

**SUNDAY / DOMINGO**

**6:00PM Living Clean (O,LC)**  
Lawrence + Memorial Hospital  
365 Montauk Avenue, New London, 06320  
(Baker Auditorium)

**7:00PM Great to Be Straight (O,ST,T,WC,K)**  
Roger's Lake Clubhouse  
75 Rogers Lake Trail, Old Lyme, 06371

**7:30PM Crystal Clean (O,S,ST,RA)**  
St. Mark's Church  
15 Pearl Street, Mystic, 06355  
(Undercroft)

**MONDAY / LUNES**

**10:00AM NA in the Day (O,BST,JFT,RF,To,K,HY)**  
Solutions 12 Building  
155 Montauk Avenue, New London, 06320  
(Left side of building, rear door)

**6:00PM A New Wave of Serenity on the Sound (O,To,WC)**  
St. John's Episcopal Church  
400 Main Street, Niantic, 06357  
(Meeting Outdoors)

**7:00PM Clean and Serene (C,ST,T)**  
St. James Episcopal Church  
76 Federal Street, New London, 06320

**7:00PM There is Hope (O,JFT,WC)**  
CCAR  
713 Main Street, Willimantic, 06226  
(Corner of Church St.)

**7:30PM Chelsea Group (O,CL,RF,K)**  
Mohegan Congregational Church  
27 Church Lane, Uncasville, 06382

**TUESDAY / MARTES**

**10:00AM NA in the Day (O,BST,JFT,RF,To,K,HY)**  
Solutions 12 Building  
155 Montauk Avenue, New London, 06320  
(Left side of building, rear door)

**6:30PM Basic Text Tuesday (O,BT)**  
United Methodist Church  
53 Grove Street, Putnam, 06260  
(Parking on Grove and Bradley)

**6:30PM We Do Recover (O,JFT,K)**  
Recovery 12 Solutions  
155 Montauk Avenue, New London, 06320

**7:00PM Living Clean Today (O,WC,LC,K)**  
St. Ann's Episcopal Church  
82 Shore Road, Old Lyme, 06371

**7:00PM Twilight Zone (O,CL,ST,K)**  
Old Mystic Fire District Community House  
115 Welles Road, Mystic, 06355

**WEDNESDAY / MIÉRCOLES**

**9:30AM Three Steps Forward (O,IG,HY)**  
First Congregational Church  
1166 Boston Post Road, Westbrook, 06498

**10:00AM NA in the Day (O,BST,JFT,RF,To,K,HY)**  
Solutions 12 Building  
155 Montauk Avenue, New London, 06320  
(Left side of building, rear door)

**6:30PM Finding the Way (O,BT,RF,K)**  
Cornerstone Baptist Church  
247 Broad Street, Danielson, 06239

**7:00PM JFT (O,JFT)**  
New London Community Meal Center  
12 Montauk Ave, New London, 06320

**7:00PM More Will Be Revealed (O,K,SPAD)**  
First Church of Christ  
366 Main Street, Old Saybrook, 06475  
(Fellowship Hall)  
*Speaker on the last Wednesday of each month.*

**7:00PM Sound of Serenity (O,JFT,S)**  
Saint Johns Episcopal Church  
22 Maple Ave, Uncasville, 06382

**7:30PM Outer Limits (O,BT,S,K)**  
Hope Recovery Center  
12 High Street, Westerly, 02891  
(Downstairs (elevator available))

**THURSDAY / JUEVES**

**10:00AM NA in the Day (O,BST,JFT,RF,To,K,HY)**  
Solutions 12 Building  
155 Montauk Avenue, New London, 06320  
(Left side of building, rear door)

**7:00PM Climbing The Steps (O,D,SWG)**  
Recovery 12 Solutions  
155 Montauk Avenue, New London, 06320

**7:00PM Recovery Power Hour (C,BT,JFT,RF,WC,K)**  
St. Mary's Church  
218 Providence St., Putnam, 06260  
(Function Hall)

**7:30PM Sesame Street (O,BT,ST,WC)**  
St. Johns Church  
22 Maple Ave, Uncasville, 06382

**FRIDAY / VIERNES**

**10:00AM NA in the Day (O,BST,JFT,RF,To,K,HY)**  
Solutions 12 Building  
155 Montauk Avenue, New London, 06320  
(Left side of building, rear door)

**6:30PM Five & Dime (O,FD)**  
St John's Episcopal Church  
400 Main Street, Niantic, 06357

**FRIDAY / VIERNES (CONT)**

**6:30PM Moose Tracks (O,RF)**  
Danielson Methodist Church  
9 Spring Street, Danielson, 06239  
*Shotgun Format*

**7:00PM Steps to Freedom (O,ST,WC,IG)**  
First Church of Christ in Saybrook  
366 Main Street, Old Saybrook, 06475  
*NO Smoking on Grounds*

