

## Mid State Unity Area of NA®

Area Minutes for January 11th, 2016

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**Open:** 7:00pm the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

**Welcome** to all new GSRs, Alternate GSRs and visitors! **Megan O., Alt GSR for “After the Weekend” George, Alt GSR, “Where We Are Going” and Christina, Alt GSR, “Living Clean”**

**Mail:** Retreat had mail.

**Roll Call:** 20 out of 24 groups present at roll call, 18 of which currently had voting privileges. Quorum of 2/3 (16) was met. “A New Awakening” “All About Change” and “New Perspectives” were unable to vote

**Service Orientation:** MSUA Policy Page 7, Administrative Officers, Section 3, Vice Chair Person A-F.

**Announcements:** None

**Secretary minutes** –Motion to accept made by **Jim K (A New Awakening)** 2nd by **Jeff J (New Freedom) Minutes accepted 18-0-0**

**Treasurer report** – **Dave W.** gave written/verbal report. **Ivan P (Vice Chair)** asked if we had paid rent for marathon meetings, **Dave W (Treasurer)** responded not as of yet, still in budget. Motion to accept made by **Donna H (Living Clean)** 2nd by **Rachel L (Straight Lace)**. **Treasurer’s report accepted 18-0-0.**

**RCM** –**Brian E. (RCM)** gave a written/verbal report. Month B Workshop was on Role of Zones/Forums, RCM and Alt RCM had CAR reports for each group and handed them out to all those present. Groups that did not receive CAR: “Over the Wall”. Outdated events were removed from the website as per discussion. RCM recommended that area look at policy regarding the RCM responsibilities to maintain our web page. The password for our current web email will be turned over to the new RCM.

**Activities** –Activities was absent, a written report was not submitted.

**Activities meets on the 3<sup>rd</sup> Saturday of every month at Faith Lutheran church located at 300 Washington Street at 6:30 p.m. prior to the Basically Lit meeting.**

**H&I** – **Jenny H. (Chair)** gave a verbal/written report.

**H&I meet the third Wednesday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.**

**Literature** – **Gene F. (Chair)** gave a verbal/written report. **MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.**

**Public Relations** –**Mark R. (Chair)** gave a verbal/written report. New literature racks were placed at: Middletown Police Department, Russell Library, St. Vincent DePaul Soup Kitchen, Amazing Grace Food Pantry and Connections. PR needs support, OTF is Vice Chair, Secretary and Phone line Coordinator.

**Public Relations meets on the 4<sup>th</sup> Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 7:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.**

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## Subcommittee Reports (continued):

**Retreat** – Jen K. (Chair) gave a verbal/written report. The next retreat is scheduled for April 8<sup>th</sup>-10<sup>th</sup>, 2016. Have received 3 registrations. **Retreat meets the 2<sup>nd</sup> Monday of every month at 6:30pm (before Area) at the Portland Senior Center.**

## Group Reports

18 out of 24 groups present

A New Awakening:- Jim K.- <b>GSR &amp; Alt. GSR OTF *NEEDS ADDICT SUPPORT*</b>	Off the Hook Freedom Book: Melody L.- Discrepancy with rent
After the Weekend: Brian M.- AIW	Saturday Night Sanity: Eric T- <b>All Positions OTF</b>
All About Change: Adele V. <b>*NEEDS ADDICT SUPPORT*</b>	Serenity Check: Eve S.- Maureen M.- <b>GSR OTF</b>
Basically Lit: Billy L. – AIW	Stepping Free: Baker S. -AIW
Came to Believe: Treasurer OTF	Stepping Into the Weekend: Jerome D.- <b>*FORMAT CHANGE, New Time 7-8:15</b>
Coming Alive: David K.-AIW	Stepping Thru it All: Van G.- <b>Secretary &amp; Alt. GSR OTF</b>
Living Clean: Donna H. – AIW	Stepping Up: Orlando R. – <b>Alt. GSR OTF</b>
Miracles On Oak: Mike A.- AIW	Straight Lace: Rachel L- AIW
New Freedom- Jeff J.- <b>Secretary &amp; Alt GSR OTF</b>	Surrender to Win: Ray C.- <b>*NEED ADDICT SUPPORT*</b>
New Perspectives: Leonard S.- <b>GSR &amp; Alt. GSR OTF</b>	Where We are Going: George E.- <b>GSR &amp; TREASURER OTF</b>
No Joke on Oak: <b>Alt GSR OTF</b>	Whole Lava Love: Vinny Z. AIW
Over The Wall: Sol S. – AIW <b>*FORMAT CHANGE*</b>	Working the Steps: Robin S. AIW

