

Key

O – (Open)	All are welcome.
ST – (Step)	Twelve Steps of NA.
T – (Tradition)	Twelve Traditions of NA.
SWG – (Step Working Guide)	Discussion of the Step Working Guide text.
S – (Speaker)	Speaker, then opened for participation by attendees.
K – (Keytag)	Keytags handed out celebrating lengths of clean time.
FD – (Five and Dime)	Discussion on the Fifth Step and Tenth Step
LC – (Living Clean)	Living Clean Book
IG – (Introductory Guide)	Introductory Guide to NA
HIV – (HIV)	Focused on the needs of HIV positive members.
JFT – (Just for Today)	Just For Today text.
BST – (Beginners Step (1,2,3))	Steps 1, 2, 3, typically reading them from the Basic Text.
DC – (Childcare)	Childcare is available
C – (Closed)	Closed to non-addicts.
ES – (Español)	Spanish.
M – (Men)	Meant to be attended by men only.
W – (Women)	Meant to be attended by women only.
LGBT – (Gay/Lesbian/Bi/Trans)	Focused on the needs of LGBT community.
IP – (Informational Pamphlet)	Discussion of one or more Informational Pamphlets.
Pi – (Pitch)	Each person who shares picks the next person.
RF – (Rotating Format)	Format that changes for each meeting.
To – (Topic Discussion)	Discusses a chosen topic.
ITW – (It Works: How and Why)	Discussion of the It Works-How and Why text.
BT – (Basic Text)	Discussion of the Basic Text of Narcotics Anonymous.
CL – (Candlelight)	Meeting is held by candlelight.
CH – (Closed Holidays)	Facility is usually closed on holidays.
WC – (Wheelchair)	Wheelchair accessible.
GP – (Guiding Principles)	Discussion of the Guiding Principles book.
YP – (Young People)	Focused on the needs of younger members of NA.

N.A. Meetings are usually 90 minutes long (an hour and a half), unless otherwise indicated.

Sunday

New Britain	9:00 AM (1 hour 15 min)
Sunday Morning Serenity (O,To,S) St. Marks Episcopal Church, 147 West Main St. <i>Speaker on the second Sunday of each month</i>	
Waterbury	10:00 AM
A Fresh Start (O,To,S,K) West Main Behavioral Health Center, 88 Grandview Ave. Basement	
Windsor Locks	10:00 AM (1 hour)
Sanity on Sunday (O,To,S) Windsor Locks Senior Center, 41 Oak St. 2nd Floor Speak every 2nd Sunday of the month	
Bristol	10:30 AM
Early Stepping (O,BST,S) Rialto Recovery Club, 67 West St. Rear Entrance	
Fairfield	10:30 AM
Recovery on Park Avenue (O,To,WC) Sacred Heart University, 5151 Park Ave. Room HC 202	
Hartford	10:30 AM
Honesty in Reality (O,To,S,WC) Hartford Hospital Amphitheater, 560 Hudson St. Corner of Jefferson	
Middletown	10:30 AM
New Freedom (O,To,WC,K) St. Vincent DePaul Soup Kitchen, 615 Main St. Just North of Washington St.	
New Haven	10:30 AM (1 hour 15 min)
No Excuses (O,To,WC,K) Yale Health Center, 55 Lock St.	

Sunday-continued

New Haven	10:30 AM
Today We Live (O,To,WC) Awinning Cleaning Industries, 29 Fitch St.	
Guilford	1:00 PM
New Day New Way (O,To,S,WC) First Congregational Church, 122 Broad St. Route 77	
Wolcott	4:30 PM
Young, Serene & Living Clean (O,To,S,WC,K,YP) W.A.L.C. (Wolcott Activities and Learning Center), 48 Todd Rd.	
Meriden	5:30 PM (1 hour 15 min)
Principles Before Personalities (O,GP) Immanuel Lutheran Church, 164 Hanover St.	
Bridgeport	6:00 PM
Open Arms (O,To,JFT,K) Bethel AME Church, 110 Grove St. Corner of Laurel Street	
Bristol	6:00 PM (1 hour 15 min)
Principles Before Personalities (O,S,W,ST,K)	
Hartford	6:00 PM
Y Are We Here (O,To,S,WC) Trinity Church, 120 Sigourney St.	
Meriden	6:00 PM (1 hour)
Recovery in the Park (O,To) Hubbard Park (Behind the bandshell), 999 West Main St. Seasonal	

