

TUNXIS VALLEY AREA SERVICE COMMITTEE APRIL 2019 MONTHLY MEETING MINUTES

The TVASC met on April 7th, 2019 at South Church in New Britain. Meeting was called to order in the usual manner. The 12 Traditions and 12 Concepts were read. The 4th Concept was read and discussed.

There were 19 groups out of 27 present, 16 groups present had voting rights.

ELECTIONS:

PR CHAIR: OTF.

Please announce any positions OTF to the groups. Requirements for open positions will be attached to email containing minutes.

OPEN FORUM:

Spiritual Sisters is a new group looking to join TVA. This is a women's meeting and the format will be "open writing for first half - open discussion for second half. They meet on Thursdays from 7:30PM - 8:45PM at Second Congregational Church 1746 Boston Turnpike, Coventry. First meeting will be May 2nd. Welcome Spiritual Sisters!

COMMITTEE REPORTS:

CHAIR: Absent.

VICE CHAIR: Present.

SECRETARY: Present, minutes read and accepted.

TREASURER: Present, report read and accepted – see attachment for report.

**Area voted to allow the treasurer to reimburse himself \$60. A fund flow check for that amount was not present at the time of deposit so the treasurer put his own money in to be sure the area account received the full amount of fund flow that was submitted. The

check will be included in the next deposit and the area approved reimbursement.

ALT. TREASURER: Present

POLICY CHAIR: Present, Policy Chair is reviewing changes made to policy in previous motions and will post electronically when policy is completely updated.

RCM: Present, report read and accepted - see attachment for report.

ALT. RCM: Present.

H&I: Present, Kevin read report - see attachment for full report.

PR: CHAIR OTF. See attached report.

ACTIVITIES: Present, Mike gave verbal report.

GROUP REPORTS:

BACK TO BASICS: Absent.

BROTHERS IN RECOVERY: Absent.

EARLY STEPPING: Present. Alt. GSR OTF

FREEDOM TO LIVE: Present.

FRIDAY NIGHT FREEDOM: Absent.

GENESIS: Present. 35 year Anniversary April 19th @11AM. Alt. GSR OTF

HIGH ON RECOVERY: Present, Alt. GSR OTF.

ISSUES: Absent.

LIFELINE TO RECOVERY: Present.

MAKING HEADWAY: Present. Alt. GSR OTF. 36th anniversary party, May 16th @6PM.

MIRACLES ON ARCH: Absent.

MONDAY NIGHT MIRACLES: Present. All positions OTF.

NOT ALONE GROUP: Present.

PRINCIPLES BEFORE PERSONALITIES: Present. Alt. GSR OTF

PROMISE IS FREEDOM: Present. GSR and Alt. GSR OTF

REACH WITHIN: Absent.

SATURDAY MORNING SURRENDER: Present. GSR OTF.

SPRING INTO RECOVERY: Present. Format change - group will elect monthly positions after announcements. Alt. GSR OTF

STEPS ARE THE KEY: Present. GSR OTF

STOP AND RECOVER: Present. GSR, Alt. GSR, Treasurer, Speaker seeker OTF. Need addict support.

SUNDAY MORNING SERENITY: Absent.

SUNDAY NIGHT SANITY: Present.

SUNDAY NIGHT SURRENDER: Present.

THRU THE STEPS: Present. Alt. GSR OTF.

TRUST THE DREAM: Present. Alt. GSR OTF

WITHIN REACH: Absent.

WOMEN WITH HOPE: Present. GSR AND Alt. GSR OTF - all positions OTF in May.

GROUPS WITH NO VOTING RIGHTS (need 2 consecutive attendances): Friday Night Freedom, Miracles on Arch, Reach Within, Sunday Morning Serenity, Within Reach.

GROUPS ELIGIBLE TO REGAIN RIGHTS IN MAY IF PRESENT: Lifeline to Recovery, Steps are the Key, Trust the Dream.

GROUPS LOSING RIGHTS IN MAY IF NOT PRESENT: Back to Basics, Brothers in Recovery, Issues.

OLD BUSINESS:

REGIONAL MOTION #1: Passed 18-0-1

REGIONAL MOTION #2: Passed 17-0-2

MOTION #1: Ruled out of order - not clear enough/group bringing the motion not present.

