



Connecticut Regional Service Committee Minutes

January 19th, 2019

The CTRSC met at **Middlesex Memorial Hospital, 28 Crescent Street, Middletown, CT**
 The Chairperson opened the meeting at 2:00 p.m. with a moment of silence and the Serenity Prayer.

The 12 Traditions were read by **Kim L.** and the 12 Concepts were read by **Sharon B.**

Visitors: Al D. (USA), Nick P. (TVA), Christina T. (GWA), Al W. (MSUA)

<u>Roll Call:</u>		
Chairperson	Alex W.	Present
Vice Chairperson	OTF	Vacant
Secretary	Bill B.	Present
Treasurer	Gail S.	Present
Alternate Treasurer	OTF	Vacant
Regional Delegate	Troy B.	Present
Regional Delegate Alternate	Bryan D.	Present
Web Servant	Bill W.	Present
Alternate Web Servant	OTF	Vacant
Schedule Facilitator	OTF	Vacant
Policy Facilitator	OTF	Vacant
H&I Chairperson	Josh K.	Absent
PR Chairperson	Heather S.	Present
WSR Chairperson	Mike C. (Vice Chair)	Present
Board of Directors	Ron W.	Absent
Convention Chair	Sharon B.	Present
Ad Hoc - Web Design	Bill W.	Present
Ad Hoc - Strategic Planning Workgroup	Bryan D.	Present
<u>Areas:</u>	<u>RCMs:</u>	
CCA	John S.	Present
GDA		
GHA	Chick K.	Present
GNHA	Brian M.	Present
GWA	Christina T.	Present
MSUA	Adam H.	Present
SFCA	Andrew S.	Present
TVA	Tom R.	Present
USA	Mike R.	Present

No New Areas to Recognize.

Secretary's Minutes - Submitted and read by **Bill B.**

Motion: to accept

Maker: SFCA 2nd by, USA

Passed: 6.0.1

Amendment: RSC_Minutes15Dec18 to reflect correct consensus of BOD report during Sharing Session

ADMINISTRATIVE COMMITTEE REPORTS:

Chairperson – Submitted and read by **Alex W.**

I retrieved the mail from the PO Box and will distribute to the appropriate trusted servants. There were 4 new requests for a COI last month. Please remember in the future the new COI request form should be printed off of the NA web page and brought to the regional meeting. This means at least 30 days before an event or a new COI is needed.

I spoke with the Regional treasurer about the Administrative budget. I believe we are submitting a budget to cover the Regions need for the coming year. We will discuss all the budgets for the coming year at this meeting.

I would like to see a kind of bring a friend to Region initiative for the coming month. We can't fill unfilled positions if everyone in the room already has a commitment. Any Ideas?

Vice Chair – OTF

Treasurer – Submitted and read by **Gail S.**

The RSC opening balance was \$5025.28. Donations received were \$1712.96. Misc Donation/Funds Returned were \$1010.00. Expenditures were \$1072.03. Fund Flow to World was \$1650.93. The RSC closing balance is \$5025.28 which is Prudent Reserve.

The Schedule opening balance was \$3000.00. Sales were \$345.00.

Expenditures were \$1831.09, leaving a schedule balance of \$1513.91.

The checkbook balance is \$6539.19.

Beginning Balance	\$5,025.28
Donations Received	\$1,712.96
Miscellaneous Donations/Funds Returned	\$1,010.00
Expenditures	\$1,072.03
Donations to WSO	\$1,650.93
Ending Balance	\$5,025.28
Schedule Opening Balance	\$3,000.00
Schedule Sales	\$ 345.00
Schedule Expenditures	\$1831.09
Schedule Closing Balance	\$1,513.91
Checkbook Balance	\$6,539.19

Motion: to accept

Maker: MSUA 2nd by, GHA

Passed: 7.0.0

Alternate Treasurer – OTF

Regional Delegate (RD) – Submitted and read by **Troy B.**

NAWS - Spiritual Principle a Day Update: The Spiritual Principle a Day (SPAD) Book Project is now soliciting material on: Balance, Compassion, Creativity, Goodwill, Grace, Harmony, Humility, Imperfection, Intimacy, Maturity, Resilience, and Vulnerability.

