**SUNDAY / DOMINGO**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 10:00AM | A Fresh Start (O,S,To,K)  
West Main Behavioral Health Center  
88 Grandview Avenue, Waterbury, 06708  
(Basement)  
*Speaker on last Sunday of each month* |
| 4:30PM | Serene & Living Clean (O,S,To,K)  
W.A.L.C. (Wolcott Activities and Learning Center)  
48 Todd Road, Wolcott, 06716 |
| 7:00PM | When at the End of the Road (O,S,LC,K)  
Naugatuck Congregational Church  
9 Division Street, Naugatuck, 06770 |
| 7:30PM | Not at the Church (O,IP,WC,K)  
Newtown Congregational Church  
14 West Street, Newtown, 06470  
(Meeting around back) |

**MONDAY / LUNES**

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<tr>
<th>Time</th>
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| 6:00PM | Spiritual Jam (C,D,SPAD)  
Community of the Cross Church  
7 Madison Ave., Danbury, 06810 |
| 7:30PM | Living Clean A New Beginning (O,WC,LC)  
First Congregational Church  
835 Riverside Avenue, Torrington, 06790 |
| 7:30PM | Recovery in the East (O,RF,To)  
Cross of Christ Church  
1555 Hamilton Ave., Waterbury, 06706 |

**TUESDAY / MARTES**

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<tr>
<th>Time</th>
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</table>
| 10:30AM | Carpe Diem (O,ST,WC,K,IG)  
St. John's Episcopal Church  
16 Church Street, Waterbury, 06702 |
| 6:00PM | Spiritual Principles Downtown (O,SPAD)  
CCAR  
132 Grand Street, Waterbury, 06702  
(3rd Floor) |
| 7:00PM | Freedom Isn't Free (O,BT,IV,W,M,RF,S)  
Center Congregational Church  
155 Main St., Torrington, 06790 |
| 7:00PM | Starting Over (O,S,ST,To)  
Community of the Cross Church  
7 Madison Avenue, Danbury, 06810  
(In Front door then down the stairs) |
| 7:30PM | Recovery in the Woods (O,BT,To,K)  
North Congregational Church  
11 Main Street North, Woodbury, 06798  
(Rt. 6 and Rt. 47) |

**WEDNESDAY / MIERCOS**

<table>
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<tr>
<th>Time</th>
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</table>
| 6:00PM | Back to Basics (O,BT)  
Hillside Covenant Church  
100 Hillside Ave., Naugatuck, 06770 |
| 7:00PM | Back To Life (O,BST)  
Fellowship Center  
15 Great Pasture Road, Danbury, 06801 |
| 7:00PM | Firm Foundation (O,RF,W,K)  
Cross of Christ Lutheran Church  
1555 Hamilton Ave, Waterbury, 06706  
Women's Meeting |
| 7:00PM | This Is Your Life (O,SLC,K)  
The Covenant Church  
64 Grove Street, Thomaston, 06787  
*Speaker on 5th Wednesday of the month* |
| 7:30PM | It's a Boy (O,JFT,M,S,K)  
Morris House  
26 North Elm Street, Waterbury, 06702 |
| 7:30PM | Miracles Under the Stars (O,JFT,HY)  
St. Marguerite Bourgeois Church  
138 Candlewood Lake Road, Brookfield, 06804 |
| 7:30PM | Together We Can (O,JFT,WC,K)  
St. Michael's Church Annex  
23 South Street, Litchfield, 06759  
*Speaker on the last Wednesday of each month* |

**THURSDAY / JUEVES**

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<tr>
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</table>
| 7:00PM | Progressive Recovery (O,To,K)  
Trinity Episcopal Church  
220 Prospect Street, Torrington, 06790 |
| 7:00PM | Stairway to Recovery (O,ST,K)  
West Main Behavioral Health  
88 Grandview Avenue, Waterbury, 06708  
(Basement) |
| 7:00PM | The Promise is Freedom (O,JFT,S,ST,T,SPAD)  
Danbury Church of Christ  
90 Clapboard Ridge Rd, Danbury, 06811  
(Downstairs) |
| 7:30PM | Seymour Thursday Meeting (O,JFT,K)  
United Methodist Church  
225 Great Hill Road, Seymour, 06483 |

**FRIDAY / VIERNES**

<table>
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<tr>
<th>Time</th>
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| 7:30PM | Recovery is Possible (O,JFT,RF,K)  
Scared Heart Church Lounge  
16 Cottage Street, Danbury, 06810  
(Held in the lounge. Entrance is on the left side of the church under awning.)  
*Alternates each week between Just For Today & Popsicle Stick meeting* |
| 8:00PM | Steps To Freedom (O,To,WC,K)  
Canaan United Methodist Church  
2 Church Street, Canaan, 06018 |

**SATURDAY / SÁBADO**

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| 8:30AM | Point of Freedom (O,BT,K)  
CCAR  
59 Field Street, Torrington, 06790 |
| 7:00PM | It Works, How and Why (O,IV,S,ST,T,K)  
United Methodist Church  
305 Main Street, Watertown, 06779 |
| 7:00PM | The Elevator's Broken, Use the Steps (C,K,IG)  
Trinity Episcopal Church  
220 Prospect Street, Torrington, 06790  
(Meeting room around back) |

**VIRTUAL MEETINGS**

<table>
<thead>
<tr>
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</table>
| 10:30AM | Carpe Diem Daily - Waterbury (O,To,VM)  
Zoom Meeting ID: 519 542 388 Passcode: Recovery |
| 7:30PM | Miracles Happen - Litchfield (O,To,VM)  
Zoom Meeting ID: 412 633 258 |

**MONDAY / LUNES**

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</table>
| 10:30AM | Carpe Diem Daily - Waterbury (O,LC,VM)  
Zoom Meeting ID: 519 542 388 Passcode: Recovery |
NARCOTICS ANONYMOUS
MEETING LIST FOR GREATER WATERBURY and GREATER DANBURY AREAS
APRIL 2024
24 HOUR HELPLINE
1-800-627-3543
https://www.ctna.test

SUGGESTIONS FOR EVERYONE
DON’T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 41