

Mid State Unity Area of NA®

Area Minutes for July 14th, 2014

Page 1 of 4

Open: 7:00 the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome to all new GSRs, Alternate GSRs and visitors! – **Donna H - Alt GSR for Living Clean, Jennifer C - Alt GSR for Working the Steps, Michelle C - GSR for Stepping into the weekend, Van - Alt GSR for Stepping through it All, Jeremiah – (visiting), and Tony F (Alt Regional Delegate) ...WELCOME to ALL!!**

Mail: Mail included bank statements for the treasurer “Reaching out”, and Mail for the retreat.

Roll Call: 20 out of 24 groups present, 20 of which currently had voting privileges. Quorum of 2/3 (16) met. The updated version of **MSUA policy (January 2014.0)** was handed out to all groups present and all members of the administrative body and subcommittee chairs. Activities was absent but a representative took their copy of the policy. A copy of the **Guide to Local Service** was also handed out to all groups present. The three groups which were absent for both roll calls and did not receive these two items were **All about Change, No Joke on Oak**, and **Saturday Night Sanity**.

Service Orientation: The Group booklet, Pages 16-17 (GSR), 1st three paragraphs.

Announcements: **Chris H. (H&I)** announced that there was a flyer available for the H&I general assembly. **Maureen F (Serenity Check)** reminded those present that the copies of the **MSUA policy (January 2014.0)** and of the **Guide to Local Service** handed out during roll call were the property of the various NA groups, and being given to GSRs themselves.

Secretary minutes – Renee M and Van did not receive the minutes. Motion to accept made by **Maureen F (Serenity Check)**, 2nd by **Jim K (A New Awakening)**. **Minutes accepted 19-0-0**

Treasurer report – Adam H gave written/verbal report. Adam noted a slight discrepancy with the literature budget for the month with regards to an H&I order that did not represent any missing funds that he and Dana would have to compare notes on to resolve. Adam also noted that MSUA had to pay NAWS \$25 due to not paying the correct shipping cost last time. Finally, he noted that MSUA’s prudent reserve had increased from \$547.08 to \$555.42 but purchase of the guide to local service and the increase for the RCM host region, combined with a light month of fund flow, caused MSUA to have a closing balance of \$305.75, which was 55% of prudent reserve. Motion to accept made by **Donna H (Living Clean)**, 2nd by **Katie C (Came to Believe)**. **Treasurer’s report accepted 20-0-0.**

RCM – Al W (RCM) gave written/verbal report. **Chris H. (H&I)** asked for clarity regarding the cancellation of the H&I Pig Roast and spaghetti dinner fundraiser, particularly as the information he was given at the regional H&I meeting differed from that on the RCM report. In the discussion that followed it was mentioned that the 4th tradition did not apply to subcommittees, and that H&I was not created to hold fundraisers or events, but to carry the message into institutions. **Jim K (A New Awakening)** asked who handled the printing and distribution of schedules in the absence of a regional Literature chair. It was answered that the Regional vice-chair had that responsibility. It was also brought up that the regional literature committee was supposed to do more than just distribute literature, but because no one shows up to support it, it had not been able to perform these functions. Region will be held in the Midstate Unity Area at 2:00 PM on July 19th 2014 at 300 Washington Street, Middletown Ct. This is the last time Region will be held in the Midstate Unity Area for the next two years due to the normal rotation schedule between the nine areas.

Mid State Unity Area of NA®

Area Minutes for July 14th, 2014

Page 2 of 4

Subcommittee Reports:

Activities – Ryan B (Subcommittee Member) read a written report prepared by Alicia M (Chair) and Gene F (Vice Chair). Ryan brought up that it was suggested in a group business meeting that in the upcoming volleyball tournament/picnic, it might be fun to have the various groups in the MSUA form teams by group and play against each other. **Activities meets on the 3rd Saturday of every month at Faith Lutheran church located at 300 Washington St .at 6:30 p.m. prior to the Basically Lit meeting.**

