

CONNECTICUT REGIONAL SERVICE COMMITTEE MEETING MINUTES
January 18, 2014

VISITOR INTRODUCTIONS AND QUESTION & ANSWER SESSION: None

CALL TO ORDER

The CTRSCNA met in Bridgeport (CCAR, 49 Cannon St.). The meeting was called to order at 2:00 pm by our chair, Leonard S. After a moment of silence and the Serenity prayer, the 12 Traditions and the 12 Concepts were read.

ROLL CALL

Seven Areas were represented at roll call. The remaining two areas showed up before too long. All nine areas were represented. The Alternate Treasurer was not present. RSC Secretary, Alternate Webservant, Literature chair, Public Relations chair, and Writing Steps for Recovery chair are all Out to the Fellowship.

APPROVAL OF LAST MONTH'S MINUTES

Adam read the Old Business, Elections and New Business sections of the December minutes. Howard commented that in the Area report section of November's minutes the United Shoreline Area is listed as absent but he was here.

Motion M/S: To approve the December minutes. **7-0-0 PASSED**

APPROVAL OF THE FINANCIAL STATEMENT

Treasurer – Gail read the financial statement. Gail mentioned that last month's report didn't show a \$78.00 expense for WSR P.O. Box but it appears in the Year to Date column this month. There were a couple of questions:

Q: When does the fiscal year start? A: At the April RSC meeting.

Q: Do you keep a record of when PO Box gets paid on subcommittees? A: I can look it up but don't know for how long it was. (Leonard had a problem with literature PO Box).

Opening Balance:	\$ 3,827.00
Donations Received:	\$ 3,506.80
Misc. Donations/Funds Returned	\$ 256.00
Expenditures Total:	\$ 697.20
Donation to WSO:	\$ 3,065.60
Closing Balance:	\$ 3,827.00
Schedule Reserve:	\$ 1,840.84
Checkbook Total:	\$ 5,667.84

Motion M/S: To approve the January Financial Statement. **Passed 7-0-0**

WORKSHOP/PRESENTATION

The Regional Delegate presented information regarding the Northeast Zonal Forum (NEZF) and some questions that can be asked/answered so that the Connecticut Region can get a better consensus of what We want the NEZF to be.

BREAK

SHARING SESSION

- **Prescription Drugs and Service Work** – Toby: Our H&I had a heated discussion. Someone wants members taking prescription drugs to be able to serve. NAWS bulletin, or handbook, says we don't allow that. Not talking about DRT... talking about prescription drugs (anti-depressants and the like). What is your experience to the response to that discussion? Mike: What are we talking about? A: Could be prescription pain-killers, or anti-depressants. My point is that in More Will Be Revealed it talks about taking minimum. Libby: Don't believe it's my business what someone is on, that's between them and their doctor. As long as there's no issue with their service. I would be horribly offended if I was asked and I wouldn't answer if asked. Dyan: Agree with Libby. It's not our business. It should be a non-issue. Don't know how it's still being discussed. Lisa: Other places that have this issue it's usually a personality conflict and they pointed to the drugs as an excuse. Is it a real issue about the medication or is it about personalities? Maybe the committee needs to look at that. JC: People in the Fellowship stop taking medication and then commit suicide or other. Surprised that after these incidents that this is still being discussed. Toby: Thank you. It seems like there's a consensus. Just looking to gain collective wisdom. Dan: This question comes up over and over again in H&I. The position the subcommittee has taken and the message is that there is no concrete answer. The only thing we take firm stance on is DRT. Bulletin #29 and I suggest that everyone read it. The slippery slope is not the medication but how they affect you and how you're perceived when you're on them. It's an outside issue but it can affect us. We do ask members if they're aware of how they're perceived by the facilities.

