

**CONNECTICUT REGIONAL SERVICE COMMITTEE MEETING MINUTES**  
**August 17, 2013**

**VISITOR INTRODUCTIONS AND QUESTION & ANSWER SESSION:** Renee introduced herself and was welcomed to the RSC.

**CALL TO ORDER**

The CTRSCNA met at the St. John's Episcopal Church in Sandy Hook (Newtown) 5 Washington Ave, Newtown, Ct Meeting was called to order at 2:00 pm with a moment of silence followed by the Serenity prayer. The 12 Traditions and 12 Concepts were read.

**ROLL CALL**

Seven areas were represented.

**APPROVAL OF LAST MONTH'S MINUTES**

**Secretary** – Mary read, Old Business, Elections and New Business sections of the July minutes. Minutes for July will be corrected and put in archives.  
Minutes were then accepted, 6-0-1

**EXECUTIVE COMMITTEE REPORTS**

**Chair** – Steve read report. We filled many requests for insurance certificates for the past month. I am requesting RCM's to please inform your Areas that all request should be directed to you.

- **Please submit the request in the following via email:**

- **Name of Event**
- **Date of Event**
- **Beginning Time and Ending Time of Event**
- **Contact Name**
- **Contact Phone Number**
- **Address and Place**

**Please submit this request this request to my email address**

- On average it takes 2-3 business days to get the certificate although, I would appreciate it if you gave us at least a week notice so as not to overtax the insurance agent.

**The next RSC meeting will be on September 21, 2013, at 2:00pm at the St. John's Episcopal Church in Sandy Hook (Newtown) 5 Washington Ave, Newtown, CT.**

**Vice Chair** – Leonard S. read report. Vice Chair attended the H&I meeting this month. He attended Public Relation and they had talked about the Regional Learning Day and would like to participate. PR needs a check for \$75.00 to cover rent for June, July, and August. They also need a check for \$50.00 donation to CCAR recovery walk. He also attended WSR, but could not stay due to family emergency.

**Treasurer** – Gail, read the report. **(August 2013 report)**

**NOTE:**

1. In order to clarify the income/expense for H&I tee shirts, I added an additional line
2. We are moving forward with changing the bank account to Peoples Bank
3. I recalculated the Prudent Reserve based on the new budgets. I apologize that I forgot to do this when the new budgets were passed

Opening Balance:	\$ 3, 827.00
Donations Received:	\$342.23
Misc. Donations/Funds Returned	\$208.00
Expenditures Total:	\$ 2,934.21
Donation to WSO:	\$ 0.00
Closing Balance:	\$1,443.02
Schedule Reserve:	\$ 2,049.73
Checkbook Total:	\$3,492.75

Treasurer reports pass: 7/0/0

**RD & RDA** – Adam H. read report. RD attended both the United Shoreline ASC and Central Connecticut ASC meeting this month. He also attended a few hours of the New England RSC meeting which was held last Sunday up Westfield, MA. RD sent out an e-mail to World Service Conference, of the proposal for the Conference Agenda Report, in which we discussed on cost reductions.

RD would like to thank those who came out on the Group Conscience workshop we had before the last RSC meeting. The next workshop will be on Consensus Based Decision Making (CBDM) one hour before RSC meeting in September.

RD and RDA will be attending Western Service Learning Day in October and have booked air travel.

The Tradition Book Project is still ongoing and RD hopes everyone signed up and is participating in the discussion board.

Reminder

- 25-27 October- The Western Service Learning Day, Los Angeles, CA
- 6-8 December 2013- Multi-Regional Learning Day Event, Alfred ME
- 24-26 January 2014-Northeast Zonal Forum, Buffalo, NY
- 7-9 February 2014 – Mid-Atlantic Regional Learning Conference, Lancaster, PA
- 27 April-May 2014-World Service Conference, Woodland Hills, CA

RDA- Dyan F. read report. RD& RDA attended the NEZF, in June 2013. The NEZF was hosted by the Tri-State Region.

On Friday we reviewed our agenda and regional items for that weekend.

#### **The Open Forum Summary;**

Many regions have similar issues, increasing trusted service participation. Some regions believe that members are not interested in services and other regions believe the major problem is education, providing more learning days and have members attended service symposium like the one held in Florida. New England Region sent their fellowship development member and they have gained positive results in just three months.

NNJ RD has copies of RD team budgets to help her submit a budget that will help the RD teams to attend beneficial events that will help RD teams become more effective for their region. Group conscience agreed on providing service workshops to the hosted local fellowship. We discussed the feasibility of having a Northeast Service Symposium. This would provide an event for more trusted servants to participate and increase knowledge base regarding their present service commitments. In one of the major reasons is fiancés. With thirteen regions in our zonal forum the money we saved could be used to have our own NESS.

