



**Connecticut Regional Service Committee Minutes**  
December 15, 2018

The CTRSC met at **Middlesex Memorial Hospital, 28 Crescent Street, Middletown, CT**  
The Chairperson opened the meeting at 2:00 p.m. with a moment of silence and the Serenity Prayer.  
The 12 Traditions were read by **Garrett W.** and the 12 Concepts were read by **Joe C.**

**Visitors: Al W. (USA), Joe C. (SFCA), Elisabeth E. (USA)**

<b>Roll Call:</b>		
Chairperson	Alex W.	Present
Vice Chairperson	OTF	Vacant
Secretary	Bill B.	Present
Treasurer	Gail S.	Present
Alternate Treasurer	OTF	Vacant
Regional Delegate	Troy B.	Present
Regional Delegate Alternate	Bryan D.	Present
Web Servant	Bill W.	Present
Alternate Web Servant	OTF	Vacant
Schedule Facilitator	OTF	Vacant
Policy Facilitator	OTF	Vacant
H&I Chairperson	Josh K.	Present
PR Chairperson	Heather S.	Present
WSR Chairperson	Mike C.	Absent
Board of Directors	Ron W.	Present
Convention Chair	Sharon B.	Present
Ad Hoc - Web Design	Bill W.	Present
Ad Hoc - Strategic Planning Workgroup	Bryan D.	Present
<b>Areas:</b>		<b>RCMs:</b>
CCA	John S.	Present
GDA		Absent
GHA	Chick K.	Present
GNHA	Brian M.	Present
GWA		Vacant
MSUA	Al W.	Present
SFCA	Claire B. (RCM Alt.)	Present
TVA	Tom R.	Present
USA		Absent

**No New Areas to Recognize.**

**Secretary's Minutes: No Prior Minutes**

**ADMINISTRATIVE COMMITTEE REPORTS:**

**Chairperson** – Submitted and read by **Alex W.**  
See attached report

I retrieved the mail from the PO Box and will distribute to the appropriate trusted servants. There were no new requests for a COI last month. Please remember in the future the new COI request form should be printed off of the NA web page and brought to the regional meeting. This means at least 30 days before an event or a new COI is needed.

I spoke with the Regional treasurer about our rent. We will discuss this month about rent for the coming year. Rachel Olson from Middlesex Hospital contacted me about our use of the room for the coming year. All things are set for the next year with the hospital. We will need to discuss the rent and what has happened with the literature racks.

**Vice Chair - OTF**

**Treasurer** – Submitted and read by **Gail S.**

The RSC opening balance was \$5025.28. Donations received were \$4236.11. Expenditures were \$1354.27. Fund Flow to World was \$3143.26. The RSC closing balance is \$5025.28 which is Prudent Reserve.  
The Schedule opening balance was \$1640.42. Sales were \$1586.00. Expenditures were \$226.42 which includes a transfer to RSC of \$261.42 less reimbursement by Middlesex Hospital for the returned check plus fee of \$35.00, leaving a schedule balance of \$3000.00.  
The checkbook balance is \$8025.28.

Items of note:

**POLICY**

There is no approved budget to date. Therefore, per policy, the expenses for the previous fiscal year are used as the budget and to calculate the prudent reserve until a budget is approved.

**SCHEDULE**

David M was extremely helpful in contacting Middlesex Hospital regarding the returned check and we have been reimbursed the \$35.00.

I filled 3 outside orders for schedules. Thank you Bryan D for getting the checks/orders from the post office.

I put in an order for schedules. Thank you David M and Billy for the help needed in facilitating the placing of the order with Hitchcock Printing.

Beginning Balance	\$5,025.28
Donations Received	\$4,236.11
Miscellaneous Donations/Funds Returned	\$ 261.42
Expenditures	\$1,354.27
Donations to WSO	\$ 3,142.26
Ending Balance	\$5,025.28
Schedule Closing Balance	\$3,000.00
Checkbook Balance	\$8,025.28

**Alternate Treasurer - OTF**

**Regional Delegate (RD)** - Submitted by **Troy B.** - read by **Bryan D.**

**Spiritual Principle a Day Update:** The Spiritual Principle a Day (SPAD) Book Project is ramping up. To date, raw material for this book has been received from NA communities in Russia, Australia, Poland and North America. As in previous book projects, the creation of this book project will rely on members' writings for the raw material.

The advance material is thought of as the fibers that will be woven together to create the fabric of each day's reading. All are invited to submit advance materials in any language. This is the way to affect the book most profoundly. Visit the SPAD webpage ([www.na.org/spad](http://www.na.org/spad)) for all the latest information including links for online submission of advance material and workshop tools in several languages.