- **Voting on CAR** – Adam: Should something requiring 2/3 at WSC require 2/3 here for us to vote yes? Allen: Majority will usually rule. Seems to be a bit much to try to trickle down the 2/3 all the way down to the groups. Mike: Based on the math if we decided to only carry simple majority and then require 2/3 at world. Toby: Agrees but conscience should be decided by groups.
- **PO Box** – Leonard: [I missed what Leonard said]. Al: seeing as how we're fund flowing all this money to world can't we pay for a whole year? A: we do pay for a year at a time. We just need a better system of knowing when the bills are coming up. For example, Gerry knows when WSR is coming due. Lisa: Is it possible that it could automatically come out of the account? A: They won't take debit card. Lisa says she has a PO Box that automatically debits. Donna: How difficult would it be to have a line in treasury showing when it's due? So treasurer would be able to notify. Toby: Has a motion to that affect coming up. Gail: Like Donna's idea. Basically as treasurer position changes hands that would still be part of report. And would be noticeable by everyone. Leonard makes a suggestion that he and Mary check when they're due so we can be on top of this. Gail makes another suggestion to check if automatic debit could be done. Jessica: Can electronic billing be done?
- **Limit time on B Month workshop** – Al: It's not in the policy how long we go. I'm scared that it could go for hours. We didn't vote on the time. Before it was from 1-2 before the meeting. I would like to see something that limits the time of the workshop. Adam: Anyone can make a motion. Mary: Can we just informally say its 1 hour? Toby: I think the intent is not for us it's for down the line when we're not here.
- **Time to ask subcommittee questions** – Al: No time to ask questions. When do we get a chance to read the reports? Adam: Do we need a longer break? Al: There should be a time in the agenda where we ask if there are any questions on subcommittee reports. These reports need to be emailed in. Leonard: I will ask at the end of sharing session if there are any questions. Mike: We did discuss having basically two sharing sessions. We didn't put it in and perhaps we should have. Howard: The bigger problem is we don't get a chance to read the reports. There needs to be time. Renee: I will read these at home. If we're not going to discuss the reports then read them at home and ask questions next month. Or email them ahead of time. Lisa: This was discussed, and at length. It was decided that month after month we go around. It was known that this was going to come up next month. Gail: Subcommittees can put stuff on the agenda. You can email a question around. Mary: Everything we're saying now we already discussed. I missed part where we said we would email reports. This is new to all of us. If there was something pressing it should be put on the sharing session. Adam: This is new and I expected hiccups. Let's have patience and see how this works out. Al: A break is a break. I don't have time to read the reports. Let's nip this in the bud and if we want to have emailed reports then let's add that to policy. I want to have a break and be able to ask other questions and socialize. If we see a problem let's handle it.
- **Webinars** - Adam: Participated in a PR webinar with NAWS this past week and wanted everyone to know there's also H&I and Events/Convention webinars. If anyone is interested in participating in any of the webinars, send email to pr@na.org for the PR webinars, HandI@na.org for the H&I webinars, and events@na.org for the convention webinars.
- **What is the state of the Region Subcommittee Schedule** – Allen: Just wondering the status: A: The literature committee meets this Tuesday so the information will be brought back next month.
- **Host the next 3 months** – Howard: There wasn't a place to mention it. The next three months we'll be at Rogers Lake Clubhouse. A lot of people are familiar with it. The 3rd month we're going to have an activity after region so I hope people will hang around. Cafe NA. Open mic. Don't expect full meals down there. Just snacks.
- **Lisa** – Brought lots of flyers. Please bring them back to the areas/groups. Forgot my report but that's all it said.
- **Al** – Alternate Technical Director (on the BOD) will be out in March.

OLD BUSINESS

Motion #2 (11/16/2013) M/S Libby R. (CCA)/Mike Q. (GDA):

To create a state of CT regional service schedule (sample attached) that can be sold with the other IPs. Please include where region meets, all service committees including PIPL, Literature, H&I, Regional Activities, Regional Policy, etc.

Intent: To keep addicts informed on the many ways they can get involved and give back. Not everyone has internet service and the availability of info is extremely hard to come by. Many subcommittees are in dire need of support.

Motion M/S/F Al (MSUA)/Howard (USA): To postpone for 30 days. **1-6-0 FAILED (in November)**

Motion REFERRED to Literature Committee in November. Lit Chair stepped down so Literature had no formal report in December and doesn't meet again until January (after RSC). So, the Literature Committee will bring formal report on this in February.

Elections:

- ❖ **RSC Secretary – OTF.** 3 year clean time requirement. Record accurate minutes of the monthly CTRSC meeting and distribute them in a timely manner.
- ❖ **PR Subcommittee Chair – OTF.** 2 year clean time requirement and 6 months prior involvement in PR
- ❖ **WSR Subcommittee Chair – OTF.** 2 year clean time requirement and 1 year served on the WSR committee
- ❖ **RSC Alternate Web Servant – Adam** nominated but he declines (not willing to step down from RD commitment).
OTF. 2 year clean time requirement and 6 months prior involvement in RSC
- ❖ **BOD At-large seat – LisaMarie** nominated and elected. Congratulations Lisa!
- ❖ **Convention Committee Chairperson – Leigh B.** is the recommendation from the committee. There were no other nominations or volunteers. Leigh elected. Congratulations Leigh!
- ❖ **Literature Chair – OTF.** 2 year clean time requirement.