NEW BUSINESS:

MOTION #1:

Maker: Danny W.

Second: Nick P.

Add a position of Vice Policy Chair. Length of service to be 1 year with the intent of the vice chair to move into the policy chair position for 1 year. Clean time requirements for vice chair is 2 years and at least 1 year at area service level.

Intent: To ensure that the policy chair is very familiar with the written policy when moving into that position.

*****GROUPS MUST VOTE*****

MOTION #2:

Maker: Danny W.

Second: Nick P.

GSR must be present for entire ASC meeting in order for attendance to count toward maintaining or achieving voting rights. However, if a GSR has to leave early, bring that to the Executive Committee prior to the start of the ASC meeting. The associated groups voting conscience shall be noted clearly on the group report.

Intent: To maintain an atmosphere where the ASC can conduct business and maintain accurate voting right documentation.

*****GROUPS MUST VOTE*****

AGENDA: None

TVASC closed in the usual manner. The next ASC meeting will be May 5 , 2019 at 1:00 PM at South Congregational Church, 90 Main St., New Britain.

In loving service,

Liane R.

Apr-19

TVASC Treasurer Report

	Spent this Month	Spent to Date	Budget Remaining	Budget Amount
Chair	0.00	0.00	50.00	50.00
Vice Chair	0.00	50.73	24.27	75.00
Secretary	0.00	8.30	391.70	400.00
Treasurer	140.00	1168.26	731.74	1900.00
RCM	0.00	102.74	197.26	300.00
PR	150.00	243.89	1506.11	1750.00
Activities	0.00	358.21	1341.79	1700.00
H& I	234.98	900.90	469.10	1370.00
Policy	0.00	0.00	270.00	270.00
				7815.00

(Total of Budgets + 12 = Prudent Reserve)

Expenses		
Check 1291	CTRSCNA -Treas.- Schedules	140.00
Check 1288	PR EVENT (provided prior to event) (receipt copy)	50.00
Check 1293	H&I Literature (receipt copy)	234.98

check returned and voided

VOID VOID VOID VOID

STANDARD EXPENSE SCHEDULE

\$60.00 Due quarterly (December, March, June & September for TVASC Rent of South Church)

\$140.00 Due every other month (Jan., Mar., May, July, Sept, Nov) for Schedules.

\$100.00 Due in June for TVASC US Post Office Box

Beginning Balance	1131.25
Deposit-Groups Fund Flow	412.29
Subtotal Bank Balance	1543.54
Expenses	524.98
Ending Balance	1018.56
Prudent Reserve	651.25
Actual Balance	367.31

+150.00 (voided check)
 \$ 517.31

NOTE**

March 2019
TVA Public Relations Minutes



Meeting opened at 6:30 in the usual manner.

Tom R. read the 12 Traditions and Heather S. read the 12 Concepts.

*Poster Drive was a success with 7 addicts participating. Posters were distributed in Bristol, Plainville, New Britain, and Berlin.

Elections:

Tom R. was elected Presentation Chair.

Open Positions:

Chair

Secretary

Orientation Coordinator

Chair Report:

Nick P. attended regional PR. Region is asking areas to try to hold a learning day in conjunction with PR week which is in July. Along with PR week NAWS is offering a 10 – 20% discount on certain merchandise which can be purchased off the NAWS website. Region is also looking into purchasing table cloths and would like to know if areas would like a new tablecloth. Cost is \$160 ea but if the order is for 4+ then the price would drop to \$120 ea.

Secretary Report:

Nick P. read last months minutes and they were accepted.

Old Business:

Poster drive and purchasing business cards was discussed.

New Business:

Poster drive was discussed, and Matt M agreed to pick up the supplies that are needed.

Business cards were quoted at \$130 for 5,000 and \$190 for 10,000. Motion was made and voted on to purchase 10,000 business cards. This passed.

We discussed getting a ctna.org email address to use. Garrett W will get that set up.

New tablecloth was also discussed. Per Heather S. Regional PR will be paying for the table cloth and it will not be coming out of the area's budget.

*It was verified after the subcommittee that Regional PR is just facilitating the ordering and each area would have to buy their own tablecloth, so we will have to discuss at the next meeting.

Next PR subcommittee will meet on 4/17 at 6:30pm.

In service,
Garrett W.

