

**CONNECTICUT REGIONAL SERVICE COMMITTEE MEETING MINUTES**  
**December 21, 2013**

**VISITOR INTRODUCTIONS AND QUESTION & ANSWER SESSION:** William (visitor) and Lily (alt RCM for SFCA) were welcomed to the RSC.

**CALL TO ORDER**

The CTRSCNA met in Bridgeport (CCAR, 49 Cannon St.). The meeting was called to order at 2:10 pm by our chair, Leonard S. After a moment of silence and the Serenity prayer, Darlene read the 12 Traditions and Dan read the 12 Concepts.

**ROLL CALL**

Eight areas were represented. The Alternate Delegate and United Shoreline Area were not present.

**APPROVAL OF LAST MONTH'S MINUTES**

Adam read the Old Business, Elections and New Business sections of the November minutes.  
Motion M/S: To approve the November minutes. **6-0-0 PASSED**

**EXECUTIVE COMMITTEE REPORTS**

**Chair** – Leonard doesn't have a written report. He picked up all of the schedules and literature stuff from Mary R. Please send requests for insurance certificates to [chair@ctna.org](mailto:chair@ctna.org).

**Vice Chair** – Mary read her report. She received word that Literature Committee chair (Mary R.) is stepping down from the commitment. She also got an email that the payment for the last schedule printing was not received. Mary also included a report from the Public Relations committee. And she took care of insurance requests and this issue will be on sharing session.

**Treasurer** – Gail read the report. **(December 2013 report)**. Gail asked about the schedule payment not being received because she mailed one out a couple of months ago. There might have been a newer printing since the last check was mailed and we might not have gotten the bill yet. Mary H. (vice-chair) will follow up with Hitchcock.

Opening Balance:	\$ 3,827.00
Donations Received:	\$ 857.79
Misc. Donations/Funds Returned	\$ 1,050.00
Expenditures Total:	\$ 1,368.06
Donation to WSO:	\$ 539.73
Closing Balance:	\$ 3,827.00
Schedule Reserve:	\$ 3,000.00
Checkbook Total:	\$ 6,827.00

Motion M/S: To approve the December Financial Statement. **Passed 8-0-0**

**Regional Delegate (RD)** – Adam H. read RD report. Conference Agenda Reports (CAR) were purchased and are here today. Adam & Dyan attended the Multi-Regional Learning Event (MRLE) in Maine. Cost for RD participation at the event was \$195.25. Adam wants to bring our attention to motions 2 & 3 in the CAR. Both could affect the RSC directly. Adam is still looking for assistance from RCMs in securing location for Regional Assemblies (CAR workshops). Adam needs to know what the Connecticut Region wants the North East Zonal Forum (NEZF) to be (more on the Sharing Session). Also, Adam included a one-page handout summarizing the updates at NA World Services.

Discussion: Darlene didn't get email about workshops. Artie will work on Feb 22 for CAR workshop. Q: Who is paying for CAR workshops? Adam said that RD has budget for it but if an area wants to host financially we will not turn that down.

**Regional Delegate Alternate (RDA)** – Dyan F. not present.

**Web Servant** – Donna H. read the report. All meeting updates, calendar events and flyer links have been completed for the month. Talked to ImageWorks about possibly updating our site to a Content Management System (CMS). Would cost \$2400. Working to fix the meeting info form – pressing “Enter” submits the form but it might submit incomplete forms. Also updated GWA email address.

Q: Isn't the web company doing updates because we pay them for that? Just because we might switch to a CMS doesn't mean it would be compatible with another companies hosting. Q: Did everyone change to PR? The business calendar hasn't been updated. Q: TVA email address... who does it go to? A: Each area has a password to get in to their own mailbox. If you don't have it let me know. Q: You're talking about changing companies? A: Maybe. Q: We voted here at RSC to change to PR don't all areas have to follow suit? A: No. Toby said he has a good relationship with web company and would like to help negotiate with them for a better price. JC: In response to PI/PR question - it was supposed to go back to each group across the

country and many choose to stay PI because PR means something different to the public than the PI. World is now using "PR/PI". GWA stayed PI because of the connotation.

