

## CONNECTICUT REGIONAL SERVICE COMMITTEE MEETING MINUTES

April 19, 2014

**B month**

**VISITOR INTRODUCTIONS AND QUESTION & ANSWER SESSION:** Al D, Patricia T, and Moses R

### CALL TO ORDER

The CTRSCNA met in Old Lyme and the meeting was called to order at 2:00 pm by our chair, Leonard S. After a moment of silence and the Serenity prayer, the 12 Traditions and the 12 Concepts were read.

### ROLL CALL

Nine areas were represented.

### APPROVAL OF LAST MONTH'S MINUTES

**Secretary** –OTF- Adam read the Old Business, Elections and New Business sections of the March minutes. Minutes were then accepted, with corrections to be made

**(B month) report was e-mailed in  
Presentation by RD on the 4<sup>th</sup> Tradition**

### EXECUTIVE COMMITTEE REPORTS;

**Chair** – I spoke with Eddie about the insurance and we need to submit requests for certificates. Insurance certificates will be supplied only to facilities that request them and when there is a contract present. Sorry for the delay in submitting my report.

**Vice Chair** – Vice Chair attended PR, WSR and Literature. I went to PO Box and picked up mail.

#### **PR-update**

**PR-I** opened the meeting at 7:00pm. There were 14 addicts in attendance, including 2 visitors. 9 out of 9 areas were present.

**PR** – rent paid until the end of April.

**PR** – will review policy/guide line, orientation package and phone-line updates at next meeting.

Banners came in and look great (thanks Adam)

Berto C. notated and qualified, Spanish Phone Line Coordinator position

Dave notated and qualified, Mobile Chair position

Sam H. notated and qualified, Phone Line Coordinator position

**PR is doing well; nonetheless they are in need of addict support.**

**OTF;** Chair, clean time requirement 2 year and 6 months prior involvement in PR, Vice Chair, and Secretary

**Public Relation meets on the second Wednesday of the month at 7:00 pm at St. Andrews Church, Meriden CT.**

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#### **WSR-update**

**WSR-** Gerry chaired meeting and there were 7 addicts in attendance, and 2 orientates.

**WSR** committee would like to ask RD to ask World Service to have a workshop/meeting at the World Conference on WSR.

**WSR** received 2 success letters from addicts whom have been released and are attending NA meeting and have a sponsor and commitment.

Meeting went well; **nonetheless WSR are in need of addict support.**

**OTF;** Chair, clean time requirement 2 years and 1 year served on the WSR committee, Vice Chair, and Men's Coordinating Secretary

**WSR meets on the second Thursday at 7:00 pm, Holy Trinity Church 381 Main St, Middletown Ct, 06457**

**Literature next meeting will be at the Meriden Public Library, 105 Miller Meriden Ct, Tuesday May 20, 2013, 7:00pm All position are OTF, need support.**

**Treasurer** – Gail, read the report. **(March 2014 report)**

Opening Balance:	\$ 3,827.00
Donations Received:	\$ 5,918.92
Misc. Donations/Funds Returned	\$118.00
Expenditures Total:	\$ 2,116.63
Donation to WSO:	\$ 3,920.79
Closing Balance:	\$3,827.00
Schedule Reserve:	\$2,615.50
Checkbook Total:	\$6,442.50

Treasurer report: passed 9 -0-0

**RD & RDA** – Adam H report **World Service Conference (WSC)**

This is WSC season for sure. I have received emails with the Conference Report and all sorts of information pertaining to the WSC. Preparations for the WSC are pretty much complete at this point and I'm just trying to get everything ready. I did contact NA World Services (NAWS) regarding the issue of Tony representing our Region as my alternate just for the WSC and hotel reservations were shuffled and Tony was given access to the WSC Participant Discussion Board so he could "meet" some of the other participants and begin reading some of the discussions we've been having over the last 18 months and ask questions in the proper forum.

I will be collecting all of the tally sheets at this Saturday's RSC meeting. If for some reason one of the groups didn't get it in on time, I can still accept emails sent to [rd@ctna.org](mailto:rd@ctna.org) right up until next Saturday (4/26). After that it will be too late for sure. I will hopefully be able to get all of the tallies into a spreadsheet I've developed and I plan on emailing all of you what our votes are before the WSC begins.