Since the World Convention, this project has gathered advanced materials related to Love, Acceptance, Unity and Surrender. If you would like to submit writings on one of these principles, please do so by the end of the year. During the week of December 1<sup>st</sup>, quotations on twelve more spiritual principles will be posted to the SPAD webpage. Please continue to workshop and write on these and on what is to come and check back frequently at [www.na.org/spad](http://www.na.org/spad) to stay in the loop on SPAD news.

**New and Improved IDT Workshop Materials:** The Issue Discussion Topics (IDT) workshop materials have been "tuned up" after some early feedback. Visit [www.na.org/IDT](http://www.na.org/IDT) to download tightened-up session profiles and PowerPoints. As previously noted, all workshop input should be sent to [worldboard@na.org](mailto:worldboard@na.org).

**Membership Survey Deadline:** The Membership Survey gathers anonymous data from NA members every three years in order to provide professionals and government agencies with an accurate picture of NA and NA members. The deadline to complete the survey is December 31, 2018. You can access it from the link at [www.na.org/survey](http://www.na.org/survey).

**NAWS Environmental Scan:** Bryan and I participated on the Conference Participant Zoom meeting last Saturday, December 8, 2018. There were 115+ members in attendance (Delegates, Alternate Delegates, and NA WS Staff) participating in on the meeting. We broke off into small groups and discussed our thoughts/perspectives on the strengths, weaknesses, opportunities, and threats of NAWS and the WSC. During our discussion we used the attached "Why We Come Together" table as a base for our understanding of the purposes and missions of NAWS and the WSC. As noted in our November Report, NAWS has asked that only one response per Region and Zones be submit. The deadline to submit our response is March 15, 2019.

**NEZF Web Meeting:** The next web meeting for the NEZF is scheduled for tomorrow, Sunday, December 16, 2018 at 3:00 p.m. On the Agenda for discussion and decision will be the NEZF Proposals that the RSC voted on in November. To access the Zoom meeting and observe, use this link: <https://zoom.us/j/900848160>

## CONNECTICUT REGIONAL SERVICE COMMITTEE

On December 2<sup>nd</sup>, Bryan and I conducted the "Attracting Members to Service" IDT workshop. There were approximately 20 enthusiastic addicts in attendance and the workshop went well. The information gathered from the workshop has been transmitted to the World Board. Bryan and I will be attending the Southern Fairfield County Area meeting on December 19<sup>th</sup> to discuss/plan IDT workshops for that Area. Also, the home group members of the Saturday night "Lost Then Found" meeting in New Canaan are discussing their interest in hosting IDT workshops.

### FOLLOW-UP:

In our November Report we asked the RCMs to bring their respective Area's input on the NAWS Environmental Scan, if any, to the January RSC meeting. Was the Scan discussed at your Area meetings? If so, was interest in participating shown? Do any of the RCMs anticipate input coming from their Areas?

Last month we asked that the RSC subcommittee chairs and the web servant to provide Bryan with certain information so that we can update our Regional Service Committee Registration with NAWS. If you have not already done so, please do this today.

### Regional Delegate Alternate (RDA)

Included with the RD report

**BOD** – Submitted and read by **Ron W.**

The BOD did not meet in the month of December officially.

Online discussion was had on the split for the storage facility, an online vote was taken and the BOD feels 25% of the bill is fair.

The total is \$1080.00 for the year the Region would pay \$270.00 and the BOD would pay \$810.00.

The storage facility is paid after the BOD meeting March due to the fact this is when the budget for Convention Committee and the BOD are done and Voted on.

Oakdale storage is aware of this and waits until this business is conducted and does not charge a late fee.

The contract for the 35th convention has been signed and will again be at the Mystic Marriott

### **The Marriott Hotel Rooms Have Sold OUT.**

Rooms are available at the overflow hotel

Hilton Garden 224 Gold Star HWY

Groton, CT. (860) 445-6800 EXT 0

Use Group Code CON

## **SUBCOMMITTEE REPORTS**

**H&I** – Submitted and read by **Josh K.**

The committee met on Wednesday December 5th, 2018. Trusted servants gave their reports.

7 out of 9 Areas were present. All area chairs in attendance gave their reports. I, Josh K, was not in attendance. Sean our Volunteer Liaison chaired in absence of Vice-Chair which was OTF at the time.

The H&I presentation in Cheshire CI is now taking place, and GHA is working on going into Hartford CC.

