<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUNDAY / DOMINGO</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:30PM</td>
<td>Serene &amp; Living Clean (O,S,To,K) W.A.L.C. (Wolcott Activities and Learning Center)</td>
<td>48 Todd Road, Wolcott, 06716</td>
</tr>
<tr>
<td>7:00PM</td>
<td>When at the End of the Road (O,S,LC,K) Naugatuck Congregational Church</td>
<td>9 Division Street, Naugatuck, 06770</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Not at the Church (O,IP,WC,K) Newtown Congregational Church</td>
<td>14 West Street, Newtown, 06470 (Meeting around back)</td>
</tr>
<tr>
<td>8:00PM</td>
<td>Exactly Where You Need To Be (O,To) St Joseph's Church</td>
<td>2 E Main Street, Canaan, 06018</td>
</tr>
<tr>
<td><strong>MONDAY / LUNES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:00PM</td>
<td>Women's Spiritual Jam (C,CL,W) Community of the Cross Church</td>
<td>7 Madison Ave., Danbury, 06810</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Steps to a New Beginning (O,WC,LC) First Congregational Church</td>
<td>835 Riverside Avenue, Torrington, 06790</td>
</tr>
<tr>
<td><strong>TUESDAY / MARTES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30AM</td>
<td>Carpe Diem (O,BST,WC,K,IG) St. John's Episcopal Church</td>
<td>16 Church Street, Waterbury, 06702</td>
</tr>
<tr>
<td>7:00PM</td>
<td>Starting Over (O,S,ST,To) Community of the Cross Church</td>
<td>7 Madison Avenue, Danbury, 06810 (In front door then down the stairs)</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Recovery in the Woods (O,BT,To,K) North Congregational Church</td>
<td>11 Main Street North, Woodbury, 06798 (Rt. 6 and Rt. 47)</td>
</tr>
<tr>
<td><strong>WEDNESDAY / MIERCOLES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00PM</td>
<td>Back To Life (O,BST,HY) Fellowship Center</td>
<td>15 Great Pasture Road, Danbury, 06801</td>
</tr>
<tr>
<td>7:00PM</td>
<td>Firm Foundation (O,RF,W,K,HY) St. Peter's Trinity Church</td>
<td>160 Main St., Thomaston, 06787 (Women's Meeting with 15 minute break)</td>
</tr>
<tr>
<td>7:30PM</td>
<td>This Is Your Life (O,SWG,LC,K) The Covenant Church</td>
<td>64 Grove Street, Thomaston, 06787 (Step writing meeting 3rd Wednesday of the month)</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Miracles Under the Stars (O,JFT,HY) St. Margaret's Bourgeois Church</td>
<td>138 Candlewood Lake Road, Brookfield, 06804</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Together We Can (O,JFT,WC,K) St. Michael's Church Annex</td>
<td>23 South Street, Litchfield, 06759</td>
</tr>
<tr>
<td><strong>THURSDAY / JUEVES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00PM</td>
<td>Progressive Recovery (O,To,K) Trinity Episcopal Church</td>
<td>220 Prospect Street, Torrington, 06790</td>
</tr>
<tr>
<td>7:00PM</td>
<td>The Ladder to Recovery (O,To) Cross of Christ Church</td>
<td>1555 Hamilton Ave., Waterbury, 06706 (Masks Required)</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Seymour Thursday Meeting (O,JFT,K) United Methodist Church</td>
<td>225 Great Hill Road, Seymour, 06483 (Fellowship Hall)</td>
</tr>
<tr>
<td><strong>FRIDAY / VIERNES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00PM</td>
<td>Just for Tonight (O,JFT,WC,K,HY) All Saints Episcopal Church</td>
<td>262 Main Street, Oakville, 06779 (Masks Required)</td>
</tr>
<tr>
<td>7:00PM</td>
<td>More Good Times Ahead (O,BT,JFT,S,LC,K,HY) First Church of Winsted</td>
<td>95 North Main St., Winsted, 06098 (Right front entrance, parking in back of church or across Holabird street in college lot)</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Recovery is Possible (O,JFT,RF,K) Scared Heart Church Lounge</td>
<td>16 Cottage Street, Danbury, 06810 (Held in the lounge. Entrance is on the left side of the church under awning.)</td>
</tr>
</tbody>
</table>

**VIRTUAL MEETINGS**

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>10:30AM</td>
<td>Carpe Diem Daily - Waterbury (O,BST,WC,VM)</td>
<td>Zoom Meeting ID: 519 542 388 Passcode: Recovery</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Miracles Happen - Litchfield (O,To,VM,TC)</td>
<td>Zoom Meeting ID: 412 633 258</td>
</tr>
<tr>
<td><strong>MONDAY / LUNES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30AM</td>
<td>Carpe Diem Daily - Waterbury (O,WC,LC,VM,TC)</td>
<td>Zoom Meeting ID: 519 542 388 Passcode: Recovery</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Recovery in the East - Waterbury (O,RF,VM,TC)</td>
<td>Zoom Meeting ID: 993 798 403 Passcode: 2020</td>
</tr>
</tbody>
</table>