**North East Zonal Forum (NEZF)**

Again there's nothing new to report on with regards to the NEZF. And again, I just want to remind all of the RCMs that I would like feedback on the handout and questions regarding the purpose of the NEZF.

Please remember to discuss this at your ASC meetings. The next NEZF is in June, so we really need to start getting answers to those questions back in May.

Also, Connecticut is scheduled to host the NEZF in January 2015 so right after I get back from the WSC I plan on contacting some hotels in the middle of the state to get bids. This hosting was not part of our budget so I will need to present a motion asking for funds for this. And now that I'm thinking about it, we will need to know for sure in June whether our region financially supports us hosting the NEZF so I will need to make a general motion this month so it can go back to the Areas for 60 days. At this point I'm not sure of the dollar amount but I will spend the next couple of days doing some research so I will have something for Saturday's RSC meeting.

**Web Servant** – Donna report, all meeting updates, calendar events and flyer links have been completed for the month.

Please remember to email all meeting changes/updates and area web site update requests to [webservant@ctna.org](mailto:webservant@ctna.org) and not my personal email.

**SUBCOMMITTEE REPORTS**

**BOD –Ron B** report, this is my first report to the Regional Service Committee as the Executive Director of the CRCC Board of Directors. I already know several of you and am looking forward to getting to know more of you as the year progresses. I believe I've been involved with the BOD for over four years now, and have been involved with the past three conventions. Time flies when you're having fun. Last year, as Alternate Executive Director, I began to work on ways to make the convention financial planning and accounting easier, more accurate, less prone to error, and less dependent on the knowledge and skills of individuals. I also worked to establish an on-line archive for our records. I want to thank everyone who helped in these efforts and supported what I believe is a move in the right direction.

I confess that as the end of my term drew near, I started to get nervous about becoming the Executive Director. Today I feel confident that with the willing, competent, and experienced members of the Board and Convention Committee that I will be working with, I will do fine. I'm excited about continuing the efforts that are moving the planning, accounting, and documentation aspects of putting on a regional convention to a new level of professionalism.

[BOD next meeting will be held at 3:00 pm on, May 18th 2014 at The Church of the Redeemer 185 Cold Spring Street New Haven, Ct 06511.](#)

**Convention** – Leigh B report, we held our convention meeting on Sunday March 16, 2014 1:00 at St George Episcopal Church in Bridgeport. All Subcommittees have their meeting times and places secured. They will be holding their first

meeting within the next few weeks. Due to the Easter Holiday the Convention Committee voted to postpone the next meeting to the following Sunday which will be April 27.

The committee voted via email to move the convention meeting to a more centralized area. Starting May 18th 2014 we will be meeting at The Church of the Redeemer 185 Cold Spring Street New Haven, Ct 06511. Meeting starts at 1:00 pm.

[Convention Committee meeting will be held May 18th 2014 at The Church of the Redeemer 185 Cold Spring Street New Haven, Ct 06511. Meeting starts at 1:00 pm.](#)

**H&I** – Absent/ report emailed, Regional H&I has asked Phil D. to read this report in the absence of Chair who is on Vacation and Vice Chair who started new job this weekend. We have also asked Phil D to pick up schedules for us to be delivered to Tami-Jo S. Vice Chair. Regional H&I met on April 2, 2014, 8 of 9 areas present.

Currently H&I is serving 68 meetings plus Big Cheshire and Webster Annex

The Greater Danbury area reported they are in need of support.

Mid State Area had to cancel one meeting due to lack of support to fulfill commitment; however Central Area is going to see if they can assist in picking up commitment.

Shelia from United Shoreline Area reported that York CI is currently taking volunteer applications and scheduling orientations.

Regional H&I voted on a standard orientation package and recommending its use to all the H&I subcommittees. The purpose is if areas need to help each other out everybody will have been presented with the same orientation material.

The orientation package had been sent out to all the groups for their review the previous month and all areas were in favor of orientation package.

Tami-Jo S. presented 3 t-shirt designs, which was followed by discussion to have Sean O. draw up design we can bring to t-shirt printer. Group would give a final vote when Sean O submitted final design.