The Committee also discussed ORT/MAT used in each Area's policies for H&I and have shared the policies in order to consolidate something that could possibly be adopted by the areas moving forward. This would be in the same spirit as using the same Do's & Don'ts Packet for Orientation across the areas.

I am presenting the funds we have made back from the T-Shirts and Hoodies for H&I this year. We came up short this year, mostly due to some of the major statewide NA events which we would typically vend at cancelling (i.e. Pig Roast rained out, Rockfest rained out). There is still 4-6 hoodies left for sale at \$30 each.

Both Vice-chair and Secretary were stood for and are now filled. The Regional H&I subcommittee no longer has open positions.

Just a reminder, HOSPITALS & INSTITUTIONS is having their convention meeting at 8:00 - 9: 15am on Saturday at the CTNA convention. Make sure to set your alarm clocks. We will also be holding a Table in one of the common areas of the convention until at least 2pm. Come show your support, there may also be candy on the table.

The next regional H & I sub-committee meeting is scheduled for Wednesday January 2<sup>nd</sup>, 2018@ 7:30 PM at New Britain YMCA.

**Public Relations** – Submitted and read by **Heather S.**

See attached report

We talk about the phone line system we will hope to have it up after new website is up

We talked about the Ad hoc for the Convention

PR LOCAL AND AROUND THE WORLD

What is needed for it and that I need to get a check in Dec \$250.00 for DJ, \$131.63 for lit order

\$50,00 for cost of projector and screen

We also talk about the rent for reg we get a check in Dec for that one too

We talked about Bailbond for presentation I will be call him

### **Areas**

CCA= absent

GDA= OTF

GHA = OTF

GNHA= Chip A.

GWA= absent

MSUA= Mark R.  
SFCA= Lily S.  
TVA= OTF  
USA = Stephen

Vice chair=OTF 2 years of clean,time and 6 month of involvement in PR required  
Spanish phone line coordinator=OTF 1 year of clean time and 6 month of involvement in PR required  
Mobile meeting coordinator= OTF 2 years clean time and 6 months of involvement  
List of orther trusted servants terms  
Chairperson(Heather - elected May 2018)  
Secretary(Adam - elected February 2018)  
Phone line coordinator (Chip - elected July 2018)

**Convention** – Submitted and read by **Sharon B.**

We had a last convention meeting on December 2nd .We are finished up on the final stuff that needs to be done before the convention.

In January we will brining some policy changes region that will need to be voted on.

We voted in Convention chair for 2019. I will bring our recommendation to region in January.

Thank you for allowing me to serve as the 2019 convention chair. It was a learning experience and an honor and privilege to serve.

**Web Servant** – Verbal report by **Bill W.**

Will send electronic copy of the webservant report to secretary

**Web Design Ad Hoc** – Verbal report by **Bill W.**

The new CT Regional Website is coming along and will be tranfered to the new hosting company next month

**Alternate Web Servant** – OTF

**WSR** – Submitted by **Mike C.** - Read by **Alex W.**

- 1) W.S.R welcomes Nick P. as a new writer.
- 2) Laura Beth C. reported we have 7 letters assigned letters from men.
- 3) Gerry P. reported 7 letters from women: 5 unassigned, 2 assigned. He noted one incarcerated member requested a new writer.
  - a. Gerry passed along his paperwork to new Female coordinator to Joe G. We thank Gerry for his service.
- 4) Jim reported he has one new letter for out of State Coordinator.
- 5) **Old Business:**
  - a. Chair position is open to the fellowship. All other trusted servant positions filled.
  - b. Group discussed efforts to combine the 3 coordinators positions and mail servant into a working committee that collaborates and shares responsibilities in order to better serve the addict in need.
  - c. Laura Beth C. and Michael C. will meet to discuss using SharePoint software to help automate and increase the efficiency of paper work. Michael C. will notify other group members when we meet if they would like to attend.
  - d. WSR will present at convention on January 3rd @ 3:00.
- 6) **New Business:**
  - a. Laura Beth C. made a motion to authorize all trusted servants to orientate new writers in order to allow more NA members to serve 6 in favor, 1 abstention.

## Policy Facilitator – OTF

## Schedule Facilitator – OTF

\* Report submitted with Treasurer's report

Opening Balance	\$ 1,640.42
Income	\$ 746.00
Trans. From subcommittees	\$ 840.00
Expenditures	\$ 226.42
Balance	\$ 3,000.00

## Strategic Planning Workgroup – Submitted and read by Bryan D.

The CTRSC planning Meeting met on Thursday November 29th at The Portland Senior Center located at 7 Waverley Ave, Portland,CT

There were a total of 10 addicts in attendance 8 in person and 2 via Zoom The meetings focus was a zoom workshop on presented by NAWS staff.

