

Mid-State Unity Area of NA

Minutes for August 12, 2019

Page 1 of 4

Open: The meeting opened at 7:07pm with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer. The Vice-Chair presided over the meeting and the Chair took notes.

Welcome all new GSRs, Alt GSRs, and Visitors: Benjamin C. (GSR - Stepping Up), Ann P. (GSR - All About Change), Jazmine B. (GSR - Straight Lace), Leila C. (Alt. GSR - Straight Lace), Renée M. (GSR – Basically Lit), Kevin C. (Alt. GSR – Saturday Night Sanity)

Mail: No mail. Chair forgot to go to the PO Box.

Roll Call: There are 21 groups in MSUA. 14 currently have voting privileges so quorum is set at 10 (2/3 of 14). 13 groups answered roll call, 11 of them with voting privileges so quorum was met. The Secretary, Activities Chair, and H&I Chair were not present at roll call.

Service Orientation: Page 5. Financial Responsibilities. Items 4-10

Secretary Minutes – A couple of people didn't get minutes. July Minutes were approved **11-0-0**.

Treasurer report – Tonia C. read the July Treasurer's report. The report was approved **10-0-1**.

Regional Committee Member (RCM) – Tommy F. read the report. Region is currently working on compiling a history of NA in Connecticut and is looking for anybody who was involved in NA in the early 80s. The Strategic Planning Workgroup may be expanding its role. Narcotics Anonymous World Services (NAWS) will be hosting a web meeting to discuss online meetings on September 14th. All old business motions passed and there's one new motion for us (see New Business). Tommy also has a copy of World Services bulletin #30 about the Theft of NA Funds and asked that it be sent out with the minutes (separate attachment in email).

The CTRSC meets on the 3rd Saturday of every month in the Bengtson-Woods Building across from the main entrance of Middlesex Memorial Hospital, 28 Crescent St., Middletown at 2:00pm.

Activities – Sita R. was absent but sent a written report. The chair read it. Crystal Lake booked for 9/22 for Backyard Olympics and Volleyball Tournament was discussed. No report about the Tubing event because the subcommittee hadn't met again yet.

Activities meets on the 2nd Wednesday of every month at Bethany Lutheran church located at 50 Court St., Cromwell at 9:00 p.m. after the all about change group.

Hospitals & Institutions (H&I) – Andy C. read the report. Regional H&I was postponed due to thunderstorms. Only 2 members at last Area H&I meeting. Trouble getting members to show up for subcommittee meetings. Orientation Chair is Out to the Fellowship (OTF).

H&I meets the 3rd Wednesday of every month at Church of the Holy Trinity, 381 Main St., Middletown. New member orientation begins at 6:30pm followed by the regularly scheduled subcommittee meeting at 7:00pm.

Literature – Billy L. read the report. Total balance for the month of July 2019 = \$2,338.24.

Literature meets the 2nd Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:15pm.

Mid-State Unity Area of NA

Minutes for August 12, 2019

Page 2 of 4

Public Relations (PR) – Mark R. read the report. There were 0 calls on the phone this past month. Rushford IOP presentation going well. There was a poster drive on August 10th and 8 addicts participated in putting up posters in Middletown, Portland, and Cromwell. PR voted to place another placemat ad. **Public Relations meets on the 4th Sunday of every month at Church of the Holy Trinity, 381 Main St., Middletown. at 5:00 PM. New member orientation follows the subcommittee meeting.**

Retreat – Bob J. gave a verbal report. Stated the next retreat is scheduled for April 3,4,5 Kate D. New vice chair. **Retreat meets the 2nd Monday of every month at the Waverly Center, 7 Waverly Ave., Portland prior to the ASC meeting at 6:30pm.**

Ad Hoc for Gathering of Gratitude – Briana H. had nothing to report.
Will meet again next month at 6:30pm before Area.