Tami-Jo will put order together once final design is submitted and agreed upon and will present Region with a quote for approval.

[Next Meeting May. 7, 2013 at New Britain YMCA, 50 High St, New Britain, CT 7:30pm](#)

**Literature** – Mary H. report Literature met on March 18, 2014; there were 4 addicts in attendance.

Committee had discussion on issue below;

- Service Schedule pamphlet-how many, cost, correct locations, time, date

For 3,000 should cost 16-20 cents

Will add date when printed on pamphlet

Will ask that all RCM's to update information; to be sure all information is correct

- Meeting room change

Literature committee now meets in the cook room at Library

- Donation to library/rent

Committee will donate \$60.00 to Kids Corner at library

- Next schedule print

Next printing will be in May

There was one outside sales for \$ 205.00

Sold 3,625 schedules sold within the fellowship for \$500.00

Transferred 3,200 to RSC Subcommittee \$348.00

Total: schedules sold for \$1,053.00

The Literature committee is in need of addict support

[The next meeting will be at the Meriden Public Library, "COOK ROOM" 105 Miller Meriden Ct, Tuesday May 20, 2013, 7:00pm](#)

**WSR**- Absent, report e-mailed

Meeting opened by Gerry P. with a moment of silence followed by the Serenity Prayer.

Two new step guides were present for orientation, Lisa B. and Sheila R. were successfully orientated and Tracy C. was present to re-orientate. The 12 Traditions were read by Jim K. The 12 Concepts were read by Tracy C.

Last month's minutes were read by Laura Beth. Traci made a motion to accept the minutes and Mary H 2nd the motion. The minutes passed with a 4-0-0.

Chair's report was read by Gerry P. A verbal report was given. Starting in May Region will be meeting in the Mid-State unity area. Gary will not be attending this month's regional meeting. Coordinating secretary was absent no report was given.

Assistant coordinating secretary's report was a verbal report given by Gerry P. Four letters continuing.

Mail facilitator was not present to give a report.

Elections: OTF: Chair, Vice Chair, Coordinating and Assistant Coordinating Secretary

Old Business: Discussion about talking to our Regional Delegate to inquire to have a workshop at the World Convention

New Business: No new Business

Open Forum: Tracy C. shared two success letters of gratitude for the service of this committee. Both inmates are out of jail and are clean and committed to the fellowship.  
Meeting closed in the usual manner.

**Policy Ad-Hoc** – No report, Adam step down from position, Howard O took position. (MSUA) RCM Al will try and set up meeting to be 1 hour before next Region meeting. Check e-mail for update

#### **AREA REPORTS;**

##### **Central Connecticut Area** – Libby R (RCM)

Positions Out to Area: Vice Chair; Web Servant

Activities: Spiritual Hike on 6/1/14 at noon at Hubbard Park in Meriden

Mini Golf/Bumper Boats/Go-Carts on 6/22/14 at 1:00 pm Price is \$12.50 for all events.

Fund Flow: \$432.68

Area Concerns: All of our subcommittees are in great need of support. There will be no Poker Run this year due to a lack of addict support.

##### **Greater Danbury Area** – Mike Q (RCM)

Positions Out to Area: Positions OTF: ASC Vice chair, Literature chair, H&I Chair, Alt RCM.

Activities: none

Fund Flow: \$0

Area Concerns: H&I are in need of support, especially women and any addicts with yellow cards. We just started our semiannual policy review.

##### **Greater Hartford Area** – Toby

Positions: RCM, Alt RCM, Alt Treasurer

Activities:

Fund Flow: \$ 0

Area Concerns: Website - on the Regional website (ctna.org) the GHA is not showing presence on search engines as well as it could be. Also mentioned that the areas minutes and flyers were not present for all of 2014, Janette has been emailing the web servant the information. Jess recommended that we ask for 'keywords' to be added to the website. Janette to reach out to web servant