Sunday-continued

New Haven	6:00 PM
Morning Serenity (O,To) St. Bernadette's R.C. Church, 385 Townsend Ave. <i>Speaker on the last Sunday of each month</i>	
New London	6:00 PM (1 hour)
Living Clean (O,LC) Lawrence and Memorial Hospital, 365 Montauk Ave. Second Floor Conference Room #2	
Bristol	7:00 PM
Sunday Night Surrender (O,IPS) United Methodist Church, 99 Summer St. Corner of Church St.	
Middletown	7:00 PM (1 hour)
Came To Believe (O,To,WC,K) Church of the Holy Trinity, 381 Main St. 2nd floor	
Naugatuck	7:00 PM
When at the End of the Road (O,K,LC) Hillside Covenant Church, 100 Hillside Ave.	
New Britain	7:00 PM (1 hour 15 min)
Sunday Night Sanity (O,To,LC) YMCA, 50 High St. <i>IP Discussion on the Last Sunday of each month</i>	
New Haven	7:00 PM
Hope to Grow (O,To,S) Trinity Lutheran Church, 234 Orange St. Corner of Wall St.	
New Haven	7:00 PM
Serenity by the Sea (O,To) Fort Hale Park, Fort Hale Park Rd. <i>Seasonal: Memorial Day - Labor Day</i>	
Norwalk	7:00 PM
Road to Recovery (O,BT,To) First Congregational Church, 3 Lewis St. Corner of Park St.	
Old Lyme	7:00 PM
Great to be Straight (O,T,WC,ST) Roger's Lake Clubhouse, 75 Rogers Lake Trail Address is approximate	
Plainville	7:00 PM (1 hour)
The Promise is Freedom (O,S,T) Plainville Congregational Church, 130 West Main St. <i>Tradition Speaker on the last Sunday of each month</i>	
Stamford	7:00 PM
Courage to Change (C,BT, JW, JFT) Chester Addison Community Center, 245 Selleck St.	
Bantam	7:30 PM
Miracles Happen (O,To) Bantam Borough Hall, 890 Bantam Rd.	
East Hartford	7:30 PM
Clean Choice (O,S) New Covenant United Methodist Church, 16 Church St.	
Middletown	7:30 PM
Where We Are Going (O,WC,LC) St. Vincent DePaul Soup Kitchen, 615 Main St. Just North of Washington St.	
Moosup	7:30 PM
Moose Tracks (O,CL,To) Moosup Methodist Church, 13 South Main St.	
Mystic	7:30 PM
Crystal Clean (O,S,ST) St. Mark's Episcopal Church, 15 Pearl St.	
Newtown	7:30 PM (1 hour)
Not At The Church (O,JP,WC,K) Newtown Congregational Church, 14 West St	
South Windsor	7:30 PM
The Last Alternative (O,BST,To,S) Avery Street Christian Reformed Church, 661 Avery St.	
Wallingford	7:30 PM (1 hour)
Touch of Life (C,JFT) The Dry Dock, 68 Quinnipiac St.	
Canaan	8:00 PM (1 hour)
Exactly Where You Need To Be (S) St Joseph's Church, 2 E Main Street	