TVA H&I Minutes

March 18, 2019

We opened the meeting with a moment of silence, followed by the Serenity Prayer. 12 Traditions and 12 Concepts were read. There were 9 members present, 8 members with voting rights. No addicts were orientated.

Chair report: Read and accepted. Next Regional H&I meeting will be held April 3, 2019

Secretary report: Read and accepted

Group reports:

- Bristol Hospital Sunday: Needs 3 female members.
- Farrell Treatment Tuesday: Doing well. Has a full panel.
- Bristol Hospital Wednesday: Panel Leader is out to the fellowship, needs 1 female and 1 male members.
- Manson Youth Thursday: Doing well. Needs 2 male members. Requirement for panel member to be out of the system has gone down to 3 years. They also need 1-day clean cards.
- Bristol Hospital Saturday: Needs 2 female member.
- Farrell Treatment Saturday: Doing well. Has a full panel.

Old Business: Continued to discuss learning day. Going to look into Petruska Park in Plainville Ct for dates available for a picnic for the learning day. Someone is going to go to activities to see if they would like to hold their learning day with H&I's. A check was received by TVASC for literature. The order literature order was place.

New Business: All Trusted Servant positions are out to the fellowship. This includes: all panel leader, Chair, Vice Chair, Orientation Chair, and Secretary.

Elections: None

The next meeting is on Monday April 15, 2019 at the Plainville Public Library, 56 East Main St. at 6:00PM. All are welcome!

Meeting closed in the usual manner.

In Loving Service,

Chantal G.

APRIL 2019 RCM REPORT

Attended RSC meeting March 16 2019 8 out of 9 areas were present

You are welcomed to join us at the next CTRSC meeting April 20th 2019

@ Middlesex Memorial Hospital, 28 Crescent Street, Middletown, CT

The RSC opening balance was \$5025.28, Donations \$2674.15

Expenditures \$570.28, Funds returned \$390.69, Fund Flow \$2494.56

RSC closing balance was \$5025.28 which is Prudent Reserve

Attached is the first draft of the Mental Health, Mental Illness IP

All groups are asked to review this IP. Input can be submitted online @ www.na.org/mhmi or emailed to World Board worldboard@na.org

The Spiritual Principle a Day project workshop will be held @ 4pm following the June 15th RSC meeting All are welcomed to attend

All GSR's please check your meeting information online and report any mistakes or changes.

All budgets voted on last month passed.

Just a reminder the COI that we request for events does not cover personal injuries. An activity waiver is being considered for sporting events

In loving service

Tom R TVARCM

Mental Health IP Review and Input Draft
For review from 1 February – 15 May 2019



Hello from Your World Board!

We are pleased to present you with a review and input draft of the “Mental Health in Recovery” informational pamphlet. This IP intends to support members in recovery who face mental health challenges. After factoring in the ideas we hear in review and input, the World Board will offer a possibly revised version of this IP in the *Conference Agenda Report* for Fellowship-wide approval at the 2020 World Service Conference. This cover memo will give you some background information on the IP as well as review and input questions to help guide your discussions.

Project Background and Purpose

We want to thank all those who shared their experiences. Prior to the start of the workgroup, we had received 792 pieces of input from 26 countries. Because of your participation, we are pleased to be able to reflect much of what we heard in this draft.

WSC 2016 approved a motion: “That the NA World Board develop a project plan which includes a budget and timeline to create an informational pamphlet specifically about mental illness and recovery for consideration at the 2018 World Service Conference.” The Conference supported this motion (93-17-1) and the mental health pamphlet received high priority ranking in the WSC 2016 literature survey. WSC 2018 approved a project plan and budget, and the World Board formed a workgroup to develop the IP.

What’s in the Draft?

The informational pamphlet has topic headings to assist members who have specific concerns; however, some ideas about mental health conditions in recovery are reiterated throughout the draft. As an example, we thought that experience with maintaining one’s recovery and mental health well-being is important, so it is mentioned a few times in the draft. We believe restating points throughout the IP is helpful to illustrate their significance. To support the experience in this IP, we have included quotes from members and quotes from the Basic Text, *It Works: How and Why, Just for Today, In Times of Illness* and *Guiding Principles*.