All are invited to submit advance materials in any language. Visit the SPAD webpage - www.na.org/spad for all the latest information including links for online submission of advance material and workshop tools in several languages.

Check back frequently at www.na.org/spad to stay in the loop on SPAD news.

Conventions and Events Toolbox: The Conventions and Events Toolbox project has released a draft on Money Management for a 90-day review by the Region Delegates.

NORTHEAST ZONAL FORUM - NEZF Web Meeting: Bryan and I participated in the NEZF next web meeting held on December 16, 2018. On the Agenda for discussion and decision were the NEZF Proposals we previously voted on in November. There was consensus among the Member Regions to create a treasurer's position. The remaining Proposals were discussed but tabled for decision during the next meeting.

CONNECTICUT REGIONAL SERVICE COMMITTEE - IDT Workshops: Bryan and I did attend the Southern Fairfield County Area meeting last month and provided the Area with an overview of the Issue Discussion Topics (IDT). We will be following up with the RCM on conducting an Area IDT workshop, and with a few GSRs to conduct a couple of group level workshops. If your Area would like to host IDT workshops, please let us know.

Follow-Up: ** Today is the deadline for the RCMs to provide their Area's input, if any, on the NAWS Environmental Scan. Was the Scan discussed at any of the Area meetings?

** Have all RSC subcommittee chairs and the web servant provided Bryan with information so that the Regional Service Committee Registration with NAWS can be updated?

BOD - Absent (no report submitted)

SUBCOMMITTEE REPORTS

H&I - Absent (no report submitted)

Public Relations - Submitted and read by **Heather S.**

We talk about the phone line system we will hope to have it up after new website is up

We talked about the Ad hoc for the Convention

PR LOCAL AND AROUND THE WORLD

We also talk about that I need to get a check for the rent and for the lit that we had to get

And that I got lit for reg

We did the budget

We talked about Bail bond what he would like for presentation

Areas

CCA= OTF

GDA= OTF

GHA = OTF

GNHA= Chip A. - Absent

GWA= Chris

MSUA= Mark R.

SFCA= Absent

TVA= OTF

USA = Stephen

Vice chair=OTF 2 years of clean, time and 6 months of involvement in PR required

Mobile meeting coordinator= OTF 2 years clean time and 6 months of involvement

Secretary is up next month

List of other trusted servants' terms:

Chairperson(Heather - elected May 2018)

Secretary(Adam - elected February 2018)

Phone line coordinator (Chip - elected July 2018)

Spanish phone line coordinator(Debbie B January 2019)

Convention - Verbal Report by **Convention Chair**

Convention "Kick-Off" meeting.

Sunday, February 10th, 2019 - Hopkins Street Center - Time: 1:00 - 3:00pm

34 Hopkins Street

Waterbury, CT 06704

Web Servant – Submitted and read by **Bill W.**

This past month I made several scheduling changes, sent the New January 2019 Schedule to the Printer and added several events as requested by the Areas. I also am attaching a 2019 Web Servant Budget. Until we finally change Web hosting providers, have all the development in place and have more specifics on the charges we will consistently have, I am going to leave the budget unchanged. Barring any unforeseen issues, our actual expenditures should be significantly less and definitely not higher.

The WordPress Website is coming along quickly now, thanks to the help of a couple others who have been heavily involved. We would definitely not be as far along as we are now without them. We have signed up for the new Hosting Provider, InMotion Hosting, which I am going to be requesting a check today in order to make payment for the new account. We will be paying three years at a time which significantly lowers the cost compared to yearly. I will ensure the new documentation we come up with and the Budget going forward will clearly show the billing to ensure there are no issues with making timely payments that are clearly budgeted.

If all goes as planned, we should be able to have the new Web Site up and running very soon after we gain access to the new hosting account. I am Currently spending time getting Data from our current site downloaded and added to the new one. We have spent much of the past couple months testing features and plugins that will eventually allow us to make Area Web Servant Positions much more inclusive and attractive.

If any Areas have Minutes, new Policy's that you want added to the new web site that are missing from the current web site, feel free to send them in to the Web Servant email address. We will be happy to get them uploaded on the New site.