H&I – Chris H. (Chair) gave written/verbal report. A question was raised about the nature of the discussion at regional H&I concerning using social media to get H&I speakers. Chris clarified that the issue was brought up and pros and cons were discussed, but that there were no resolutions and the conversation was informal. During the dialogue at MSUA it was mentioned that those securing speakers for H&I should be sure that the person in question had a clear message of recovery and should have heard them speak or share in person. A short debate was also had on the privacy and appropriateness of social media in terms of recovery. It was also noted that the Tuesday night coordinator position open was for Women’s Merritt, not Rushford. **H&I meets the third Monday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.**

Literature – Dana R (Chair) gave written / verbal report. **MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.**

Public Relations – Gene F (Chair) gave written / verbal report. A short clarification was made regarding the history of the request for a meeting in Moodus. Apparently a group of clergy in the town met and had one of their number contact NAWS expressing interest in having an NA meeting in Moodus. NAWS then contacted the region. **Public Relations has changed the time that they meet. Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 6:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.**

Retreat – Jen K (Chair) gave a verbal report. No changes were reported, and the next retreat will be held on April 10th, 11th, & 12th 2015.

Group Reports

19 out of 24 groups

A New Awakening- Jim K – Addict Support	Off the Hook Freedom Book - Kris V - Alt GSR OTF
After the Weekend – Tommy F - AIW - No Meeting 8/1/2014	Saturday Night Sanity – Absent
All About Change– Absent	Serenity Check – Maureen F - GSR OTF
Basically Lit – Billy L – AIW, EVENT	Stepping Free – Ryan B - AIW, EVENT
Came To Believe –Katie C – AIW, Time Change	Stepping Into the Weekend – Michelle C – Treasurer OTF
Coming Alive- Greg P – EVENT	Stepping Thru it All – Van – AIW
Living Clean- Donna H – AIW	Stepping Up –Orlando R – Alt GSR OTF
Miracles – Matt R – GSR OTF, EVENT, Addict Support	Straight Lace – Kristine M - GSR, Secretary, Speaker Seeker, Alt GSR OTF
New Freedom – Lisa S – Alt GSR OTF	Surrender to Win- Ray C - GSR, Alt GSR OTF, Addict Support
New Perspectives – Mari O - Alt GSR OTF, Addict Support	Where We are Going – Jill F – GSR, Treasurer OTF, Addict Support
No Joke on Oak – Absent - GSR, Alt GSR OTF, EVENT	Whole Lava Love – JRob C - Alt GSR OTF
Over the wall - Dave W – AIW	Working the Steps – Jennifer C - AIW

Break for 15 minutes

Mid State Unity Area of NA®

Area Minutes for July 14th, 2014

Page 3 of 4

Roll Call II: 21 out of 24 groups present, 18 of which currently had voting privileges. Quorum of 2/3 (16) met.

Sharing Session:

Marc L (Chair) disclosed that attempts were made to contact the **After Lunch Bunch** and that no NA meetings seemed to be being held in the locations given. The **After Lunch Bunch** is no longer a meeting in the MSUA and will be removed from the schedule and roster.

Marc L (Chair) brought up the fact that due to the new group **Working the Steps** opening up, MSUA no longer has an alternate meeting place in the events when the Portland senior center is unavailable. Marc asked that those with any ideas for alternate locations confirm that the locations are available and bring the information back to MSUA.

Billy L (Basically Lit) brought up an issue with the website where when a person selected the option for a list of all meetings, the PDF showed the old 9:00 PM time for Basically Lit, while the "Find a Meeting" option listed the correct time. The Web servant was made aware of this and indicated that it would be addressed.

Old business: None

Elections: Several Positions are up in August. MSUA Chair, Vice Chair, RCM, Alt RCM, and Literature Chair are all OTF in August. MSUA Secretary is up in September.

New Business: None

Closed with a moment of silence followed by the serenity prayer.

Emergency or Temporary Group Cancellation or Relocation: *In the event that your group has to cancel or relocate on an emergency or temporary basis, as a GSR or other trusted servant you should make the effort to inform the fellowship. GSRs should use the Area c.c. E-Mail list to send a group E-mail with the cancellation or relocation information to all other GSRs who should then inform members of their various groups. GSRs or other trusted servants may also contact the MSUA secretary at (203)-435-2222 with the information, and the secretary will then use the MSUA Email and telephone lists to disseminate the details as soon as possible.*

Marc L was contacted by Mary of the Portland Senior Center to discuss a conflict with meeting at the facility next month (August.) He has contacted another church to secure that location for the ASC in August. An email will be sent out to verify confirmation or a need to secure another facility.