Group Reports:

Group	GSR/Alt.	Concerns	Positions OTF
After the Weekend	Brian M.	All is well	Speaker Seeker, Alt. GSR
All About Change	Ann P.	26 th Anniversary on 9/18/19	Speaker Seeker
Basically Lit	Renée M.		Alt. GSR, Alt. Secretary
Came To Believe	Lisa H.	23 rd Anniversary on 10/20/19	Alt. GSR
Living Clean	Gene F.	All is well	None
Miracles at Trinity	Absent		
New Freedom	Karlene D.	All is well	None
New Perspectives	Absent		
No Joke on Main	Absent		
Over the Wall	Denise L.	All is well	None
Saturday Night Sanity	Kevin C.	All is well	None
Serenity Check	Absent		
Stepping Free	Absent		
Stepping into the Weekend	Richard H.	All is well	None
Stepping Through it All	Sol S.	All is well	None
Stepping Up	Benjamin C.	Group Anniversary 10/31/19	Secretary
Straight Lace	Jazmine B.	Need addict support	None
Till the Wheels Fall Off	Briana H.	All is well	None
Where We Are Going	Absent		
Whole Lava Love	Kayla P.	Moved to 345 Main St. Portland (Brownstone).	None
Working the Steps	Absent		

It was brought up that Whole Lava Love needs to be updated on the website. Someone also mentioned that they tried to attend Whole Lava Love but couldn't find the meeting. It's up on the 3rd Floor.

Break: 7:50pm - 8:00pm

Mid-State Unity Area of NA

Minutes for August 12, 2019

Page 3 of 4

Roll Call II: 13 groups answered roll call, 11 of them with voting privileges so quorum was met. The Secretary and Activities Chair were not present.

Sharing Session:

- It was brought up that it seems most GSRs are doing their reports at business meetings by reading the minutes off their phones. They're trying to read pages of information off little screens and a lot of info gets dropped. It seems like only motions are being brought up and the information about new literature being written or events going on is not being mentioned. One few people shared that it's their personal experience that they've felt pressure to keep the GSR report short and sweet, so they try to keep it minimal as possible. Someone else shared that their home group has in policy that the GSR needs to bring minutes in hard copy and if there's budgets, they need to bring copies for others. It's helped because it's easier for people to look through it and ask questions. Another person mentioned that the minutes aren't getting out early enough to look through them. And one last person mentioned their group is thinking about emailing the minutes to other group members before the business meeting.
- Ad Hoc Gathering of Gratitude – It was mentioned last month that they wanted feedback from the groups, but it wasn't mentioned at a few groups. Some GSRs shared that their groups are willing but need to know what is being asked? Last year we came up with items at Area and different groups said they would do this and that so there was a list. It was suggested to talk to Tim K. or Brian E. who might be able to give some experience from last year.
- Do we have any follow-up with money we gave to Sunday night? The ASC treasurer delivered the check herself. The addict who stole the money wants to try to pay some of it back and participate again.

Old Business:

None

Elections:

- Alternate RCM - 3 years' clean time and prior ASC experience required.

New Business:

Regional Motion #1 (07/20/2019): To accept the 2019/2020 Schedule Facilitator budget.

	2018-2019	2019-2020
Copies	60.00	60.00
Supplies	40.00	40.00
Postage	100.00	100.00
Workshops	0.00	0.00
PO Box	100.00	100.00
Total	300.00	300.00

Maker: Schedule Facilitator 2nd by GHA

Tabled to groups for 1 month

Closed at 8:18pm. Next MSUA Meeting will be September 9, 2019 at the Waverly Center, 7 Waverly Ave. Portland, CT 06480.

In Service,
Adam H.
Chair, MSUASC

Mid-State Unity Area of NA

Minutes for August 12, 2019

Page 4 of 4

Upcoming events:

- September 22, 2019 - MSUA Backyard Olympics – 1:00pm – 5:00pm - McCutcheon Park, Crystal Lake, Middletown. Cornhole, Can Jam, Horseshoes, Laddertoss, Food, Fun, and Fellowship. \$5.00 per person. \$4 per team (of 2) to enter tournament.

The most efficient way to convey meeting changes to region is to fill out the Meeting Change form on our Regional Website. Go to ctna.org, scroll to the very bottom of the page, and click “Meeting Change”.

Emergency or Temporary Group Cancellation or Relocation: *If your group must cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs or other trusted servants should contact the MSUA secretary at (860) 865-5651 with the information, and the secretary will then use the MSUA email and telephone lists to disseminate the details as soon as possible*