

# Mid-State Unity Area of NA®

Area Minutes for November 14, 2016

Page 1 of 6

**Open:** 7:04pm the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

**Welcome** to Adam H (V. Chair PR), Cory M, GSR "Stepping Up" Jeremiah visiting

**Mail:** Reaching out and NAWS

**Roll Call:** 16 out of 24 groups present at roll call, 16 which currently had voting privileges. Quorum of 2/3 (16) was met. "All About Change" "Saturday Night Sanity" "Came to Believe" may not vote. H&I and Alt RCM were absent.

**Service Orientation:** MSUA Policy Page 22-23 N-T Commonly Used Motions (Point of Order- Suspend the Rules).

## **Announcements:**

1. Kim L. Retreat subcommittee, Retreat recommended Stacy M as Chair
2. Marathon Meeting (Stacey M.) there are 8 groups that will host a marathon meeting, 8 available slots
3. Katie P. Shoreline not having marathon meetings, Deep River on Wednesdays needs addict support
4. Ray- Surrender to Win will be meeting at Russell Library on Saturday December 3rd at 10am.
5. Brandon B. Pigs in Space is holding their Holiday Celebration December 16th from 6-7:30. Santa will be there with presents for the kids.
6. Jim- Feast before the Feast Nov 23rd at 6pm, Shiloh Baptist Church

## **Secretary minutes – October minutes Motion to Accept Kyle S (Where We Are Going) Seconded by Brandon B. (Til the Wheels Fall Off) Passed 14-0-1**

Was discussion in regards to September minutes not being voted on as quorum was not met. When would be proper time to make a motion to accept September minutes (rules of Order pg. 2).

**Treasurer report – Dave W.** gave written/verbal report. **Motion to accept Rachel L (Straight Lace) Seconded by Kyle S (Where Are We Going) passed 15-0-1 Discussion** in regards to not receiving Sept reports, Treasurer can email it.

**RCM –Brian M. (RCM)** gave a written/verbal report. Several BOD positions are OTF, at times unable to meet quorum. Regional Learning day will be at the convention. Region also has a survey in regards to the convention to gather input from the areas. Positions OTF: Vice Chair, Secretary, Alt Treasurer, Alt Web Servant, Greater Danbury BOD, Greater New Haven BOD, Mid-State Unity BOD. Congrats to JC our new schedule facilitator, Troy B. our RD, Lisa Marie S. our new Alt RD, Shannon M our H&I Chair.

**Activities –Mike B (Chair)** gave a verbal/ written report. There will be Marathon Meetings on Thanksgiving from 9am to 5pm at Holy Trinity Church, Middletown. **Please ask your groups if they would like to participate in the Christmas Eve and New Year's Eve marathon meetings. Would they like to do 2 meetings in a row? Would any individuals like to hold a meeting? Discussion as to ensuring someone will be there the whole time, participation of activities and executive committees.**

**Activities meets on the 3<sup>rd</sup> Saturday of every month at Faith Lutheran church located at 300 Washington Street at 6:30 p.m. prior to the Basically Lit meeting.**

**H&I – Absent. Report read by Brandon B.** Chair did not attend region this month. General assembly was held in October and Andy C was nominated as Chair (to be voted on at area) Need women addict support. Lit Chair OTF **.H&I meet the third Wednesday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.**

# Mid-State Unity Area of NA®

Area Minutes for November 14, 2016

Page 2 of 6

## Subcommittee Reports (continued):

**Literature – Gene F (V. Chair)** gave verbal/written report. New order forms with Toby's phone number and new Guiding Principles, Tradition Book (\$11.00) available. If any group needs literature during the month please contact Toby and he will do his best to accommodate the group. **MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.**

**Public Relations –Adam H (Vice Chair)** gave a verbal/written report. Learning Day- received little feedback from other subcommittees, committed to one in 2017. Participated in Addiction/Recovery event at Trinity Episcopal in Portland and an event at Cromwell High School. Regional PR had a booth at the American Psychiatric Nurses Association annual conference. Adam H was elected Vice Chair, Congrats! **OTF: Chair.**

**Public Relations meets on the 4<sup>th</sup> Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 7:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.**

**Retreat –Stacey M represented. Flyers are available for 2017 retreat. Chair OTF Retreat meets the 2<sup>nd</sup> Monday of every month at 6:30pm (before Area) at the Portland Senior Center.**

