

Mid State Unity Area of NA®

Area Minutes for March 14th, 2016

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Open: 7:00pm the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome to all new GSRs, Alternate GSRs and visitors! **Tommy F “After the Weekend” Dana R, Alt GSR “New Freedom” Annette M “New Perspectives” Adele V., GSR “New Freedom” Brett G, Alt GSR “Stepping Free” Gail P, GSR “Serenity Check” Keith C, Alt GSR, “Serenity Check” Earl C, Alt GSR “Stepping Thru It All”**

Mail: Retreat had mail, Bank Statements, NA Way, receipt for PO Box

Roll Call: 18 out of 23 groups present at roll call, 17 of which currently had voting privileges. Quorum of 2/3 (16) was met. “New Perspectives” was unable to vote

Service Orientation: MSUA Policy Page 7, Administrative Officers, Section 4, Secretary A-H.

Announcements: “Stepping Up” 30 year anniversary Thursday March 24th 6pm, Potluck and Speaker, “New Freedom” Pancake Breakfast Sunday April 17th, 9am, “Where We Are Going” 9th year anniversary April 24th. **Billy L.** celebrated 9 years, Congrats! **Erik T** celebrated 2 years, Congrats!

Secretary minutes –Motion to accept made by **Billy L (Basically Lit)** 2nd by **Gail P (Serenity Check)** Minutes **accepted 17-0-0**

Treasurer report – **Dave W.** gave written/verbal report. **Brian M (RCM)** asked question regarding fund flow check to region, **Dave W (Treasurer)** responded RCM will receive this evening. **Dave W (Treasurer)** requested all sub committees to fill out a disbursement form for any literature orders so that disbursement is accountable and transferred in a timely manner. Motion to accept made by **Gail P (Serenity Check)** 2nd by **Orlando R (Stepping Up)**. **Treasurer’s report accepted 17-0-0.**

RCM –**Brian E. (RCM)** gave a written/verbal report. The IDT survey is due back to region this month, RCM asked GSR’s for their groups input. CAR report votes are due back in April. Hard copies of the material to be voted on was provided. Regional Budgets are due back in March, as area did not meet in February GSR’s voted for their groups. February was a “B” month, presentation was on our website and how to improve it. There will be a survey with 9 questions and an area for feedback. MSUA BOD is OTF.

Activities –**Mike B** gave a written/verbal report. Question was raised regarding Marathon meeting check for 2015 Holidays. Check to be issued to Holy Trinity and applied accordingly to sub-committees appropriate budget. Committee decided upon holding an event every 2 months to build consistency within our area. Saturday April 2nd (rain date April 3rd) there will be a spiritual hike at Wadsworth Falls, 12 noon. Proposed budget for dance was voted on and **passed 14-0-1**

Activities meets on the 3rd Saturday of every month at Faith Lutheran church located at 300 Washington Street at 6:30 p.m. prior to the Basically Lit meeting.

H&I –was absent, no report given.

H&I meet the third Wednesday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.

Literature – **Gene F. (Chair)** gave a verbal/written report. An order with NAWS was placed and inventory levels were discussed. Lit chair reminded GSR’s orders must have a money order or check, cash is not acceptable. Please

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Subcommittee Reports (continued):

reach out to the lit chair if need be during the month. *MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.*

Public Relations –Mark R. (Chair) gave a verbal/written report. PR is making a presentation at Cromwell High School Monday March 31st at 230pm. Also, doing a presentation at Rushford and participating in the Opioid Symposiums.Goals and Objectives for 2016 were discussed, updating policy is a priority. **OTF is Chair, Vice Chair, Secretary and Phone line Coordinator.**

Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 7:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.