Web Design Ad Hoc – Verbal report by **Bill W.**

Web Design met today – discussed current issues. Hopefully new web site will be up next month

Alternate Web Servant – OTF

WSR – WSR Minutes submitted by **Mike C.**

Policy Facilitator – OTF

Schedule Facilitator – OTF

* Submitted with Treasurer's report

Strategic Planning Workgroup – Submitted and read by **Bryan D.**

The planning work group met both December 20th and January 17,2019 Approximately 8 members in attendance and our focus of both meetings was developing a CT Member Survey focused on membership and NA service. A topic that is discussed here at this body and consistent with The IDT "Attracting members to service"

The purpose of this survey is to receive member input about their perceptions/views of NA service and recommendations of how to make service work more attractive in the Connecticut Region.

Due to the type of subscription being used in this survey through Survey Monkey, we are limited to only 10 questions. While we thought more questions would be beneficial to include in the survey, the 10 questions shown will provide the region with good information and the average time to complete is approx. ... 3 min.

We are requesting that the survey be sent to as many Connecticut members as possible via email, text, flyers in addition to be posted on the ctna.org web site. Our recommendation is for the survey to be live for 60 days with the results reported at March or April region.

Attached is a PDF of the Survey in addition to a flyer to be copied for groups

The Planning Group Meets on the 3rd Thursday of every month, 7:30 - 9:00 pm at the Portland Senior Center located at 7 Waverley Ave , Portland , CT. any member of this body or our fellowship is welcome and encouraged to attend.

AREA REPORTS:

Area	Status	RCM
CCA	OTF Events Concerns Fund Flow	RCM (Alt.), Secretary (Alt.) <i>February 16th, Straight from the Hip – Spiritual Breakfast</i> None \$297.21
GDA	OTF Events Concerns Fund Flow	 \$0
GHA	OTF Events Concerns Fund Flow	Secretary, Treasurer , Treasurer (Alt.), RCM, PR Chair, Activities <i>Home at Last – Speaker Jam</i> Lost 2 meetings \$0
GNHA	OTF Events Concerns Fund Flow	Treasurer, Treasurer (Alt.) None \$640.81
GWA	OTF Events Concerns Fund Flow	Vice Chair <i>February 24th, Miracles Happen 36yr Anniversary</i> <i>GWANA Family in Recovery Campout</i> “Miracles Happen” – Bantam, CT. Canceled meeting January 20 th \$0
MSUA	OTF Events Concerns Fund Flow	RCM, RCM (Alt.) <i>Hugs not Drugs Dance</i> <i>Became Willing Retreat</i> “A New Awakening” group folding at the end of January \$0
SFCA	OTF Events Concerns Fund Flow	PR Chair, Activities None \$3,933.83
TVA	OTF Events Concerns Fund Flow	Secretary, Treasurer, PR Chair, Activities None \$0
USA	OTF Events Concerns Fund Flow	Treasurer (Alt.), RCM (Alt.) <i>February 17th, Crockpot Pot Luck</i> <i>March 17th, Keep’n it Green</i> <i>May 11th, Rockfest 2019</i> None \$416.48
Total Fund Flow		\$5,288.33

SHARING SESSION

Brian M. (GNHA):

Calendar & Schedule of Events – Area events should be brought to RSC meeting 90 days in advance

OLD BUSINESS

None

NEW BUSINESS

Agenda

Bryan D. – CT NA Survey -

Strategic Planning Workgroup has created a survey to gather CT members feedback on “Making service work more attractive”. They are asking the RSC to place the survey - <https://www.surveymonkey.com/r/25XFQVD> - on CTNA website for member access. Suggested change to the survey by MSUA. Question #6 from “At Area Service” to “At Area Service including Subcommittees” and “At Regional Service” to “At Regional Service including Subcommittees”. Gramatical errors also need correcting... Amended survey will be available next week.

Al W. – Convention Statistics -

Tickets Sold	1291 (last year) - 1246 (this year) =	- 45
Comedy Show	375 (last year) - 525 (this year) =	+150
Fri. Dance	258 (last year) - 412 (this year) =	+154
Sat. Dance	409 (last year) - 447 (this year) =	- 42
Band	87 (last year) - 90 (this year) =	- 3

Motions

* The amount for mileage requested in motion #1 and motion #3 does not reflect the original amount requested by the RD and RDA. A motion was made by MSUA to amend motion #3 and remove the gas mileage or suggested the RD and RDA travel together in one vehicle. Further discussion on the matter of travel and travel expenses by the RD and RDA resulted in the RD(motion #1) and RDA(motion #3) reducing the gas mileage by 50% on both motions.

