

Mid State Unity Area of NA®

Area Minutes for November 10th, 2014

Page 1 of 5

Open: 7:00 the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome to all new GSRs, Alternate GSRs and visitors! **Rick F.** - GSR for **Basically Lit**, **Megan O.** –Alt. GSR for **Whole Lave Love**, **Steven F.** - GSR for **Stepping Through It All**, **Brandon B.**– Alt. GSR for **Off the Hook Freedom Book**, **Jennifer C.** – Alt. GSR for **Stepping Up**, **Eric T.**- Alt. GSR for **New Perspectives...WELCOME to ALL!!**

Mail: Mail included a bank statement, NA Way Magazine, Political Flyer and a Comcast advertisement.

Roll Call: 20 out of 24 groups present at roll call, 18 of which currently had voting privileges. Quorum of 2/3 (16) met. Groups that could not vote were Straight Lace, Off the Hook Freedom Book and All about Change. Our Literature Chair was also absent.

Service Orientation: MSUA Policy Page 22 Commonly Used Motions (Rules of Order), Q. (Points of Privilege), R. (Recess), and S. (Reconsider), T. (Suspend the Rules).

Announcements: Alicia M. (Activities Chair) announced she needed to know which groups were participating in the marathon meetings. Gene F. (Public Relations) Announced the Hope Share Day event.

Secretary minutes – All received the minutes. Motion to accept made by **Michelle C. (Stepping into the Weekend)**, 2nd by **Lenny S. (Surrender to Win)**. **Minutes accepted 16-0-0**

Treasurer report – **Adam H** gave written/verbal report. **Brian E. (Living Clean)** asked Adam why the literature reserve was so high. Adam simply answered because there was no literature order this month. Motion to accept made by **Michelle C. (Stepping into the Weekend)**, 2nd by **Gene F.(Public Relations)** **Treasurer's report accepted 17-0-0.**

RCM – **Renee' M (RCM)** gave written/verbal report. **Gene F. (Public Relations)** brought it to Renee's attention that an event was posted to the MSUA website was supposed to be on the GWA website, and to let the web servant know. **Alicia M. (Activities Chair)** pointed out that the MSUA marathon meetings didn't make it on the Regional Activities Calendar, and for Renee to please make sure the Christmas and New Year's marathon meetings are added. **Ivan P. (Vice Chair)** asked about the 6 months prior service at the RSC requirement for the Schedule Facilitator commitment. **Adam H. (Treasurer)** suggested that anyone interested in that position should show up and express interest and see what happens. **Region will meet on November 15th at 1pm at Masonic Temple (Friendship Lodge 33) 76 Main Street, Southington, CT. Doors will be open at 1pm for policy adhoc.**

Subcommittee Reports:

Activities – **Alicia M (Chair)** gave written/verbal report. **Brian E. (Living Clean)** asked Alicia if she would be willing to help write policy that takes into account the new line item and what they are trying to do. Alicia replied that she would be willing to help with that.

Intent for New Line Item:

Our budget is being sent out to groups this month. It includes a new line item that states \$300.00 for activities. This line item represents the amount we predict to spend on throwing events/activities for the upcoming 2015 year. We based this off of the ideas we have and the amount of money we spent throwing picnic/volleyball tournaments. Our purpose for adding this line item is to reflect our subcommittee's purpose without our budget. Currently the money is set aside in a special reserve, once we submit a budget, but there is nowhere within the activities budget or treasurer's report that shows the overall amount of money that activities has spent throwing activities for the year. We will continue to put together individual budgets for each event for the groups to approve before we request money to be taken from the overall budget line item.

Activities meets on the 3rd Saturday of every month at Faith Lutheran church located at 300 Washington Street at 6:30 p.m. prior to the Basically Lit meeting.

Mid State Unity Area of NA®

Area Minutes for November 10th, 2014

Page 2 of 5

H&I – **Chris H. (Chair)** gave written/verbal report. **Megan O. (visiting)** read a letter from the H&I committee. Attached to the minutes is the H&I meeting schedule. Please go over it at your business meetings with your groups.

