<table>
<thead>
<tr>
<th><strong>SUNDAY / DOMINGO</strong></th>
<th><strong>WEDNESDAY / MIÉRCOLES (CONT)</strong></th>
<th><strong>SATURDAY / SÁBADO (CONT)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30PM Serene &amp; Living Clean (O,S,To,K) W.A.L.C. (Wolcott Activities and Learning Center) 48 Todd Road, Wolcott, 06716</td>
<td>7:30PM Miracles Under the Stars (JFT,HY) St. Marguerite Bourgeoys Church 138 Candlewood Lake Road, Brookfield, 06804</td>
<td>7:30PM The Real Deal (O,S,To,K) Scared Heart Church 17 Cottage Street, Danbury, 06810 (Church Lounge) <strong>Good weather bring chair outside. Bad weather in church lounge.</strong></td>
</tr>
<tr>
<td><strong>7:00PM</strong> When at the End of the Road (O,S,LC,K) Naugatuck Congregational Church 9 Division Road, Naugatuck, 06770</td>
<td>7:30PM Together We Can (O,JFT,WC,K) St. Michael's Church Annex 23 South Street, Litchfield, 06759</td>
<td><strong>VIRTUAL MEETINGS</strong> <strong>SUNDAY / DOMINGO</strong></td>
</tr>
<tr>
<td><strong>7:30PM</strong> Not at the Church (O,IP,WC,K) Newtown Congregational Church 14 West Street, Newtown, 06470 (Meeting around back)</td>
<td><strong>THURSDAY / JUEVES</strong></td>
<td><strong>10:30AM</strong> Carpe Diem Daily - Waterbury (O,BST,WC,VM) Zoom Meeting ID: 519 542 388 Password: Recovery</td>
</tr>
<tr>
<td><strong>8:00PM</strong> Exactly Where You Need To Be (To) St Joseph's Church 2 E Main Street, Canaan, 06018</td>
<td><strong>8:00PM</strong> Steps To Freedom (O,To,WC,K) Pilgrim House 30 Granite Avenue, Canaan, 06018</td>
<td><strong>7:30PM</strong> Miracles Happen - Litchfield (O,To,VM,TC) Zoom Meeting ID: 412 633 258</td>
</tr>
<tr>
<td><strong>MONDAY / LUNES</strong></td>
<td><strong>FRIDAY / VIERNES</strong></td>
<td><strong>10:30AM</strong> Carpe Diem Daily - Waterbury (O,WC,LC,VM,TC) Zoom Meeting ID: 519 542 388 Password: Recovery</td>
</tr>
<tr>
<td>6:00PM Women's Spiritual Jam (C,CL,W) Community of the Cross Church 7 Madison Ave., Danbury, 06810</td>
<td><strong>7:00PM</strong> Just for Tonight (O,JFT,WC,K,HY) All Saints Episcopal Church 262 Main Street, Oakville, 06779</td>
<td><strong>7:30PM</strong> The Broken Elevator - Danbury (BT,ST,VM) Zoom Meeting ID: 614 336 4882</td>
</tr>
<tr>
<td><strong>7:30PM</strong> Steps for a New Beginning (O,WC,LC) First Congregational Church 835 Riverside Avenue, Torrington, 06790</td>
<td><strong>7:00PM</strong> More Good Times Ahead (O,BT,JFT,S,LC,K,HY) First Church of Winsted 95 North Main St., Winsted, 06098 (Right front entrance, parking in back of church or across Holabird street in college lot) <strong>Masks Required for Unvaccinated.</strong></td>
<td><strong>7:30PM</strong> Recovery in the East - Waterbury (O,RF,VM,TC) Zoom Meeting ID: 993 798 403 Password: 2020</td>
</tr>
<tr>
<td><strong>TUESDAY / MARTES</strong></td>
<td><strong>7:30PM</strong> Recovery is Possible (O,JFT,RF,K) Scared Heart Church Lounge 16 Cottage Street, Danbury, 06810 (Held in the lounge. Entrance is on the left side of the church under awning.) <strong>Alternate weeks between Just For Today &amp; Popsicle Stick meeting Social Distancing Required. 1st Name &amp; Phone # or Email Address Sign in sheet required &amp; kept anonymously with group only.</strong></td>
<td><strong>TUESDAY / MARTES</strong></td>
</tr>
<tr>
<td>10:30AM Carpe Diem (O,BST,WC,K,IG) St. John's Episcopal Church 16 Church Street, Waterbury, 06702</td>
<td><strong>7:30PM</strong> Seymour Thursday Meeting (O,JFT,K) United Methodist Church 225 Great Hill Road, Seymour, 06483 (Fellowship Hall)</td>
<td><strong>10:30AM</strong> Carpe Diem Daily - Waterbury (O,BST,WC,VM) Zoom Meeting ID: 519 542 388 Password: Recovery</td>
</tr>
<tr>