Monday

Danielson	10:00 AM (1 hour)
Morning Serenity (O,LC) Westfield Congregational Church, 210 Main St.	
New London	10:00 AM (1 hour)
NA in the Day (O,BST,To,JFT,RFK) Huntington Street Baptist Church, 29 Washington St.	
Middletown	10:30 AM
A New Awakening (O,LC) Holy Trinity Church, 381 Main St.	
New Britain	12:00 PM
Genesis (O,To) South Congregational Church - Hart Hall, 56 Arch St. Entrance thru courtyard in basement	
New Haven	12:00 PM (1 hour)
Out of the Darkness (O,To,WC) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St.	
Stamford	12:00 PM (1 hour)
Serenity at Noon (O,JFT,WC) Inspirica, 141 Franklin St.	
Wallingford	12:30 PM
The Midday Message (O,To) First Congregational Church, 23 South Main St. Rear of building	
New Britain	5:30 PM (1 hour)
Lifeline to Recovery (O,To,WC) St. Mark's Episcopal Church, 147 West Main St.	
Niantic	6:00 PM (1 hour)
A New Wave of Serenity on the Sound (O,To,WC) Saint John's Episcopal Church, 400 Main St.	
Portland	6:45 PM (1 hour 15 min)
Working the Steps (O,ST) Portland United Methodist Church, 381 Main St. <i>During the first half of the meeting we write on our personal step work. During the second half of the meeting we have a step discussion out of the JFT</i>	
South Windsor	6:45 PM
Women Stepping Up (O,W,ST) Our Savior Lutheran Church, 239 Graham Rd. Main Level	
Bloomfield	7:00 PM
New Bridge Over Troubled Waters (O,T,ST) First Congregational Church, 10 Wintonbury Ave.	
Hartford	7:00 PM (1 hour 15 min)
Recovery on the Hearth (O,To,JFT,S,WC,K) Open Hearth, 437 Sheldon St.	
Meriden	7:00 PM
Straight From the Hip (O,DC,To,W,WC,K,LC) Emmanuel Lutheran Church, 164 Hanover St.	
Middletown	7:00 PM (1 hour)
Miracles at Trinity (O,To,S,K) Church of the Holy Trinity, 381 Main St. <i>Speaker on the last Monday of each month</i>	
New Britain	7:00 PM (1 hour)
Spring Into Recovery (O,S,K) St. John's Evangelical Lutheran Church, 295 Arch St. # 303 Corner of Grand St.	
New London	7:00 PM
Clean and Serene (C,T,ST) St. James Episcopal Church, 76 Federal St.	
Norwalk	7:00 PM
It Works, How & Why (C,T,WC,ST,K) First Congregational Church, 3 Lewis St. Corner of Park St.	
Shelton	7:00 PM
Just For Monday (O,BT,K) War Memorial Building, 695 Howe Ave. Rt. 110	
Southington	7:00 PM
Keep on Stepping (O,WC,ST) St. Paul's Episcopal Church, 145 Main St.	
Stamford	7:00 PM (1 hour 15 min)
Recovery on the Hill (O,JFT) New Life Foundation, 41 Stillwater Ave.	