H&I meets the third Monday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.

Subcommittee Reports (Continued):

Literature – Literature Chair was absent, resulting in no literature this month and no literature report.

MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.

Public Relations – **Gene F (Chair)** gave written / verbal report. **Brian E. (Living Clean)** asked Gene if the committee had guidelines for giving presentations. Gene responded that they did.

Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 6:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.

Retreat – **Jen K (Chair)** gave a written/verbal report. Jen noted that the sign up for the next retreat was a little low so far, in comparison to prior years. Retreat's bank balance is currently \$584.33

Group Reports

19 out of 24 groups present

A New Awakening-: Jim K. – Wed Sec OTF, Addict Support	Off the Hook Freedom Book : Brandon B.- Addict Support
After the Weekend: Keith W. - AIW GSR OTF	Saturday Night Sanity : Gary M. – Alt. GSR OTF
All About Change: Jen S. GSR, Alt. SGR OTF	Serenity Check: Absent
Basically Lit: Rick F. - AIW	Stepping Free: Colin H. - AIW
Came To Believe: Andy C.- Alt. GSR OTF	Stepping Into the Weekend: Michelle C. - AIW
Coming Alive: Lisa B. - Addict Support	Stepping Thru it All: Van G.- AIW
Living Clean: Brian E. - AIW	Stepping Up: Jennifer C. – GSR OTF
Miracles: Matt R. – GSR OTF AIW	Straight Lace: Absent
New Freedom: Tonia C. – GSR OTF	Surrender to Win: Lenny S. – Alt. GSR OTF, Addict Support
New Perspectives: Eric T. – Alt. GSR OTF	Where We are Going: George E. – Treasurer & Secretary OTF
No Joke on Oak: Ray C. - Absent	Whole Lava Love: Marissa G. – AIW
Over The Wall: Dave W.- Sec. OTF	Working the Steps : Janice G.- Alt. GSR OTF

Break for 15 minutes

Roll Call II: 20 out of 24 groups present, 18 of which currently had voting privileges. Quorum of 2/3 (16) met.

Sharing Session:

- Brian E. (Living Clean)** asked if we can something in place to take full advantage of the web servant portal, and fill the MSUA page with activities/event announcements. **Meagan O.** asked if we could check policy to who oversees the section of the website. **Ivan P. (Vice Chair)** checked the policy and the web servant is the only person who enters any information into the website. **Michael L. (Chair)** read from the policy (Pg. 8, 6F) which states the RCM communicates directly to the web servant. **Roberto C. (Alt. RCM)** offered an idea to have a spreadsheet passed around for GSR's to fill in any information they would like the RCM to communicate to the web servant to add to the website. **Renee M. (RCM)** said she would put the spreadsheet together.

Mid State Unity Area of NA®
Area Minutes for November 10th, 2014
Page 3 of 5

(2) **Matt R. (Miracles on Oak)** announced information for the Feast before the Feast. The event is being held on November 26th, from 6pm to 7:15pm is food, fun, and fellowship. From 7:30pm until 9pm is the meeting. It is being held at Shiloh Baptist Church on 346 Butternut Street in Middletown. He also passed around a list for people to join for donations.

Old business:

Motion #1: (10/13/14) "That the changed section of H&I policy regarding panel members chairing weekly for 3 months instead of one time per month for a year be tabled to groups for discussion and approval." Intent: "Subcommittee accountability to groups."
Made by: Michelle C. (Stepping into the Weekend) 2nd by: **Marissa G. (Who Lava Love) Brian E. (Living Clean)** brought it to area's attention that policy states if a motion is made pertaining to a subcommittee, that motion goes back to the subcommittee for 1 month (pg. 4).