Review and Input Questions

This pamphlet will be of most use to the Fellowship if it helps members in recovery who face the mental health challenges. Sharing your personal response to the draft will help make it more useful and beneficial for members. We are asking for your overall impression and your response to several specific questions:

Mental Health IP Review and Input Draft
For review from 1 February – 15 May 2019



1. My overall impression of the draft is positive.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

Comments regarding your overall impression _____

2. Are there any thoughts, ideas, or spiritual principles missing or that should be elaborated upon from any section of this pamphlet?

3. Are there any ideas or best practices that you believe are inadequately explained? If you discover any, please identify them.

4. Is there anything in the pamphlet that should be omitted or deleted?

5. This pamphlet is designed to address some specific issues that individual members face. These include sharing in meetings and serving the Fellowship while taking psychotropic medication for a mental health condition. We did our best to touch on these sensitive situations with compassion and understanding, while staying true to our core NA principles. How adequately do you believe we have addressed these issues?

It is always easiest for us to collect input online. You will find the online input form at www.na.org/mhmi.

You can also send your comments and suggestions directly to:

worldboard@na.org

or

World Board
19737 Nordhoff Place
Chatsworth, CA 91311 USA

Mental Health/Mental Illness IP Project Draft for Review and Input from 1 February – 15 May 2019

Mental Health in Recovery

“Although the specifics of mental health recovery in my life may be outside issues (medication, therapy, other treatment options), dealing with my mental health issues and recovery in this arena is as critical to my ability to stay clean and work a program of recovery in Narcotics Anonymous as living powerlessly, surrendering, and finding a power greater than me.”

In the Narcotics Anonymous program, every addict with a desire to stop using can be a member, and no member of NA need ever recover alone. Recovery is our common bond. Even though some of us may feel hopeless because of the wreckage of our active addiction, we are not helpless. We are able to benefit from the experience and suggestions of other members who are recovering in NA. Many of us felt a sense of despair in early recovery as we began to realize that our life was in shambles, and we felt deep sadness from putting down drugs and the lifestyle that came with them. In a sense, many of us felt as if we were leaving behind our best friend—or friends. Recovery can be painful.

That pain of early recovery, however, does not necessarily equate with having mental health issues. As the fog most of us experience in early recovery lifts and we are able to begin to address the problems in many areas of our life, we may feel more optimistic. Some of us, though, do not seem to gain a sense of well-being no matter how hard we try to put the pieces together. Through the process of working the Steps with a sponsor and learning to take better care of ourselves, many of us find it necessary, at some point in our recovery process, to seek outside assistance for problems other than addiction.

Getting clean and working Steps in NA leads all of us to find ways to take better care of our minds, bodies, emotions, and spirits. We do not all arrive in NA in the same condition, and so the way each of us takes care of those parts of ourselves will look different from one addict to the next. The most important thing for all of us is that we take care of ourselves the best we can and remain in close touch with our sponsor, other trusted NA members, and our Higher Power throughout the journey.

In seeking help for our mental health, some of us may be more direct and inquire as to whether we need medication; then again, others may struggle with the notion of having a mental health condition. Regardless of our feelings about the label associated with mental health, what does matter is willingness to seek outside help if we need it. Once we put down the drugs and enter recovery, we all want the opportunity to live happy, joyous, and free. This piece of literature reflects the shared experiences of NA members, including those who have found it necessary to seek outside help for mental health concerns and those who have recovered alongside them. In this pamphlet, there are sections meant to help all NA members with challenges that arise—the decision to seek help, concerns about medications, the stigma of mental health challenges, recovery, service, and being of support to each other.

Seeking Professional Help

We do not diagnose anyone’s condition or track the progress of our patients—in fact, we have no patients, only members. Our groups do not provide professional therapeutic, medical, legal, or psychiatric services. We are simply a fellowship of recovering addicts who meet regularly to help each other stay clean. *It Works: How and Why*, “Tradition Eight”

The Eighth Tradition in NA aptly illustrates that our focus is recovery from addiction; NA does not treat mental health conditions. Addicts who have thoughts or concerns about their mental health should be responsible and seek professional help. Some members have experienced that professional help aids them in facing a crisis

outside of their recovery in NA; others may find that long-term therapy and medications are needed. Our shared experience is captured well in Chapter Four of *Living Clean*: “When we use the tools available to us—calling our sponsor and seeking the experience, strength, and hope from others, allowing our support group to support us, and turning to *In Times of Illness* and other NA literature—we are able to make decisions we can be comfortable with, and take action to do the next right thing.” We are free to pursue our recovery in NA.