## Group Reports

16 out of 24 groups present	
A New Awakening-: Jim K need addict support GSR/Alt GSR, Fri secty OTF	Saturday Night Sanity:
After the Weekend: Tommy F.- AIW	Serenity Check:
All About Change:	Stepping Free: Baker S. –AIW
Basically Lit: Billy L. – AIW	Stepping Into the Weekend:
Came to Believe:	Stepping Thru it All: Earl- GSR Secty OTF
Coming Alive:	Stepping Up: Cory GSR/Alt GSR OTF
Living Clean: Carl – AIW	Straight Lace: Rachel L- GSR/ Alt GSR OTF
Miracles On Oak: Evan F- * <b>need addict support Alt GSR OTF</b>	Surrender to Win: Ray Need addict support
New Freedom- Adele V. AIW	Til the Wheels Fall Off- Brandon B AIW
New Perspectives: Leonard S. Alt GSR	Where We are Going: Kyle S. Secty Alt GSR OTF
No Joke on Oak:	Whole Lava Love: Katie P- need addict support
Over The Wall: Sol S Alt GSR OTF	Working the Steps: Robin S AIW

**Break: 8:10 to 8:20**

**Roll Call II:** 16 out of 24 groups present, 16 of which currently had voting privileges. Quorum of 2/3 met. "All About Change" "Saturday Night Sanity" "Came to Believe" are unable to vote

### Sharing Session:

- 1. Jim K. (A New Awakening)** suggestion for all groups to have "a burning desire" at the beginning of meeting to encourage newcomers to share.
- 2. Carl (Living Clean)** blind copy all emails from area to ensure anonymity and members emails being used improperly. Discussion and motion forthcoming
- 3. Ivan P (Chair)** Subcommittee chair Responsibilities ASC Policy pg. 9. Discussion as to elected representatives (H&I and Alt RCM) not fulfilling their duties (attending area), absences and policy in regards to this. Vice Chair will attend H&I subcommittee in November.

## Mid-State Unity Area of NA®

Area Minutes for November 14, 2016

Page 3 of 6

### Old Business:

**Motion #1 (9/12/16) Made by: Tommy F (After the Weekend) 2nd by: Steve S (Stepping Up)  
To add the following (B.6. f. i-B.6. f. iv) REGIONAL COMMITTEE MEMBER (RCM)**

F. The RCM is responsible to act as the contact between our area and the Web Servant in order to maintain and update information on the Connecticut regional website (2/10)

I. Sends the ASC minutes to the webservant, for posting on the website, as soon as they are available from the secretary.

ii. Sends all Area and group activities, including flyers, to the webservant so they can be added to the activities calendar. Attempts to get a digital copy of any associated flyer to send, but if unable to, the RCM and/or Alternate RCM will work to digitize/scan a hard copy of the flyer to send.

iii. Makes sure any Area forms and documents are available on the Area webpage and sends updated forms if necessary. These include the Area Policy Document, Motion sheet, Disbursement Request Form, etc.

iv. Sends any important Area/Group information to the webservant for posting on the Area webpage (ie. meeting closures, new meetings, open positions, upcoming activities, etc.)

(F. already exists in Area policy. The text i. through iv is proposed additions)

**Intent: To provide clear direction to the RCM and Alternate RCM with regards to what should get posted on the Connecticut regional website.**

**Motion to amend Motion #1 Carl (Living Clean) Tommy F (maker of motion) seconded. To remove "All" from ii. in original motion. Motion to Amend passed 11-0-5**

**Original Motion Passed (with amendment) 12-0-4.**

### Elections:

- **Public Relations Chair- OTF**

**Requirements of Subcommittee Chair:** (These are the major requirements; you can see all Sub Committee Chair requirements on pg. 9 of MSUA Policy)

- Two years' clean time required
- Prior experience on the subcommittee nominated for.
- Attending all ASC meetings and all subcommittee meetings.
- Brings written reports and gives verbal reports at ASC meetings.

**\*Retreat Chair- Stacey M. voted in. Congratulations**

**H&I- Chair Literature Chair OTF (see requirements)**

### New Business:

Motion #1 (11/2016): To approve the 2016 Administrative Officers budget

<b>Administrative Officers *</b>	<b>2017 Proposed</b>	<b>2016 Approved</b>	<b>2016 Spent (Jan - Sept)</b>
Chair / Vice-Chair Copies	<b>40.00</b>	<b>40.00</b>	-
Conference Agenda Reports		-	-
P.O. Box	<b>140.00</b>	<b>140.00</b>	
RCM Copies	<b>120.00</b>	<b>120.00</b>	4.50
RCM Host Region	<b>300.00</b>	<b>140.00</b>	
Rent	<b>120.00</b>	<b>120.00</b>	

## Mid-State Unity Area of NA®

Area Minutes for November 14, 2016

Page 4 of 6

Secretary Copies/Supplies/Postage	<b>200.00</b>	<b>200.00</b>	
Treasurer Copies/Supplies	<b>120.00</b>	<b>120.00</b>	67.39
<b>Administrative Officers Totals</b>	<b>1040.00</b>	<b>880.00</b>	71.89

Intent: To be able to conduct business for the next year.