***Vote: 1-12-1 Motion was not passed.**

There was a large discussion pertaining to the motion. The discussion was about clarifying exactly what the vote was about so all GSR's understood what they were voting on

Motion #3: (10/13/14) "Amend MSUA policy IV.A. (Pg. 6) as follows:

IV.A.1 All Administrative Officers and Subcommittee chairs shall be elected by GSR's only at the ASC meeting. Subcommittee chairs shall serve for only year from date of election.

IV.A.2 Elections for Administrative Officers shall begin on the day following the ASC meeting in January and end the day of the ASC meeting in January the following year. If an administrative officer resigns or is removed from office before the completed term, the position will be out to the fellowship for one month and an election will be held to fill the remainder of the term

Intent: "To align all of the administrative officers terms of office so we only have to change our signatures on the bank accounts once a year and also to assist in rotation of service commitments (all of these trusted servants would then be available for other positions). **Made by: Ivan P. (Vice Chair) 2nd** by: **Brain E. (Living Clean)**

Motion made to table to groups for 30 days (Ivan P. /Second Brain E.) 11-2-3 Motion to table passed.

***Vote: 14-0-2 Motion was passed**

Elections:

Activities Chair: **Alicia M.** was nominated by **Michelle C. (Stepping into the Weekend)** for a second term. **Alicia M.** accepted the nomination, but noted that she would have to miss the next three consecutive ASC meetings due to her school schedule next semester. She only accepted this nomination if everyone at the ASC meeting was ok with these circumstances. Alicia then said her Vice Chair would come in her place to the ASC meetings. Alicia was voted in 16-0-0 by the area body.

New Business:

Budget Proposals for the subcommittees were made available at the beginning of area for review and were reviewed.

Please be advised that the Spent Column of the budget is YEAR TO DATE. Meaning the year is not over yet, thus they still have a couple more months to spend the money if necessary.

Activities: Alicia M. (Activities Chair) Intent for New Line Item: Our budget is being sent out to groups this month. It includes a new line item that states \$300.00 for activities. This line item represents the amount we predict to spend on throwing events/activities for the upcoming 2015 year. We based this off of the ideas we have and the amount of money we spent throwing picnic/volleyball tournaments. Our purpose for adding this line item is to reflect our subcommittee's purpose without our budget. Currently the money is set aside in a special reserve, once we submit a budget, but there is nowhere within the activities budget or treasurer's report that shows the overall amount of money that activities has spent throwing activities for the year. We will continue to put

Mid State Unity Area of NA®

Area Minutes for November 10th, 2014

Page 4 of 5

together individual budgets for each event for the groups to approve before we request money to be taken from the overall budget line item.

Also for Activities budget: The rent at the church they hold their marathon meetings (Holy Trinity) is going up this year. That is why they are asking to raise the proposed Marathon Meetings Budget from \$125 to \$145.

NOTE: All proposed budgets are attached to this report. **GSRs should bring them to their groups at the next business meeting and have each individual budget voted upon by their group. Results should be brought back to area in December.** Please remember that MSUA has a “one addict one vote” policy, so remind addicts at the business meeting that if they have already voted at another meeting or are planning to vote at another meeting that they should not vote at yours.

Meeting closed with a moment of silence followed by the serenity prayer.

Emergency or Temporary Group Cancellation or Relocation: *In the event that your group has to cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area c.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at (203)-435-2222 with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible.*

Upcoming Events / Changes

Group level changes:

“Saturday Night Sanity” Has changed their time from 7:00 PM – 8:30 PM with a break to 7:00 PM– 8:15 PM with no break.

“Surrender to Win” Has indicated that without addict support their group will most likely fold in the near future.

“All About Change” Has indicated that without addict support their group will most likely fold in the near future.

Subcommittee Announcements:

Due to the Literature Chair being absent, there was no literature this month.

Upcoming Events:

Mid State Unity Area of NA®

Area Minutes for November 10th, 2014

Page 5 of 5

Stepping Through it all will be holding the 24th ***Feast before the Feast*** on Wednesday, November 26th at Shiloh Baptist Church, 346 Butternut Street in Middletown. 6-7:15pm is food, fun and fellowship. 7:30-9pm is the meeting. All are welcome and food donations are more than welcome!