***Motion #1 (01/19/2019):** to approve and pay Regional Delegate’s MARLCNA expenses.

Hotel (one-night stay)	\$158.73
Mileage (472 miles at \$.58 cents a mile) +	\$136.88
Meals	+ \$ 80.00
Total =	\$375.61

Maker: RD 2nd by: TVA

Intent: to be financially responsible

Passed 7.0.0

Motion #2 (01/19/2019): to approve 2019-2020 Webservant budget

Maker: Webservant **2nd by:** GHA

	2018 - 2019	Expenditures to Date	2019 - 2020
Hosting/Maintenance	\$600.00	\$323.64	\$600.00
Report Copies	\$50.00	\$0	\$50.00
Domain Name Registration	\$50.00	\$0	\$50.00
Website Development	\$300.00	\$111.05	\$300.00
Total	\$1,000.00	\$435.69	\$1,000.00

Intent: to continue having a CT Regional Website

Motion: **Table to Areas for 60 days**

Maker: MSUA **2nd by:** GHA

***Motion #3 (01/19/2019):** To approve and pay Regional Delegate Alternate's MARLCNA expenses.

Hotel (one-night stay) \$158.73

Mileage (524 miles at \$.58 cents a mile) + \$151.96

Meals + \$ 80.00

Total = **\$390.69**

Maker: RDA **2nd by:** CCA

Intent: to be financially responsible

Passed 7.0.0

Motion #4 (01/19/2019): to approve **\$323.64** to pay InMotion Hosting for 3yrs hosting CTNA.org website

Maker: Webservant **2nd by:** GHA

Intent: to pay new web host for new web site

Passed 7.0.0

Motion #5 (01/19/2019): to approve Regional Delegate team's 2019 proposed budget (See Last Page)

Maker: RD **2nd by:** TVA

Intent: to be financially responsible

Motion: **Table to Areas for 60 days**

Maker: MSUA **2nd by:** GHA

Motion #6 (01/19/2019): To approve Public Relations 2019 - 2020 proposed budget

Maker: PR 2nd **by:** SFCA

PUBLIC RELATIONS	2019-2020 Proposed	2018-2019 Approved	2018-2019 SpentYTD	NOTES
Posters	\$ 500.00	\$ 500.00	\$ 420.00	Self-explanatory.
Rent	\$ 240.00	\$ 600.00	\$ 180.00	Our current rent is \$20/month.
Projects	\$ 500.00	\$ 500.00	\$ 86.60	Learning Days (in CT), Presentations, New PR displays, Rentals/Vendor fees
Literature	\$ 300.00	\$ 300.00	\$ 257.23	Orders, New Literature, Literature for Presentation/Facilities
Phoneline Service	\$ 600.00	\$ 500.00	\$ 269.55	This includes Halloo (\$29.95/mo) and Twilio/Yap (the new meeting search function - estimated at \$20.05/mo)
Schedules	\$ 1,680.00	\$ 1,680.00	\$ 980.00	Self-explanatory.
Secretary Expenses	\$ 100.00	\$ 100.00	\$ -	Copies, Ink, Binder, Supplies
Convention Expenses	\$ 300.00	\$ -	\$ 300.00	For PR Workshop - Possible Hotel charges, AV Rentals, etc.
Workshop Attendance	\$ -	\$ -	\$ -	Send trusted servants to a Conference outside of our Region
Media Projects	\$ 500.00	\$ 700.00	\$ 60.00	ie. Billboards, TV or Radio PSAs, Newspapers
TOTAL	\$ 4,720.00	\$ 4,880.00	\$ 2,427.78	

Intent: to be financially responsible

Motion: **Table to Areas for 60 days**

Maker: MSUA 2nd **by:** GHA

Motion #7 (01/19/2019): To approve RSC Administrative 2019 - 2020 proposed budget