##### **Greater New Haven Area** – Moses R (representative VP)

Positions Out to Area: RCM, Alt RCM, Sect, Alt Sect, Alt Treasurer, Web servant

Activities: Picnic in the Park @ the Light House/ 6-8-14

Fund Flow: \$ 403.00

Area Concerns: open positions

##### **Greater Waterbury Area** – Louise (RCM)

Positions: RCM

Activities: Poster Drive

Fund Flow: \$000

Area Concerns: RCM has stepped down

##### **Mid-State Unity Area** – Al W. (RCM)

Positions Out to Area: none

Activities: 2014 History of NA Fund Raiser; April 26<sup>th</sup> at 6pm, Chicken Parm Dinner/Raffle; Tickets are \$10.00, Christ Lutheran Church, 300 Washington St. Middletown 06457

Fund Flow: \$ 0

Area Concerns: HOW REGION WANTS TO SEND A TEMPORAY ALT. RD.

##### **Southern Fairfield Country Area** – Samantha M (RCM)

Positions Out to Area: Alt-RCM, Policy Chair, Web-Servant

Activities: **Bowling Night!** Saturday May 10th @6:15pm, Nutmeg Bowling Fairfield, CT, \$20/person (in, advanced by 5/2) includes bowling and shoe rental

**Mets vs. Padres Bus Trip to City Field** Saturday June 14th Game time is 4:30pm. \$75 includes tickets, transportation, bag lunch, and soda pop.

Bus leaves from two location, Trumbull @ 1:30pm (commuter lot on Penny Ave) and Norwalk Green/First Congregational Church (3 Lewis St) @2:00pm.

Fund Flow: \$600.00

Area Concerns: none

**Tunxis Valley Area – Darlene B (RCM)**

Positions Out to Area: currently not filled Alt Treasurer

Chairperson: 3 years, Vice Chair 2 years, Secretary 1 year, Treasurer 3 years, Alt Treasurer 2 years, RCM 3 years, Alternate RCM 2 years, Policy 2 years, All subcommittee positions are OTF for 60 day also;

Activities: none

Fund Flow: \$0

Area Concerns: none

**United Shoreline Area – Howard O (RCM)**

Positions Out to Area: alt treasurer, alt RCM, policy facilitator, BOD

Activities: Rockfest May 11 McCooks Pt Park Old Lyme CT 11:30am-6pm

Fund Flow: \$ 132.20

Area Concerns: many people expressed concern about the process of electing a representative to the WSC

**Break:**

**Sharing Session:**

- **RDA/Al D-** Looking for clarification, on what if someone came out to volunteer for potion. **Answer:** **Chair** a representative was voted in to represent at the WSC, but the RDA is still out to the fellowship. **Question:** **MSUA RCM** had three questions (do not remember what they were too noisy in room, but RCM got his answers) **Question:** came up on motion to send representative, that it is not stated in motion, that just because representative brought ticket, it does not say he is to be reimbursed. **Answer:** It was then stated that in policy, stating that representative will be funded. **Addict** stated that this body panic and made a quick decision. **Vice Chair** tried to clarify the reason for the body decision on the motion for those who were not present at March Regional meeting. In our discussion prior we as a body felt, it would be best to have someone represent this body at WSC, **1.**RD would be leaving the weekend after Region, **2.**the resignation of our previous RDA stepping down at the last minute, **3.**the RDA position just going out to fellowship, **4.**to give the RD a breather, due to the lengthy meeting and extensive information, **5.**the expensive of purchasing a ticket in a matter of day of the WSC). **Addict** stated that if you are elected to go to WSC he said he was not informed about this information, he brought a ticket; spoke on speaking to RD several time of wanting to service. **Another Addict** responded that if you do not come to the Regional table and find out what going on, it is not someone's reasonable to keep an addict updated. **USA RCM** brought up his area was concern on this issue and the way it was done. **GDA RCM** question the sharing session being shut down, he stated there is no time limit on the sharing session, **Chair** stated he said he was taking three more and this discussion can go on forever, we need solution. **Addict** stated the solution is the wording in the motion, if it would have been worded differently, that we were suspending policy it would not be a discussion. Did we suspend policy? No. we temporally appointed someone for a onetime situation, which did not violate policy
- **Schedules/ Jessica-addict** looking for meeting and schedule were wrong and should be printed more frequently. The person who needs schedule the most come off the streets need them most and do not have computers. Still confusion on submitting changes to schedules. **Answer:** We are printing less, and more frequently, but it is up to Literature committee. We will be printed in the next week. Literature does look at how often to print, but we do want to get changes, and not have extra old copies. There is no mail in, RCM are to submit.RCM ask GSR at Area meeting and give changes.
- **Insurance certificates/ Jessica-** she had submitted an insurance certificate, and called Chair three times and got no response. Chair apologized for not getting back to her and will response to all incoming e-mails. **FYI:** Send all insurance requests to Chair e-mail.
- **Final accounting/Phil D-**wanted to bring Final accounting to this table( **see attachment**)
- **BOD Budget/Don B-**introduce himself. Wanted us to look at last page of report(**see attachment** )
- **Café NA/ Howard O-**just wanted everyone to know Café NA will be after Regional meeting
- **May MSUA CTRNA meeting/ Chair-** MSUA RCM, has found location, Faith Lutheran Church, 300 Washington St. Middletown for next CTRNA meeting
- **Policy Ad-hoc Chair/ Adam H.-** Adam H step down due to overload with prior commitments( thanks for your service)