**7:00PM Women Are Recovering (O,S,ST,T,W,SPAD)**  
Recovery 12 Solutions  
155 Montauk Ave., New London, 06320  
*Women's Meeting*

**SATURDAY / SÁBADO**

**10:30AM New Beginnings (O,ST,K,IG)**  
The Madry Temple Church  
25 Manwaring Street, New London, 06320  
*1-6 Step Meeting*

**10:30AM Women Taking Steps (C,ST,W,HY)**  
First Congregational Church  
199 Valley Street, Willimantic, 06226  
(Use front/Valley St entrance)

**7:00PM Grow With the Glow (O,CL,JFT,S,K)**  
Noank Baptist Church  
18 Cathedral Heights, Noank, 06340

**VIRTUAL MEETINGS****SUNDAY / DOMINGO**

**6:00PM Conectados por la recuperación - New Haven, (O,ES,VM)**  
Zoom Meeting ID: 318 480 980 Passcode: NA  
*Spanish Virtual Meeting*

**MONDAY / LUNES**

**10:00AM NA in the Day - New London, (O,BST,JFT,RF,To,K,HY)**  
Zoom Meeting ID: 220 174 840



**6:00PM Conectados por la recuperación - New Haven, (O,ES,VM)**  
Zoom Meeting ID: 318 480 980 Passcode: NA  
*Spanish Virtual Meeting*

**TUESDAY / MARTES**

**10:00AM NA in the Day - New London, (O,BST,JFT,RF,To,K,HY)**  
Zoom Meeting ID: 220 174 840



**TUESDAY / MARTES (CONT)**

**6:00PM** **Conectados por la recuperación - New Haven, (O,ES,VM)**  
 Zoom Meeting ID: 318 480 980 Passcode: NA  
*Spanish Virtual Meeting*

**WEDNESDAY / MIÉRCOLES**

**9:30AM** **Three Steps Forward - Westbrook, (O,IG,HY)**  
 Zoom ID: 876 8026 0053 Passcode 475438



**10:00AM** **NA in the Day - New London, (O,BST,JFT,RF,To,K,HY)**  
 Zoom Meeting ID: 220 174 840



**6:00PM** **Conectados por la recuperación - New Haven, (O,ES,VM)**  
 Zoom Meeting ID: 318 480 980 Passcode: NA  
*Spanish Virtual Meeting*

**THURSDAY / JUEVES**

**10:00AM** **NA in the Day - New London, (O,BST,JFT,RF,To,K,HY)**  
 Zoom Meeting ID: 220 174 840



**6:00PM** **Conectados por la recuperación - New Haven, (O,ES,VM)**  
 Zoom Meeting ID: 318 480 980 Passcode: NA  
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**FRIDAY / VIERNES**

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**6:00PM** **Conectados por la recuperación - New Haven, (O,ES,VM)**  
 Zoom Meeting ID: 318 480 980 Passcode: NA  
*Spanish Virtual Meeting*

**SATURDAY / SÁBADO**

**10:30AM** **Women Taking Steps - Willimantic, (C,ST,W,HY)**  
 Zoom Meeting ID: 711 7007 5501  
 Passcode: 766835

**SATURDAY / SÁBADO (CONT)**

**6:00PM** **Conectados por la recuperación - New Haven, (O,ES,VM)**  
 Zoom Meeting ID: 318 480 980 Passcode: NA  
*Spanish Virtual Meeting*

**MEETING FORMAT LEGEND**

BST	Beginners Step	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	ES	Español
FD	Five and Dime	HY	Hybrid Meeting
IG	Introductory Guide	JFT	Just for Today
K	Keytags	LC	Living Clean
O	Open	RA	Restricted Attendance
RF	Rotating Format	S	Speaker/Discussion
SPAD	A Spiritual Principle a Day	ST	Step
SWG	Step Working Guide	T	Tradition
To	Topic Discussion	VM	Virtual Meeting
W	Women	WC	Wheelchair

**PHONE NUMBERS**


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**What is our message?**

**The message is that an addict,  
 any addict, can stop using drugs,  
 lose the desire to use,  
 and find a new way to live.  
 Our message is hope  
 and the promise of freedom.**

Basic Text, page 65

**NARCOTICS ANONYMOUS**

**MEETING LIST FOR  
 UNITED SHORELINE AREA  
 (New London, Windham, and  
 Southern Middlesex Counties)**

**JULY 2024**

**24 HOUR HELPLINE**

1-800-627-3543

<https://www.ctna.test>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
 Ask your Higher Power to keep you clean  
 Come early and stay late  
 Get a home group  
 Go to 90 meetings in 90 days  
 Read NA literature daily  
 Get and use a sponsor  
 Use the PHONE  
**KEEP COMING BACK. IT WORKS****

Meetings Weekly: 39