Public Relations Hope Sharing Day will be held on November 23rd from 3pm-5pm. Food, fun and fellowship along with sample presentations, mock phone calls and other PR related activities.

The 30th annual Connecticut Regional Convention will be held January 2nd, 3rd, and 4th 2015 at the Hilton Stamford. ***Flyer available with registration information.***

The 30th annual Became Willing Retreat of MSUA is Being held April 10th, 11th, & 12th 2015 at 253 Bushy Hill Rd, Ivoryton CT – Conference Center. 60 registrations are available at a cost of \$180 up until February 1st, \$185 after Feb 1st 2015. ***Flyer available with registration information.***

The most efficient way to convey meeting changes to region is to visit regional website “ctna.org”, then proceed to “service subcommittees” (on left side of the page), click on the “CTRSC” link. Go to “RSC Forms” then click on the “Ct. Regional Schedule Meeting Information Form”. Please fill out form and at the bottom of the page it will say; “Choose Area to Send”. Once the MSUA has been chosen the information will be sent directly to our RCM.

Mid State Unity Area of NA®

Area Minutes for November 10th, 2014

Page 6 of 6

Marathon Meeting Schedule

Marathon meetings start on time on the hour indicated and last for 45 minutes with a fifteen minute break after. At least two representatives from your group should attend.

Slot Start Time	Thanksgiving Day	Christmas Eve/Christmas Day	New Year's Eve/New Year's Day	Slot Start Time
9 PM	N/A	Off the Hook	Off the Hook	9 PM
10 PM	N/A	Off the Hook	Off the Hook	10 PM
11 PM	N/A	Straight Lace	A New Awakening	11 PM
12 AM	N/A	Stepping Into the Weekend	Saturday Night Sanity	12 AM
1 AM	N/A	A New Awakening	New Freedom	1 AM
2 AM	N/A	Stepping Free	Stepping Free	2 AM
3 AM	N/A	Miracles On Oak	Stepping Into the Weekend	3 AM
4 AM	N/A	Living Clean	Basically Lit	4 AM
5 AM	N/A	Surrender To Win	Straight Lace	5 AM
6 AM	N/A	Stepping Up	Over the Wall	6 AM
7 AM	N/A	New Freedom	Where are we Going	7 AM
8 AM	N/A	Saturday Night Sanity	Stepping Through It All	8 AM
9 AM	A New Awakening	Over the Wall	After The Weekend	9 AM
10 AM	Miracles On Oak	After the Weekend	Miracles On Oak	10 AM
11 AM	New Perspectives	Basically Lit	Surrender to Win	11 AM
12 PM	Stepping Free	Stepping Through It All	Stepping Up	12 PM
1 PM	New Freedom	Where Are We Going	Living Clean	1 PM
2 PM	After the Weekend	Open	Open	2 PM
3 PM	Over The Wall	Jill F.	Open	3 PM
4 PM	Stepping Up	Scott W.	Andy C.	4 PM

MSUA HOSPITALS & INSTITUTIONS

Our first General-Assembly will be held November 19th at 6:00pm at 381 Main Street Middletown Ct. (Holy Trinity Church)

If you wish to serve MSUA H&I you must be present (even if you already have a commitment.) Our sub-committee has been undergoing change and this is part of the new policy that has been set in place by the Ad-Hoc committee.

There will be a few new commitments that need to be filled as well as a large number of openings within facilities. Our sub-committee is struggling!! We need your help to carry the message to addicts who do not have access to regular NA meetings.

Here is a new schedule for when we will be meeting.

