**SUNDAY / DOMINGO**

- **11:30AM** New Freedom (O,BT,S,To,WC,K)
  - Trinity Episcopal Church
  - 345 Main Street, Portland, 06480

- **7:00PM** Came To Believe (O,To,WC,K)
  - Church of the Holy Trinity
  - 381 Main Street, Middletown, 06457
  - (Chapel room downstairs)

**MONDAY / LUNES**

- **6:00PM** Stepping Into the Light (O,ST,T)
  - St. James Parish Hall
  - 501 Killingworth Rd., Higganum, 06441
  - Masks Required

- **6:45PM** Working the steps (O,CL,SWG,ST)
  - Portland United Methodist Church
  - 381 Main Street, Portland, 06480
  - First half personal step work. Second half step discussion out of the JFT
  - Bring Masks & Use Social Distancing. Limited Seating Available.

**TUESDAY / MARTES**

- **6:00PM** Over The Wall (O,To,WC,K)
  - Portland United Methodist Church
  - 381 Main Street, Portland, 06480

**WEDNESDAY / MIÉRCOLES**

- **5:45PM** Serenity Check (O,JFT,S,WC,HY)
  - Third Congregational Church
  - 94 Miner Street, Middletown, 06457
  - Speaker on the second Wednesday of each month
  - Masks required for all

- **6:30PM** All About Change (O,To,WC,K)
  - Watrous Park Cromwell
  - 44 Geer Street, Cromwell, 06416
  - (Meets under the pavilion)
  - Speaker on the last Wednesday of each month

- **7:00PM** Living Clean (O,LC)
  - First Congregational Church
  - 554 Main Street, Portland, 06480
  - (Fellowship Hall)
  - Masks Required For All

**THURSDAY / JUEVES**

- **7:30PM** Whole Lava Love (O,To)
  - Trinity Episcopal Church
  - 345 Main Street, Portland, 06480
  - Lava Lamp instead of Candlelight Meeting
  - Following Social Distancing

**FRIDAY / VIERNES**

- **7:00PM** Stepping Into the Weekend (O,ST)
  - Zion Lutheran Church
  - 183 Williams Street, Portland, 06480

- **7:30PM** Pigs in Space (O,M,RF,S,To,WC,K)
  - Shiloh Baptist Church
  - 346 Butternut Street, Middletown, 06457
  - Masks required, Temps taken, Sanitizing provided

- **7:30PM** Straight Lace (O,JFT,S,W,WC,K)
  - Portland United Methodist Church
  - 381 Main Street, Portland, 06480
  - Womens Meeting

- **10:00PM** Til' the Wheels Fall Off (O,RF,K)
  - Trinity Episcopal Church
  - 345 Main Street, Portland, 06480
  - Masks Required at All Times. Social Distancing.

**SATURDAY / SÁBADO**

- **7:00PM** Saturday Night Sanity (O,S,To)
  - Church of the Holy Trinity
  - 381 Main Street, Middletown, 06457
  - (2nd floor)
  - Speaker on the last Saturday of each month
  - Masks Required Until Seated

**VIRTUAL MEETINGS**

- **MONDAY / LUNES**
  - **8:00PM** Stepping Free - Higganum.
    - O,S,ST,WC,VM,TC
    - Zoom Meeting ID: 811 3044 8128
    - Password: 12Steps

- **TUESDAY / MARTES**
  - **5:30PM** Recovery 101 - Middletown.
    - O,RF,WC,VM,TC
    - 8x8 app, NOT ZOOM
    - Free Parking available in Lot C on Church Street

- **WEDNESDAY / MIÉRCOLES**
  - **5:45PM** Serenity Check - Middletown.
    - O,JFT,S,WC,HY
    - Zoom Meeting ID: 836 8946 3343
    - Password: 028227
    - Speaker on the second Wednesday of each month

- **SATURDAY / SÁBADO**
  - **7:00PM** Basically Lit Recovery - Middletown.
    - O,BT,VM,TC
    - Meeting ID: 741 521 497
    - Password: 780131
    - Line by Line Text Study
What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65