Monday-continued

Wallingford	7:00 PM (1 hour 15 min)
It's a Start (O,CL,W) St. Paul's Episcopal Church, 65 North Main St.	
Waterbury	7:00 PM
Unity Group (To,S) North End Recreational Center, 268 North Main St.	
Willimantic	7:00 PM
There is Hope (O,JFT) CCAR, 713 Main St. Corner of Church St.	
Windsor Locks	7:00 PM
Locked in Recovery (O,To,IPS,WC) Congregational Church of Windsor Locks, 8 Main St. Entrance thru courtyard in basement	
Torrington	7:15 PM (1 hour 15 min)
Steps for a New Beginning (O,BST,WC) First Congregational Church, 835 Riverside Ave.	
Brantford	7:30 PM
Spiritual Thunder (O,To) First Baptist Church, 975 Main St.	
Bridgeport	7:30 PM
West Side Story (O,To,S,K) Bethel AME Church, 110 Grove St. Corner of Laurel St.	
Bristol	7:30 PM
Monday Night Miracles (O,To,S) Asbury United Methodist Church, 90 Church Ave. Forestville	
Danbury	7:30 PM
12 Steps to Freedom (O,WC,ST) The Montessori School, 42 Shelter Rock Rd.	
East Hampton	7:30 PM
After the Weekend (O,To,WC,K) Bethlehem Lutheran Church, 1 West High St. Corner of Rt. 66 and Main St. <i>Speaker on the last Monday of each month</i>	
Meriden	7:30 PM
No Mas (O,To,K) First Congregational Church, 62 Colony St.	
Milford	7:30 PM
More Will Be Revealed (O,BT,CL,To,S) United Presbyterian Church, 109 Seaside Ave.	
New Haven	7:30 PM (1 hour 15 min)
Living Clean (O,LC) Church of the Redeemer, 185 Cold Spring St.	
Norwich	7:30 PM
Chelsea Group (O,BT) Christ Episcopal Church, 78 Washington St.	
Stafford Springs	7:30 PM (1 hour)
Clearview (O,CL,JFT) Johnson Memorial Hospital Wellness Center, 201 Chestnut Hill Rd. Rt. 190	
Stafford Springs	7:30 PM (1 hour)
Hope Springs (O,To,JFT) United Methodist Church, 8 Church St.	
Waterbury	7:30 PM
Recovery in the East (O,RF) Saints Peter and Paul Church, 117 Southmayd Rd.	
Manchester	7:45 PM (1 hour 15 min)
A Gift Called Life (O,BT,WC) Center Congregation Church, 11 Center St.	
Higginan	8:00 PM (1 hour 15 min)
Stepping Free (O,S,WC,ST) St. James Church Parish Hall, 501 Killingworth Rd. Corner of Rt. 81 and Little City Rd.	

Tuesday

Meriden	8:30 AM (1 hour 15 min)
AM NA (O,JFT,WC) First Congregational Church, 62 Colony St.	
New London	10:00 AM (1 hour)
NA in the Day (O,BST,To,JFT,RFK) Huntington Street Baptist Church, 29 Washington St.	
Waterbury	10:30 AM
Carpe Diem (WC,ST) St. John's Episcopal Church, 16 Church St. On The Green	
Hartford	12:00 PM
Just Do It (O,To) United Methodist Church, 571 Farmington Ave. Corner of South Whitney	
New Britain	12:00 PM (1 hour 15 min)
The Reach Within Group (O,DC,To) South Congregational Church - Hart Hall, 90 Main St. Corner of Arch St.	
New Haven	12:00 PM
Tuesday at Noon (O,WC,ST,K) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel Street	
East Hartford	6:00 PM
Wings of Freedom (O,To) Pratt & Whitney Union Hall, 357 Main St.	
Torrington	6:00 PM (1 hour)
Recovering Hearts (C,W,K,WD) St. Mary Parish, 85 Pulaski St. Entrance on Forest Ct. <i>Women's Meeting</i>	
New Britain	6:30 PM (1 hour)
Women With Hope (O,To,S,W) South Congregational Church, 90 Main St. Hart Hall <i>Speaker Last Tuesday of The Month</i>	
North Haven	6:30 PM
The Masks Have to Go (O,To) Montowese Baptist Church, 201 Quinnipiac Ave.	
Danbury	7:00 PM
Starting Over (O,To,ST) Community of the Cross Church, 7 Madison Ave.	
Danielson	7:00 PM (1 hour)
Get Clean or Die Trying (O,S) United Methodist Church, 9 Spring St.	
East Haddam	7:00 PM (1 hour 15 min)
The Crossroads (O,RFK) Two Wraslin' Cats Cafe, 374 Town St.	
East Windsor	7:00 PM
Monkeys with an Itch (O,To,S,WC,ST,K) Wesley United Methodist Church, 55 Main St. <i>Speaker last Tuesday/Mo.</i>	
Fairfield	7:00 PM (1 hour 15 min)
Primary Purpose (O,RFK) Holy Family School, 140 Edison Ave. Room 10	
Hartford	7:00 PM
Sisters Reaching Out (C,BST,W,WC) Tabor House, 184 Homestead Ave. Basement	
New Britain	7:00 PM (1 hour 15 min)
Thru the Steps (O,S,T,ST) YMCA, 50 High St.	
Norwalk	7:00 PM
Never Alone, Never Again (O,LGBT,RFK) Triangle Community Center, 618 West Ave. Room B <i>Parking behind building available.</i>	
Old Lyme	7:00 PM (1 hour)
Living Clean Today (O,To,WC,LC) St. Ann's Episcopal Church, 82 Shore Rd.	
Plainville	7:00 PM (1 hour 15 min)
The Healing Starts Here (O,SWG,WC,K) Church of Our Savior, 115 West Main St.	
Portland	7:00 PM
Over The Wall (O,To,WC,K) Portland United Methodist Church, 381 Main St. Corner of Church St.	