**Web Servant** – Donna H. read report. All meeting updates, calendar events and flyer links have been completed for the month. The development of a new mobile site is not considered maintenance, as there is design work and new programming involved. It will run \$1,200 to design, test and integrate a new mobile site as quoted from Image Works. As a reminder double check your area minutes for phone numbers before sending to the website addresses.

Web Servant received a request to list a meeting from the Shoreline. Due to USA areas policy no group gets added to schedule for three months. With that being said the group will not be added.

Note;

V.A.5c only areas submit a new meeting to schedule chair through their RCM and:

VI.C.2.c (Lit Committee) to obtain new meeting and change from RCM's on the appropriate CT. Region registration form

#### **SUBCOMMITTEE REPORTS**

**BOD** – Phil D read report. The BOD met in Middletown CT on July 21, 2013. Currently out to the areas positions are GDA seat. BOD also has positions OTF which are Site Selection Director and Alt Site Director.

Troy B., Ron B. and Phil D. met with the Stamford Marriott Hotel Management and Sales team to discuss their resubmission of the RFP after showing them the breakdown from the Hiltons proposal and will be hosting a walk through for all of the B.O.D. and Executive Committee Members on Sept. 15, 13 at 5:30.

Monthly financial report, along with reconciliation report attached to it the breakdown of subcommittee budgets and current expenditures for your review.

We have paid theirs for the total amount owed which was \$3,150.64 that you will find on the monthly report.

[BOD next meeting will be held at 3:00 pm on September 15, 2013 at the Stamford Marriott Hotel](#)

**Convention** – LisaMaire O read report. Chair is requesting that regional subcommittees who wish to have a workshop / presentation at Convention submitted to chair via e-mail as soon as possible.

- Name of the meeting/type
- The allotted time needed

- Estimated number of participants expected
- Particular accommodation,(if any) needed

Discussion ensued at our last meeting around finding ways to increase participation at the banquet, a better view of the activities provided, and how we can better serve the fellowship as a whole. We decided to have a survey at the convention information table.

[Convention Committee meeting will be held August 18, 2013 at the Holy Trinity Church 381 Main St, Middletown Ct, 06457](#)

**H&I** – Phil gave verbal report. H&I did decide to place Tee-Shirt order.

[Next Meeting Sept 3, 2013 at New Britain YMCA, 50 High St, New Britain, CT 7:30pm](#)

**Literature** – Mary R. read report. The Literature committee is in need of addict support. Due to the schedule conflicts the Chair cannot meet the third Thursday of the month.

There was one outside sales for \$37.85

Sold 2,943 schedules sold within the fellowship for \$412.00

Transferred 4,000 to RSC Subcommittee \$560.00

Total: 7,133 schedules sold for \$1009.00

[The next meeting will be at the Meriden Public Library, 105 Miller Meriden Ct, Tuesday September 10, 2013, 7:00pm](#)

**Public Relations** – Absent (OTF) Positions OTF are Chair, Vice Chair. Spanish Phone Line Coordinator

[Public Relation next meeting will be on Wednesday, Sept. 10, 2013 at 7:00 pm at St. Andrews Church, Meriden CT.](#)

**WSR** – OTF. Jerry read report. WSR -OTF, clean time requirement 2 years and 1 year served on the WSR committee, VC, Men's Coordinating secretary, and recording secretary. At WSR meeting there were 7 addicts present including 1 new step guide and 2 current guides for orientation.

We discussed the success of our presentation at USA Learning Day (3 new female step- guide were orientated) and our participation/presence at the Basically Lit group, anniversary picnic. We also discussed our upcoming Regional H&I Learning Day in September.

[WSR meets on the second Thursday at location Holy Trinity Church 381 Main St, Middletown Ct, 06457](#)

**Policy Ad-Hoc** – noting to report at this time.

## **AREA REPORTS;**

**Central Connecticut Area** – Libby R (RCM)

Positions Out to Area: Alt RCM and ALT Chair

Activities: CCANA Learning Day September 14, 2013, 11-3:00pm Pragemann Park

Fund Flow: \$0.00

Area Concerns: low contributions

**Greater Danbury Area** – Mike Q (RCM)

Positions Out to Area: Vice-Chair, Activities Chair, and PI Chair

Activities: Annual Spiritual Breakfast is tentatively scheduled for Sat. Nov 2<sup>nd</sup> more details to follow.

Fund Flow: \$0.00,

Area Concerns: trying to deal with some bank account issue/ will talk to treasurer.

