	SUNDAY / DOMINGO
10:30AN	1 Today We Live (O,To,WC,K)
	Church of the Holy Spirit 28 Church Street, West Haven, 06516
2:00PM	New Day New Way (O,S,To,WC)
	First Congregational Church
	122 Broad Street, Guilford, 06437
	(Route 77)
6:00PM	Serenity at Sundown (0,To) St. Bernadette's R.C. Church
	385 Townsend Avenue, New Haven, 06512
	(Church Hall/Basement)
	Speaker on the last Sunday of each month
7:30PM	Touch of Life (C,JFT)
	Renaissance Club 68 Quinnipiac Street, Wallingford, 06492
	(Designated Entrance & Exit)
	MONDAY / LUNES
NOON	No Opinions (O,D)
	Church of the Holy Spirit
	28 Church St., West Haven, 06516
	(Rear Entrance) Round Robin Topic Discussion
7:00PM	Just For Monday (O,JFT)
,	War Memorial Building
	695 Howe Avenue, Shelton, 06484
	(Rt. 110)
7:30PM	Living Clean (O,LC) First Presbyterian Church
	704 Whitney Avenue, New Haven, 06511
7:30PM	More Will Be Revealed (O,BT,CL,S,To)
	United Presbyterian Church
	109 Seaside Avenue, Milford, 06460
7:30PM	Spiritual Thunder (O,To,K)
	First Baptist Church 975 Main Street, Branford, 06405
	TUESDAY / MARTES
NOON	Tuesday at Noon (O,ST,WC,K)
110011	Episcopal Church of St. Paul & St. James
	57 Olive Street, New Haven, 06511
	(Corner of Chapel Street)
6:30PM	The Masks Have to Go (O,LC)
	Montowese Baptist Church 201 Quinnipiac Avenue, North Haven, 06473
7·15DM	The Courage To Change (C,BT,IP,M,RF,To,K)
, , 13514	Renaissance Club
	68 Quinnipiac Street, Wallingford, 06492
7:30PM	Outer Limits (O,S,To,K)

Christ & the Epiphany Church 39 Park Place, East Haven, 06512

TUESDAY / MARTES (CONT)

8:00PM Elm City Serenity (O,S,ST,T,K) St. Paul's UAME Church 150 Dwight Street, New Haven, 06511

WEDNESDAY / MIÉRCOLES

1:00PM Midday Serenity (O,JFT,WC)
First Congregational Church
23 South Main Street, Wallingford, 06492

6:30PM Miracles Happen (O,BT,ST,T,WC,K)Montowese Baptist Church
201 Quinnipiac Avenue, North Haven, 06473

7:00PM A View to Recovery (O,S,To,K)
War Memorial Building
695 Howe Avenue, Shelton, 06484
(Rt.110)

7:00PM Solutions for Sisters (O,ST,W)
St. Anthony's
70 Washington Avenue, New Haven, 06519
Womens Meeting

7:00PM The Time is Now (C,D,ST)
Renaissance Club
68 Quinnipiac St., Wallingford, 06492

7:30PM On The Green (O,To)

Trinity Episcopal Church
1109 Main Street, Branford, 06405
(Please use the front doors at the top of the ramp to Basement)

Speaker on the last Wednesday of each month

8:00PM Heaven Can Wait (O,JFT,M,ST,K)

Montowese Baptist Church
201 Quinnipiac Avenue, North Haven, 06473

THURSDAY / JUEVES

7:00PM Grupo Nuevo Nacimiento (O,ES,RF)
St. Paul & St. James Episcopal Church
57 Olive St., New Haven, 06511

7:00PM Stepping Into Freedom (O,RF)
Shelton War Memorial
695 Howe Ave, Shelton, 06484

7:00PM The Journey Begins (O,RF,YP,K)

Christ and Epiphany Church
39 Park Place, East Haven, 06512

7:30PM Seymour Thursday Meeting (O,JFT,K)
United Methodist Church
225 Great Hill Road, Seymour, 06483

7:30PM The Lie is Dead (O,BT,ST)
First Congregational Church of Guilford
122 Broad Street, Guilford, 06437

THURSDAY / JUEVES (CONT)

8:00PM The Other Thursday Night (O,RF)
Church of the Holy Spirit
28 Church Street, West Haven, 06516
Speaker on the last Thursday of each month

FRIDAY / VIERNES

NOON Right Step Into The Weekend (O,JFT,K)
Episcopal Church of St. Paul & St. James
57 Olive Street, New Haven, 06511
(Corner of Chapel St.)

6:30PM New Generation (O,ST,WC,K)First Presbyterian Church
704 Whitney Avenue, New Haven, 06511

7:30PM Recovery on Track (O,To)
St. Paul's Episcopal Church
65 North Main St, Wallingford, 06492
(Basement - Entrance Around the Back)

7:30PM Victory in the Valley (O,S,To,K)
War Memorial Building
695 Howe Avenue, Shelton, 06484
(Rt. 110)

8:00PM Fighting Back (O,S,To) St. Paul's UAME Church 150 Dwight Street, New Haven, 06511

8:00PM The Last Stop (O,RF,ST,K,GP)
Church of the Holy Spirit
28 Church Street, West Haven, 06516
(2nd Floor - Upstairs to the Left)

SATURDAY / SÁBADO

8:30AM The One Promise (O,JFT,K) St. Peter's Episcopal Church 71 River Street, Milford, 06460

10:30AM Southern Exposure (O,BT,T,K)
Our Lady of the Assumption
1700 Litchfield Turnpike, Woodbridge, 06525
(Rt. 69)

5:30PM Loud and Proud (O,LGBTQ+,RF,K)

APNH (A Place to Nourish your Health)
1302 Chapel Street, New Haven, 06511
(3rd Floor)

6:00PM Die Hard Recovery (O,S,To,K) Christ and Epiphany Church 39 Park Place, East Haven, 06512

7:00PM Feeling Free (0,WC,LC,K)
Holy Rosary Church
10 Father Salemi Drive, Ansonia, 06401
(Parking Lot)

SATURDAY / SÁBADO (CONT)

7:00PM Keep It Simple (O,S,To,WC)

First Congregational Church 1680 Foxon Road, North Branford, 06471 Speaker on the First Saturday of each month

VIRTUAL MEETINGS **SUNDAY / DOMINGO**

Alive@5 - New Haven, (O,To,VM) 5:00PM Zoom Meeting ID: 491 556 778 Passcode:

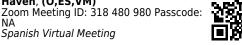
12121212

6:00PM



Conectados por la recuperación - New Haven, (O,ES,VM)

Zoom Meeting ID: 318 480 980 Passcode:





MONDAY / LUNES

The Midday Message - Wallingford, (O,To,VM) 12:30PM

Zoom Meeting ID: 885 1297 3844 Passcode: midday



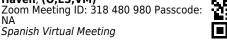
Alive@5 - New Haven, (O,To,VM) 5:00PM

Zoom Meeting ID: 491 556 778 Passcode: 12121212



Conectados por la recuperación - New Haven, (O,ES,VM)

6:00PM Zoom Meeting ID: 318 480 980 Passcode:





Branford Homegrown NA - Branford, 7:30PM (O,VM)

Zoom Meeting ID: 369 184 5002



TUESDAY / MARTES

Alive@5 - New Haven, (O,To,VM) 5:00PM

Zoom Meeting ID: 491 556 778 Passcode: 12121212



Conectados por la recuperación - New Haven, (O,ES,VM)

6:00PM Zoom Meeting ID: 318 480 980 Passcode:

Spanish Virtual Meeting



WEDNESDAY / MIÉRCOLES

Alive@5 - New Haven, (O,To,VM) 5:00PM Zoom Meeting ID: 491 556 778 Passcode:

12121212



Conectados por la recuperación - New Haven, (O,ES,VM)

6:00PM Zoom Meeting ID: 318 480 980 Passcode:

Spanish Virtual Meeting

On The Green - Branford, (O,To,VM) Zoom Meeting ID: 369 184 5002 7:30PM Speaker on the last Wednesday of each month



THURSDAY / JUEVES

Alive@5 - New Haven, (O,To,VM) 5:00PM Zoom Meeting ID: 491 556 778 Passcode:

12121212



Conectados por la recuperación - New Haven, (O,ES,VM)

6:00PM Zoom Meeting ID: 318 480 980 Passcode:

Spanish Virtual Meeting



FRIDAY / VIERNES

Living Clean Midday - Wallingford, (C,LC,VM)

12:30PM

Zoom Meeting ID: 885 1297 3844 Passcode: midday



Alive@5 - New Haven, (O,To,VM) 5:00PM

Zoom Meeting ID: 491 556 778 Passcode: 12121212



Conectados por la recuperación - New Haven, (O,ES,VM)

6:00PM Zoom Meeting ID: 318 480 980 Passcode:

Spanish Virtual Meeting



FRIDAY / VIERNES (CONT)

Branford Homegrown NA - Branford, 7:30PM

Zoom Meeting ID: 369 184 5002



SATURDAY / SÁBADO

Solutions for Sisters - New Haven. (O,JFT,W,VM)

10:00AM Zoom Meeting ID: 813 0374 7712 Passcode: recovery

Womens Meeting



Alive@5 - New Haven, (O,To,VM)

Zoom Meeting ID: 491 556 778 Passcode:

12121212

6:00PM



Conectados por la recuperación - New

Haven, (O,ES,VM)

Zoom Meeting ID: 318 480 980 Passcode:

Spanish Virtual Meeting



Branford Homegrown NA - Branford, 7:30PM

Zoom Meeting ID: 369 184 5002



MEETING FORMAT LEGEND					
BT	Basic Text	С	Closed		
CL	Candlelight	D	Discussion		
ES	Español	GP	Guiding Principles		
IP	Informational Pamphlet	JFT	Just for Today		
K	Keytags	LC	Living Clean		
LGBTQ+ LGBTQ+		М	Men		
0	Open	RF	Rotating Format		
S	Speaker/Discussion	ST	Step		
Т	Tradition	То	Topic Discussion		
VM	Virtual Meeting	W	Women		
WC	Wheelchair	YP	Young People		

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

NARCOTICS ANONYMOUS



MEETING LIST FOR NEW HAVEN AREA MAY 2024

24 HOUR HELPLINE 1-800-627-3543

https://www.ctna.test

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days **Read NA literature daily** Get and use a sponsor **Use the PHONE KEEP COMING BACK. IT WORKS**

Meetings Weekly: 60