

Mid State Unity Area of NA

Area minutes for March 11, 2019

Open: 7:00 pm the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Mail: Registration form for retreat, and a receipt for the P.O. Box

Roll Call: 13 out of 21 groups present at roll call, 11 of which currently had voting privileges. Quorum of 2/3 was met.

Service Orientation: New Copies of policy were handed out and we went over Function and Purpose.

Announcements:

- A New Awakening is still open

Secretary minutes – Passed 12-0-0

Treasurer report – Passed 13-0-0

RCM – Report from Adam H. gave a written report. The CT regional service committee met on February 16th 8 out of 9 areas were present. . Open positions at the Regional Service Committee are: Alt. Treasurer, and Schedule Facilitator. The Spiritual Principle a Day book project is now soliciting material on Balance, Compassion, Creativity, Goodwill, Grace, Harmony, Humility, Imperfection, Intimacy, Maturity, Resilience, and Vulnerability. If you would like to contribute some writing, or for more information, go to www.na.org/spad. Convention met and all positions were filled except Treasurer. H & I reported all the basic texts that were given to the region. Webservant reported the new website is now live. Please announce that there are only 35 members who completed the survey. It is on our website visit <https://ctna.org>. Area reports were giving and there are a couple of areas, ours, included that shared about meetings being in danger of folding.

Elected a Policy Facilitator Congrats Bob L. Alt. Treasurer and Schedule Facilitator OTF. Board of directors positions OTF are Technical Director, Alt, Tech Director, and Greater Waterbury Area. We have six months to fill our areas seat at the Board of Directors table before it goes out to the whole region.

The next CTRSC meeting will be held on March 16th @2:00pm Middlesex Memorial Hospital, 28 Crescent street, Middletown. In the Bangston-Wood Building across from the main entrance

Activities –Sita- verbal/written

Activities met on February 13th 8 addicts were in attendance. Game night was discussed, on who would sell tickets, bring flyers to meetings, and make announcements. Events were discussed and brainstormed. May 4th movie night pajama party was discussed. An additional event was brainstormed for a spiritual hike for May 26th from 1-4pm. A hike followed by a meeting and sound meditation therapy / sound bowl therapy at the top. It will be a free event.

Activities meets on the 2nd Wednesday of every month at Bethany Lutheran church located at 50 Court Street Cromwell at 9:00 p.m. after the all about change group.

H&I – Andy C—Written/Verbal Report

Attended regional H&I committee on 03/06/2019 nine areas were present. There was more discussion about wording in our orientation packets about DRT and MAT. We set up an ad hoc committee to work on what will be our new orientation packet. The first ad hoc meeting will be before region on 4-03-2019. Did not have regular business meeting due to the weather. We did have two new orientees. Vice Chair is out to the fellowship.

H&I meet the third Wednesday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.

Literature – Billy emailed report

All orders were filled.

MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.

Public Relations – Mark R.T verbal and Written

The committee met on February 24, 2019. There were 4 members in attendance with one new person to PR. Secretary of the committee is out to the Fellowship. The Rushford IOP Presentation is going well we didn't go in this month because the person that was scheduled to go was sick. The facility was called and informed. The Regional PR committee is in need of a Vice Chair and mobile meeting Coordinator. There was one call on the phone line. Feb.6th phone call was at 8:29am. Planning a learning day June 8th which will coincide with World PR Week. We reserved Crystal Lake for that date. The placemats are now in Wooster Street Pizza.

Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 6:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.

Retreat – Denise J. gave Verbal report

This month had 2 addicts in attendance. The 34th annual retreat is scheduled for April 5,6,7,2019. There are a total of 28 packages that have been sold. There are 65 packages all together for the annual retreat.

Retreat meets the 2nd Monday of every month at 6:30pm (before Area) at the Portland Senior Center.

Group Reports

	Concerns	Positions OTF	Groups	Concerns	Positions OTF
15 out of 21 groups present					
			Till The Wheels Fall Off: Briana	A/W	Alt, GSR
After the Weekend: Brian M.	A/W		Saturday Night Sanity: Jesse	Absent	
All About Change: Joey	AIW		Serenity Check: Lennie	AIW	
Basically Lit: Tim	A/W	Alt.GSR Alt. Sec.	Stepping Free: Joey	A/W	Alt.GSR
Came to Believe:	Absent		Stepping into the Weekend: Richard	AIW	
Living Clean: Gene	AIW		Stepping Thru It All: Sol	AIW Addict support	
Miracles on Trinity:	Absent		Stepping Up:	Absent	
New Freedom: Karlene	AIW		Straight Lace: Sarah	A/W	Alt. GSR
New Perspectives: Sarah	Absent	Alt.GSR	Where We Are Going: Daniel	AIW	
No Joke on Main: Cynthia	Absent		Working the Steps: Stacy	A/W Addict support	
Over the Wall: Denise	A/W addict support		The Crossroads:	Absent	

Break: 7:50-8:00pm

Roll Call II: 13 out of 21 groups present, 11 of which currently had voting privileges. Quorum of 2/3 was met.