NEW BUSINESS

Motion #1 (01/18/2014) M/S Adam (RD) / Al W. (MSUA):

To approve the policy changes as submitted.

Intent: To follow through on the ad-hoc committee's work.

Motion M/S Mike (GDA) / Toby (GHA) – To postpone for 60 days to allow for area consideration. **PASSED**

*By policy, once a motion to postpone to allow for area consideration has been made and seconded it is considered passed.

Motion #2 (01/18/2014) M/S Leonard (RSC Chair) / Toby (GHA):

To approve the executive committee budget of \$2,835.00 for 2014-2015.

Intent: To be financially responsible.

Motion M/S Gail (Treasurer) / Mike (GDA): To change Treasurer line item to \$150.00. (Total would be 2,685).

Amendment PASSED by unanimous consent.

Motion M/S Libby (CCA) / Samantha (SFCA): To postpone for 60 days to allow for area consideration. **PASSED**

Motion #3 (01/18/2014) M/S Donna (Webservant) / Howard (USA):

To approve the Webservant budget of \$1,010 for 2014-2015 FY.

Intent: To be financially responsible

Q: Why the change in domain registration? A: We have a GoodAsGold account with GoDaddy and its getting low so I would like to add more money to that account.

Q: And why website development? A: The \$300 would be to reprogram to allow us to upload flyers directly instead of waiting for a link.

Motion M/S Adam (RD) / Al W. (MSUA): To postpone for 60 days to allow for area consideration. **PASSED**

Motion #4 (01/18/2014) M/S Adam (RD) / Al W. (MSUA):

To approve the Regional Delegate and Alternate Delegate budget for the 2014-2015 fiscal year.

Intent: To follow policy and to be financially responsible and supportive of the regional delegate and alternate delegate positions.

Motion M/S Artie (GNHA) / Samantha (SFCA): To postpone for 60 days to allow for area consideration. **PASSED**

Motion #5 (01/18/2014) M/S Dan E. (H&I Chair) / Toby L. (GHA):

To present the 2014/15 Proposed H&I budget.

Intent: To maintain fiscal responsibility

Motion M/S Libby (CCA) / Al W. (MSUA): To postpone for 60 days to allow for area consideration. **PASSED**

Motion #6 (01/18/2014) M/S Mary H. (RSC Vice Chair) / Toby L. (GHA):

To approve the PR budget of \$6,730.00 for 2014-2015

Intent: To be financially responsible

Motion M/S Libby (CCA) / Samantha (SFCA): To postpone for 60 days to allow for area consideration. **PASSED**

Motion #7 (01/18/2014) M/S Gerry P. (WSR Chair) / Samantha (SFCA):

To approve the "Writing Steps for Recovery" budget for 2014/2015.

Intent: Fiscal Responsibility

Q: Why was rent more for year to date? A: We changed facilities and we had to pay \$20 key deposit.

Motion M/S Toby L. (GHA) / Samantha (SFCA): To postpone for 60 days to allow for area consideration. **PASSED**

Motion #8 (01/18/2014) M/S Mike Q. (GDA) / Libby R. (CCA): To instruct the treasurer to set up automatic payment for recurring expenses (Rent, PO Box, etc.) wherever possible.

Intent: To be financially responsible & to expedite.

Motion M/W Mike (GDA): To withdraw the motion. No objections. **WITHDRAWN BY UNANIMOUS CONSENT**

Motion #9 (01/18/2014) M/S Toby L. (GHA) / Omar P. (TVA):

To have treasurer add due dates to the budget line items pertaining specifically to P.O. Boxes and send a reminder to the appropriate subcommittee 2 months in advance.

Intent: To pay P.O. Boxes on time and be financially responsible.

Discussion: Adam asked that this be committed to policy ad-hoc because this would affect policy. Two different sections. Mary shared that she doesn't see why this can't just be handled by executive committee. Gail: doesn't matter if this gets added to policy she's going to add this to the treasurer's report anyway. Libby: This would help when commitments aren't filled.

Chair commits it to policy ad-hoc.