Tuesday-continued

Stamford	7:00 PM
A Simple Solution (O,BST,JFT,T,K) Chester Addison Community Center, 245 Selleck St.	
Waterbury	7:00 PM
Breaking the Chains (C,To,K,HIV) North End Recreational Center, 268 North Main St.	
Wethersfield	7:00 PM
Pure and Simple (O,S,ST) United Methodist Church, 150 Prospect St.	
Willimantic	7:00 PM (1 hour 15 min)
Tuesday Night Candlelight Meeting of NA (O,RF,WC) Windom Recovery Community Center, 713 Main St.	
Bolton	7:30 PM (1 hour 15 min)
No Other Way (O,To) Bolton United Methodist Church, 1041 Boston Turnpike Route 44	
Bridgeport	7:30 PM
Principles Before Personalities (O,ST) Golden Hill Methodist Church, 210 Elm St. Corner of Lafayette St.	
Bristol	7:30 PM (1 hour)
Stop-N-Recover (O,To,S,WC,ST,K) Bristol Recovery Club, 67 West St.	
East Haven	7:30 PM
Outer Limits (O,To,S,K) Christ & the Epiphany Church, 39 Park Place	
Hamden	7:30 PM (1 hour)
Hope Without Dope (O,To,S,W,K) Grace & St. Peter's Episcopal Church, 2927 Dixwell Ave.	
Hartford	7:30 PM (1 hour)
Addicts in Recovery (O) Mount Sinai Hospital, 500 Blue Hills Ave	
Meriden	7:30 PM
State of Recovery (O,To,WC,K) Immanuel Lutheran Church, 164 Hanover St.	
Middletown	7:30 PM
New Perspectives (O,WC,K,GP) St. Vincent DePaul's Soup Kitchen, 615 Main St.	
Mystic	7:30 PM (1 hour)
Twilight Zone (O,S,ST,K) Old Mystic Fire District Hall, 115 Welles Rd.	
New Haven	7:30 PM (1 hour)
Boys to Men (O,To,M,S,WC,K) MAAS Building, 426 East St.	
New London	7:30 PM (1 hour 15 min)
We Do Recover (O,JFT) Huntington Baptist Church, 29 Huntington St.	
South Windsor	7:30 PM (1 hour)
Take What You Need (O,To,WC,K) First Congregational Church, 992 Main St. Downstairs <i>Speaker on the last Tuesday of each month</i>	
Winchester	7:30 PM
Free at Last (O,JW,WC,K) Winchester Center Congregational Church, 0 West Rd. Rt. 263 and Newfield Rd.	
Woodbury	7:30 PM
Recovery in the Woods (O,BT,To,K) North Congregational Church, 11 Main St. North Rt. 6 and Rt. 47	
New Haven	8:00 PM
Elm City Serenity (O,ST,K) St. Paul's UAME Church, 150 Dwight St.	
Newington	8:00 PM (1 hour 15 min)
Straight Ahead (O,To,S,WC,K) Grace Episcopal Church, 124 Maple Hill Ave.	