The workshop was focused on the use planning tools and how to incorporate into our service efforts here in Connecticut.

The workshop began with discussing the difference between project-based service and Routine services.

We discussed the importance of the region doing a scan of the region, developing an inventory or survey to go out to areas and groups throughout the region and to potentially be available online for members to complete.

The workgroup did a sample brainstorm using the SWOT analysis used the environmental scan" Strengths, Weakness, opportunities and Threats "Challenges"

Overall the workshop was productive and educational for the members that attended

Moving forward , The planning group would like to continue to our efforts with developing and sending out an environmental Scan or an Inventory to the region Using the Inventory as a reference located in the Planning Basics Guide.

We are asking the region to allow us to continue our efforts by approving \$35. Per month which \$25. Per month will be a donation to the Portland Senior Center and \$10. Per month will be used for if needed supplies. The monies approved will be until the regions next budget cycle with is March 2019.

If approved, The planning Group will continue to meet on the third Thursday of every month ,7:30p.m - 9:00 pm at The Portland Senior Center located at 7 Waverly Ave, Portland ,CT. All are encouraged to attend

**AREA REPORTS:**

<b>Area</b>	<b>Status</b>	<b>RCM</b>
<b>CCA</b>	OTF Events Concerns Fund Flow	RCM (Alt.), Secretary (Alt.), PR Chair <i>Dec 25, Christmas Marathon 8am – 7pm</i> Immanuel Lutheran Church, 164 Hanover St., Meridan <i>Jan 1, New Years Marathon 8am – 7pm</i> Immanuel Lutheran Church, 164 Hanover St., Meridan <i>Jan 18, Recovery on Track Anniversary 6pm – 9pm</i> St. Paul’s Episcopal Church, 65 N. Main St., Wallingford None \$265.49
<b>GDA</b>	OTF Events Concerns Fund Flow	   \$0
<b>GHA</b>	OTF Events Concerns Fund Flow	Treasurer, Treasurer (Alt.), RCM, PR Chair  None \$1,207.48
<b>GNHA</b>	OTF Events Concerns Fund Flow	Treasurer, Treasurer (Alt.) Policy (Alt.), Webservant (Alt.) <i>The Gift 7pm – 7:30pm</i> New Haven Green, 250 Temple St, New Haven None \$0
<b>GWA</b>	OTF Events Concerns Fund Flow	   \$0
<b>MSUA</b>	OTF Events Concerns Fund Flow	Administrative Committee <i>Gathering of Gratitude</i>  None \$229.99
<b>SFCA</b>	OTF Events Concerns Fund Flow	Adiministrative, Subcommittees, Resource positions <i>Dec 31 – Jan 1, New Years Eve, 6pm to 1am</i> Triangle Community Center, Norwalk <i>Saturday Jan 19, By the Text – 19yr Anniversary</i> American Legion Post 12, 60 County St, Norwalk <i>Saturday Jan 19, Feeling Free – 4yr Anniversary</i> Holy Rosary Church, 10 Fr. Salemi Dr., Ansonia None \$0
<b>TVA</b>	OTF Events Concerns Fund Flow	PR Chair <i>Dec 25, Christmas Marathon, 9am – 9pm</i> Armenian Church, 1910 Stanley St, New Britain None \$0
<b>USA</b>	OTF Events Concerns Fund Flow	   \$0
<b>Total Fund Flow</b>		<b>\$1,702.96</b>

## SHARING SESSION

### Secretary:

That a copy of the CT Regional Webservant Basics (which includes "how to's" & passwords to web applications) be submitted to the RSC board.

That the RSC Chair be able to access web application passwords should there be no web servant or webservant alt.

**Consensus - Passed**

### CCA:

IP Racks for Middlesex Hospital – Discussion on replacement of IP racks that were placed at the hospital in lieu of RSC rent that somehow are now missing.

**Consensus – PR Chair will work with hospital staff on replacement**

### BOD:

Due to the cost of banner hanging the BOD has undertaken a project to have digitized photos taken of the current convention banners resize and consolidate them on new banners.

With the photo process it was noticed there has been fading of colors on some banners and also camera glare due to the material some of the banners were made of, the layout on the print boards I have brought for the Region to see shows what the new banners will look like and also the flaws I have reported.