### Old Business:

**Motion #2** (11/16/2013) M/S Libby R. (CCA)/Mike Q. (GDA):

To create a state of CT regional service schedule (sample attached) that can be sold with the other IPs. Please include where region meets, all service committees including PIPL, Literature, H&I, Regional Activities, Regional Policy, etc.

Intent: To keep addicts informed on the many ways they can get involved and give back. Not everyone has internet service and the availability of info is extremely hard to come by. Many subcommittees are in dire need of support.

**Motion** M/S/F Al (MSUA)/Howard (USA): To postpone for 30 days. 1-6-0 FAILED (in November)

Motion REFERRED to Literature Committee in November. Lit Chair stepped down so Literature had no formal report in December and doesn't meet again until January (after RSC). So, the Literature Committee will bring formal report on this in February. Literature Committee came back with quotes. And a sample draft. Q: What are the recommendations? A: To print 3000 and update once a year. The sample that was handed out was just a sample. Q: Can we word the motion properly, eventually, to make sure who is responsible for printing them. A: Yes... Statement by Adam - this is actually approving a service pamphlet.

Q: Can an update form (for service committee meetings) be added to website? Good idea.

**Motion** M/S: Allen (CCA)/Mike (GDA): Postpone for 60 days **PASSED** \*By policy, once a motion to postpone to allow for area consideration has been made and seconded it is considered passed. **This is due back for vote in May**

**Motion #1** (01/18/2014) M/S Adam (RD) / Al W. (MSUA):

To approve the policy changes as submitted.

Intent: To follow through on the ad-hoc committee's work.

**Motion** M/S Mike (GDA) / Toby (GHA) – To postpone for 60 days to allow for area consideration. **PASSED**

\*By policy, once a motion to postpone to allow for area consideration has been made and seconded it is considered passed.

**Motion** M/S Allen (CCA)/Samantha (SFCA): To postpone for 60 days. **5-2-1 PASSED. This is due back in May**

**Motion #1** (03/15/2014) M/S Mary H. (RSC Vice-Chair) / Al W. (MSUA):

To accept proposed 2014-2015 budget for Literature Committee.

Intent: To be fiscally responsible.

**Motion** M/S Mike (GDA) / Samantha (SFCA) – To postpone for 60 days to allow for area consideration. **PASSED**

\*By policy, once a motion to postpone to allow for area consideration has been made and seconded it is considered passed.

**This is due back for vote in May**

### Elections:

- **RSC Secretary – OTF.** 3 year clean time requirement and suggested active for at least 1 year on the CTRSC. Record accurate minutes of the monthly CTRSC meeting and distribute them in a timely manner.
- **PR Subcommittee Chair – OTF.** 2 year clean time requirement and 6 months prior involvement in PR
- **WSR Subcommittee Chair – OTF.** 2 year clean time requirement and 1 year served on the WSR committee
- **RSC Alternate Web Servant – OTF.** 2 year clean time requirement and 6 months prior involvement in RSC
- **BOD At-large seat – OTF.** 3 year clean time requirement and must be 18 years of age and resident of Connecticut.
- **Literature Chair – OTF.** 2 year clean time requirement.
- **Alternate Treasurer – OTF.** 4 year clean time requirement, completion of at least one NA Treasurer Commitment, and suggested active for at least 1 year on the CTRSC.
- **BOD Executive Director – OTF.** 3 year clean time and must be current member of the Board.
- **Alternate Delegate –** Congratulations! Anthony F.

