	-
Conf. Agenda Reports	300.00	300.00	-
P.O. Box	154.00	140.00	154.00
RCM Copies	120.00	120.00	9.57
RCM Host Region	-	-	85.83
Rent	60.00	120.00	60.00
Secretary Copies/Supplies/Postage	200.00	200.00	31.91
Treasurer Copies/Supplies	120.00	120.00	46.82
Administrative Officers Totals	994.00	1,040.00	388.13

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

12-0-0 PASSED

Motion #2 (11/11/2019): To approve the 2020 Activities Subcommittee budget.

Activities *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Copies / Flyers	75.00	25.00	10.00
Learning Days	50.00	50.00	-
Marathon Meetings Rent	145.00	145.00	-
Marathon Meetings Supplies	100.00	200.00	-
Rent	120.00	120.00	120.00
Area Activities	300.00	300.00	(19.02)
Activities Totals	790.00	840.00	110.98

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

10-1-0 PASSED

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Motion #3 (11/11/2019): To approve the 2020 Hospitals & Institutions Subcommittee budget.

Hospitals & Institutions *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Copies	150.00	200.00	74.36
Rent	240.00	240.00	240.00
Postage & Flyers	-	-	-
Learning Days	200.00	250.00	26.21
Literature	1,000.00	1,500.00	693.45
Hospitals & Institutions Totals	1,590.00	2,190.00	1,034.02

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

9-2-1 PASSED

Motion #4 (11/11/2019): To approve the 2020 Literature Subcommittee budget.

Literature *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Copies	100.00	100.00	27.99
Rent	60.00	120.00	60.00
Shipping	500.00	500.00	55.80
Learning Day	40.00	40.00	50.00
Receipt/Sales Order Books	20.00	20.00	-
Literature Supplies	20.00	20.00	-
Literature Totals	740.00	800.00	193.79

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

11-0-0 PASSED

Motion #5 (11/11/2019): To approve the 2020 Public Relations Subcommittee budget.

Public Relations *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Learning Day	150.00	150.00	25.00
Literature	100.00	300.00	-
Copies / Flyers	100.00	100.00	14.69
Posters / Mailings	25.00	25.00	-
Public Awareness	700.00	500.00	510.56
Rent	240.00	240.00	240.00
Supplies	50.00	50.00	35.00
Public Relations Totals	1,365.00	1,365.00	825.25

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

12-0-0 PASSED

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New Business:

Marathon Meeting time slots were randomly picked. The lists/tables of times and groups are end of the minutes.

Closed at 9:04pm. Next MSUA Meeting will be January 13, 2020 at the Waverly Center, 7 Waverly Ave. Portland, CT 06480.

In Service,
Adam H.
Chair, MSUASC

Upcoming events:

- December 24, 2019 – MSUA Gathering of Gratitude – 7:00pm – 12:00midnight. Church of the Holy Trinity, 381 Main St., Middletown, CT 06457
- December 27, 2019 – Stepping Into the Weekend Group Anniversary – 6:00pm – 8:00pm. Zion Lutheran Church, 183 Williams St., Portland, CT 06480
- January 29, 2020 – Serenity Check 12 year group anniversary – 5:45pm – 6:45pm is the meeting. Potluck celebration to follow. Third Congregational Church, 94 Miner St., Middletown, CT 06457

The most efficient way to convey meeting changes to region is to fill out the Meeting Change form on our Regional Website. Go to ctna.org, scroll to the very bottom of the page, and click “Meeting Change”.

Emergency or Temporary Group Cancellation or Relocation: *If your group must cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs or other trusted servants should contact the MSUA chair at (860) 704-9899 with the information, and the chair will then use the MSUA email and telephone lists to disseminate the details as soon as possible*

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December 25th Holiday Marathon Meetings

Time Slot	Group	Chairperson	Topic	ASC Member(s)
12:00 am	Stepping Into the Weekend			Greg B.
1:00 am	Till The wheels Fall Off			Sef M.
2:00 am	Till the wheels Fall Off			Sef M.
3:00 am	All About Change			Sef M.
4:00 am	Miracles at Trinity			Keith W.
5:00 am	Stepping Up			Jazmine B.
6:00 am	Basically Lit			Reneé M.
7:00 am	Serenity Check			Stacy D.
8:00 am	Serenity Check			Stacy D.
9:00 am	Came to Believe			Billy L.
10:00 am	Came to Believe			Lisa M.
11:00 am	Straight Lace			Jazmine/Emilee
12:00 pm	Straight Lace			Jazmine/Emilee
1:00 pm	Living Clean			Muriel R.
2:00 pm	New Freedom			Muriel R.
3:00 pm	Whole Lava Love			Muriel R.
4:00 pm	Whole Lava Love			Muriel R.

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December 31st – January 1st Holiday Marathon Meetings

Time Slot	Group	Chairperson	Topic	ASC Member(s)
10:00 pm	Living Clean			Gene F.
11:00 pm	New Freedom			Karlene D.
12:00 am	Till The Wheels Fall Off			Briana H.
1:00 am	Till the Wheels Fall Off			Briana H.
2:00 am	Whole Lava Love			Tommy F./ Briana H.
3:00 am	Whole Lava Love			Tommy F./ Briana H.
4:00 am	After the Weekend			Brian M.
5:00 am	After the Weekend			Brian M.
6:00 am	Stepping in the Weekend			Greg B.
7:00 am	All About Change			Sean E.
8:00 am	Stepping Free			Josh C.
9:00 am	Miracles at Trinity			Earle C./ Keith W.
10:00 am	Miracles at Trinity			Earle C. / Keith W.
11:00 am	Came to Believe			Lisa M.
12:00 pm	Came to Believe			Lisa M.
1:00 pm	Straight Lace			Jazmine/Emilee
2:00 pm	Straight Lace			Jazmine/Emilee
3:00 pm	Basically Lit			Reneé M.
4:00 pm	Serenity Check			Kate D.