Mid State Unity Area of NA®

Area Minutes for July 14th, 2014

Page 4 of 4

Upcoming Events / Changes

Group level changes: ***"After the Weekend" will not be meeting Monday August 4th.***

"Came to Believe" Has changed their time from 7:00 PM – 8:30 PM with a break to 7:00 PM– 8:15 PM with no break. This change will start on Sunday July 20th.

"Stepping Through it All" received confirmation that they will be able to continue to meet at the Woodhead Lounge in the Exley Science Center at Wesleyan for the year of June 2014 – June 2015 with only December 24th and December 31st 2014 unavailable. The Group expressed a desire to hold their meeting at the beginning of the MSUA marathon meetings on those dates.

"Working the Steps" is a new closed meeting which meets Mondays at 6:45 – 8:00 PM at the Portland United Methodist Church, 381 Main St. Portland Ct. The format is writing on your personal step work for the first half of the meeting, and a discussion on one of the readings in the "Just for Today" book which highlights one of the steps for the second half of the meeting. Those with no step work may read the literature or meditate for the first half. The Meeting Starts officially on Monday, June 16th, 2014.

Subcommittee Announcements: Public Relations has changed the time that they meet. Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. at 5:00 PM – 6:00 PM. New member orientation is at 6:00 PM following the regularly scheduled subcommittee meeting.

Upcoming Events:

Miracles on Oak is celebrating their 30th anniversary on Monday July 21st. Food Fun and Fellowship begins at 6:00 PM at open door missionary Baptist church. 47 Oak Street Middletown CT.

Basically Lit is hosting its 6th annual group event celebration on July 26, 2014 at Christ Lutheran Church, 300 Washington St. in Middletown. Tickets can be purchased for **\$5** pre-event and **\$10** the day of the event (cookout, speaker meeting, dance).

No Joke on Oak will be celebrating their 6th anniversary on Thursday July 31st. Food Fun and Fellowship begins at 5:30 PM at open door missionary Baptist church. 47 Oak Street Middletown CT. Food donations welcome!

Coming Alive will be celebrating their 6th anniversary on Monday August 18th at The First Baptist Church, 93 Main Street, Middletown CT. Food fun and fellowship starts at 6:00 PM, followed by the meeting at 7:30 – 9:00. Food donations welcome!

Stepping Free is celebrating their 8th Anniversary on Monday August 18th. St James Church Parish Hall, 501 Killingworth Road, Higganum CT at the corner of Route 81 and Little City road. Food, fun, and fellowship start at 6:30 PM, followed by a "surprise topic" meeting at 8 PM.

MSUA Activities presents the **Summer Volleyball Tournament and Picnic**. Saturday August 23rd (rain date Sunday August 24th), at McCutcheon Park, Crystal Lake, Middletown CT. 12:00 to 6:00 PM. Food is provided but donations welcome. Tickets are \$5 and teams of five players can register for \$5 per team. Contact Alicia (860-575-3206), or Gene (860-770-7667) to register teams.

Basically Lit is hosting the 2014 History of NA conference - Sept 12-14 2014 at the Sheraton Stamford in Stamford. Ad Hoc meets the 2nd and 4th Saturdays of the month at 5:30 PM - 7:30 PM at 300 Washington St, Middletown. ***(Ad Hoc will not meet July 26th.)*** Registration meets the 3rd Monday of the month at 7:00 PM at 130 Marlborough St, Portland. Programming meets the 4th Tuesday of the month at Portland United Methodist Church following the over the wall group (after 8:30 PM).

The most efficient way to convey meeting changes to region is to visit regional website "ctna.org", then proceed to "service subcommittees" (on left side of the page), click on the "CTRSC" link. Go to "RSC Forms" then click on the "Ct. Regional Schedule Meeting Information Form". Please fill out form and at the bottom of the page it will say; "Choose Area to Send". Once the MSUA has been chosen the information will be sent directly to our RCM.