Through sharing honestly with a sponsor, we find freedom in NA. Holding on to secrets about mental health conditions and medications without telling at least one trusted friend may undermine our recovery. Many of us have found that shame and secrecy in any area opens a window for relapse. We need to be honest and truthful about our mental health—along with any medications we may need to take in our recovery. Working closely with our sponsor and other trusted NA members can help us to remain aware of our motives. We are all responsible for our own recovery and well-being.

Psychotropic Medication

It is possible to find freedom from active addiction in NA and to be taking medication prescribed by an informed healthcare professional for mental illness. *In Times of Illness, Mental Health Issues*

In NA, our primary purpose is to carry a message of recovery—this is true no matter what extenuating situations may present themselves. Attempting to address mental health challenges goes beyond the scope of carrying our message or helping a member stay clean. In meetings, no one is a professional; we are all addicts seeking freedom from active addiction. We have heard many times to leave medical issues to doctors; the same principle applies to mental health conditions.

We may be advised to take medications to treat our mental health condition. Medications need to be taken as prescribed by our healthcare professional; we do not self-medicate. Most of us have found it wise to inform our sponsors and perhaps a few friends in our support network. This action helps us to be accountable and allows trusted others to be our “eyes and ears,” helping to ensure that our recovery is intact and progressing forward. If we need to take psychotropic medication, we need to be mindful and aware of changes. The longer we are clean, the more our physical and emotional selves change; sometimes, these changes may have an effect on our mental health conditions. Sharing any perceived changes with our sponsors, appropriate healthcare professionals, and supportive friends is a critical step in maintaining a program of recovery.

Many of us have heard, either individually or in meetings, that members taking medication are not clean. However, some medications are prescribed to help manage symptoms that get in the way of leading a healthy, productive, drug-free lifestyle. Members who are open and honest with their sponsors and take psychotropic medication as prescribed by a healthcare professional are considered clean. In the appropriate circumstances, psychotropic medication does not compromise clean time.

Stigma and Shame

...our struggles with our mental illnesses and the way they impact our recovery are very much “inside issues.” We need to make this distinction to ensure that we don’t fail to seek additional help either because of stigma in the rooms or confusion about the relationship between mental illness and recovery. *Living Clean, “Our Physical Selves”*

As addicts, we may be prone to behaviors and actions that are not in line with spiritual principles. This could simply be described as our hearts and heads are not always aligned. Sometimes it takes years in recovery and working the Steps with a sponsor to improve our skills with spiritual principles such as compassion, acceptance, and kindness. We may often jump to judgment and act in ways that discriminate against others who are not like us. We tend to find reasons to separate ourselves from others. We can ask our sponsor or NA

friends for their experience and guidance. In NA, our primary purpose is carrying a message of hope, not judgment others.

If we have mental health challenges, we may be able to avoid feeling stigmatized in NA because of our condition by being careful about the level of detail we go into when we share about our situation in meetings. Instead, we work with our sponsor and trusted NA members on the ways our situation affects our recovery, and we continue working with appropriate professionals for issues beyond addiction and recovery. After all, the common denominator for all of us is recovery. One member shared:

"I struggled for years being more ashamed of my mental health condition than I ever was of being an addict. Today I realize that taking care of my mental well-being is a critical part of my overall recovery, and like everything else, the process of doing so is the solution to my struggles."

Some members may be prone to isolate due to shame. Many of us are familiar with the saying "an addict alone is in bad company." Isolation tends to lead us to dark places, with only our own thoughts to guide us. Those thoughts may bring us to scary places, such as a place from which it is hard to see how life is worth living. In the best circumstances, having gloomy thoughts would inspire us to call our sponsor or a trusted friend, or might prompt us to go to a meeting; sometimes we continue to move progressively downhill, caught in a web of negative thinking. In times like these, we may even entertain suicidal thoughts. One of the personal stories in our Basic Text ("Becoming Whole") describes suicide as "a permanent solution to a temporary problem." We need to bring ourselves out of the dark corner and back into living a program of recovery. Sometimes it will feel impossible to move out of that rut, but we need to persevere, putting one foot in front of another, until we are in a meeting surrounded by our people. We let shame and stigma fall away. A glimmer of hope begins to shift our thinking, and we are back on the road of recovery.