**Greater Hartford Area** – Absent (RCM)

Positions Out to Area: PI PL Chair, and Secretary

Activities:

- Paintball, Matt's Outback, 677 Riley Mountain Rd, Coventry, Ct, September 21, 1:00pm

Fund Flow: \$ 000

Area Concerns: No help

**Greater New Haven Area** – Absent

Positions Out to Area: Alt. Treasurer, Alt Sec. and Alt Policy Chair

Activities:

- Comedy Show Ziti Dinner September, 14 2013, 7:00pm, Annex Club Woodward Ave, New Haven Ct

Fund Flow: \$0.00

Area Concerns: None

**Greater Waterbury Area** – Louise (RCM)

Positions Out to Area: Treasurer, web servant, basketball shootout chair, and Alt RCM

Activities: Family Camp-out September 21, 2013 11am -4:00pm Black Rock State Park Rt6 Thomaston/Watertown town line

Fund Flow: \$167.59

Area Concerns: Having a site for RD Presentation

**Mid-State Unity Area** – Al W. (RCM)

Positions Out to Area: Secretary, and Activities Chair

Activities:

- Extravaganza After the Summer, September 14, 2013 12-4:00pm, Sears Park East Hampton

Fund Flow: \$174.64

Area Concerns: None

**Southern Fairfield Country Area** – Samantha M (Alt RCM)

Positions Out to Area: RCM and Policy Secretary

Activities:

- Free as an Eagle, Fairfield Warde High School, 755 Melville Ave Fairfield Ct
- 27<sup>th</sup> Anniversary October 30<sup>th</sup> 2013, 6:30-9:00pm
- A Simple Solution Spiritual Speaker Jam 1<sup>st</sup> Congregational Church, 1 Walton Place, Stamford Ct

Fund Flow: \$ 0.00

Area Concerns: struggle with meeting budget

**Tunxis Valley Area** – Darlene B (RCM)

Positions Out to Area: Treasurer

Activities:

- Halloween Dance, October 26, 2013,9:00pm-1:00am, St Marks, 147 West Main St New Britain
- Learning Day September 21, 2013, 10:00am-4:00 pm, St Marks, 147 West Main St New Britain

Fund Flow: \$0.00,

Area Concerns: Posting to TVA website, need password, and username.

**United Shoreline Area** – Howard O (RCM)

Positions Out to Area: Alt RCM, Alt Treasurer and Vice Chair

Activities:

- Talent Show, September 21, 2013, 9:00 pm-11:00pm, Grow with the Glow Noank Baptist Church, 18 Cathedral Hgts, Noank Ct
- 3<sup>rd</sup> Annual Halloween Costume Dane Party, October 26, 2013, 8:00-12:00am, Gales Ferry Firehouse, Brousseau Hall, 1772 Rt 12 Gales Ferry, Ct 06335

Fund Flow: \$0.00

Area Concerns: None

**Break:**

**Sharing Session:**

- **Listing meeting not belonging to an area;** much discussion and conclusion is, that areas have their own policy and each area should continue to follow policy (give an explanation of policy to the group).
- **Asking for help in Sept. 15, 2013;** flyer out and asking for donation of time or food
- **Do you want RD team to be leader or servants?** RD brought/brings information and wanted to know what region wants; He is asking what body want/expects. The RD/ARD should make motions and its not overstepping their bounties. That why we have RD/ARD because we trust their decision and the information which they bring back from WSC
- **Alt. chair printing service schedules;** to suggest that Vice Chair stop bringing schedule to region and he is already over budget. RCM can look on line( motion will be made)

- **Area activities committee financial;** we want to change area policy/ want info from other area how they handle their finance( would like RCM to e-mail some feedback)
- **Collaboration or CBDM next month;** Some discussion, what region wants for workshop next month ( will be CBDM)RD would like group participation, 1:00 before Region
- **Cheshire-yellow card;** hopeful H&I chair bring to area, need yellow card addicts for Cheshire call Phil
- **Change format of RSC-** one month business, one month learning; changing format at region in order to discuss pressing issue, and all other report can be read place on table and picked up for information. Report can be e-mailed and if there is an issue it can be discussed at Region meeting on sharing section. In another State all report are due on line one week prior to region. Straw poll than ( motion was made)
- **Sales tax on sales of schedules;** not reporting sale tax, (treasurer will look into and bring back to group)

**Old Business: None**

**Elections:**

- ❖ **OTF WSR:** clean time requirement 2 years and 1 year served on the WSR committee
- ❖ **OTF Alt Web Servant:** clean time requirement 2 years, and 6 months prior involvement in RS
- ❖ **OTF PR:** clean time requirement 2 year and 6 months prior involvement in PR

**NEW BUSINESS:**

**Motion# 1(9/17/13)** M/S: AI W (MSUA-RCM) Howard O (USA-RCM)

To delete/policy IVB.3vice chair sub section IB.3.e to distribute to all members of the RSC a printed copy of subcommittee meetings