## **SUBCOMMITTEE REPORTS**

**BOD** – Phil D read the report. The BOD voted to keep the at-large positions and doesn't know how the RCMs voted them out since the BOD gets to decide that. IRS is giving us a full refund of the penalties minus interest. On track with registrations.  
[BOD next meeting will be held at 3:00 pm on December 22, 2013 at the Stamford Hilton](#)

**Convention** – LisaMarie O. read the report. Everything is on track. Pre-registration is now officially closed. Vice-Chair of RSC pulled numbers for room drawing before region. It was an anonymous way of doing the raffle. Flyer for the kickoff meeting will be at convention.  
[Convention Committee meeting will be held December 22, 2013 at the Stamford Hilton](#)

**H&I** – Dan E. read the report. Still collecting orientation packages. Basic Texts have been distributed. Sold 11 more t-shirts for \$132. Secretary of the H&I committee is OTF. They are skipping the January meeting.  
[Next Meeting December 4, 2013 at New Britain YMCA, 50 High St, New Britain, CT 7:30pm](#)

**Literature** – Mary R. stepped down. No report.  
[The next meeting will be at the Meriden Public Library, 105 Miller Meriden Ct, Tuesday January 21, 2014, 7:00pm](#)

**Public Relations** – Absent (OTF). Positions OTF are Chair, Vice Chair. Spanish Phone Line Coordinator  
[The next meeting will be January 8, 2014 at 7:00 pm at St. Andrews Church, Meriden CT.](#)

**WSR** – OTF. Gerry read the report. They have changed the format to have orientations first at 7:00pm from now on.  
[The next meeting will be December 12 at 7:00 pm, Holy Trinity Church 381 Main St, Middletown Ct, 06457](#)

**Policy Ad-Hoc** – Adam H. reported. They met on December 15 and finished the rest of the RSC policy. Adam will bring all of the suggestions next month. Reminder to subcommittees to review their own internal guidelines.

## **AREA REPORTS**

**Central Connecticut Area** – Allen C. (Alt. RCM)  
Positions Out to Area: Vice-Chair, Secretary, Alternate Secretary, and Webservant  
Activities: Feb 5, 2014 - Dance  
Fund Flow: \$ 1,435.12  
Area Concerns: None.

**Greater Danbury Area** – Mike Q. (RCM)  
Positions Out to Area: Vice-Chair and Activities Chair  
Activities: Dec 25, 2013 – Christmas Marathon – 7 Madison Ave. Danbury, CT – 9:00am – 6: 00pm  
Fund Flow: \$ 937.68  
Area Concerns: None.

**Greater Hartford Area** – Toby L. (ASC Vice-chair)  
Positions Out to Area: PI/PL Chair, RCM, and Alternate RCM  
Activities: Christmas Marathon, St. Francis Hospital  
Fund Flow: \$ 1,173.23 (supposedly mailed).  
Area Concerns: None. Q: Why does your area always mail in the fund flow? Toby doesn't know why.

**Greater New Haven Area** – Art K. (RCM)  
Positions Out to Area: none  
Activities: none  
Fund Flow: \$ 1,134.00  
Area Concerns: Concerns about flyers coming back without time and place. Not being looked at RSC. A church wants proof of insurance for a group. Just notify the RSC chair with the information to get a COI.

**Greater Waterbury Area** – Louise A. (RCM) & Jessica D. (Alt. RCM)  
Positions Out to Area: none  
Activities: Jan. 25, 2014 – Speaker Jam  
Jan 25, 2014 – Point of Freedom group anniversary  
Fund Flow: \$0.00  
Area Concerns: None.

**Mid-State Unity Area** – Al W. (RCM) & Renee M. (Alt. RCM)

Positions Out to Area: Treasurer

Activities: Marathon meetings at Church of Holy Trinity, 381 Main St. Middletown, CT

Fund Flow: \$0.00

Area Concerns: Updated into on two subcommittee meetings/locations

**Southern Fairfield Country Area** – Samantha M. (RCM) & Lily S. (Alt. RCM)

Positions Out to Area: Policy Secretary and Public Relations chair

Activities: Dec 25, 2013 – Christmas Marathon – Norwalk Hospital (Nash Auditorium) –

Jan 1, 2014 – New Year's Day Marathon – Norwalk Hospital (Nash Auditorium) –

Fund Flow: \$ 99.00 from a group

Area Concerns: None.

**Tunxis Valley Area** – Darlene B. (RCM)

Positions Out to Area: Alternate Treasurer

Activities: Dec 31, 2013 – New Year's Eve Dance. St. Mark's Church, 147 West Main St., New Britain, CT 9pm-1am

Fund Flow: \$ 0.00

Area Concerns: None.