ANNOUNCEMENTS

Adam announced the 4 CAR Workshops:

Saturday, February 22, 2014 - 11:30 AM - 4 PM - St. Peter's Episcopal Church, 71 River St., Milford

Saturday, March 1, 2014 - 12 NOON - 5 PM - Elmwood Community Church, 26 Newington Rd., West Hartford

Saturday, March 8, 2014 - 11 AM - 4 PM - North Congregational Church, 11 Main St. North, Woodbury

Sunday, March 9, 2014 - 11:30 AM - 4:30 PM - Faith Lutheran Church, 300 Washington St., Middletown (Entrance in back)

The next RSC meeting will be on February 15, 2014 at 2:00pm at Rogers Lake Clubhouse, 75 Rogers Lake Trail, Old Lyme, CT

The meeting closed at 5:38pm.

Love to Serve NA,

Adam H.

A Separate Sheet of all of the budget amounts is attached but doesn't include any notes that were submitted. Please see each trusted servant or subcommittee's budget handout for pertinent notes.

Connecticut Region of N.A. Activities Calendar



EVENT/ACTIVITY	DATE	TIME	PLACE	HOSTED BY	CONTACT NUMBER
Dinosaur Speaker / Learning Day	3/29/2014	12:00 pm – TBD	St. Mary's Manchester, CT	Greater Hartford Area	Mike [REDACTED]
Coming Alive Campout Meeting	2/11/2014	6:15 pm – 7:00 pm	Emmanuel Lutheran Church	Central Connecticut Area	Allen [REDACTED]
Women's Sponsorship Weekend Retreat	5/9/2014 – 5/11/2014	4:00 pm Friday – 11:00 am Sunday	Incarnation Retreat Center 253 Bushy Hill Rd., Ivoryton, CT	Straight From The Hip Group	Jaime C. [REDACTED] Vicki B. [REDACTED]
After the Weekend Group Anniversary Celebration	2/17/2014	6:30 pm – 9:00pm	Bethlehem Lutheran Church 1 East High St. East Hampton, CT 06424	After the Weekend Group	Chris [REDACTED] Tommy [REDACTED]
Convention Kickoff Meeting	2/16/2014	1:00 pm	St. George Episcopal Chrch 755 Clinton Ave. Bridgeport, CT	Connecticut Regional Convention	LisaMarie [REDACTED]
Speaker Jam	2/22/2014	12:00 pm – 4:00 pm	Orange and Wall New Haven, CT	Greater New Haven Area Activities	Artie K. [REDACTED]
Keeping It Green	3/16/2014	2:00 pm – 6:00 pm	Rogers Lake Clubhouse 75 Rogers Lake Trail Old Lyme, CT	United Shoreline Area Activities	Cheryl G. [REDACTED]
Valentine's Day Speaker Jam / Dance	2/14/2014	3:00 pm – 12:00 am	10 Huntington St. New London, CT	Miracle Happen Group	Armando [REDACTED]
CAR Overview	3/2/2014	4:00 pm – 6:00 pm	Park Congregational Church 283 Broadway Norwich, CT	United Shoreline Area	Howard [REDACTED]

GLOSSARY OF ABBREVIATION (THE ABC'S OF NA)

ASC – Area Service Committee
BOD – Board of Directors (for the CRCC, Inc. – Connecticut Regional Convention Corporation)
BT – Basic Text
CAR – Conference Agenda Report
CAT – Conference Approval Track material
CBDM – Consensus Based Decision Making
CCA – Central Connecticut Area
CTRCNA – Connecticut Regional Convention of Narcotics Anonymous
CTRSCNA – Connecticut Regional Service Committee of Narcotics Anonymous
FIPT – Fellowship Intellectual Property Trust
FSS – Florida Service Symposium (service conference)
GDA – Greater Danbury Area
GHA – Greater Hartford Area
GLS (GTLS) – A Guide to Local Services in Narcotics Anonymous
GNHA – Greater New Haven Area
GWA – Greater Waterbury Area
GWSNA (GTWS) – A Guide to World Services in Narcotics Anonymous
H&I – Hospitals & Institutions
IW: H&W – It Works: How & Why (Green & Gold)
JFT – Just for Today daily meditation book
MARLCNA – Mid-Atlantic Regional Learning Conference
MRLE – Multi-Regional Learning Event
MSUA – Mid-State Unity Area
NAWS – Narcotics Anonymous World Services
NEZF – North East Zonal Forum
OTA – Out to the Area
OTF – Out to the Fellowship
PI/PL – Public Information & Phone Line
PR – Public Relations
RCM – Regional Committee Member
RD – Regional Delegate
RDA – Regional Delegate Alternate
RSC – Regional Service Committee
SFCA – Southern Fairfield County Area
SWG – Step Working Guides
TVA – Tunxis Valley Area
USA – United Shoreline Area
WSLD – Western Service Learning Days (service conference)
WSO – World Service Office
WSR – Writing Steps for Recovery