The graphic company has let us know the glare can be taken out and the colors retouched for a cost of \$500.00 to do all the banners or they be can be made the way they are with the flaws.

They also feel this can be achieved the first time, otherwise it will be \$25.00 for each additional touch up after the initial \$500.00

The BOD would like to get direction from the Region on what they wish to be done. It has also been shared that the banners should be rolled separately and stored in cardboard tubes rather than the way they are now.

Here is a list of banner charges for hanging since 2015

2015 - \$584.93

2016 - \$584.94

2017 - \$517.16

2018 - \$612.51

2019 - \$725.00 +tax

The 2019 convention was able to get 5 banners hung for free and pay \$25.00 for the remaining 29 at a cost of \$725.00 +tax.

Due to some more negotiations the banners will be hung this year at no cost.

With that being said the banner consolidation project will give us 11 banners to hang next year with 5 being hung for free and only having to pay for 6 at a cost of \$150.00 and not \$725.00 + tax.

The BOD feels this needs to be done in this manner in order to save money in the long run.

Also, Convention #1 banner has not been touched it was a consensus that it should be left the way it is.

**RCMs Voted 6.0.0 – BOD will have banner "fixed" of fading colors and camera glare**

### Report from ECCNA: read by RSC Chair

Dear Fellow Members,

The East Coast Convention of Narcotics Anonymous 22 (ECCNA 22) was a huge success! The convention was hosted by the Georgia Region and was held at Valdosta State University in Valdosta, GA. The theme for this year's convention was "Selfless Service" and was brought to life by the Host Committee and volunteers.

In addition to carrying a message of recovery, ECCNA 22 was able to generate enough funds to buy 2,608 Basic Texts. A total of 46 cases will be distributed to the jails and prisons in Georgia.

We will be distributing two cases to each of the remaining 23 regions that make up the East Coast. Of these two cases of books, 48 will be English and 8 will be Spanish. Also enclosed is a financial statement from this past year's convention. This makes over 20,000 Basic Texts that have been distributed to Jails and Prisons on the East Coast since the convention was restarted in 2010. Over 20,000 – that bears repeating!

We are grateful to be fulfilling our primary purpose which is to put on an affordable convention, celebrate recovery and distribute our Basic Text into jails and prisons. For more information about ECCNA, please visit our website at [www.eccna.org](http://www.eccna.org). You can find out what regions make up the East Coast, how the convention did last year, as well as keep up with details about our upcoming convention.

ECCNA, Inc is proud to announce that the Gulf Coast Area was the winner of the bid to host ECCNA 23!! The convention will be at Florida Gulf Coast University in Ft Myers, FL on June 21-23, 2019. Registration information is available on the website.

One of our goals as an Advisory Board is to have a representative of each region on the East Coast on our board. We have enough open positions on the board to accommodate each region.

Please consider nominating a member of your region to serve on the Advisory Board. The requirements, bylaws and the nomination form are also available on our website.

**RCMs voted 6.0.0 – Basic Texts received from ECCNA will be donated to H&I**

**Webservant:**

Credit/Debit card for yearly payment of YAP (additional web based application for PR Pholine).

**Webservant to inquire if payment can be made by using RSC Checking account Routing #.**

**RD:**

RD & RD Alt. travel expences to MARLCNA in February will be over budget

**RD to motion next month on amount needed to cover travelling expences**

**OLD BUSINESS**

None

**ELECTIONS**

**Vice Chair - OTF**

**Treasurer (Alt.) - OTF**

**Schedule Facilitator - OTF**

**Policy Facilitator - OTF**

**Webservant (Alt.) - OTF**

**BOD Seats: CCA – OTF, GWA – OTF,**

**Vacant: At Large Seat, Technical Director, Alt. Tech Director and Alternate Treasurer**

**NEW BUSINESS**

**Motion #1 (12/15/2018):**

**Maker: PR Chair 2<sup>nd</sup> by: GHA RCM**

Request for \$250.00 of PR budget

**Intent:**

To finance the CT Regional Convention PR Presentation

**Passed 5.0.0**

**Motion #2 (12/15/2018):**

**Maker: MSUA RCM 2<sup>nd</sup> by: GHA RCM**

To approve \$35.00/mo. (until 2019 budget cycle) to fund the CTRSC Strategic Planning Workgroup

**Intent:**

To assist in carrying out the planning and projects of the CTRSC

**Passed 5.0.0**

Next CTRSC meeting will be held: ***January 19, 2019***

**Middlesex Memorial Hospital**

**28 Crescent Street**

**Middletown, CT 06457**