**SUNDAY / DOMINGO**

**FRIDAY / VIERNES (CONT)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</tr>
</thead>
<tbody>
<tr>
<td>8:00PM</td>
<td>Steps To Freedom (O,To,WC,K) Pilgrim House</td>
<td>30 Granite Avenue, Canaan, 06018</td>
</tr>
<tr>
<td>8:30AM</td>
<td>Point of Freedom (O,BT,K) Center Congregational Church</td>
<td>165 Main Street, Torrington, 06790</td>
</tr>
<tr>
<td>7:00PM</td>
<td>It Works, How and Why (O,IW,S,ST,T,K) Gateway Bible Church</td>
<td>500 Buckingham Street, Oakville, 06779</td>
</tr>
<tr>
<td>7:30PM</td>
<td>The Real Deal (O,S,To,K) Scared Heart Church</td>
<td>17 Cottage Street, Danbury, 06810 (Church Lounge)</td>
</tr>
<tr>
<td></td>
<td><strong>Good weather bring chair outside. Bad weather in church lounge.</strong></td>
<td></td>
</tr>
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</table>

**SATURDAY / SABADO**

**7:00PM** | It Works, How and Why (O,IW,S,ST,T,K) Gateway Bible Church                              | 500 Buckingham Street, Oakville, 06779                                                      |
<p>| 7:30PM | The Real Deal (O,S,To,K) Scared Heart Church                                            | 17 Cottage Street, Danbury, 06810 (Church Lounge)                                          |
|        | <strong>Good weather bring chair outside. Bad weather in church lounge.</strong>                      |                                                                                             |</p>
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<th>SATURDAY / SÁBADO</th>
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<tbody>
<tr>
<td>10:30AM</td>
<td>Carpe Diem Daily - Waterbury (O,BST,WC,VM) Zoom Meeting ID: 519 542 388 Passcode: Recovery</td>
<td>CARPE DIEM DAILY - WATERBURY</td>
</tr>
<tr>
<td>10:30AM</td>
<td>Carpe Diem Daily - Waterbury (O,To,WC,VM,TC) Zoom Meeting ID: 519 542 388 Passcode: Recovery</td>
<td>CARPE DIEM DAILY - WATERBURY</td>
</tr>
<tr>
<td>7:00PM</td>
<td>Back To Life - Danbury (O,BST,HY) Zoom Meeting ID: 684 813 9379 Passcode: recovery</td>
<td>BACK TO LIFE - DANBURY</td>
</tr>
<tr>
<td>7:00PM</td>
<td>Firm Foundation - Thomaston (O,RF,W,K,HY) Passcode: Foundation Women's Meeting with 15 minute break</td>
<td>FIRM FOUNDATION - THOMASTON</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Miracles Under the Stars - Brookfield (O,JFT,HY) Zoom Meeting ID: 614 336 4882</td>
<td>MIRACLES UNDER THE STARS - BROOKFIELD</td>
</tr>
<tr>
<td>THURSDAY / JUEVES</td>
<td>FRIDAY / VIERNES</td>
<td></td>
</tr>
<tr>
<td>10:30AM</td>
<td>Carpe Diem Daily - Waterbury (O,JFT,WC,VM,TC) Zoom Meeting ID: 519 542 388 Passcode: Recovery</td>
<td>CARPE DIEM DAILY - WATERBURY</td>
</tr>
<tr>
<td>10:30AM</td>
<td>Carpe Diem Daily - Waterbury (O,IP,WC,VM,TC) Zoom Meeting ID: 519 542 388 Passcode: Recovery</td>
<td>CARPE DIEM DAILY - WATERBURY</td>
</tr>
<tr>
<td>7:00PM</td>
<td>More Good Times Ahead - Winsted (O,BT,JFT,S,LC,K,HY) Passcode: 12121</td>
<td>MORE GOOD TIMES AHEAD - WINSTED</td>
</tr>
</tbody>
</table>

**MEETING FORMAT LEGEND**

- BST: Beginners Step
- BT: Basic Text
- C: Closed
- CL: Candlelight
- HY: Hybrid Meeting
- IG: Introductory Guide
- IP: Informational Pamphlet
- IW: It Works - How and Why
- JFT: Just for Today
- K: Keytags
- LC: Living Clean
- O: Open
- RF: Rotating Format
- S: Speaker/Discussion
- ST: Step
- SWG: Step Working Guide
- T: Tradition
- TC: Temporarily Closed Facility
- To: Topic Discussion
- VM: Virtual Meeting
- W: Women
- WC: Wheelchair

**PHONE NUMBERS**

- 24 HOUR HELPLINE 1-800-627-3543
- https://www.ctna.org

**SUGGESTIONS FOR EVERYONE**

- DON'T USE no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the PHONE
- KEEP COMING BACK. IT WORKS

**What is our message?**

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

*Basic Text, page 65*