

Mid State Unity Area of NA®

Area Minutes for January, 14 2019

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Open: 7:02 pm the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome to all new GSRs, Alternate GSRs and visitors! Denise C- ALT No Joke on Main, Sarah A-GSR New Perspectives, Don D-GSR Stepping into the weekend, Brandon B is visiting.

Mail: Comcast Junk mail, retreat registration, NA Reaching Out

Roll Call: 15 out of 22 groups present at roll call, 13 of which currently had voting privileges. Quorum of 2/3 was met.

Service Orientation: MSUA Policy page 14 B. Hospitals & Institutions C- Secretary I-requirements II-Responsibilities and duties

Announcements:

- A couple of people asked if Crossroads was still meeting. Chair said they'll check on it.
- New Meeting - Recovery 101. Tuesday Nights. 5:30pm. Wesleyan Campus.

Secretary minutes – Passed 15-0-0

Treasurer report – Passed 14-0-0

RCM –Al W. gave a verbal/ written report.

Policy facilitator OTF. Strategic planning workshop met, there were 10 addicts in attendance. The workshop began with discussing the difference between project-based service and Routine services. Discussed the importance of the region doing a scan of the region, developing and inventory or survey to go out to areas and groups throughout the region and to potentially be available online for members to complete. The planning group will continue to meet on the third Thursday of every month 7:30-9:00pm at The Portland Senior Center located at 7 Waverly Ave, Portland CT. Elections- Vice chair, Alt Treasurer, Schedule Facilitator, Alt Web Servant & Policy facilitator OTF. Motion #1- Request for \$250.00 of PR budget passed 5.0.0; Motion #2- To approve \$35/month (until 2019 budget cycle) to fund the CTRSC strategic planning workgroup. Passed 5.0.0

The next CTRSC meeting will be held on January 19th @2:00pm Middlesex Memorial Hospital, 28 Crescent street, Middletown. In the Bangston-Wood Building across from the main entrance

Activities –Sita- verbal/written

Met the second Wednesday of December 12 and January 9. There were 11 addicts in attendance. The December meeting was brainstorming future events to take place from February forward. The following January meeting was working out specific details regarding the February dance and game night in March. Several addicts volunteered for service positions such as decorating for the “photo booth” and setting up the venue the day of the event. Budget for the Photo Booth, food/drinks and necklace stand was voted and agreed upon.

A DJ and flyers were voted and agreed upon for the February event. The name for the event is “hugs not drugs: The February fellowship dance “to take place on Saturday, February 9 starting at 8:30 PM and ending at 11 PM. Give me details where discuss such as a dip/salsa

Contest including a Prize award for the winner, and bringing a video console. When you will also be at the brownstone church in Portland and take place on Saturday, March 23 from 8 PM to 12 PM. Budget for the game it was about an agreed-upon board games and video games will be by donation. Budget is attached.

Activities meets on the 2nd Wednesday of every month at Bethany Lutheran church located at 50 Court Street Cromwell at 9:00 p.m. after the all about change group.

H&I – Andy C—Written/Verbal Report

All meetings going as scheduled, Andy volunteered for chair and was voted and accepted by members. There was talk about changing policy about mandatory attendance for GA. Discussed learning day for 2019. Vice chair is OTF,

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all other positions are filled. Next business meeting 1/16/19. Next GA is on 3/20/19, please announce at groups we are in need of addict support.

H&I meet the third Wednesday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.

Literature – Billy gave verbal & Written

All orders were filled

MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.

Public Relations – Adam H. written/verbal

4 members in attendance including one new member. Voted in Mark R as the committee's recommendation for chairperson. Secretary and Vice Chair of the committee are OTF. No calls on phoneline. Still discussing placing ads on placemats for diners/restaurants. Also working on getting in touch with someone from AIDS Connecticut about the Drug User Health Outreach on Friday's at the Soup Kitchen. Decided to plan a learning day for World PR week which is the first week in June (shooting for June 8-9). Vice chair and Mobile coordinator for Regional PR are OTF.

Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 6:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.

Retreat – Bob J gave Verbal report

Report Attached. 7 registrations sold for \$1,260

Retreat meets the 2nd Monday of every month at 6:30pm (before Area) at the Portland Senior Center.