Motion #2 (11/16): To approve the 2017 Activities Subcommittee budget

<b>Activities *</b>	<b>2017 Proposed</b>	<b>2016 Approved</b>	<b>2016 Spent (Jan - Sept)</b>
Copies / Flyers	<b>250.00</b>	<b>25.00</b>	9.94
Learning Days	<b>50.00</b>	<b>50.00</b>	-
Marathon Meetings Rent	<b>145.00</b>	<b>145.00</b>	
Marathon Meetings Supplies	<b>200.00</b>	<b>200.00</b>	-
Rent	<b>120.00</b>	<b>120.00</b>	
Key Deposit	-	<b>0.00</b>	0.00
Area Activities/Events	<b>300.00</b>	<b>300.00</b>	50.00
<b>Activities Totals</b>	<b>1065.00</b>	<b>840.00</b>	59.94

Intent: To be able to conduct business for the next year.

Motion #3 (11/16): To approve the 2017 Hospitals & Institutions Subcommittee budget

<b>Hospitals &amp; Institutions *</b>	<b>2017 Proposed</b>	<b>2016 Approved</b>	<b>2016 Spent (Jan - Sept)</b>
Copies	2000.00	200.00	43.20
Rent	300.00	300.00	150.00
Postage & Flyers			
Learning Days	250.00	250.00	
Literature	1500.00	1500.00	340.50
<b>H&amp;I Totals</b>	<b>2250.00</b>	<b>2250.00</b>	<b>533.70</b>

Intent: To be able to conduct business for the next year.

Motion #4 (11/16): To approve the 2017 Literature Subcommittee budget

## Mid-State Unity Area of NA®

Area Minutes for November 14, 2016

Page 5 of 6

<b>Literature *</b>	<b>2017 Proposed</b>	<b>2016 Approved</b>	<b>2016 Spent (Jan – Sept)</b>
Copies	<b>100.00</b>	<b>100.00</b>	30.25
Rent	<b>120.00</b>	<b>120.00</b>	
Shipping	<b>500.00</b>	<b>500.00</b>	269.45
Learning Day	<b>40.00</b>	<b>40.00</b>	-
Receipt/Sales Order Books	<b>20.00</b>	<b>20.00</b>	
Literature Supplies	<b>20.00</b>	<b>20.00</b>	7.97
<b>Literature Totals</b>	<b>800.00</b>	<b>800.00</b>	<b>307.67</b>

Intent: To be able to conduct business for the next year.

Motion #5 (11/16): To approve the 2017 Public Relations Subcommittee budget

<b>Public Relations *</b>	<b>2017 Proposed</b>	<b>2016 Approved</b>	<b>2016 Spent (Jan - Sept)</b>
Learning Day	<b>150.00</b>	<b>200.00</b>	-
Literature	<b>300.00</b>	<b>300.00</b>	79.60
Phone	<b>50.00</b>	<b>50.00</b>	-
Copies / Flyers(Posters)	<b>50.00</b>	<b>250.00</b>	
Postage/Mailings	<b>25.00</b>	<b>130.00</b>	6.32
Public Awareness	<b>500.00</b>	<b>500.00</b>	
Rent	<b>240.00</b>	<b>240.00</b>	240.00
Supplies	<b>50.00</b>	<b>50.00</b>	
<b>Public Relations Totals</b>	<b>1415.00</b>	<b>1670.00</b>	325.92

Intent: To be able to conduct business for the next year

**Motion #6 (11/14/2016) To have electronic communications blind copied from area.**

**Made by Carl (living Clean) seconded by Sol S (Over the Wall)**

**Intent: To Keep people from selling contacts and spamming members**

**Tabled to Executive Committee for 30 days**

**Emergency or Temporary Group Cancellation or Relocation:** *In the event that your group has to cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area c.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at (860) 921-2919 with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible.*

## **Mid-State Unity Area of NA®**

Area Minutes for November 14, 2016

Page 6 of 6

### **Upcoming Events**

**"Feast Before the Feast" 26th Annual, at Shiloh Baptist Church, 346 Butternut St. Middletown Wednesday November 23 6pm to 715 pm followed by speaker meeting 730-900pm.**

The most efficient way to convey meeting changes to region is to visit regional website "[ctna.org](http://ctna.org)", then proceed to "service subcommittees" (on left side of the page), click on the "CTRSC" link. Go to "RSC Forms" then click on the "Ct. Regional Schedule

Meeting Information Form". Please fill out form and at the bottom of the page it will say; "Choose Area to send". Once the MSUA has been chosen the information will be sent directly to our RCM.