

Mid-State Unity Area of NA
Minutes for November 11, 2019

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Open: The meeting opened at 7:00pm with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome all new GSRs, Alt GSRs, and Visitors: Leonard S. (GSR, New Perspectives)

Mail: We received a single flyer for the Mid-Atlantic Regional Learning Conference of NA (MARLCNA), Reaching Out pamphlets that were passed on to H&I, and new NA Way Magazines.

Roll Call: There are 21 groups in MSUA. 18 groups were present. Quorum is determined after roll call and two groups gained their voting privileges back (New Perspectives, Where We Are Going) so we have 19 total groups with voting privileges. 17 of those present have voting privileges with No Joke on Main being the only group without voting privileges. Quorum is set at 14 (2/3 of 19). All Area trusted servants were present with Secretary, Alternate Regional Committee Member (RCM), and Hospitals & Institutions (H&I) Chair vacant.

Service Orientation: The vice-chair read from our Policy, page 7 – Trusted Servants – General (Section IV.A) #1 – 11

Announcements:

- Stepping Into the Weekend asked groups if they wanted to participate in Chili Cook-Off Game Night, please see Greg at break. February 8th 2020.

Secretary Minutes – October Minutes were approved as distributed. **16-0-0.**

Treasurer report – Tonia C. read the report. There were no questions. The report was approved **16-0-0.**

Regional Committee Member (RCM) – Tommy F. read the report. Conference Agenda Report will be out the end of November and Regional Delegate (RD) is working with a local printer to get them printed for only \$3.40 each. Two Areas reported having financial and support problems with their Activities Committees. A motion to join a New England States Service Symposium was ruled out of order and our motion to nest the Strategic Planning Workgroup under Public Relations was referred to those two committees. Vice-Chair, Secretary, and Treasurer are OTF.

The CTRSC meets on the 3rd Saturday of every month in the Bengtson-Woods Building across from the main entrance of Middlesex Memorial Hospital, 28 Crescent St., Middletown at 2:00pm.

Activities – Sita R. gave a verbal report. The committee didn't meet. It was asked when we're discussing the Thanksgiving Marathon Meetings and the Chair stated we'll have to discuss it at break. It was also mentioned that they will need a movie license for movie night and they are aware of that.

Activities meets on the 2nd Wednesday of every month at Bethany Lutheran church located at 50 Court St., Cromwell at 9:00 p.m. after the all about change group.

Hospitals & Institutions (H&I) – Tonia gave a verbal report. They had support last month. They gave up the Sunday night Rushford Men's panel to Central Connecticut Area and there were plenty of members for the other commitments.

H&I meets the 3rd Wednesday of every month at Church of the Holy Trinity, 381 Main St., Middletown. New member orientation begins at 6:30pm followed by the regularly scheduled subcommittee meeting at 7:00pm.

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Literature – Billy L. read the report. No copies of report due to computer issue.

Literature meets the 2nd Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:15pm.

Public Relations (PR) – Mark R. read the report. The committee had a table in front of the pharmacy on the north end of Main St. Very good. Going to be filling literature racks around the Area. Someone said they were at Rushford the last couple of weeks and there were no NA schedules there. Mark said he just brought some on Tuesday.

Public Relations meets on the 4th Sunday of every month at Church of the Holy Trinity, 381 Main St., Middletown. at 5:00 PM. New member orientation follows the subcommittee meeting.

Retreat – Kate D. gave a verbal report. The next retreat is scheduled for April 3,4,5. 2 addicts in attendance for the meeting. Current balance is \$32.44.

Retreat meets the 2nd Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:30pm.

Ad Hoc for Gathering of Gratitude – Briana H. gave a verbal report. Just waiting for the budget to get approved. Next meeting will be asking for volunteers for setup. One GSR said they forgot to tell their group about the dish. That will be discussed in the Sharing Session.

Will meet again next month at 6:30pm before Area.

Group Reports:

Group	GSR/Alt.	Concerns	Positions OTF
After the Weekend	Brian M.	Had a speaker via web conference. Plan to do that more.	Alt. GSR
All About Change	Ann P.	All is well	
Basically Lit	absent		
Came to Believe	Lisa M.	Anniversary meeting was held.	Alt. GSR
Living Clean	absent		
Miracles at Trinity	Earle C.	All is well	
New Freedom	Karlene D.	All is well	
New Perspectives	Leonard S.	All is well	Alt. GSR
No Joke on Main	Brittany L.	All is well	Alt. GSR
Over the Wall	Denise L.	All is well	GSR, Alt. GSR
Saturday Night Sanity	Kevin C.	All is well	Alt. GSR
Serenity Check	Stacy D.	Anniversary Meeting coming in January.	None
Stepping Free	Josh C.	All is well	Alt. GSR
Stepping into the Weekend	Gregory B.	Chili Cookoff/Game Night coming in February	None

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Stepping Through it All	Sol S.	Need cooked turkeys for Feast Before the Feast	None
Stepping Up	Benjamin C.	All is well	Alt. GSR
Straight Lace	Jazmine B.	All is well.	None
Till the Wheels Fall Off	Briana H.	Church raised the rent to \$100 so they're looking for new meeting place. They only bring in about \$60/month	None
Where We Are Going	Scotty	All is well	Treasurer, Secretary, Alt. GSR
Whole Lava Love	Muriel R.	All is well	Alt. GSR
Working the Steps	Stacy M.	Thinking of changing the format	Alt. GSR

Break: 7:50pm - 8:05pm

Roll Call II: 19 groups answered roll call, 17 of them with voting privileges so quorum was met. Miracles at Trinity and No Joke on Main are the two groups present without voting privileges. All Area trusted servants are present.