Wednesday

Westbrook	9:30 AM (1 hour 15 min)
Three Steps Forward (O,BST) Westbrook Congregational Church, 1166 Boston Post Rd. Parlor	
New London	10:00 AM (1 hour)
NA in the Day (O,BST,To,JFT,RFK) Huntington Street Baptist Church, 29 Washington St.	
Middletown	10:30 AM
A New Awakening (O,JFT) Holy Trinity Church, 381 Main St.	
Bridgeport	12:00 PM (1 hour 15 min)
Same Meeting New Day (O,JFT) The Bessemer Center, 2200 North Ave. Use back entrance	
Hartford	12:00 PM (1 hour 15 min)
We Believe (O,To) Liberty Christian Church, 23 Vine St.	
New Britain	12:00 PM
Genesis (O,ST) South Congregational Church - Hart Hall, 56 Arch St. Entrance thru courtyard in basement	
New Haven	12:00 PM
High Noon (O,To,Pi) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St.	
Wallingford	1:00 PM (1 hour)
Midday Serenity (O,JFT,WC) First Congregational Church, 23 South Main St.	
Middletown	5:45 PM (1 hour)
Serenity Check (O,JFT,S,WC) Back Door Mission Baptist Church, 47 Oak St. <i>Speaker on the second Wednesday of each month</i>	
Danielson	6:30 PM
Finding the Way (O,BT,To,S,ST) Cernerstone Baptist Church, 247 Broad St.	
Newington	6:30 PM
Freedom to Live (O,To) Church of Christ, 1075 Main St. 2nd Floor	
North Haven	6:30 PM (1 hour)
Miracles Happen (O,BT,T,WC,ST,K) Montowese Baptist Church, 201 Quinnipiac Ave.	
Bridgeport	7:30 PM
New Hope (O,To,S,WC) CCAR, 35 Courtland St.	
Bristol	7:00 PM
Not Alone (O,To,S,WC,K) Bristol Baptist Church, 43 School St.	
New Britain	7:00 PM (1 hour)
Issues (O,To,K) McCullough Temple CME Church, 55 Chapman St.	
New Haven	7:00 PM
Solutions for Sisters (O,W,ST) Church of the Redeemer, 185 Cold Spring St.	
Norwalk	7:00 PM (30 min)
By the Text (C,T) Miracle Temple, 2 Trinity Place	
Norwalk	7:00 PM
Road to Recovery (C,T,WC) First Congregational Church, 3 Lewis St. Corner of Park St.	
Plainville	7:00 PM (1 hour)
The Steps Are the Key (O,ST) Plainville Congregational Church, 130 West Main St.	
Plainville	7:00 PM
Brothers in Recovery (O,M,S) Our Lady of Mercy Parish Center, 19 South Canal St. Room 107 (around back)	
Portland	7:00 PM (1 hour)
Living Clean (O,LC) First Congregational Church, 554 Main St. rear entrance	
Shelton	7:00 PM
A View to Recovery (O,To,K) War Memorial Building, 695 Howe Ave. Rt.110	

Wednesday-continued

Stamford	7:00 PM
A Simple Solution (O,BST,JFT,T,K) Chester Addison Center, 245 Selleck St.	
Thomaston	7:00 PM
This Is Your Life (O,To,K,LC) The Covenant Church, 64 Grove St.	
Vernon	7:00 PM (1 hour 15 min)
What a Way to Grow (O,WC,ST) United Methodist Church, 401 Hartford Turnpike	
Wallingford	7:00 PM (1 hour 15 min)
The Time is Now (C,ST) Church of the Nazarene, 26 Parker Farms Rd.	
Waterbury	7:00 PM (1 hour)
Recovering Women (O,IPS,W,K) North End Recreational Center, 268 North Main St.	
Brookfield	7:30 PM (1 hour 15 min)
Miracles Under the Stars (O,JFT,WC,LC) St. Marguerite Bourgeoys Church, 138 Candlewold Lake Rd	
Cromwell	7:30 PM (1 hour 15 min)
All About Change (O,To,WC,K) Bethany Lutheran Church, 50 Court St. <i>Speaker on the last Wednesday of each month</i>	

