

SUNDAY / DOMINGO**10:00AM A Fresh Start (O,S,To,K)**

West Main Behavioral Health Center
88 Grandview Avenue, Waterbury, 06708
(Basement)
Speaker on last Sunday of each month

4:30PM Serene & Living Clean (O,S,To,K)

W.A.L.C. (Wolcott Activities and Learning Center)
48 Todd Road, Wolcott, 06716

7:00PM When at the End of the Road (O,S,LC,K)

Naugatuck Congregational Church
9 Division Street, Naugatuck, 06770

7:30PM Not at the Church (O,IP,WC,K)

Newtown Congregational Church
14 West Street, Newtown, 06470
(Meeting around back)

8:00PM Exactly Where You Need To Be (O,To)

St Joseph's Church
2 E Main Street, Canaan, 06018

MONDAY / LUNES**6:00PM Spiritual Jam (C,D,SPAD)**

Community of the Cross Church
7 Madison Ave., Danbury, 06810

7:30PM Living Clean A New Beginning (O,WC,LC)

First Congregational Church
835 Riverside Avenue, Torrington, 06790

7:30PM Recovery in the East (O,RF,To)

Cross of Christ Church
1555 Hamilton Ave., Waterbury, 06706

TUESDAY / MARTES**10:30AM Carpe Diem (O,ST,WC,K,IG)**

St. John's Episcopal Church
16 Church Street, Waterbury, 06702

6:00PM Spiritual Principles Downtown (O,SPAD)

CCAR
132 Grand Street, Waterbury, 06702
(3rd Floor)

7:00PM Freedom Isn't Free (O,BT,IW,M,RF,S)

Center Congregational Church
155 Main St., Torrington, 06790

7:00PM Starting Over (O,S,ST,To)

Community of the Cross Church
7 Madison Avenue, Danbury, 06810
(In Front door then down the stairs)

7:30PM Recovery in the Woods (O,BT,To,K)

North Congregational Church
11 Main Street North, Woodbury, 06798
(Rt. 6 and Rt. 47)

WEDNESDAY / MIÉRCOLES**6:00PM Back to Basics (O,BT)**

Hillside Covenant Church
100 Hillside Ave., Naugatuck, 06770

7:00PM Back To Life (O,BST)

Fellowship Center
15 Great Pasture Road, Danbury, 06801

7:00PM Firm Foundation (O,RF,W,K)

Cross of Christ Lutheran Church
1555 Hamilton Ave, Waterbury, 06706
Women's Meeting

7:00PM This Is Your Life (O,S,LC,K)

The Covenant Church
64 Grove Street, Thomaston, 06787
Speaker on 5th Wednesday of the month

7:30PM It's a Boy (O,JFT,M,S,K)

Morris House
26 North Elm Street, Waterbury, 06702

7:30PM Miracles Under the Stars (O,JFT,HY)

St. Marguerite Bourgeoys Church
138 Candlewood Lake Road, Brookfield, 06804

7:30PM Together We Can (O,JFT,WC,K)

St. Michael's Church Annex
23 South Street, Litchfield, 06759
Speaker on the last Wednesday of each month

THURSDAY / JUEVES**7:00PM Progressive Recovery (O,To,K)**

Trinity Episcopal Church
220 Prospect Street, Torrington, 06790

7:00PM Stairway to Recovery (O,ST,K)

West Main Behavioral Health
88 Grandview Avenue, Waterbury, 06708
(Basement)

7:00PM The Promise is Freedom (O,JFT,S,ST,T,SPAD)

Danbury Church of Christ
90 Clapboard Ridge Rd, Danbury, 06811
(Downstairs)

7:30PM Seymour Thursday Meeting (O,JFT,K)

United Methodist Church
225 Great Hill Road, Seymour, 06483

FRIDAY / VIERNES**7:00PM Just for Tonight (O,JFT,WC,K)**

All Saints Episcopal Church
262 Main Street, Oakville, 06779

7:00PM More Good Times Ahead (O,BT,JFT,S,LC,K,HY)

First Church of Winsted
95 North Main St., Winsted, 06098
(Right front entrance, parking in back of church or
across Holabird street in college lot)

FRIDAY / VIERNES (CONT)**7:30PM Recovery is Possible (O,JFT,RF,K)**

Scared Heart Church Lounge
16 Cottage Street, Danbury, 06810
(Held in the lounge. Entrance is on the left side of
the church under awning.)
*Alternates each week between Just For Today &
Popsicle Stick meeting*

8:00PM Steps To Freedom (O,To,WC,K)

Canaan United Methodist Church
2 Church Street, Canaan, 06018

SATURDAY / SÁBADO**8:30AM Point of Freedom (O,BT,K)**

CCAR
59 Field Street, Torrington, 06790

7:00PM It Works, How and Why (O,IW,S,ST,T,K)

United Methodist Church
305 Main Street, Watertown, 06779

7:00PM The Elevator's Broken, Use the Steps (C,K,IG)

Trinity Episcopal Church
220 Prospect Street, Torrington, 06790
(Meeting room around back)

7:30PM The Real Deal (O,S,To,K)

Scared Heart Church
17 Cottage Street, Danbury, 06810
(Church Lounge)

VIRTUAL MEETINGS**SUNDAY / DOMINGO**

10:30AM Carpe Diem Daily - Waterbury (O,To,VM)
Zoom Meeting ID: 519 542 388 Passcode:
Recovery



7:30PM Miracles Happen - Litchfield (O,To,VM)
Zoom Meeting ID: 412 633 258

**MONDAY / LUNES**

10:30AM Carpe Diem Daily - Waterbury (O,LC,VM)
Zoom Meeting ID: 519 542 388 Passcode:
Recovery



MONDAY / LUNES (CONT)

7:30PM The Broken Elevator - Danbury
(O,BT,ST,VM)
 Zoom Meeting ID: 614 336 4882

**TUESDAY / MARTES**

10:30AM Carpe Diem Daily - Waterbury
(O,ST,VM)
 Zoom Meeting ID: 519 542 388 Passcode:
 Recovery

**WEDNESDAY / MIÉRCOLES**

10:30AM Carpe Diem Daily - Waterbury
(O,S,VM,SPAD)
 Zoom Meeting ID: 519 542 388 Passcode:
 Recovery



7:30PM Miracles Under the Stars - Brookfield
(O,JFT,HY)
 Zoom Meeting ID: 614 336 4882

**THURSDAY / JUEVES**

10:30AM Carpe Diem Daily - Waterbury
(O,JFT,S,VM)
 Zoom Meeting ID: 519 542 388 Passcode:
 Recovery

**FRIDAY / VIERNES**

10:30AM Carpe Diem Daily - Waterbury
(O,IP,T,VM)
 Zoom Meeting ID: 519 542 388 Passcode:
 Recovery



7:00PM More Good Times Ahead - Winsted
(O,BT,JFT,S,LC,K,HY)
 Zoom Meeting ID: 824 0767 9639
 Passcode: 12121

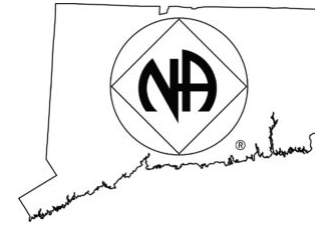
**SATURDAY / SÁBADO**

10:30AM Carpe Diem Daily - Waterbury
(O,S,To,VM)
 Zoom Meeting ID: 519 542 388 Passcode:
 Recovery

**MEETING FORMAT LEGEND**

BST	Beginners Step	BT	Basic Text
C	Closed	D	Discussion
HY	Hybrid Meeting	IG	Introductory Guide
IP	Informational Pamphlet	IW	It Works -How and Why
JFT	Just for Today	K	Keytags
LC	Living Clean	M	Men
O	Open	RF	Rotating Format
S	Speaker/Discussion	SPAD	A Spiritual Principle a Day
ST	Step	T	Tradition
To	Topic Discussion	VM	Virtual Meeting
W	Women	WC	Wheelchair

PHONE NUMBERS

NARCOTICS ANONYMOUS
**MEETING LIST FOR
 GREATER WATERBURY and
 GREATER DANBURY AREAS**
MAY 2024
24 HOUR HELPLINE
 1-800-627-3543

<https://www.ctna.test>
SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
 Ask your Higher Power to keep you clean
 Come early and stay late
 Get a home group
 Go to 90 meetings in 90 days
 Read NA literature daily
 Get and use a sponsor
 Use the **PHONE**
KEEP COMING BACK. IT WORKS

Meetings Weekly: 41