NOV 19th General Assembly (Wednesday)
DEC 15th Sub-committee (Monday)
JAN 19th Sub-committee (Monday)
FEB 18th General-Assembly (Wednesday)
MAR 16th Sub-committee (Monday)
APR 20th Sub-Committee (Monday)
MAY 20th General-Assembly (Wednesday)
JUN 15th Sub-Committee (Monday)
JUL 20th Sub-Committee (Monday)
AUG 19th General-Assembly (Wednesday)
SEP 21st Sub-Committee (Monday)
OCT 19th Sub-Committee (Monday)

Elections will be held at General Assemblies, and orientation will be held at Sub-Committee meetings. Available Commitments will be;

Vice Chair = 1 year clean 1 year commitment
Literature Coordinator = 1 year clean 1 year commitment
Panel Coordinators = 1 year clean 1 year commitment
Panel Leads = 6 months clean 6 month commitment
Panel Members = 6 months clean 3 month commitment

Motion #1 (11/10/14): To approve the 2015 Administrative Officers budget

Administrative Officers *	2015 Proposed	2014 Approved	2014 Spent (Jan - Oct)
Chair / Vice-Chair Copies	40.00	40.00	-
Conference Agenda Reports	250.00	-	-
P.O. Box	140.00	140.00	128.00
RCM Copies	200.00	200.00	104.07
RCM Host Region	-	250.00	248.54
Rent	120.00	120.00	120.00
Secretary Copies/Supplies/Postage	200.00	200.00	98.94
Treasurer Copies/Supplies	120.00	120.00	92.72
Administrative Officers Totals	1,070.00	1,070.00	767.04

Intent: To be able to conduct business for the next year.

Motion #2 (11/10/14): To approve the 2015 Activities Subcommittee budget

Activities *	2015 Proposed	2014 Approved	2014 Spent (Jan - Oct)
Copies / Flyers	25.00	50.00	10.55
Learning Days	50.00	50.00	-
Marathon Meetings Rent	145.00	125.00	125.00
Marathon Meetings Supplies	150.00	150.00	-
Rent	120.00	120.00	120.00
Key Deposit	-	20.00	20.00
Area Activities/Events	300.00	-	-
Activities Totals	790.00	515.00	275.55

We are adding an Area Activities/Events line item for \$300.00 to our 2015 budget. We will continue to submit event budgets 2 months prior for the area to approve the event before we take money from the budget. The purpose of this addition is for our budget to reflect our purpose as a subcommittee.

ILS,
Activities

Intent: To be able to conduct business for the next year.

Motion #3 (11/10/14): To approve the 2015 Hospitals & Institutions Subcommittee budget

Hospitals & Institutions *	2015 Proposed	2014 Approved	2014 Spent (Jan - Oct)
Copies	150.00	150.00	87.34
Rent	300.00	300.00	260.00
Postage & Flyers	0.00	20.00	-
Learning Days	250.00	250.00	-
Literature	1,300.00	1,100.00	401.54
H&I Totals	2,000.00	1,820.00	748.88

Intent: To be able to conduct business for the next year.

Motion #4 (11/10/14): To approve the 2015 Literature Subcommittee budget

Literature *	2015 Proposed	2014 Approved	2014 Spent (Jan - Oct)
Copies	60.00	110.00	65.16
Rent	120.00	120.00	120.00
Shipping	450.00	390.00	343.52
Learning Day	40.00	40.00	-
Receipt/Sales Order Books	10.00	20.00	6.76
Notebook	5.00	5.00	1.00
Literature Totals	685.00	685.00	536.44

Intent: To be able to conduct business for the next year.

Motion #5 (11/10/14): To approve the 2015 Public Relations Subcommittee budget

Public Relations *	2015 Proposed	2014 Approved	2014 Spent (Jan - Oct)
Learning Day	150.00	150.00	-
Literature	300.00	300.00	19.70
Phone	-	125.00	-
Copies / Flyers	250.00	250.00	20.00
Posters / Mailings	130.00	130.00	-
Public Awareness	500.00	1,500.00	104.36
Rent	240.00	120.00	120.00
Supplies	50.00	-	-
Public Relations Totals	1,620.00	2,575.00	156.20

Intent: To be able to conduct business for the next year