Intent: to save basket money because it can be printed off website by RCM's

**6-0-1 Approved**

**Motion# 2(9/17/13)** M/S: Mike Q (GDA-RCM) Libby (CCA-RCM)

To change the agenda: For every other monthly meeting of the RSC, reports by the executive committee, subcommittees and areas will be limited to pressing concerns that require immediate attention. Old business, sharing session, elections, and new business will still occur at the end of the RSC. Between the pressing business section and motions, the body will participate in a workshop or presentation session. The executive comm, subcommittee chair, and RD will be responsible for selecting topics, to be approved by RCMs

Intent: to educate our service members, and to be better trusted servants.

**Refer to Policy Adhoc**

**ANNOUNCEMENTS:**

**The next RSC meeting will be on September 21, 2013, at 2:00pm at the St. John's Episcopal Church in Sandy Hook (Newtown) 5 Washington Ave, Newtown, CT.**

The Meeting closed at 4:45pm.

Love to Serve NA,  
Mary H.

## Connecticut Region of N.A. Activities Calendar



**GNHA**- Comedy Show Ziti Dinner September, 14 2013, 7:00pm, Annex Club Woodward Ave, New Haven Ct.

**CCA**- CCANA Learning Day September 14, 2013, 11-3:00pm Pragemann Park

**MSUA**- Extravaganza After the Summer, September 14, 2013 12-4:00pm, Sears Park East Hampton

**USA**- Talent Show, September 21, 2013, 9:00 pm-11:00pm, Grow with the Glow Noank Baptist Church, 18 Cathedral Hgts, Noank Ct

**GHA**- Paintball, Matt's Outback, 677 Riley Mountain Rd, Coventry, Ct, September 21, 1:00pm

**CCA**-25<sup>th</sup> Annual Spiritual Weekend, September 20-22, Enders Island, Mystic Ct

**TVA**- Learning Day September 21, 2013, 10:00am- 4:00 pm, St Marks, 147 West Main St New Britain

**SFFA**- Free as an Eagle, Fairfield Warde High School, 755 Melville Ave Fairfield Ct

**GWA**- Family Camp-out September 21, 2013 11am -4:00pm Black Rock State Park Rt6 Thomaston/Watertown town line

**SFFA**- A Simple Solution Spiritual Speaker Jam, September 28, 2013, 1<sup>st</sup> Congregational Church, 1 Walton Place, Stamford Ct

**TVA**- Halloween Dance, October 26, 2013, 9:00pm-1:00am, St Marks, 147 West Main St New Britain Ct

**SFFA**- 27<sup>th</sup> Anniversary October 30<sup>th</sup> 2013, 6:30-9:00pm

## *GLOSSARY OF ABBREVIATION (THE ABC'S OF NA)*

**ASC** – Area Service Committee  
**BOD** – Board of Directors (for the CRCC, Inc. – Connecticut Regional Convention Corporation)  
**BT** – Basic Text  
**CAR** – Conference Agenda Report  
**CAT** – Conference Approval Track material  
**CBDM** – Consensus Based Decision Making  
**CCA** – Central Connecticut Area  
**CTRCNA** – Connecticut Regional Convention of Narcotics Anonymous  
**CTRSCNA** – Connecticut Regional Service Committee of Narcotics Anonymous  
**FIPT** – Fellowship Intellectual Property Trust  
**GDA** – Greater Danbury Area  
**GHA** – Greater Hartford Area  
**GLS (GTLS)** – A Guide to Local Services in Narcotics Anonymous  
**GNHA** – Greater New Haven Area  
**GWA** – Greater Waterbury Area  
**GWSNA (GTWS)** – A Guide to World Services in Narcotics Anonymous  
**H&I** – Hospitals & Institutions  
**IW: H&W** – It Works: How & Why (Green & Gold)  
**JFT** – Just for Today daily meditation book  
**MARLCNA** – Mid-Atlantic Regional Learning Conference  
**MRLE** – Multi-Regional Learning Event  
**MSUA** – Mid-State Unity Area  
**NEZF** – North East Zonal Forum  
**OTA** – Out to the Area  
**OTF** – Out to the Fellowship  
**PI/PL** – Public Information & Phone Line  
**PR** – Public Relations  
**RCM** – Regional Committee Member  
**RD** – Regional Delegate  
**RDA** – Regional Delegate Alternate  
**RSC** – Regional Service Committee  
**SFCA** – Southern Fairfield County Area  
**SWG** – Step Working Guides  
**TVA** – Tunxis Valley Area  
**USA** – United Shoreline Area  
**WSO** – World Service Office  
**WSR** – Writing Steps for Recovery