Recovery Happens in NA

Everything we do, everything that happens to us as a Fellowship, comes back to our simple message of hope and freedom...No one is too sick or too well, too rich or too poor, too far gone or too far away to qualify. It is available to us all. *Guiding Principles*, "Tradition Five"

All addicts are welcome in NA meetings, and everyone is free to hear NA's lifesaving message. Often we gain a flicker of hope for ourselves because we feel a sense of belonging, and we identify with others in meetings. Once we are drug-free and on the recovery path recovery, we strive to live in the solution and to practice spiritual principles in all our affairs. This is not accomplished by desire alone; we work with a sponsor, work the Steps, and share our recovery with others. In NA, the term *power greater than ourselves* can be used to refer to many things. Many members simply start with the power of the NA group. Just like all NA members, those who have mental health issues are encouraged to practice the principles of recovery in ways that honor our own personal beliefs. No addict is too sick or too far gone to recover. Recovery works for all addicts who want to stop using and are willing to make the effort.

Those of us who suffer from mental health challenges may want to deny our condition and may run the risk of self-deception about our condition. This will not serve anyone on a recovery path. We need to be willing to respond to our fear as *Face Everything And Recover*. We owe it to ourselves and to those we care about. One addict with mental health challenges summed up their situation by saying, "If I don't work on both—recovery and mental health—I won't be successful with either." Our work on self-acceptance is crucial not just for our recovery, but also for our mental health. Facing life on its own terms gives us a chance for a fulfilling, productive life, drug-free. We hear the message of recovery in NA meetings, and we share with our sponsor, members in meetings, and our trusted friends.

Being of Service

Service is...our unique gift—something that no one can take away from us. We give, and we get. Through service, many of us start on the sometimes long road back to becoming productive members of society. *Just for Today*, May 1

Coming into NA, most of us did not have much self-worth; active addiction seemed to rob us of self-esteem. Through service, we find a sense of belonging and gain a sense of purpose in our lives. We begin to believe that our contribution is valuable; in turn, self-worth and self-esteem begin to flourish for those of us who give back to NA. This applies universally to all NA members, including those of us with mental health challenges.

Service is a collective action working with others, whether in a group or service committee. In service, the fact that we are each other's eyes and ears is readily apparent. We need to reflect honestly on whether we meet the qualifications for our service positions, and we should be ready to assess our abilities with our sponsor or with another recovering member. This concept also applies if we take psychotropic medications for our mental health challenges. Sometimes, we may find that group-level service is the best fit; then again, others of us may find that we have a sense of stability on psychotropic medication, and know through our life experience that a position on a service committee will work well for us. We come to these decisions through discussions with our sponsor and by honestly looking at our strengths and limitations. If our use of prescribed medication affects our ability to carry out a certain task in service, we may find it best to seek another way of serving. There is no cookie-cutter model for being of service in NA; as long as we are clean, there is a service commitment for us. Service is truly a posture of the heart.

Supporting Each Other

We make the choice to be a positive force in the lives of the people around us. The process of working the steps has given us the ability to love and accept who we are, and become able to truly love others. *In Times of Illness*, "Supporting Members with Illness"

Through love, we learn to accept one another for who we are. No one is perfect; the longer we are in recovery, the more we realize that we continually strive to better ourselves. Those of us with mental health challenges are part of the "we" in NA. We all benefit from the love and support of the Fellowship, free of judgment. As one member shared, "We cannot help you with your psych concerns, but we can love and support you while you figure it out." Our mental health well-being is necessary for successful recovery.

Many of us seek support from our sponsors and our NA support group; they may inspire us to support other members. Supporting one another can be as simple as making a phone call in a difficult time or offering to take someone to a meeting. When we reach out and break the barriers of isolation, we show that the care and love we have for one another is real. Those of us with mental health challenges appreciate support from other addicts as much as any other member. Supporting each other is unity in action. In NA, we strive to make sure that all have an equal opportunity to recover.

Reminder:

Draft, session materials to workshop review and input, and the online input form can be found at www.na.org/mhmi.