<td><strong>7:00PM</strong> Starting Over (O,S,ST,To) Community of the Cross Church 7 Madison Avenue, Danbury, 06810 (In Front door then down the stairs) <strong>Mask Required if Unvaccinated.</strong></td>
<td><strong>SATURDAY / SÁBADO</strong></td>
<td><strong>7:30PM</strong> Recovery in the East - Waterbury (O,RF,VM,TC) Zoom Meeting ID: 993 798 403 Password: 2020</td>
</tr>
<tr>
<td><strong>7:30PM</strong> Recovery in the Woods (O,BT,To,K) North Congregational Church 11 Main Street North, Woodbury, 06798 (Rt. 6 and Rt. 47)</td>
<td><strong>7:00PM</strong> Steps To Freedom (O,To,WC,K) Pilgrim House 30 Granite Avenue, Canaan, 06018</td>
<td><strong>10:30AM</strong> Carpe Diem Daily - Waterbury (O,BST,WC,VM) Zoom Meeting ID: 519 542 388 Password: Recovery</td>
</tr>
<tr>
<td><strong>WEDNESDAY / MIÉRCOLES</strong></td>
<td><strong>SATURDAY / SÁBADO</strong></td>
<td><strong>Masks Required for Unvaccinated.</strong></td>
</tr>
<tr>
<td>7:00PM Back To Life (O,BST,HY) Fellowship Center 15 Great Pasture Road, Danbury, 06801</td>
<td>7:00PM It Works, How and Why (O,IW,S,ST,T,K) Gateway Bible Church 500 Buckingham Street, Oakville, 06779</td>
<td><strong>7:30PM</strong> Recovery in the East - Waterbury (O,RF,VM,TC) Zoom Meeting ID: 993 798 403 Password: 2020</td>
</tr>
<tr>
<td><strong>7:00PM</strong> Firm Foundation (O,RF,W,K,HY) St. Peter's Trinity Church 160 Main St., Thomaston, 06787 <strong>Women's Meeting with 15 minute break</strong> <strong>Masks &amp; Social Distancing Required if Unvaccinated.</strong></td>
<td><strong>7:30PM</strong> The Real Deal (O,S,To,K) Scared Heart Church 17 Cottage Street, Danbury, 06810 (Church Lounge) <strong>Good weather bring chair outside. Bad weather in church lounge.</strong></td>
<td><strong>8:00PM</strong> Steps To Freedom (O,To,WC,K) Pilgrim House 30 Granite Avenue, Canaan, 06018</td>
</tr>
<tr>
<td><strong>7:00PM</strong> This Is Your Life (O,SWG,LC,K) The Covenant Church 64 Grove Street, Thomaston, 06787 <strong>Masks optional, hand sanitizer available</strong></td>
<td><strong>SÁBADO / SATURDAY</strong></td>
<td><strong>Masks Required for Unvaccinated.</strong></td>
</tr>
<tr>
<td><strong>MONDAY / LUNES</strong></td>
<td><strong>VIRTUAL MEETINGS</strong></td>
<td><strong>7:00PM</strong> It Works, How and Why (O,SWG,LC,K) The Covenant Church 64 Grove Street, Thomaston, 06787 <strong>Masks optional, hand sanitizer available</strong></td>
</tr>
<tr>
<td><strong>7:00PM</strong> This Is Your Life (O,SWG,LC,K) The Covenant Church 64 Grove Street, Thomaston, 06787 <strong>Masks optional, hand sanitizer available</strong></td>
<td><strong>SATURDAY / SÁBADO</strong></td>
<td><strong>7:30PM</strong> The Real Deal (O,S,To,K) Scared Heart Church 17 Cottage Street, Danbury, 06810 (Church Lounge) <strong>Good weather bring chair outside. Bad weather in church lounge.</strong></td>
</tr>
</tbody>
</table>
WEDNESDAY / MIÉRCOLES
10:30AM
Carpe Diem Daily - Waterbury
(O,To,WC,VM,TC)
Zoom Meeting ID: 519 542 388 Password: Recovery

THURSDAY / JUEVES
10:30AM
Carpe Diem Daily - Waterbury
(O,JFT,WC,VM,TC)
Zoom Meeting ID: 519 542 388 Password: Recovery

FRIDAY / VIERNES
10:30AM
Carpe Diem Daily - Waterbury
(O,IP,WC,VM,TC)
Zoom Meeting ID: 519 542 388 Password: Recovery

SATURDAY / SÁBADO
8:30AM
Point of Freedom - Torrington
(O,BT,K,VM,TC)
Zoom Meeting ID: 124 330 590
10:30AM
Carpe Diem Daily - Waterbury
(O,BST,WC,VM,TC)
Zoom Meeting ID: 519 542 388 Password: Recovery

PHONE NUMBERS

NARCOTICS ANONYMOUS
MEETING LIST FOR GREATER WATERBURY and GREATER DANBURY AREAS
NOVEMBER 2021
24 HOUR HELPLINE
1-800-627-3543
https://www.ctna.org

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS
Meetings Weekly: 33

What is our message?
The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.
Our message is hope and the promise of freedom.
Basic Text, page 65