Retreat – Jen K. (Chair) gave a verbal report. The next retreat is scheduled for April 8th-10th, 2016. Have received 35 registrations. *Retreat meets the 2nd Monday of every month at 6:30pm (before Area) at the Portland Senior Center.*

Group Reports

17 out of 23 groups present

A New Awakening-: - GSR & Alt. GSR OTF *NEEDS ADDICT SUPPORT*

After the Weekend: Tommy F.- AIW

Saturday Night Sanity: Eric T- **Alt GSR OTF *NEED ADDICT SUPPORT***

All About Change:

Serenity Check: Eve S.- Gail P. AIW

Basically Lit: Jeremiah K. – AIW

Stepping Free: Baker S. –AIW

Came to Believe: Tricia B. Treasurer OTF

Stepping Into the Weekend: Jerome D.-***FORMAT CHANGE, New Time 7-8:15**

Coming Alive: David K.-AIW

Stepping Thru it All: Van G.- **Secretary OTF *NEED ADDICT SUPPORT***

Living Clean: Donna H. – AIW (not meeting 3/23)

Stepping Up: Orlando R. –AIW

Miracles On Oak: Mike A.- ***NEED ADDICT SUPPORT***

Straight Lace: Rachel L- **Alt GSR OTF**

New Freedom- Adele V- AIW

Surrender to Win: Ray C.-***NEED ADDICT SUPPORT***

New Perspectives: Mattie.- **Alt. GSR OTF *NEED ADDICT SUPPORT***

Where We are Going: Jill F.- **GSR & Alt GSR OTF**

No Joke on Oak:

Whole Lava Love:

Over The Wall: Sol S. – AIW***FORMAT CHANGE***

Working the Steps: Kim L AIW

Break: 8:20-8:30pm

Roll Call II: 18 out of 23 groups present, 17 of which currently had voting privileges. Quorum of 2/3 met. “New Perspectives” was unable to vote

Sharing Session:

- 1) **CAR** report was received by “Over the Wall”, all groups now have a copy of the car report as of end of January.
- 2) **Vice Chair re-iterated all GSR’s received CAR reports and information to be voted on; due next month.**
- 3) Came to Believe asked about an extra copy of CAR report, accessible online.

Old Business: None

Elections:

- **Activities Chair- Mike B** was nominated, accepted and voted in.
- **Public Relations Chair- OTF**

Requirements of Subcommittee Chair: (These are the major requirements; you can see all Sub Committee Chair requirements on pg. 9 of MSUA Policy)

1. Two years' clean time required
2. Prior experience on the subcommittee nominated for.
3. Attending all ASC meetings and all subcommittee meetings.
4. Brings written reports and gives verbal reports at ASC meetings

***BOD- OTF**

Requirements of BOD:

1. Must be at least 18 years of age
2. Live in Connecticut
3. Have some experience in servicing large events and have some understanding of Budgets and Contracts. The BOD is governed by ByLaws (not policy).
4. It is a 3 year commitment.

New Business:

1. **Activities Proposed Budget for Dance- passed 14-0-1**
2. **CTRSC Budgets (copies of regional budgets attached)**
 - A. Administrative Officers passed 14-0-3**
 - B. Regional Delegate and Alternate passed 11-0-6**
 - C. Hospitals and Institutions passed 13-0-4**
 - D. WSR passed 12-1-4**
 - E. Public Relations passed 14-0-3**
 - F. Web Servant passed 12-0-5**
 - G. Schedule Coordinator (formally literature committee) passed 13-0-4**
 - H. Policy Facilitator passed 13-0-4**

Meeting closed with a moment of silence followed by the serenity prayer.

Emergency or Temporary Group Cancellation or Relocation: *In the event that your group has to cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area c.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at (203)-435-2222 with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible.*

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Upcoming Events / Changes

Group level changes:

“Stepping into the Weekend” will be changing many things about the meeting. There is a flyer out with all the changes. Some include extending the meeting time to 7-8:15pm, and cake on the LAST Friday of every month. Please see the flyer for more details.

“Where We Are Going” is celebrating 9 years of recovery. Sunday April 24th at the Soup Kitchen Main St Middletown CT 06457 from 7-830pm

“Surrender to Win” is celebrating 26 years of recovery. Saturday April 30 2016 from 9-11 am at Holy Trinity Church, 381 Main St. Middletown CT 06457

“New Freedom Group” is celebrating 31 years of recovery with their annual Pancake Breakfast. Sunday April 17th at the Soup Kitchen, Main St Middletown CT from 9-12 noon.

The most efficient way to convey meeting changes to region is to visit regional website “ctna.org”, then proceed to “service subcommittees” (on left side of the page), click on the “CTRSC” link. Go to “RSC Forms” then click on the “Ct. Regional Schedule

Meeting Information Form”. Please fill out form and at the bottom of the page it will say; “Choose Area to send”. Once the MSUA has been chosen the information will be sent directly to our RCM.