Central Connecticut Area Literature Order Form

Group Name: _____

Phone #: _____

Date: _____

GSR Name: _____

Literature Chair: Billy W.

Contact: (203) 592-5861

**Most Items Available in Spanish add SP to Item #

Books & Booklets	Item No.	Quantity	Unit Price	Total
Basic Text (Hardcover)	1101		\$ 12.15	\$ -
Basic Text (Softcover)	1102		\$ 12.15	\$ -
Just for Today	1112		\$ 9.55	\$ -
Sponsorship	1130		\$ 8.75	\$ -
It Works: How and Why (Hardcover)	1140		\$ 9.55	\$ -
It Works: How and Why (Softcover)	1143		\$ 9.55	\$ -
Living Clean (Hardcover)	1150		\$ 10.35	\$ -
Living Clean (Softcover)	1151		\$ 10.35	\$ -
Twelve Concepts of NA	1164		\$ 2.20	\$ -
Introductory Guide to NA	1200		\$ 2.15	\$ -
Guiding Principles (Hardcover)	1201		\$ 11.65	\$ -
Guiding Principles (Softcover)	1202		\$ 11.65	\$ -
The NA Step Working Guide	1400		\$ 9.00	\$ -
NA White Booklet	1500		\$ 0.80	\$ -
The Group Booklet	1600		\$ 1.00	\$ -
Behind The Walls	1601		\$ 1.00	\$ -
In Times Of Illness	1603		\$ 3.40	\$ -
Fourth Step Guide	3110		\$ 0.82	\$ -
Information Pamphlets	Item No.	Quantity	Unit Price	Total
IP# 1 Who, What, How, and Why	3101		\$ 0.25	\$ -
IP# 2 The Group	3102		\$ 0.33	\$ -
IP# 5 Another Look	3105		\$ 0.25	\$ -
IP# 6 Recovery and Relapse	3106		\$ 0.25	\$ -
IP# 7 Am I an Addict?	3107		\$ 0.25	\$ -
IP# 8 Just For Today	3108		\$ 0.25	\$ -
IP# 9 Living the Program	3109		\$ 0.25	\$ -
IP# 11 Sponsorship, Revised	3111		\$ 0.25	\$ -
IP# 12 The Triangle of Self-Obsession	3112		\$ 0.25	\$ -
IP# 13 By Young Addicts, For Young Addicts	3113		\$ 0.25	\$ -
IP# 14 One Addict's Experience	3114		\$ 0.25	\$ -
IP# 15 PI and the NA Member	3115		\$ 0.25	\$ -
IP# 16 For the Newcomer	3116		\$ 0.25	\$ -
IP# 17 For Those in Treatment	3117		\$ 0.33	\$ -
IP# 19 Self- Acceptance	3119		\$ 0.25	\$ -
IP# 20 H&I and the NA Member	3120		\$ 0.25	\$ -
IP# 21 The Loner	3121		\$ 0.33	\$ -
IP# 22 Welcome to NA	3122		\$ 0.25	\$ -
IP# 23 Staying Clean on the Outside	3123		\$ 0.25	\$ -
IP# 24 Money Matters: Self Support	3124		\$ 0.56	\$ -
IP# 26 Accessibility for Those with Additional Needs	3126		\$ 0.25	\$ -
IP# 27 For Parents or Guardians ...	3127		\$ 0.33	\$ -
IP# 28 Funding NA Services	3128		\$ 0.37	\$ -
IP #29 An Introduction to NA Meetings	3129		\$ 0.25	\$ -
SERVICE RELATED	Item No.	Quantity	Unit Price	Total
Guide To Local Service	2111		\$ 7.50	\$ -
H&I Handbook	2101		\$ 10.25	\$ -
Public Relations Handbook	2102		\$ 10.45	\$ -
Group Treasurer's Work Book	2110		\$ 2.25	\$ -
Group Business Meeting	2202		\$ 0.25	\$ -
Group Trusted Servants: Roles & Responsibilities	2203		\$ 0.25	\$ -
Disruptive & Violent Behavior	2204		\$ 0.25	\$ -
NA Groups & Medication	2205		\$ 0.33	\$ -
Principles and Leadership in NA Service	2206		\$ 0.33	\$ -
Lit Rack: Wire 16-Pocket	9054		\$ 27.70	\$ -
Group Readings (Set of 7)	9130		\$ 4.90	\$ -
Complete Poster Set	9070		\$ 11.00	\$ -

