<table>
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<th>Time</th>
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| SUNDAY / DOMINGO | Sanity on Sunday (O,S,To)                                              | Windsor Locks Senior Center 41 Oak Street, Windsor Locks, 06096           | Speaker every 2nd Sunday of the month  
Masks required if unvaccinated. Social distancing. Contact tracing.                                                |
| 7:30PM       | The Last Alternative (O,BST,S,To)                                      | Avery Street Christian Reformed Church 661 Avery Street, South Windsor, 06074 | Contact Tracing                                                                                                                        |
| MONDAY / LUNES | Women Stepping Up (O,ST,W,K)                                           | Our Savior Lutheran Church 239 Graham Road, South Windsor, 06074 (Main Level)  
Women's Meeting  
Masks Required if Unvaccinated |                                                                                                                                                      |
| 7:00PM       | Cornerstone of Recovery (O,JFT)                                        | Cornerstone Foundation 3 Prospect St., Rockville, 06066 (recreational hall at the end of Cornerstone Foundation) |                                                                                                                                                      |
| 7:30PM       | Locked in Recovery (O,IP,S,To,WC)                                      | Congregational Church of Windsor Locks 8 Main Street, Windsor Locks, 06096  
Masks & Social Distancing Required if Unvaccinated. Room Sanitized. Temp taken at the door. |                                                                                                                                                      |
| 7:00PM       | New Bridge Over Troubled Waters (O,ST,T,WC,HY)                        | First Congregational Church 10 Wintonbury Avenue, Bloomfield, 06002 (Fellowship Hall)  
Masks & Social Distancing Required. Limited Seating Available, Overflow Area. |                                                                                                                                                      |
| TUESDAY / MARTES | Straight Ahead (O,S,To,WC,RA,K,K,HY)                                 | Grace Episcopal Church 124 Maple Hill Avenue, Newington, 06111  
Masks & Social Distancing Required. Limited Seating / Overflow Area Available as well as Virtual Meeting |                                                                                                                                                      |
| 6:30PM       | Freedom to Live (O,S,To)                                              | Church of Christ 1072 Main Street, Newington, 06111  
Temps Taken. 25 Person Limit. Contact Tracing.                                                                                                     |
| 7:00PM       | Los Quitaos (O,ES,WC,K)                                               | St. Augustine Church 10 Campfield Avenue, Hartford, 06114 |                                                                                                                                                      |
| 7:30PM       | Recovery by the River (O,S,To,K)                                       | First Church 2183 Main Street, Glastonbury, 06033  
Masks & Social Distancing Required. No Food or Drinks                                                                                           |
| 7:00PM       | Wherever You Go, There You Are (O,To)                                 | Rockville United Methodist Church 142 Grove Street, Rockville, 06066  
Masks Required                                                                                                                      |
| FRIDAY / VIERNES | Up and Running (O,RF)                                                 | United Methodist Church 571 Farmington Avenue, Hartford, 06105 |                                                                                                                                                      |
| 7:00PM       | Pathway to Recovery (O,ST,T,K)                                        | Trinity Episcopal Church 120 Sigourney Street, Hartford, 06105 (Downstairs in the Classroom)  
Speaker on last Friday of the month.                                                                                                    |
| 7:30PM       | Seriously Seeking Recovery (O,JFT,S)                                  | Second Congregational Church Uniteded Church of Christ 385 North Main Street, Manchester, 06042  
Parking in adjacent parking lot/street. Use side entrance door.                                                                                              |
| 7:30PM       | To Carry the Message (O,DC,S,To,WC,K)                                 | New Covenant United Methodist Church 16 Church Street, East Hartford, 06108  
Masks Required, Social Distancing                                                                                                           |
| SATURDAY / SÁBADO | Recovery East (O,To,WC,K)                                            | First Congregational Church of Vernon 695 Hartford Turnpike, Vernon, 06066 |                                                                                                                                                      |
| 9:00PM       | New Late Night (O,S,To)                                               | United Methodist Church 571 Farmington Avenue, Hartford, 06105 (Corner of South Whitney)  
Bag Meeting  
Mask Required/Hand Sanitizer/Social Distancing/20 Person Limit                                                                                       |
| VIRTUAL MEETINGS | New Bridge Over Troubled Waters - Bloomfield (O,ST,T,WC,HY)         | Zoom Meeting ID: 828 2746 3925  
Passcode: 843458                                                                                           |
| 7:00PM       | Sisters Reaching Out - Hartford. (C,S,ST,W,WC,K,VM,TC)               | Zoom Meeting ID: 893 9754 5176  
Passcode: SISTERS                                                                                           |
| 7:30PM       | Recovery East (O,ST,T,WC,HY)                                          | First Church of Christ 81 High Street, Suffield, 06078 (Parking and Entrance is Behind the Church)  
Masks to be worn until seated                                                                                                                   |
| FRIDAY / VIERNES | WEcovery (O,JFT,S,To)                                                | First Church of Christ 81 High Street, Suffield, 06078 (Parking and Entrance is Behind the Church)  
Masks to be worn until seated                                                                                                                   |
| 7:30PM       | You're Right Where You're Supposed to Be (O,To)                      | Elmwood Community Church 26 Newington Road, West Hartford, 06110 (Conte Hall (down the stairs from the parking lot))  
Speaker on Last Friday of Each Month  
Masks & Social Distancing Required                                                                                                              |
| 7:30PM       | Recovery East (O,To,WC,K)                                            | First Congregational Church of Vernon 695 Hartford Turnpike, Vernon, 06066 |                                                                                                                                                      |
| 9:00PM       | New Late Night (O,S,To)                                               | United Methodist Church 571 Farmington Avenue, Hartford, 06105 (Corner of South Whitney)  
Bag Meeting  
Mask Required/Hand Sanitizer/Social Distancing/20 Person Limit                                                                                       |
| 7:00PM       | New Bridge Over Troubled Waters - Bloomfield (O,ST,T,WC,HY)         | Zoom Meeting ID: 828 2746 3925  
Passcode: 843458                                                                                           |
| 7:00PM       | Sisters Reaching Out - Hartford. (C,S,ST,W,WC,K,VM,TC)               | Zoom Meeting ID: 893 9754 5176  
Passcode: SISTERS                                                                                           |
**MEETING LIST FOR GREATER HARTFORD AREA (West Hartford to Vernon/Rockville)**

**JANUARY 2022**

**24 HOUR HELPLINE**
1-800-627-3543

**https://www.ctna.org**

**SUGGESTIONS FOR EVERYONE**
- DON'T USE no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the PHONE

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 29

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**What is our message?**

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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