CONNECTICUT REGIONAL SERVICE COMMITTEE
Proposed Budgets FY 2014-2015

**THESE ARE JUST THE TOTAL AMOUNTS. SOME SUBCOMMITTEES HAD NOTES SO PLEASE SEE EACH
INDIVIDUAL BUDGET THAT WAS DISTRIBUTED**

RSC EXPENDITURES	Proposed 14-15 BUDGET	Approved 13-14 BUDGET	Actual Spent 13-14 YearToDate
EXECUTIVE COMMITTEE	\$2,685.00	\$1,890.00	\$1,363.80
RSC Chair	\$100.00	\$150.00	\$0.00
RSC Vice-Chair	\$75.00	\$50.00	\$49.69
RSC Secretary	\$100.00	\$150.00	\$0.00
RSC Treasurer	\$150.00	\$150.00	\$243.11
PO Box Rental	\$110.00	\$110.00	\$100.00
RSC Rent	\$400.00	\$400.00	\$160.00
Regional Insurance Policy	\$900.00	\$880.00	\$811.00
Storage Unit	\$850.00	\$0.00	\$0.00
RD & RD-ALT.	\$4,950.00	\$5,500.00	\$2,259.21
Conferences/Workshops/ Symposiums/Forums	\$4,000.00	\$4,250.00	\$1,854.29
Conference Agenda Reports	\$0.00	\$300.00	\$248.00
Copies and Supplies	\$200.00	\$200.00	\$0.00
CT Region Workshops	\$750.00	\$750.00	\$156.92
WEB SERVANT	\$1,010.00	\$926.98	\$0.00
Website Hosting & Maintenance	\$600.00	\$600.00	\$0.00
Report Copies	\$60.00	\$60.00	\$0.00
Domain Name Registration (GoDaddy)	\$50.00	\$16.98	\$0.00
Website Development	\$300.00	\$250.00	\$0.00
HOSPITALS & INSTITUTIONS	\$4,860.00	\$4,860.00	\$3,720.20
Rent	\$250.00	\$250.00	\$500.00
Copies	\$100.00	\$100.00	\$100.00
Literature	\$200.00	\$200.00	\$200.00
Workshops	\$350.00	\$350.00	\$242.00
Schedules	\$3,360.00	\$3,360.00	\$1,960.00
Miscellaneous	\$100.00	\$100.00	\$41.18
Merchandise	\$1,200.00	\$700.00	\$1,217.17
Income	(\$1,200.00)	(\$700.00)	(\$1,040.00)
Commitment Literature	\$500.00	\$500.00	\$499.85
PUBLIC RELATIONS	\$6,730.00	\$7,440.00	\$1,822.19
Posters	\$500.00	\$500.00	\$0.00
Rent	\$600.00	\$600.00	\$350.00
Projects	\$1,050.00	\$1,050.00	\$100.00
Literature	\$300.00	\$300.00	\$0.00
Halloo (Phoneline Service)	\$800.00	\$1,000.00	\$252.19
Schedules	\$980.00	\$980.00	\$1,120.00
Secretary Expenses	\$200.00	\$200.00	\$0.00
Convention Expenses	\$100.00	\$500.00	\$0.00
Workshop Attendance	\$1,500.00	\$1,400.00	\$0.00
Mobile Chair	remove	\$182.00	\$0.00
Media Projects	\$700.00	\$728.00	\$0.00
WSR	\$1,130.00	\$1,130.00	\$657.32
Business Cards	\$0.00	\$0.00	\$0.00
Rent	\$120.00	\$120.00	\$140.00
Copies/Flyers	\$250.00	\$250.00	\$51.79
Mailing Costs	\$550.00	\$550.00	\$387.53
Literature	\$25.00	\$25.00	\$0.00
Learning Day	\$100.00	\$100.00	\$0.00
PO Box	\$85.00	\$85.00	\$78.00