### NEW BUSINESS:

**Motion #1** (04/19/2014) M/S Adam H. (RD) / Howard O. (USA):

For the CT region to financially commit to hosting the January 2015 North East Zonal Form meeting. Estimated cost-no more than \$2,000

Intent: To host the NEZF

**Motion** M/S Howard O (USA)/Al W (MSUA): To postpone for 60 days. **This is due back in June**

### ANNOUNCEMENTS:

- **Next CTRNA meeting, May 17,2014 @ 1:00@Christ Lutheran Church, 300 Washington Street, Middletown Ct. 06457**

The Meeting closed at 6:30pm.

Love to Serve NA,

Mary H.

Connecticut Region of N.A. Activities Calendar



CCA

Spiritual Hike on 6/1/14 at noon at Hubbard Park in Meriden  
Mini Golf/Bumper Boats/Go-Carts on 6/22/14 at 1:00 pm Price is \$12.50 for all events.

GNA

Picnic in the Park @ the Light House/ 6-8-14

GWA

Poster Drive

SFFC

Bowling Night! Saturday May 10th @6:15pm, Nutmeg Bowling Fairfield, CT, \$20/person (in, advanced by 5/2) includes bowling and shoe rental

Mets vs. Padres Bus Trip to City Field Saturday June 14th Game time is 4:30pm

\$75 includes tickets, transportation, bag lunch, and soda pop.

Bus leaves from two location, Trumbull @ 1:30pm (commuter lot on Penny Ave) and Norwalk Green/First Congregational Church (3 Lewis St) @2:00pm.

USA

Rockfest May 11, 2014, McCooks Pt Park Old Lyme CT 11:30am-6pm

## GLOSSARY OF ABBREVIATION (THE ABC'S OF NA)

**ASC** – *Area Service Committee*  
**BOD** – *Board of Directors (for the CRCC, Inc. – Connecticut Regional Convention Corporation)*  
**BT** – *Basic Text*  
**CAR** – *Conference Agenda Report*  
**CAT** – *Conference Approval Track material*  
**CBDM** – *Consensus Based Decision Making*  
**CCA** – *Central Connecticut Area*  
**CTRCNA** – *Connecticut Regional Convention of Narcotics Anonymous*  
**CTRSCNA** – *Connecticut Regional Service Committee of Narcotics Anonymous*  
**FIPT** – *Fellowship Intellectual Property Trust*  
**GDA** – *Greater Danbury Area*  
**GHA** – *Greater Hartford Area*  
**GLS (GTLS)** – *A Guide to Local Services in Narcotics Anonymous*  
**GNHA** – *Greater New Haven Area*  
**GWA** – *Greater Waterbury Area*  
**GWSNA (GTWS)** – *A Guide to World Services in Narcotics Anonymous*  
**H&I** – *Hospitals & Institutions*  
**IW: H&W** – *It Works: How & Why (Green & Gold)*  
**JFT** – *Just for Today daily meditation book*  
**MARLCNA** – *Mid-Atlantic Regional Learning Conference*  
**MRLE** – *Multi-Regional Learning Event*  
**MSUA** – *Mid-State Unity Area*  
**NEZF** – *North East Zonal Forum*  
**OTA** – *Out to the Area*  
**OTF** – *Out to the Fellowship*  
**PI/PL** – *Public Information & Phone Line*  
**PR** – *Public Relations*  
**RCM** – *Regional Committee Member*  
**RD** – *Regional Delegate*  
**RDA** – *Regional Delegate Alternate*  
**RSC** – *Regional Service Committee*  
**SFCA** – *Southern Fairfield County Area*  
**SWG** – *Step Working Guides*  
**TVA** – *Tunxis Valley Area*  
**USA** – *United Shoreline Area*  
**WSO** – *World Service Office*  
**WSR** – *Writing Steps for Recovery*