**United Shoreline Area** – Howard O (RCM) absent

Positions Out to Area:

Activities:

Fund Flow: \$ 0.00

Area Concerns:

**BREAK**

**SHARING SESSION**

- **Projector for PR** – Leonard: PR wants to buy a projector to do presentations. Adam: Suggestion to include it in next years budget. Al: someone on convention asked for one too (Lisa said it's the same thing). Allen: Couldn't we rent one? Gerry: If it's going to be in the budget, be prepared to answer all the questions of accountability around it. JC: PR is researching prices, etc. and how many presentations during the year to see if it's justified. Phil: They did research to rent and it's about \$100 less than buying one. So renting was unattractive. The BOD wouldn't rent one under those circumstances, which is why it was put back in PRs court. Donna: Cost of a bulb is hundreds of dollars if they break. Toby: Feels it's a luxury and not a necessity. Doesn't think it's something we can afford today. Steve: Refurbished is not a good way to go because of the bulb. JC: As to the luxury part, PR deals with the general public and they need to be able to display visuals and if they had to print everything it would be cost prohibitive also. Lisa: now that we've heard some discussions maybe PR could go back and put comparisons together. Louise: How much does one cost? Don't know. Steve: looked up... place in Derby... Friday to Monday rental \$58.
- **Storage** – Leonard: We don't have a place to store schedules; we could use it for storing the projector. Mary: Just on brainstorming, it would be a storage area for Region, not using the BOD's storage space. Leonard got quotes for a 5x5... Gail: Would we be able to put archives in there too? Yes. Gail: Where are the archives now? A: All over. Donna: Thinks it's a good idea. Things get lost now. Steve: Someone would have to travel all over? Gail: Lit chair could keep schedules with them. They don't "have to" be put into storage. Lisa: Convention has same situation now. If someone needs to go to storage either a key holder goes or gives them the key and gets it back. Toby: So this is just an idea for now and would be an ongoing thing? A: Yes. Steve: Point of Information... there's only \$69 in the budget for Admin now. This could wait until new budgets are approved.
- **Zonal Forums** – What do we want the Zonal Forum to be? Adam explained about our zonal forum and what they do now and what they could do. Allen: Not sure exactly what I want to ask. Maybe come up with a bullet list of questions. Adam is going to come up with a list. Also, please see the document Adam handed out.
- **Budgets** – Due next month. We have information in policy to look at. Mary: Wasn't Gail supposed to come up with templates? Yes. She forgot. Gail will do templates for Literature and Public Relations and email them to Mary.
- **Insurance Certificates** – Mary - What happened was Steve went on vacation and Mary and Leonard didn't know how to get certificates. Mary did some research and got it done. But Leonard didn't have email stuff but now Mary sent him insurance contact person. Leonard wants them being sent to chair@ctna.org. Leonard has so much stuff going to his personal email so he wants to keep this separate. He needs to get the login info from Donna. Phil - a marathon meeting... does it require insurance? If it's in a facility where we already have a meeting then no,

we don't need a separate certificate. Art: Is there a certificate for groups. Yes. Just send the email in. Toby: Is this in policy? Yes... addendum A.

- **Postage rates going up** - Gerry: directly affects WSR because they mail a lot of stuff. Buy forever stamps now. Check your budget and spend your stamps.

## OLD BUSINESS

**Motion #2 (11/16/2013)** M/S Libby R. (CCA)/Mike Q. (GDA):

To create a state of CT regional service schedule (sample attached) that can be sold with the other IPs. Please include where region meets, all service committees including PIPL, Literature, H&I, Regional Activities, Regional Policy, etc.

*Intent: To keep addicts informed on the many ways they can get involved and give back. Not everyone has internet service and the availability of info is extremely hard to come by. Many subcommittees are in dire need of support.*

**Motion M/S/F AI (MSUA)/Howard (USA)** To postpone for 30 days. **1-6-0 FAILED**

**Motion REFERRED to Literature Committee by the presiding chair after the following discussion (to be brought back in December).**

Adam shared what Literature discussed.

Steve: Didn't we discuss and vote on this?

Steve: shared something about taking two amalgamated pamphlets. Toby said that's not part of this discussion.

Toby: Can't people just print it off the web?

Allen: What was the numbers?

Mike: Is this still at the literature committee? Mary says yes it really should be.

Adam: this will come up again in February RSC because Regional Lit doesn't meet every month.

AI: Problem last time was that literature came back with an opinion that it wasn't worth the money. But that was an incorrect recommendation.

Phil: Why don't we just make 1000 and distribute them and see how it goes?

Mike: Are we asking Literature for a written proposal? Yes.

