<table>
<thead>
<tr>
<th><strong>SUNDAY / DOMINGO</strong></th>
<th><strong>SATURDAY / SÁBADO (CONT)</strong></th>
<th><strong>VIRTUAL MEETINGS</strong></th>
</tr>
</thead>
</table>
| 10:30AM Recovery on Park Avenue (O,To,WC,HY)  
Bessemer Center  
2200 North Avenue, Bridgeport, 06604  
(Enter through rear side of the building) | 7:00PM Lost Then Found (O,BT,WC,HY)  
United Methodist Church  
165 South Avenue, New Canaan, 06840  
(Back Entrance)  
**Masks & Social Distancing Required.** | **SUNDAY / DOMINGO**  
Recovery on Park Avenue - Bridgeport,  
(O,To,WC,HY)  
Zoom Meeting ID: 370 755 1557 Password: 10301030 |
| **MONDAY / LUNES** | 7:00PM Road to Recovery (O,To)  
First Congregational Church  
3 Lewis Street, Norwalk, 06851  
(Corner of Park St.) | **MONDAY / LUNES**  
**NOON** Serenity at Noon - Stamford,  
(O,JFT,WC,VM,TC)  
Zoom Meeting ID: 845 0230 6515 Password: noon |
| 7:00PM Just For Monday (O,JFT)  
War Memorial Building  
695 Howe Avenue, Shelton, 06484  
(Rt. 110)  
**Meeting Outside, Bring Chairs & Masks** | 7:00PM It Works, How & Why - Norwalk,  
(C,ST,T,WC,K,VM,TC)  
Zoom Meeting ID: 298 580 9256 Password: siwel | **TUESDAY / MARTES**  
7:00PM Primary Purpose - Fairfield,  
(O,RF,K,VM,TC)  
Zoom Meeting ID: 149 931 714 Password: 121212 |
| **WEDNESDAY / MIÉRCOLES** | 7:00PM Road to Recovery (C,T,WC)  
First Congregational Church  
3 Lewis Street, Norwalk, 06851  
(Corner of Park St.) | **TUESDAY / MARTES**  
7:00PM Never Alone, Never Again - Norwalk,  
(O,LGBT,RF,K,VM,TC)  
Zoom Meeting ID: 403 538 1317  
Parking behind building available. |
| 7:00PM A View to Recovery (O,S,To,K)  
War Memorial Building  
695 Howe Avenue, Shelton, 06484  
(Rt. 110)  
**Meeting Outside, Bring Chairs & Masks** | 7:00PM New Hope - Bridgeport,  
(O,S,To,WC,VM,TC)  
Zoom Meeting ID: 823 099 178 | **WEDNESDAY / MIÉRCOLES**  
7:00PM By the Text - Norwalk, (C.T,VM,TC)  
Zoom Meeting ID: 857 447 0013 Password: 121212 |
| 7:00PM Road to Recovery (C,S)  
First Congregational Church  
3 Lewis Street, Norwalk, 06851  
(Corner of Park St.) | 7:00PM New Hope - Bridgeport,  
(O,S,To,WC,VM,TC)  
Zoom Meeting ID: 823 099 178 | **WEDNESDAY / MIÉRCOLES**  
7:30PM By the Text - Norwalk, (O,JFT,ST,VM,TC)  
Zoom Meeting ID: 857 447 0013 Password: 121212 |
| **THURSDAY / JUEVES** | **TUESDAY / MARTES**  
7:00PM By the Text - Norwalk, (O,JFT,ST,VM,TC)  
Zoom Meeting ID: 857 447 0013 Password: 121212 | **WEDNESDAY / MIÉRCOLES**  
7:00PM By the Text - Norwalk, (O,JFT,ST,VM,TC)  
Zoom Meeting ID: 857 447 0013 Password: 121212 |
| 7:00PM Free as an Eagle (O,S,To,K)  
Our Lady of the Assumption Church  
545 Stratfield Road, Fairfield, 06825 | 7:00PM Victory in the Valley (O,S,To,K)  
War Memorial Building  
695 Howe Avenue, Shelton, 06484  
(Rt. 110)  
**Meeting indoors, bring masks, following state guidelines for occupancy** | 7:45PM By the Text - Norwalk, (O,JFT,S,To,VM,TC)  
Zoom Meeting ID: 857 447 0013 Password: 121212  
Anniversary/keychain last Wednesday of the Month |
| **FRIDAY / VIERNES** | **TUESDAY / MARTES**  
7:30PM Survivors (O,S,To,WC)  
Saugatuck Congregational Church  
245 Post Road East, Westport, 06880  
(Rear Enterance, 2nd Floor, Room 206)  
**Meeting Outside, Bring Chairs & Masks Required** | **SATURDAY / SÁBADO**  
7:00PM Feeling Free (O,WC,LC,K)  
Holy Rosary Church  
10 Father Salemi Drive, Ansonia, 06401  
(Parking Lot) |
| 7:00PM Road to Recovery (C,JFT,T,WC,K)  
First Congregational Church  
3 Lewis Street, Norwalk, 06851  
(Corner of Park St.) | **SATURDAY / SÁBADO**  
7:00PM Feeling Free (O,WC,LC,K)  
Holy Rosary Church  
10 Father Salemi Drive, Ansonia, 06401  
(Parking Lot) | **SATURDAY / SÁBADO (CONT)**  
7:00PM Lost Then Found (O,BT,WC,HY)  
United Methodist Church  
165 South Avenue, New Canaan, 06840  
(Back Entrance)  
**Masks & Social Distancing Required.** |
| 7:30PM Victory in the Valley (O,S,To,K)  
War Memorial Building  
695 Howe Avenue, Shelton, 06484  
(Rt. 110)  
**Meeting indoors, bring masks, following state guidelines for occupancy** | **SATURDAY / SÁBADO**  
7:00PM Lost Then Found (O,BT,WC,HY)  
United Methodist Church  
165 South Avenue, New Canaan, 06840  
(Back Entrance)  
**Masks & Social Distancing Required.** | 7:00PM Road to Recovery (C,S)  
First Congregational Church  
3 Lewis Street, Norwalk, 06851  
(Corner of Park St.) |
### THURSDAY / JUEVES