Keytags	Item No.	Quantity	Unit Price	Total
Welcome Keytag	4100		\$ 0.56	\$ -
30 Day Keytag	4101		\$ 0.56	\$ -
60 Day Keytag	4102		\$ 0.56	\$ -
90 Day Keytag	4103		\$ 0.56	\$ -
6 Month Keytag	4104		\$ 0.56	\$ -
9 Month Keytag	4105		\$ 0.56	\$ -
1 Year Keytag	4106		\$ 0.56	\$ -
18 Month Keytag	4107		\$ 0.56	\$ -
Multiple Year Keytag	4108		\$ 0.56	\$ -
Bronze Medallions	Item No.	Quantity	Unit Price	Total
18 Month Medallion	4300		\$ 3.40	\$ -
1 Year Bronze Medallion	4301		\$ 3.40	\$ -
2 Year Bronze Medallion	4302		\$ 3.40	\$ -
3 Year Bronze Medallion	4303		\$ 3.40	\$ -
4 Year Bronze Medallion	4304		\$ 3.40	\$ -
5 Year Bronze Medallion	4305		\$ 3.40	\$ -
6 Year Bronze Medallion	4306		\$ 3.40	\$ -
7 Year Bronze Medallion	4307		\$ 3.40	\$ -
8 Year Bronze Medallion	4308		\$ 3.40	\$ -
9 Year Bronze Medallion	4309		\$ 3.40	\$ -
10 Year Bronze Medallion	4310		\$ 3.40	\$ -
11 Year Bronze Medallion	4311		\$ 3.40	\$ -
12 Year Bronze Medallion	4312		\$ 3.40	\$ -
13 Year Bronze Medallion	4313		\$ 3.40	\$ -
14 Year Bronze Medallion	4314		\$ 3.40	\$ -
15 Year Bronze Medallion	4315		\$ 3.40	\$ -
16 Year Bronze Medallion	4316		\$ 3.40	\$ -
17 Year Bronze Medallion	4317		\$ 3.40	\$ -
18 Year Bronze Medallion	4318		\$ 3.40	\$ -
19 Year Bronze Medallion	4319		\$ 3.40	\$ -
20 Year Bronze Medallion	4320		\$ 3.40	\$ -
21 Year Bronze Medallion	4321		\$ 3.40	\$ -
22 Year Bronze Medallion	4322		\$ 3.40	\$ -
23 Year Bronze Medallion	4323		\$ 3.40	\$ -
24 Year Bronze Medallion	4324		\$ 3.40	\$ -
25 Year Bronze Medallion	4325		\$ 3.40	\$ -
26 Year Bronze Medallion	4326		\$ 3.40	\$ -
27 Year Bronze Medallion	4327		\$ 3.40	\$ -
28 Year Bronze Medallion	4328		\$ 3.40	\$ -
29 Year Bronze Medallion	4329		\$ 3.40	\$ -
30 Year Bronze Medallion	4330		\$ 3.40	\$ -
31 Year Bronze Medallion	4331		\$ 3.40	\$ -
32 Year Bronze Medallion	4332		\$ 3.40	\$ -
33 Year Bronze Medallion	4333		\$ 3.40	\$ -
34 Year Bronze Medallion	4334		\$ 3.40	\$ -
35 Year Bronze Medallion	4335		\$ 3.40	\$ -
36 Year Bronze Medallion	4336		\$ 3.40	\$ -
37 Year Bronze Medallion	4337		\$ 3.40	\$ -
38 Year Bronze Medallion	4338		\$ 3.40	\$ -
39 Year Bronze Medallion	4339		\$ 3.40	\$ -
Year Bronze Medallion	43		\$ 3.40	\$ -

If ordering over 39 year please indicate year required after item #

ANY NAWS FORM ITEM	Item No.	Quantity	Unit Price	Total
				\$ -
				\$ -

USE ITEM#, DESCRIPTION, QTY & PRICE ON NAWS CURRENT ORDER FORM

Checks Payable to CCANA Submit to Area Service or Save File, Email Orders to: CCANALIT@gmail.com	TOTAL ORDER \$ -
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