<table>
<thead>
<tr>
<th>SUNDAY / DOMINGO</th>
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</table>
| 11:30AM New Freedom (O,BT,S,To,WC,K)  
Trinity Episcopal Church  
345 Main Street, Portland, 06480 |
| 7:00PM Came To Believe (O,To,WC,K)  
Church of the Holy Trinity  
381 Main Street, Middletown, 06457  
(Chapel room downstairs) |

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<tr>
<th>MONDAY / LUNES</th>
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| 6:00PM Stepping Into the Light (O,ST,T)  
St. James Parish Hall  
501 Killingworth Rd., Higganum, 06441  
Masks Required |
| 6:45PM Working the Steps (O,CL,SWG,ST)  
Portland United Methodist Church  
381 Main Street, Portland, 06480  
First half personal step work. Second half step discussion out of the JFT  
Bring Masks & Use Social Distancing. Limited Seating Available. |

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<tr>
<th>TUESDAY / MARTES</th>
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| 6:00PM Over The Wall (O,To,WC,K)  
Portland United Methodist Church  
381 Main Street, Portland, 06480 |

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<tr>
<th>WEDNESDAY / MIÉRCOLES</th>
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| 5:45PM Serenity Check (O,JFT,S,WC)  
Third Congregational Church  
94 Miner Street, Middletown, 06457  
Speaker on the second Wednesday of each month |
| 7:00PM Living Clean (O,LC)  
First Congregational Church  
554 Main Street, Portland, 06480  
(Fellowship Hall)  
Masks Optional |

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<tr>
<th>THURSDAY / JUEVES</th>
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| 7:30PM Whole Lava Love (O,To)  
Trinity Episcopal Church  
345 Main Street, Portland, 06480  
Lava Lamp instead of Candlelight Meeting  
Following Social Distancing |

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<tr>
<th>FRIDAY / VIERNES</th>
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| 7:00PM Stepping Into the Weekend (O,ST)  
Zion Lutheran Church  
183 Williams Street, Portland, 06480 |

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<tr>
<th>FRIDAY / VIERNES (CONT)</th>
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</table>
| 7:30PM Pigs in Space (O,M,RF,S,To,WC,K)  
Shiloh Baptist Church  
346 Butternut Street, Middletown, 06457  
Masks required, Temps taken, Sanitizing provided |
| 10:00PM Til' the Wheels Fall Off (O,RF,K)  
Trinity Episcopal Church  
345 Main Street, Portland, 06480  
Masks Required at All Times. Social Distancing. |

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<tr>
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</table>
| 7:00PM Saturday Night Sanity (O,S,To)  
Church of the Holy Trinity  
381 Main Street, Middletown, 06457  
(2nd floor)  
Speaker on the last Saturday of each month  
Masks Required Until Seated |

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<tr>
<th>VIRTUAL MEETINGS</th>
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<tr>
<td>MONDAY / LUNES</td>
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| 8:00PM Stepping Free - Higganum.  
Zoom Meeting ID: 811 3044 8128  
Passcode: 12Steps |

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<th>TUESDAY / MARTES</th>
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| 5:30PM Recovery 101 - Middletown,  
(O,RF,WC,VM,TC)  
8x8 app, NOT ZOOM  
Free Parking available in Lot C on Church Street |

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<th>SATURDAY / SÁBADO</th>
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</table>
| 7:00PM Basically Lit Recovery - Middletown,  
(O,BT,VM,TC)  
Meeting ID: 741 521 497 Passcode: 780131  
Line by Line Text Study |
What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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