**NOON**

**Serenity at Noon - Stamford, (O,BST,DC,WC,VM,TC)**
Zoom Meeting ID: 845 0230 6515 Password: noon

### FRIDAY / VIERNES

**7:00PM**

**A Simple Solution - Stamford, (O,BST,IP,JFT,To,T,K,VM,TC)**
Zoom Meeting ID: 987 822 249 Password: simple

### SATURDAY / SÁBADO

**6:30PM**

**By the Text - Norwalk, (C,BST,VM,TC)**
Zoom Meeting ID: 857 447 0013 Password: 121212

**7:00PM**

**Lost Then Found - New Canaan, (O,BT,WC,HY)**
Zoom Meeting ID: 824 6197 1835

**7:00PM**

**Success Downtown - Bridgeport, (O,To,WC,K,VM,TC)**
Zoom Meeting ID: 823 099 178 Password: 984882

**7:00PM**

**Courage to Change - Stamford, (O,S,VM,TC)**
Zoom Meeting ID: 995 909 441 Password: 525118

**7:45PM**

**By the Text - Norwalk, (C,BT,LC,VM,TC)**
Zoom Meeting ID: 857 447 0013 Password: 121212

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### MEETING FORMAT LEGEND

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<th>BST</th>
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<td>JFT</td>
<td>Just for Today</td>
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<td>K</td>
<td>Keytags</td>
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<td>LC</td>
<td>Living Clean</td>
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<td>Open</td>
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<tr>
<td>VM</td>
<td>Virtual Meeting</td>
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<tr>
<td>WC</td>
<td>Wheelchair</td>
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</tbody>
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### NEIGHBORING AREAS/REGIONS

- Greater New York Region: 212-929-6262
- Berkshire County Area: 413-443-4377
- Free Spirit Area (Southern RI): 401-461-1110
- New England Region (MA and Northern RI): 866-624-3578
- ABCD Region (Albany, NY): 888-399-5519

### PHONE NUMBERS

- 24 HOUR HELPLINE: 1-800-627-3543
- https://www.ctna.org

### SUGGESTIONS FOR EVERYONE

- DON'T USE no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the PHONE

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 26

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**What is our message?**

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. Basic Text, page 65