Maker: Treasurer 2nd **by:** GNHA

	18-19 Budget	Spent to Date 01/17/19	Proposed 19-20 Budget
RSC Chair	\$ 50.00	\$ 12.35	\$ 50.00
RSC Vice Chair	\$ 50.00	\$ -	\$ 50.00
RSC Secretary	\$ 100.00	\$ -	\$ 100.00
RSC Treasurer	\$ 150.00	\$ 81.89	\$ 150.00
PO Box Rental - RSC	\$ 140.00	\$ 140.00	\$ 140.00
RSC Rent	\$ 400.00	\$ 236.88	\$ 240.00
Regional Insurance Policy	\$ 1,200.00	\$ 1,079.00	\$ 1,200.00
Storage Unit	\$ 850.00	\$ 198.88	\$ 270.00
Regional Learning Day	\$ -		\$ 600.00
Ad Hoc Committee			\$ 200.00
ADMINSTRATIVE	\$ 2,940.00	\$ 1,749.00	\$ 3,000.00

Intent: to adhere to policy

Motion: **Table to Areas for 60 days**

Maker: MSUA 2nd **by:** GHA

ELECTIONS

Vice Chair - Andrew S. was nominated, accepted and voted in

Treasurer (Alt.) - OTF

Schedule Facilitator - OTF

Policy Facilitator - OTF

Webservant (Alt.) - Garrett W. volunteered and was voted in

Convention Chair - George D. was nominated by the Convention Committee and voted in

BOD - at Large - Sharon B. volunteered as was voted in

BOD Seats: CCA - OTF, GWA - OTF,

Vacant: Technical Director, Alt. Tech Director and Alternate Treasurer

With no further business - A motion to close was made and seconded @ 4:13pm

Next RSC meeting will be held on *February 16th, 2019* @ Middlesex Memorial Hospital
28 Crescent Street
Middletown, CT

REGIONAL DELEGATE TEAM 2019 PROPOSED BUDGET

2018 - Approved Budget \$4,602.22

Item	Budget	Spent
Conferences; Workshops; Symposiums; Forums	\$3,802.22	\$4,082.25
Conference Agenda Reports	200.00	\$0.00
Connecticut Regional Workshops	300.00	\$0.00
Copies and Supplies	300.00	\$150.39
TOTAL	\$4,602.22	\$4,232.64

2019 – Proposed Budget: \$4,693.44 [estimate]

Item		Proposed Budget
Conferences; Workshops; Symposiums; Forums		\$3,118.44
April 26 – 28 NEZF Conference – Northern NY Region		
❖ Hotel (<i>1 room for 2 nights</i>) [estimate]	\$275.00	
❖ RD Mileage (<i>682 miles roundtrip</i>) [estimate]	197.78	
❖ RDA Mileage (<i>728 miles roundtrip</i>) [estimate]	211.12	
❖ Meals (<i>Delegate and Alternate</i>)	160.00	
Oct. 2019 NEZF Conference – Tri-State Region		
❖ Hotel (<i>1 room for 2 nights</i>) [estimate]	\$275.00	
❖ RD Mileage (<i>886 miles roundtrip</i>) [estimate]	256.94	
❖ RDA Mileage (<i>944 miles roundtrip</i>) [estimate]	273.76	
❖ Meals (<i>Delegate and Alternate</i>)	160.00	
Dec. 2019 MERLE Conference - Location TBD		
❖ Hotel (<i>1 room for 2 nights</i>) [estimate]	\$275.00	
❖ RD Mileage [estimate]	75.00	
❖ RDA Mileage [estimate]	75.00	
❖ Meals (<i>Delegate and Alternate</i>)	160.00	
Feb. 2020 MARLCNA - Pennsylvania		
❖ Hotel (<i>1 room for 2 nights</i>) [estimate]	\$275.00	
❖ RD Mileage (<i>472 miles roundtrip</i>)	136.88	
❖ RDA Mileage (<i>524 miles roundtrip</i>)	151.96	
❖ Meals (<i>Delegate and Alternate</i>)	160.00	

2020 Conference Agenda Reports		\$225.00
RDA Airline Ticket for 2020 World Service Conference		\$400.00
Connecticut Regional Workshops		\$700.00
❖ IDT Workshops Expenses	\$300.00	
❖ CAR Workshops	\$400.00	
Copies and Supplies		\$250.00
TOTAL		\$4,693.44