AD-HOC Committee – Tim - Absent

Group Reports

16 out of 23 groups present	Concerns	Positions OTF	Groups	Concerns	Positions OTF
A New Awakening: Bourbon	May close at end of Feb. needs support		Till The Wheels Fall Off: Briana	AIW	
After the Weekend: Brian M.	Anniversary Feb 18		Saturday Night Sanity: Jesse	AIW	
All About Change: Joey	AIW		Serenity Check: Lennie	AIW	
Basically Lit: Tim	Absent		Stepping Free: Corey	Absent	
Came to Believe:	Absent		Stepping into the Weekend: Richard	AIW	
Living Clean: Brian E.	AIW		Stepping Thru It All: Sol	AIW	
Miracles on Trinity:	Absent		Stepping Up:	Absent	
New Freedom: Chick	AIW		Straight Lace:	Absent	
New Perspectives: Sarah	Alt GSR		Where We Are Going: Kim	AIW	
No Joke on Main: Cynthia	AIW		Working the Steps: Stacy	Addict support	Sec, Alt GSR
Over the Wall: Denise	AIW		The Crossroads:	Absent	

Break: 8:05 to 8:15pm

Roll Call II: 15 out of 22 groups present, 13 of which currently had voting privileges. Quorum of 2/3 was met.

Sharing Session:

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1. Kim L (Where We Are Going) - there was an article saying that the soup kitchen could be closing and moving locations this summer
2. Al W - new meeting starter kit, new meeting flyer passed around but we were told it would not be part of the MSUA area.
3. Brian E (Living Clean) - expand section on minutes for group changes/cancelations to events as well so that members are reminded before events in the area.
4. Al W - Budget sheet I go- adding a fourth column to show what has been spent of the budget so far since budgets are submitted before end of year. Tonia said she would put together an example.
5. Tonia C - Holy Trinity Church- needs updated Secretaries for each meeting held there and contact information so that Val knows who has the keys and if you have not contacted her yet please do so.

Old Business:

November

Motion #1 (11/2018) MSUA splitting rent with literature

Intent- to save money **14-0-0 0 Pass**

December

Motion #1 (12/11/2018) To hold an activities committee "Valentine's day dance" on February 16, 2019 at Trinity Church in Portland.

Budget:

Rent \$50

Drinks \$70,

Ticket printing \$12

DJ \$100

Decorations \$80

Total \$312 (expected income \$500)

Intent: To have fun in recovery

Tabled to groups for 30 days **13-0-2 pass**

Motion #2(12/11/2018) (For 2020 budgets) to take the past 3 years actual line item expenses budgets utilized for sub committees, average them and add \$100 for annual budgets

Intent: To be more financially responsible

Tabled to sub committees for 30 days

Tabled to sub committees for another 30 days

Elections:

Chair - Adam H

Vice chair - Emilee J

Secretary - Kim L

Treasurer- Tonia C

RCM - OTF

ALT RCM - OTF

Lit Chair - Billy L

H&I Chair - Andy C

PR Chair - Mark R

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New Business:

Motion #1 (1/14/2019) To hold a "Game Night" hosted by the activities committee. Held at Brownstone- Holy trinity church, Portland on Saturday 3/23/2019 from 8:30-11:30

Budget "Game Night"

Rent-\$50

Food/Beverages-\$30

Dinnerware-\$10

Tickets/Flyers-\$10

Prize item-\$50

Intent- Foster fellowshiping in Local NA community

Tabled for 30 days, bring back to groups

Motion#2 (1/14/2019) MSUASC create an ADHOC committee in June 2019 to organize and host the "Gathering of Gratitude 2019" to be held on December 24, 2019

Intent - To celebrate our unity, carry the message of recovery, hope and share good will

Voted on and passed 8-2-0

Upcoming Events / Changes

Group level changes:

The most efficient way to convey meeting changes to region is to visit regional website "ctna.org", then proceed to "service subcommittees" (on left side of the page), click on the "CTRSC" link. Go to "RSC Forms" then click on the "Ct. Regional Schedule Meeting Information Form". Please fill out form and at the bottom of the page it will say; "Choose Area to send". Once the MSUA has been chosen the information will be sent directly to our RCM.

Emergency or Temporary Group Cancellation or Relocation: *If your group must cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area C.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at [REDACTED] with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible*