**SUNDAY / DOMINGO**

4:30PM Moose Tracks (O,CL,To)
Danielson Methodist Church
9 Spring Street, Danielson, 06239
*Shotgun Format*

7:00PM Great to Be Straight (O,ST,T,WC,K)
Roger's Lake Clubhouse
75 Rogers Lake Trail, Old Lyme, 06371

7:30PM Crystal Clean (O,ST,RA,HY)
St. Mark’s Episcopal Church
15 Pearl Street, Mystic, 06355

**MONDAY / LUNES**

6:00PM A New Wave of Serenity on the Sound (O,To,WC)
St. John's Episcopal Church
400 Main Street, Niantic, 06357
(Meeting Outdoors)

7:00PM Recovery On Point (O,To,K)
Church Of Christ
366 Main Street, Old Saybrook, 06475
(Enter through top door on the right - back of church)

7:00PM There is Hope (O,JFT,WC)
CCAR
713 Main Street, Willimantic, 06226
(Corner of Church St.)

7:30PM Chelsea Group (O,CL,RF,K)
Mohegan Congregational Church
27 Church Lane, Uncasville, 06382

**TUESDAY / MARTES**

6:00PM Recovery at Dodge Pond (O,JFT)
Town Hall Pavillion
108 Pennsylvania Avenue, Niantic, 06357
(Meeting Outside behind Town Hall)

6:30PM Finding the Way (O,BT,RF,K)
Cornerstone Baptist Church
247 Broad Street, Danielson, 06239
*Masks Required if Unvaccinated*

7:00PM More Will Be Revealed (O,JFT,K)
First Church of Christ
366 Main Street, Old Saybrook, 06475

7:00PM Sound of Serenity (O,JFT,S)
Saint Johns Episcopal Church
22 Maple Ave, Uncasville, 06382
*Masks required, social distancing, follow Covid guidelines.*

7:30PM Outer Limits (O,BT,S,K)
Grace United Methodist Church
10 Park Avenue, Westerly, 02891
(Downstairs)
*Speaker 1st Wednesday of Each Month*

**THURSDAY / JUEVES**

7:30PM Sesame Street (O,BT,ST,WC)
Mohegan Congregational Church
27 Church Lane, Uncasville, 06382

**FRIDAY / VIERNES**

6:30PM Five & Dime (O,FD)
St John's Episcopal Church
400 Main Street, Niantic, 06357

6:30PM Moose Tracks (O,RF)
Danielson Methodist Church
9 Spring Street, Danielson, 06239
*Shotgun Format*

7:00PM H.O.W. Group (O,To,WC,K)
Uncas on the Thames: SMHA Behind Building
401 W. Thames Street, Norwich, 06360
(Rt. 32)
*Masks & Social Distancing Required, Temperatures Checked*

7:00PM Steps to Freedom (O,ST,WC,IG)
First Church of Christ in Saybrook
366 Main Street, Old Saybrook, 06475
*NO Smoking on Grounds*

**SATURDAY / SÁBADO**

10:30AM New Beginnings (O,ST,K,IG,HY)
T.H.E. Church
207 Bank Street, New London, 06320
1-6 Step Meeting
*In-Person Capacity of 25, Taking temps at the door, Masks required*

7:00PM Grow With the Glow (O,CL,JFT,S,K)
Noank Baptist Church
18 Cathedral Heights, Noank, 06340
*Masks Required. 25 Person Limit - Newcomers will never be turned away!*

**VIRTUAL MEETINGS**

**SUNDAY / DOMINGO**

10:00AM NA in the Day - New London, (O,BST,S,K,VM,TC)
Zoom Meeting ID: 220 174 840

**MONDAY / LUNES**

10:00AM NA in the Day - New London, (O,BST,JFT,RF,To,K,VM,TC)
Zoom Meeting ID: 220 174 840

**TUESDAY / MARTES**

10:00AM NA in the Day - New London, (O,BST,JFT,RF,To,K,VM,TC)
Zoom Meeting ID: 220 174 840
NARCOTICS ANONYMOUS

MEETING LIST FOR UNITED SHORELINE AREA
(New London, Windham, and Southern Middlesex Counties)

NOVEMBER 2021

24 HOUR HELPLINE
1-800-627-3543

https://www.ctna.org

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 41

TUESDAY / MARTES (CONT)

6:00PM
Conectados por la recuperación - New Haven, (ES,VM)
Zoom Meeting ID: 318 480 980 Password: NA
Spanish Virtual Meeting

WEDNESDAY / MIÉRCOLES

10:00AM
NA in the Day - New London, (O,BST,JFT,RF,To,K,VM,TC)
Zoom Meeting ID: 220 174 840

6:00PM
Conectados por la recuperación - New Haven, (ES,VM)
Zoom Meeting ID: 318 480 980 Password: NA
Spanish Virtual Meeting

THURSDAY / JUEVES

10:00AM
NA in the Day - New London, (O,BST,JFT,RF,To,K,VM,TC)
Zoom Meeting ID: 220 174 840

6:00PM
Conectados por la recuperación - New Haven, (ES,VM)
Zoom Meeting ID: 318 480 980 Password: NA
Spanish Virtual Meeting

7:00PM
Climbing The Steps - New London, (C,S,SWG,VM,TC)
Zoom Meeting ID: 486 650 6002

FRIDAY / VIERNES

10:00AM
NA in the Day - New London, (O,BST,JFT,RF,To,K,VM,TC)
Zoom Meeting ID: 220 174 840

6:00PM
Conectados por la recuperación - New Haven, (ES,VM)
Zoom Meeting ID: 318 480 980 Password: NA
Spanish Virtual Meeting

SATURDAY / SÁBADO

10:00AM
NA in the Day - New London, (O,BST,JFT,RF,To,K,VM,TC)
Zoom Meeting ID: 220 174 840

10:30AM
Women Taking Steps - Willimantic, (C,ST,W,VM,TC)
Zoom Meeting ID: 711 7007 5501
Passcode: 766835

6:00PM
Conectados por la recuperación - New Haven, (ES,VM)
Zoom Meeting ID: 318 480 980 Password: NA
Spanish Virtual Meeting

SUNDAY / DOMINGO

MEETING FORMAT LEGEND

BST Beginners Step
BT Basic Text
C Closed
CL Candlelight
ES Español
FD Five and Dime
HY Hybrid Meeting
IG Introductory Guide
JFT Just for Today
K Keytags
LC Living Clean
O Open
RA Restricted Attendance
RF Rotating Format
S Speaker/Discussion
ST Step
SWG Step Working Guide
T Tradition
TC Temporarily Closed Facility
To Topic Discussion
VM Virtual Meeting
W Women
WC Wheelchair

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

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