

SUNDAY / DOMINGO

4:30PM Young, Serene & Living Clean (O,S,To,WC,YP,K)
 W.A.L.C. (Wolcott Activities and Learning Center)
 48 Todd Road, Wolcott, 06716

TUESDAY / MARTES

10:30AM Carpe Diem (O,BST,WC,K,IG)
 St. John's Episcopal Church
 16 Church Street, Waterbury, 06702

7:30PM Recovery in the Woods (O,BT,To,K)
 North Congregational Church
 11 Main Street North, Woodbury, 06798
 (Rt. 6 and Rt. 47)

WEDNESDAY / MIÉRCOLES

7:00PM Back To Life (O,BST,HY)
 Fellowship Center
 15 Great Pasture Road, Danbury, 06801
Masks required, no food or beverages

7:00PM Firm Foundation (O,RF,W,K,HY)
 St. Peter's Trinity Church
 160 Main St., Thomaston, 06787
Women's Meeting with 15 minute break
Masks & Social Distancing Required.

7:00PM This Is Your Life (O,To,LC,K)
 The Covenant Church
 64 Grove Street, Thomaston, 06787
**Masks, Social Distancing, Room Sanitized.
 Sanitizer Available**

THURSDAY / JUEVES

7:00PM Progressive Recovery (O,To,K)
 Olympic carwash
 163 South Main St, Torrington, 06790

7:00PM The Ladder to Recovery (O,S,To,K)
 The Meeting Place
 30 Center Street, Prospect, 06712
**Meeting Outside (Weather Permitting), Bring
 Chairs & Masks**

7:30PM Seymour Thursday Night (O,JFT,K,HY)
 United Methodist Church
 225 Great Hill Road, Seymour, 06483
 (Rt. 188)


FRIDAY / VIERNES

7:00PM Just for Tonight (O,JFT,WC,K,HY)
 All Saints Episcopal Church
 262 Main Street, Oakville, 06779

FRIDAY / VIERNES (CONT)

7:30PM Recovery is Possible (O,JFT,RF,K)
 Scared Heart Church Lounge
 16 Cottage Street, Danbury, 06810
 (Held in the lounge. Entrance is on the left side of the
 church under awning.)
*Alternates each week between Just For Today &
 Popsicle Stick meeting*
**Masks & Social Distancing Required. 1st Name
 & Phone # or Email Address Sign in sheet
 required & kept anonymously with group only.
 (Church & State of CT Policy)**


**VIRTUAL MEETINGS
SUNDAY / DOMINGO**

10:30AM Carpe Diem - Waterbury (O,BST,WC,VM)
 Zoom Meeting ID: 519 542 388 Password:
 Recovery 


**7:30PM Not at the Church - Newtown
(O,IP,WC,K,VM,TC)**
 Zoom Meeting ID: 674 815 858 

**7:30PM Miracles Happen - Litchfield
(O,To,VM,TC)**
 Zoom Meeting ID: 412 633 258 


MONDAY / LUNES

**10:30AM Carpe Diem - Waterbury
(O,WC,LC,VM,TC)**
 Zoom Meeting ID: 519 542 388 Password:
 Recovery 


**7:30PM The Broken Elevator - Danbury
(BT,ST,VM)**
 Zoom Meeting ID: 614 336 4882 

**7:30PM Recovery in the East - Waterbury
(O,RF,VM,TC)**
 Zoom Meeting ID: 993 798 403 Password:
 2020 


TUESDAY / MARTES


10:30AM Carpe Diem - Waterbury (O,BST,WC,VM)
 Zoom Meeting ID: 519 542 388 Password:
 Recovery 


**6:00PM Recovering Hearts - Torrington
(O,JFT,W,K,VM,TC)**
 Zoom Meeting ID: 850 1255 2851 Password:
 Hearts
Women's Meeting 


7:00PM Starting Over - Danbury (O,S,ST,To,VM)
 Zoom Meeting ID: 359 068 5150 Password:
 recovery 

WEDNESDAY / MIÉRCOLES


**10:30AM Carpe Diem - Waterbury
(O,To,WC,VM,TC)**
 Zoom Meeting ID: 519 542 388 Password:
 Recovery 


**7:00PM Firm Foundation - Thomaston
(O,RF,W,K,HY)**
 Zoom Meeting ID: 896 6663 8779 Password:
 Foundation
Women's Meeting with 15 minute break 

7:00PM Back To Life - Danbury (O,BST,HY)
 Zoom Meeting ID: 852 5216 6533 Password:
 recovery 

**7:30PM Miracles Under the Stars - Danbury
(JFT,VM)**
 Zoom Meeting ID: 614 336 4882 

THURSDAY / JUEVES

**10:30AM Carpe Diem - Waterbury
(O,JFT,WC,VM,TC)**
 Zoom Meeting ID: 519 542 388 Password:
 Recovery 

**7:30PM Seymour Thursday Night - Seymour
(O,JFT,K,HY)**
 Zoom Meeting ID: 911 577 020 

FRIDAY / VIERNES

10:30AM **Carpe Diem - Waterbury (O,IP,WC,VM,TC)**
Zoom Meeting ID: 519 542 388 Password: Recovery



7:00PM **More Good Times Ahead - Winsted (O,IP,JFT,WC,K,VM,TC)**
Zoom Meeting ID: 390 614 556 Password: 003182



7:00PM **Just for Tonight - Oakville (O,JFT,WC,K,HY)**
Zoom Meeting ID: 140 984 512 Password: 8675309



SATURDAY / SÁBADO

8:30AM **Point of Freedom - Torrington (O,BT,K,VM,TC)**
Zoom Meeting ID: 124 330 590



10:30AM **Carpe Diem - Waterbury (O,BST,WC,VM,TC)**
Zoom Meeting ID: 519 542 388 Password: Recovery



MEETING FORMAT LEGEND

BST	Beginners Step	BT	Basic Text
HY	Hybrid Meeting	IG	Introductory Guide
IP	Informational Pamphlet	JFT	Just for Today
K	Keytags	LC	Living Clean
O	Open	RF	Rotating Format
S	Speaker/Discussion	ST	Step
TC	Temporarily Closed	To	Topic Discussion
VM	Virtual Meeting	W	Women
WC	Wheelchair	YP	Young People

NEIGHBORING AREAS/REGIONS

Greater New York Region	212-929-6262
Berkshire County Area	413-443-4377
Free Spirit Area (Southern RI)	401-461-1110
New England Region (MA and Northern RI)	866-624-3578
ABCD Region (Albany, NY)	888-399-5519

PHONE NUMBERS

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

NARCOTICS ANONYMOUS



MEETING LIST FOR GREATER WATERBURY and GREATER DANBURY AREAS

JANUARY 2021

24 HOUR HELPLINE
1-800-627-3543

<https://www.ctna.org>

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 27