Sharing Session:

- Stepping into the Weekend just wanted to reiterate that they are looking for groups who are interested in a chili cookoff in February. Only 1 group was interested. Let Gregory know.
- New Meeting Place (Til the Wheels Fall Off) – Does Area have any suggestions? Someone mentioned Squeaky Floors.
- Gathering of Gratitude, Meetings Bringing Dishes – Over the Wall can't commit. They had salad. Where We Are Going can't participate (but upon looking at the list they weren't picked for anything anyway). The ad hoc was reminded that they have to get two speakers for the meeting(s).
- Thanksgiving Marathon – We pulled groups names for time slots and discussed which Area members would oversee which time slot. Schedule is attached to the end of the minutes.

Elections:

- Alternate RCM - 3 years' clean time and prior ASC experience required.
- Secretary – 1 year's clean time and prior ASC experience required. Takes minutes and distributes them no later than one week after the ASC meeting.
- Hospitals & Institutions Subcommittee Chair – 2 years' clean time and 1 year prior experience on H&I required. Must attend all ASC meetings, all Area H&I meetings, and all Regional H&I meetings. (see pages 10 and 14 in the MSUA Policy document for complete requirements)
- Activities Subcommittee Chair - 2 years' clean time and prior experience on Activities subcommittee. (see pages 10 and 13 in the MSUA Policy document for complete requirements)

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Old Business:

Motion #1 (10/14/19): To have Karaoke Night/Talent Show @ Brownstone Church on 12/7/19, 8 PM - ???. Asking for \$85 from Area. Tickets will be \$5 in advance, \$7 at the door.

Ticket Printing	\$ 20.00	
Flyer Printing	\$ 15.00	
Rent	\$ 50.00	
Food/Beverages	\$ 0.00	donation
Equipment at Church	\$ 0.00	
TOTAL	\$ 85.00	

Intent: Have fun and sing your little heart out/rock out/jam/bust some dope rhymes in recovery.

Made/Seconded: Sita R. (Activities)/Benjamin C. (Steppin' Up)

15-0-0 PASSED

Motion #2 (10/14/19): To have a double feature movie night (kids movie / regular movie) on 1/18/20 from 6pm – 10pm at Brownstone Church, Portland. Asking for \$185.00 from Area. Tickets will be \$5 in advance, \$7 at the door. Kids 12 and under free. Popcorn, soda, & candy provided.

Licensing	\$ 90.00	
Rent	\$ 50.00	
Popcorn	\$ 10.00	
Ticket Printing	\$ 20.00	
Flyer Printing	\$ 15.00	
TOTAL	\$ 185.00	

Intent: To get entertained in recovery.

Made/Seconded: Sita R. (Activities)/Benjamin C. (Steppin' Up)

13-2-0 PASSED

Motion #3 (10/14/19): Asking for \$170.00 for expenses for the Gathering of Gratitude.

Rent	\$ 100.00	
Utensils	\$ 20.00	
Decorations	\$ 30.00	
Coffee, Cream, Sugar	\$ 20.00	
TOTAL	\$ 170.00	

Intent: To provide a holiday party available to all addicts

Made/Seconded: Briana H. (Gathering of Gratitude Ad Hoc)

15-0-0 PASSED

Motion #4 (10/14/19): To hold a Conference Agenda Report workshop in late January or early February.

Budget:

Rent	\$ 75.00	
Coffee & Refreshments	\$ 75.00	
TOTAL	\$ 150.00	

Intent: To allow addicts to participate in the Worldwide Fellowship process

Made/Seconded: Tommy F. (RCM)/Karlene D. (New Freedom)

12-2-1 PASSED

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New Business:

Motion #1 (11/11/2019): To approve the 2020 Administrative Officers budget.

Administrative Officers *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Chair / Vice-Chair Copies	40.00	40.00	-
Conf. Agenda Reports	300.00	300.00	-
P.O. Box	154.00	140.00	154.00
RCM Copies	120.00	120.00	9.57
RCM Host Region	-	-	85.83
Rent	60.00	120.00	60.00
Secretary Copies/Supplies/Postage	200.00	200.00	31.91
Treasurer Copies/Supplies	120.00	120.00	46.82
Administrative Officers Totals	994.00	1,040.00	388.13

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

Q: Why is CAR in budget next year? A: We keep it in so we don't forget it.