**Break: 8:26-8:35pm**

**Roll Call II:** 22 out of 24 groups present, 19 of which currently had voting privileges. Quorum of 2/3 met. “A New Awakening” “All About Change” and “New Perspectives” were unable to vote

## Sharing Session:

- 1) **CAR** reports were handed out by RCM and Alt RCM to all GSR’s that were present. “Over the Wall” did not receive a CAR report.

**Old Business: None**

## Elections:

- **Chairperson- Ivan P** was nominated, accepted and voted in.
- **Vice Chairperson- Katie C** was nominated, accepted and voted in.
- **Secretary-Tonia C** was nominated, accepted and voted in
- **Treasurer- Dave W** was nominated, accepted and voted in.

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### Elections Continued:

- **Regional Committee Member (RCM)- Brian M** was nominated, accepted and voted in
- **Alternate RCM- Jeff J** was nominated, accepted and voted in (motion to suspend clean time requirements pg 22 MSUA Policy)
- **Activities Chair-** Activities Chair is still out to the fellowship.

**Requirements of Subcommittee Chair:** (These are the major requirements; you can see all Sub Committee Chair requirements on pg. 9 of MSUA Policy)

1. Two years' clean time required
2. Prior experience on the subcommittee nominated for.
3. Attending all ASC meetings and all subcommittee meetings.
4. Brings written reports and gives verbal reports at ASC meetings

### New Business: None

Meeting closed with a moment of silence followed by the serenity prayer.

**Emergency or Temporary Group Cancellation or Relocation:** *In the event that your group has to cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area c.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at (203)-435-2222 with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible.*

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### **Upcoming Events / Changes**

#### **Group level changes:**

“Serenity Check” will be changing its format. The group will read out of the “Living Clean” book on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of every month, the 2<sup>nd</sup> Wednesday will be a speaker and the 4<sup>th</sup> Wednesday will be a Just for Today meeting.

“Where We Are going” will be changing its format and now reading out of the Living Clean book and the meeting will also have a break. They meet on Sunday nights at the soup kitchen in Middletown from 7:30-9pm.

“Over the Wall” will be changing its format by just adding a speaker on the last Tuesday of the month. They meet at Portland Methodist Church, Main Street in Portland from 7-8:30pm.

“Stepping into the Weekend” will be changing many things about the meeting. There is a flyer out with all the changes. Some include extending the meeting time to 7-8:15pm, and cake on the LAST Friday of every month. Please see the flyer for more details.

A Conference Agenda Report (CAR) workshop will be held Saturday, February 13<sup>th</sup>, 2016 from 1pm-4:30pm at Church of the Holy Trinity 381 Main Street, Middletown, CT 06457

“After the Weekend” is celebrating 21 years of recovery. February 15, 2016. 630-900pm at Bethlehem Lutheran Church Corner of West High (Rt 66) and Main, East Hampton, CT

**The most efficient way to convey meeting changes to region is to visit regional website “ctna.org”, then proceed to “service subcommittees” (on left side of the page), click on the “CTRSC” link. Go to “RSC Forms” then click on the “Ct. Regional Schedule**

**Meeting Information Form”. Please fill out form and at the bottom of the page it will say; “Choose Area to send”. Once the MSUA has been chosen the information will be sent directly to our RCM.**

#### **Subcommittee Announcements:**

**None**