## Elections:

- ❖ **RSC Secretary – OTF.** 3 year clean time requirement. Record accurate minutes of the monthly CTRSC meeting and distribute them in a timely manner.
- ❖ **PR Subcommittee Chair – OTF.** 2 year clean time requirement and 6 months prior involvement in PR
- ❖ **WSR Subcommittee Chair – OTF.** 2 year clean time requirement and 1 year served on the WSR committee
- ❖ **RSC Alternate Web Servant – Adam** nominated but he declines (not willing to step down from RD commitment). **OTF.** 2 year clean time requirement and 6 months prior involvement in RSC
- ❖ **BOD seat for GDA – Mike Q. nominated and Elected. Congratulations Mike.**
- ❖ **BOD At-large seat – OTF.** 3 year clean time requirement.
- ❖ **Convention Committee Chairperson – OTF.** 5 years clean time required.

## NEW BUSINESS

None

## ANNOUNCEMENTS

United Shoreline Area is next area. Gail will contact Howard.

AI: What's the topic for next month? Adam: Executive Committee, etc. came up with nothing. Allen: What about DRT and commitments? Toby: Agrees that it's a good topic. Mary: I think we should discuss the Zonal Forum. Steve: What about the CAR report? Straw Poll - 3 choices: Zonal Forum, CAR Report, DRT... 6 for Zonal Forum. So that will be our discussion topic next month.

Toby was going to suggest a topic of Communication and Leadership. We don't respect each other here. We're supposed to be leaders.

**The next RSC meeting will be on January 18, 2013, at 2:00pm at the CCAR Building, 49 Cannon St. Bridgeport Ct Please park on street - it's free on the weekends. DO NOT park in parking lot.**

The meeting closed at 5:55pm.

Love to Serve NA,

Adam H.

# Connecticut Region of N.A. Activities Calendar



EVENT/ACTIVITY	DATE	TIME	PLACE	HOSTED BY	CONTACT NUMBER
Group Anniversary Speakers/Pot Luck	1/15/2014	6:30 PM – 9:00 PM	Niantic Community Church 170 Pennsylvania Ave., Niantic, CT	Sound of Serenity Group	Stephen A.
3 <sup>rd</sup> Annual Spiritual Breakfast	2/8/2014	11:00 AM – 5:00 PM	67 Stony Hill Rd., Bethel, CT	Greater Danbury Area	Robert M. Sue L.
Spiritual Breakfast	2/15/2014	9:00 AM – 12:00 PM	Immanuel Lutheran Church Meriden, CT	Straight From The Hip Group	Vicki B. Sue G.
Women's Sponsorship Weekend Retreat	9/11/2014 – 11/11/2014 ?????	4:00 PM Friday – 11:00 AM Sunday	Incarnation Retreat Center 253 Bushy Hill Rd., Ivoryton, CT	Straight From The Hip Group	Jaime C. Vicki B.

# GLOSSARY OF ABBREVIATION (THE ABC'S OF NA)

**ASC** – Area Service Committee  
**BOD** – Board of Directors (for the CRCC, Inc. – Connecticut Regional Convention Corporation)  
**BT** – Basic Text  
**CAR** – Conference Agenda Report  
**CAT** – Conference Approval Track material  
**CBDM** – Consensus Based Decision Making  
**CCA** – Central Connecticut Area  
**CTRCNA** – Connecticut Regional Convention of Narcotics Anonymous  
**CTRSCNA** – Connecticut Regional Service Committee of Narcotics Anonymous  
**FIPT** – Fellowship Intellectual Property Trust  
**FSS** – Florida Service Symposium (service conference)  
**GDA** – Greater Danbury Area  
**GHA** – Greater Hartford Area  
**GLS (GTLS)** – A Guide to Local Services in Narcotics Anonymous  
**GNHA** – Greater New Haven Area  
**GWA** – Greater Waterbury Area  
**GWSNA (GTWS)** – A Guide to World Services in Narcotics Anonymous  
**H&I** – Hospitals & Institutions  
**IW: H&W** – It Works: How & Why (Green & Gold)  
**JFT** – Just for Today daily meditation book  
**MARLCNA** – Mid-Atlantic Regional Learning Conference  
**MRLE** – Multi-Regional Learning Event  
**MSUA** – Mid-State Unity Area  
**NAWS** – Narcotics Anonymous World Services  
**NEZF** – North East Zonal Forum  
**OTA** – Out to the Area  
**OTF** – Out to the Fellowship  
**PI/PL** – Public Information & Phone Line  
**PR** – Public Relations  
**RCM** – Regional Committee Member  
**RD** – Regional Delegate  
**RDA** – Regional Delegate Alternate  
**RSC** – Regional Service Committee  
**SFCA** – Southern Fairfield County Area  
**SWG** – Step Working Guides  
**TVA** – Tunxis Valley Area  
**USA** – United Shoreline Area  
**WSLD** – Western Service Learning Days (service conference)  
**WSO** – World Service Office  
**WSR** – Writing Steps for Recovery