Motion tabled to groups for one month

Motion #2 (11/11/2019): To approve the 2020 Activities Subcommittee budget.

Activities *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Copies / Flyers	75.00	25.00	10.00
Learning Days	50.00	50.00	-
Marathon Meetings Rent	145.00	145.00	-
Marathon Meetings Supplies	100.00	200.00	-
Rent	120.00	120.00	120.00
Area Activities	300.00	300.00	(19.02)
Activities Totals	790.00	840.00	110.98

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

Motion tabled to groups for one month

Motion #3 (11/11/2019): To approve the 2020 Hospitals & Institutions Subcommittee budget.

Hospitals & Institutions *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Copies	150.00	200.00	74.36
Rent	240.00	240.00	240.00
Postage & Flyers	-	-	-
Learning Days	200.00	250.00	26.21
Literature	1,000.00	1,500.00	693.45
Hospitals & Institutions Totals	1,590.00	2,190.00	1,034.02

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

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Q: Why the decrease in Literature? A: Our average the last 3 years has been between \$850 - \$950.

Motion tabled to groups for one month

Motion #4 (11/11/2019): To approve the 2020 Literature Subcommittee budget.

Literature *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Copies	100.00	100.00	27.99
Rent	60.00	120.00	60.00
Shipping	500.00	500.00	55.80
Learning Day	40.00	40.00	50.00
Receipt/Sales Order Books	20.00	20.00	-
Literature Supplies	20.00	20.00	-
Literature Totals	740.00	800.00	193.79

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

Q: Why so much for shipping but you only spent 55.80. A: We have been purchasing from Greater New York Regional Service Office which is closer so shipping is much less but the next chair can order from NAWS so I left the \$500 in the budget.

Motion tabled to groups for one month

Motion #5 (11/11/2019): To approve the 2020 Public Relations Subcommittee budget.

Public Relations *	2020 Proposed	2019 Approved	2019 Spent (Jan - Oct)
Learning Day	150.00	150.00	25.00
Literature	100.00	300.00	-
Copies / Flyers	100.00	100.00	14.69
Posters / Mailings	25.00	25.00	-
Public Awareness	700.00	500.00	510.56
Rent	240.00	240.00	240.00
Supplies	50.00	50.00	35.00
Public Relations Totals	1,365.00	1,365.00	825.25

Intent: To be able to conduct business for the next year.

Made/Seconded: Tonia C. (Treasurer)

Q: Is public awareness the placemats and stuff? A: Yes, and we're talking about the Big Y ad for next year.

Motion tabled to groups for one month

Closed at 8:43pm. Next MSUA Meeting will be December 9, 2019 at the Waverly Center, 7 Waverly Ave. Portland, CT 06480.

In Service,
Adam H.
Chair, MSUASC

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Upcoming events:

- November 27, 2019 – The 29th Feast Before the Feast – Steppin’ Thru It All Group Anniversary and Pre Thanksgiving Dinner. 6:00pm – 7:15pm will be food, fun, and fellowship. 7:30pm – 9:00pm will be a speaker meeting. Shiloh Baptist Church, 346 Butternut St., Middletown, CT 06457. If you wish to contribute any food, please contact Karlene D. To be of service for set-up and clean-up, contact Jim K.
- December 1, 2019 – CT Region presents Sponsorship Day gathering. Food, fun and fellowship will be from 1:30pm to 4pm. Grace Episcopal Church, 124 Maple Hill Ave., Newington, CT 06111
- December 7, 2019 – MSUA Activities Presents Karaoke Night. Doors open at 8:00pm. \$5 in advance, \$7 at the door. Trinity Church, 345 Main St., Portland, CT 06480
- December 27, 2010 – Stepping Into the Weekend Group Anniversary – 6:00pm – 8:00pm. Zion Lutheran Church, 183 Williams St., Portland, CT 06480

The most efficient way to convey meeting changes to region is to fill out the Meeting Change form on our Regional Website. Go to ctna.org, scroll to the very bottom of the page, and click “Meeting Change”.

Emergency or Temporary Group Cancellation or Relocation: *If your group must cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs or other trusted servants should contact the MSUA chair at (860) 704-9899 with the information, and the chair will then use the MSUA email and telephone lists to disseminate the details as soon as possible*

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Thanksgiving Day Marathon Meetings

Time Slot	Group	GSR	ASC Member(s)
8:30 am Set up			Sita
9 am – 9:45 am	Whole Lava Love	Muriel R.	Sita
10 am – 10:45 am	Straight Lace	Jazmine B.	Tommy/Denise
11 am – 11:45 am	Serenity Check	Stacy D.	Tommy/Denise
12 pm – 12:45pm	Stepping Free	Josh C.	
1 pm – 1:45 pm	Where We Are Going	Scotty	
2 pm – 2:45 pm	Saturday Night Sanity	Kevin C.	
3 pm – 3:45 pm	Miracles at Trinity	Earle C.	
4 pm – 4:45 pm	Stepping Up	Benjamin C.	Billy L.
5 pm Clean Up			Billy L.