Sharing Session:

- 1. BCC All Mails, when emailing the minutes to all GSR change Cc to Bcc Stacy
- 2. Our area host an IDT Workshop, Attract new members issue, discussion, Topics
- 3. Collection Box during Marathon meetings. Discussion about having a collecting box. Daniel

Old Business:

Motion #1 (12/08/2019): For 2020 budgets, To take the past 3 years actual line item expenses budgets utilized for subcommittees, average them and add 100\$ for annual budgets.

Failed 0-11-2

Motion #2 (2/11/2019): To Approve 2010-2020 Webservant budget

Passed 12-0-1

Motion #3 (2/11/2019): To Approve the Regional Delegate Team's 2019 Proposed Budget

Passed 13-0-0

Motion #4 (2/11/2019): To Approve Public Relations 2019-2020 Proposed Budget

Passed 12-0-1

Motion # 4 (2/11/2019): To Approve RSC Administrative 2019-2020 Proposed Budget

Passed 13-0-0

Elections : Still in search for an MSUA Alt RCM, and a BOD member
Want to say congratulations and welcome to our new RCM Tommy.

New Business:

Motion #1 (02/16/2019): To Approve 2019-2020 WSR Budget

	2018-2019	Expenditures to date	Proposed 2019-2020
Rent	120.00	0	120.00
P.O. Box	90.00	96.00	106.00
Literature	20.00	0	90.00
Stationary	0	0	75.00
Postage	550.00	0	500.00
Printing	250.00	63.78	200.00
Learning Day	40.00	40.00	50.00
Total	1070.00	199.78	1141.00

Intent: To be financially responsible

Tabled to Groups for 30 Days

Motion # 2: To approve 2019-2020 H&I Budget

	2018-2019	Expenditures to Date	Proposed 2019-2020
Rent	300.00	300.00	300.00
Copies	150.00	0	150.00
Literature	500.00	0	300.00
Workshops	350.00	260.67	350.00
Schedules	3000.00	1820.00	2200.00
Workshop Attend.	1000.00	0	1000.00
Merchandise	1200.00	1130.00	1200.00
Income	(1200.00)	(1130.00)	(1200.00)
Total	5300.00	2380.67	4300.00

Intent: To insure NA funds are distributed in the spirit of the 7th tradition

Tabled to Groups for 30 Days.

Motion # 3 (3-11-2019): To Have a "Spiritual Hike" On Sunday May 26th from 1pm-4pm. With a meeting at the top and sound bowl meditation.

Intent: For Addicts to be outdoors together.

Made by: Sita 2nd Bri

Passed: 13-0-0

Motion #4 (3-11-2019): To have a "Movie Night/Pajama Party" @ Brownstone Church on May 4th 6pm-10:30pm. Double Feature 6-8(kids) 8:30-10:30 (Adults)

Budget \$85.00

Rent: \$50.00

Ticket/Flyer: \$15.00

Popcorn:\$20.00

Intent: To have fun in recovery and have something for the kids

There was some discussion about whether a license is needed to show a movie. A member had some information and will pass it on

Made by: Sita 2nd Bri

Passed: 12-0-1

Closed: 8:45

Next MSUA Meeting will be April 8th

New Haven Spring Breakfast Saturday April 20, 2019 9am-11am

MSUA Game Night Saturday March 23 starting at 6pm Brownstone Church Tickets \$5 at the door \$7

Connecticut Region of Narcotics Anonymous member survey is online

<https://www.surveymonkey.com/r/9Z2273T>.

New Freedom Pancake Breakfast celebrate 34 years Sunday April 28th @St. Vincent De Paul Place 9-10:15 Food fun fellowship 10:30-12 Speaker meeting.

The most efficient way to convey meeting changes to region is to visit regional website "ctna.org", then proceed to "service subcommittees" (on left side of the page), click on the "CTRSC" link. Go to "RSC Forms" then click on the "Ct. Regional Schedule Meeting Information Form". Please fill out form and at the bottom of the page it will say; "Choose Area to send". Once the MSUA has been chosen the information will be sent directly to our RCM.

Emergency or Temporary Group Cancellation or Relocation: *If your group must cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area C.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at (860) 865-5651 with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible*