

Mid State Unity Area of NA®

Area Minutes for November 11th, 2013

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Open: 7:00 the meeting opened with a moment of silence, the Serenity Prayer, 12 Traditions, 12 Concepts and the Service Prayer.

Welcome to all new GSRs, Alternate GSRs and visitors!

Tonia C. representing **Stepping into the Weekend**, **Kris V.** representing **Off the Hook Freedom Book**, **Steph** from **Straight Lace**, and **John R.** representing **Miracles on Oak,...WELCOME to ALL!!**

Mail: Mail included bank statements for the treasurer, H&I "Reaching out" pamphlets, Mail for the retreat, and mail for PR. **Adam (Treasurer)** also indicated that he received a check from the Pig Roast Inc. **Orlando GSR (Stepping up)** clarified that the Pig Roast Operating Committee had issued identical checks to all areas in the region. More discussion was had on this topic and is mentioned in the Sharing Session.

Roll Call: 19 out of 25 groups present

Service Orientation: Page 8, IV. Trusted Servants section B. Administrative officers #s 5-8 (Treasurer, RCM, Alternate RCM, & responsibilities of administrative officers or an Ad-Hoc Committee to conduct any necessary policy business)

Announcements:

- **Gerry P. (Stepping Through it All)** – Announced that **the Feast Before the Feast** was now two weeks away and had moved locations. *All information is on the upcoming events section of this report.*
- **Dana R. (Literature Chair)** – Let all present know that backorders were filled and that the groups should make sure they get their backordered literature.

Secretary minutes – Kristine M (Straight Lace) -Did not receive minutes from last month, she indicated that the spelling of her E-mail was incorrect on the E-mail list. Steve R (Over the Wall) brought up that although Stepping into the Weekend had indicated that they wished to participate in the marathon meetings that they were not included. The executive body was able to look into this during the break and confirm the oversight. No corrections or deletions. Motion to accept made by **Maureen (Serenity Check)** 2nd by **Orlando (Stepping Up)**. **Minutes accepted 19-0-0**

Treasurer report – Adam gave written/ verbal report. Adam also submitted all proposed subcommittee budgets for review by GSRs prior to them being submitted for approval by the Area Groups with this report. Adam mentioned that he had also reviewed the retreat budget with that subcommittee even though theirs is a separate budget from that of the MSUA.Motion to accept made by **Greg B (Living Clean)**. 2nd by **Billy L (Basically Lit)** Dana (Literature Chair) indicated that the H&I YTD budget expenses incurred would need to be amended by a \$215.90 literature order not included in their initial proposal. Adam indicated that next month he would also submit a corrected treasurer's report to include this expense. **Treasurer's report accepted 19-0-0.**

RCM – Al W (RCM) gave written verbal report..... **WSR Chair OTF, Alt. Web Servant OTF, PR Chair OTF, Secretary OTF, BOD GDA OTF, BOD at large OTF.** Regional minutes can be accessed at **CTNA.org**

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Subcommittee Reports:

Activities – Marc L. (MSUA Chair) gave verbal report. As there was no Activities chair this month Marc filled in as chair. The Meeting was not held for lack of support. Marc and Adam H. made a budget proposal for activities in the absence of a chair. **Activities meets on the 3rd Saturday of every month at Faith Lutheran church located at 300 Washington St .at 8:00 p.m. prior to the Basically Lit meeting.**

H&I – Chris H. (Chair) gave written report which was read by Michael L (Vice Chair). H&I is intending to move their meeting place from First United Methodist Church located at 24 Old Church St to Holy Trinity Church, 381 Main St. Middletown, however they have yet to get final confirmation from the new location that this is finalized. They will let MSUA know in the event that the new location falls through. **H&I meets the third Monday of every month at Holy Trinity Church, 381 Main St. Middletown. New member orientation begins at 6:30 followed by the regularly scheduled subcommittee meeting at 7:00.**

Literature – Dana R gave written / verbal report. **MSUA Literature meets at the Portland Senior Center prior to the ASC meeting at 6:15, all are welcome.**

Public Relations – Gene gave written / verbal report. **Vice Chair, phone line coordinator, and Spanish phone line coordinator are OTF. Public Relations meets on the 4th Sunday of every month at Holy Trinity, 381 Main St. 5:00pm is new member orientation followed by the regularly scheduled subcommittee meeting.**

Retreat – Briana L. gave written / verbal report. The Retreat Subcommittee did not meet this month. The verbal portion indicated that budget proposals will be brought up at MSUA next month.

Beginning Balance:	\$969.00	Expenses:	\$0.00
2 New Registrations:	\$330.00	Current Balance:	\$1,299.00

Group Reports

20 out of 25 groups

A New Awakening- Jim K – Alt GSR, Wed Sec OTF	Off the Hook Freedom Book- Kris V. – AIW
After Lunch Bunch- Absent	Saturday Night Sanity – Absent
After the Weekend – Absent	Serenity Check – Maureen - AIW
All About Change- Absent	Stepping Free –Mike J. - AIW
Basically Lit – Billy - AIW	Stepping Into the Weekend – Tonia C- AIW
Came To Believe –Katie - AIW	Stepping Thru it All – Gerry P – Sec, Alt GSR OTF - EVENT
Coming Alive- Dyan - AIW	Stepping Up –Orlando– Addict Support, Alt GSR
Living Clean- Greg – Alt GSR OTF	Straight Lace –Kristine - AIW
Miracles –John – Alt GSR OTF , Addict Support	Surrender to Win- Ray - AIW
New Freedom –Michael S – GSR OTF	The Other 23- Joe- Treasurer, Alt GSR OTF
New Perspectives – Maribel O - Alt GSR OTF	Where We are Going – Jill - Treasurer, Alt GSR OTF, Addict Support
No Joke on Oak – Absent	Whole Lava Love – JROB – Sec OTF, Addict Support
Over the wall- Steve- Alt GSR OTF	

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Break for 15 minutes

Roll Call II: 20 out of 25 groups present

Sharing Session:

Mike – (Stepping Free) – Brought a concept that the Stepping free group has begun sending attendees from that group to address the issue of subcommittees struggling for support. A discussion and clarification followed. This group has created a group level commitment with no clean time requirement and six month duration. Two addicts are involved in this new “GSSR” commitment. Those taking the commitment attend a subcommittee each month and report back to their group what happened and what the subcommittee is doing. Stepping free has chosen WSR to support and the intent is that they will change the subcommittee they support after the six months are up. Those with the commitment do not have to take a commitment or position at the subcommittee – they merely need to attend and then report back to the group at the business meetings. The overall intent of this commitment is to increase awareness of and participation in the subcommittees.

Greg– (Living Clean) – Asked if there could be a change in the time flyers are distributed. A short discussion was had regarding the need for flyers to be put out and picked up before the meeting starts, and to be polite if this needs to be done after the meeting starts so as not to disturb those trying to listen.

Steve – (Over the Wall) – Indicated that Over the wall and Came to Believe groups had each donated a marathon meeting slot to Stepping into the Weekend group due to the Secretary’s oversight in including that group in the marathon meetings.

Marc – (Chair) – Announced that there was a need for subcommittee chairs to assist the Admin in signing up for and taking two/four hour slots to cover the marathon meetings.

Jill – (Where we are going) – Asked if there could be a flyer and promotion of the marathon meetings. In the discussion that followed it was clarified that groups could announce the meetings if they wished to and could place flyers for the meetings in their books. A flyer will be made by the MSUA board for the December meetings. It was suggested that the marathon meetings be promoted on the MSUA website. There was also a short discussion on the format and logistics of the marathon meetings. The former chair of activities indicated that the formats and information was still available from last year and would be transferred to the MSUA board.

Billy – (Basically Lit) – Brought up the matter of the check from Pig Roast INC. A discussion followed. Concerns about taking a check from an outside entity (even though it is reportedly accountable to the Pigs in Space group) were raised. It was indicated that for some time MSUA has asked the group to fund flow from the Pigs in Space group rather than from the Pig Roast. It was also brought up that there were no legal issues with taking the check, and that the money would be fund flowed to region in any event. A motion was made to return the check by Steve R (Over the Wall) and seconded by Mike J (Stepping Free). The intent was “Financial Responsibility”. A vote was taken, the motion passed 9-6-4. The check will be returned directly by Adam (Treasurer).

Gene – (PR) – Asked for clarity about what towns are represented by MSUA for when calls come into the phone line.

Old business: NONE

Elections:

Activities chair – Michael S (New Freedom) – Nominated **Alicia M. 2nd by Jason (Basically Lit)**. Alicia accepted, qualified, and answered questions. Brought to a vote. **Congrats Alicia!**

New Business: Budget Proposals for the subcommittees were made available at the beginning of area for review and were reviewed. **H&I** – It was revealed that the year to date literature expense was inaccurate and should have read \$731.70 rather than \$514.80. Consequently the YTD total was changed from \$873.96 to \$1089.86. This has been amended in the budget submitted with this report. At this time it was clarified that the budget year still has two months to go, so the YTD amount does not reflect this total that will be spent by H&I on literature for the entire year. Also, part of the increase in literature funds requested by H&I takes into account the 5% increase in the cost of literature and shipping soon to be implemented by world.

Literature – The fact that the funds requested for shipping have not changed (\$390) was questioned as the cost of shipping has gone up, but the treasurer expressed confidence that the \$390 should cover shipping in the coming year.

PR – The chair clarified that the \$1500 public awareness line item was going to be spent this year (the YTD amount is zero).

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Activities – The new chair asked that a \$20 key deposit be added to the budget as another line item, raising their proposed total budget for 2014 from \$495 to \$515. The discussion revealed that the site hosting the subcommittee has not asked for rent separate from the meeting that is held later that night, but to be financially responsible and autonomous, the subcommittee would pay \$120 a year in rent.

Administrative – The treasurer clarified that there was no Conference Agenda Reports line item for 2014 because the CAR is only done every two years.

NOTE: All proposed budgets are attached to this report. **GSRs should bring them to their groups at the next business meeting and have each individual budget voted upon by their group. Results should be brought back to area in December.** Please remember that MSUA has a “one addict one vote” policy, so remind addicts at the business meeting that if they have already voted at another meeting or are planning to vote at another meeting that they should not vote at yours.

Upcoming Events / Changes

Group level changes:

None at this time

Upcoming Events:

“**The Feast before the Feast**” has moved to the Shiloh Baptist Church, 349 Butternut Street in Middletown CT. This is The Steppin’ Thru it All group’s 23rd anniversary and pre thanksgiving dinner. Food is all by donation. Food must arrive “ready to eat” and is served from 6:00 PM to 7:15 PM. A speaker meeting follows at 7:30 – 9:00 PM.

Subcommittee Announcements:

WSR is in need of addict support! The subcommittee now meets the second Thursday of every month at 7:00 p.m. at Holy Trinity Church, 381 Main St. Middletown. Come show support and get involved!!

The most efficient way to convey meeting changes to region is to visit regional website “ctna.org”, then proceed to “service subcommittees” (on left side of the page), click on the “CTRSC” link. Go to “RSC Forms” then click on the “Ct. Regional Schedule Meeting Information Form”. Please fill out form and at the bottom of the page it will say; “Choose Area to Send”. Once the MSUA has been chosen the information will be sent directly to our RCM.

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Budgets to be voted on and results returned to December MSUA

Administrative Officers *	2013 Approved	Spent Year-to-Date	2014 Proposed
Chair / Vice-Chair Copies	20.00	15.41	40.00
Conf. Agenda Rpts	390.00	-	-
P.O. Box	124.00	133.00	140.00
RCM Copies	200.00	157.41	200.00
RCM Host Region	150.00	-	150.00
Rent	120.00	60.00	120.00
Secretary Copies/Supplies/Postage	250.00	63.04	200.00
Treasurer Copies/Supplies	120.00	76.23	120.00
Administrative Officers Totals	1,374.00	505.09	970.00

Activities *	2013 Approved	Spent YTD	2014 Proposed
Copies / Flyers	50.00	-	50.00
Learning Days	100.00	-	50.00
Marathon Meetings Rent	125.00	-	125.00
Marathon Meetings Supplies	150.00	67.71	150.00
Rent	300.00	100.00	120.00
Key Deposit	-	-	20.00
Activities Totals	725.00	167.71	515.00

Hospitals & Institutions *	2013 Approved	Spent YTD	2014 Proposed
Copies	100.00	96.30	150.00
Rent	250.00	150.00	300.00
Postage & Flyers	20.00	6.08	20.00
Learning Days	150.00	106.78	250.00
Literature	750.00	730.30	1,100.00
Hospitals & Institutions Totals	1,270.00	1,089.46	1,820.00

Literature *	2013 Approved	Spent YTD	2014 Proposed
Copies	110.00	26.16	110.00
Rent	120.00	120.00	120.00
Shipping	390.00	260.08	390.00
Learning Day	40.00	-	40.00
Receipt Books	10.00	6.15	10.00
Sales Order Books	10.00	9.57	10.00
Notebook	-	-	5.00
Literature Totals	680.00	421.96	685.00

Public Relations *	2013 Approved	Spent YTD	2014 Proposed
Learning Day	150.00	80.12	150.00
Literature	300.00	86.34	300.00
Phone	150.00	10.62	125.00
Postage / Copies	250.00	24.01	250.00
Posters / Mailings	130.00	99.89	130.00
Public Awareness	1,500.00	-	1,500.00
Rent	120.00	120.00	120.00
Public Relations Totals	2,600.00	420.98	2,575.00

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Marathon Meeting Schedule

Slot Start Time	Thanksgiving Day	Christmas Eve/Christmas Day	New Year's Eve/New Year's Day	Slot Start Time
9 PM	N/A	Stepping Free	Basically Lit	9 PM
10 PM	N/A	Stepping Free	Basically Lit	10 PM
11 PM	N/A	Basically Lit	Over the Wall	11 PM
12 AM	N/A	Basically Lit	Surrender to Win	12 AM
1 AM	N/A	No Joke on Oak	Surrender to Win	1 AM
2 AM	N/A	No Joke on Oak	Straight Lace	2 AM
3 AM	N/A	Where we are going	Straight Lace	3 AM
4 AM	N/A	Came to believe	No joke on Oak	4 AM
5 AM	N/A	Came to believe	No joke on Oak	5 AM
6 AM	N/A	A new Awakening	Stepping Free	6 AM
7 AM	N/A	Surrender to Win	Stepping Free	7 AM
8 AM	N/A	Surrender to Win	A new Awakening	8 AM
9 AM	New freedom	New Freedom	A new Awakening	9 AM
10 AM	No joke on oak	New Freedom	The Other 23	10 AM
11 AM	Stepping Free	Whole Lava Love	Came to believe	11 AM
12 PM	Surrender to win	Whole Lava Love	Stepping into the weekend	12 PM
1 PM	Over the wall	Over The Wall	After the Weekend	1 PM
2 PM	The Other 23	Stepping into the weekend	Whole Lava Love	2 PM
3 PM	Whole lava love	Straight Lace	Whole Lava Love	3 PM
4 PM	Straight Lace	Straight Lace	New Freedom	4 PM
5 PM	Living Clean	N/A	N/A	5 PM
	<i>9 slots – 13 groups “yes”</i>	<i>20 slots – 11 groups “yes”</i>	<i>20 slots – 12 groups “yes”</i>	

Marathon meetings start on time on the hour indicated and last for 45 minutes with a fifteen minute break after. At least two representatives from your group should attend.