**SUNDAY / DOMINGO**

1:00PM New Day New Way (O,S,To,WC)
First Congregational Church
122 Broad Street, Guilford, 06437
(Route 77)

6:00PM Serenity at Sundown (O,To)
St. Bernadette’s R.C. Church
385 Townsend Avenue, New Haven, 06512
(Church Hall/Basement)
  Speaker on the last Sunday of each month

7:30PM Touch of Life (C,JFT)
Renaissance Club
68 Quinnipiac Street, Wallingford, 06492
(Designated Entrance & Exit)
  Masks & Social Distancing Required for Entire Meeting UNLESS VACCINATED. 35 Person Limit.

**MONDAY / LUNES**

7:00PM Just For Monday (O,JFT)
War Memorial Building
695 Howe Avenue, Shelton, 06492
(Rt. 110)

7:30PM More Will Be Revealed (O,BT,CL,S,To)
United Presbyterian Church
109 Seaside Avenue, Milford, 06460

7:30PM Spiritual Thunder (O,To,K)
First Baptist Church
975 Main Street, Branford, 06405

**TUESDAY / MARTES**

NOON Tuesday at Noon (O,ST,WC,K)
Episcopal Church of St. Paul & St. James
57 Olive Street, New Haven, 06511
(Corner of Chapel Street)
  Weather permitting, we meet at Wooster Square Park. Bring a chair.

6:30PM The Masks Have to Go (O,LC)
Montowese Baptist Church
201 Quinnipiac Avenue, North Haven, 06473

7:15PM The Courage To Change (C,BT,IP,M,RF,To,K)
Renaissance Club
68 Quinnipiac Street, Wallingford, 06492

7:30PM Outer Limits (O,S,To,K)
Christ & the Epiphany Church
39 Park Place, East Haven, 06512
  Meeting Outside (Weather Permitting), Bring Chairs & Masks.

**WEDNESDAY / MIERCOS**

6:30PM Miracles Happen (O,BT,ST,T,WC,K)
Montowese Baptist Church
201 Quinnipiac Avenue, North Haven, 06473

7:00PM A View to Recovery (O,S,To,K)
War Memorial Building
695 Howe Avenue, Shelton, 06484
(Rt. 110)

7:00PM The Time is Now (C,ST)
Church of the Nazarene
26 Parker Farms Road, Wallingford, 06492
  Meets outside weather permitting, otherwise inside. Bring a chair.
  Masks, Sanitizer

7:30PM On The Green (O,To)
Trinity Episcopal Church
1109 Main Street, Branford, 06405
(Please use the front doors at the top of the ramp to Basement)
  Speaker on the last Wednesday of each month

**THURSDAY / JUEVES**

7:30PM Seymour Thursday Meeting (O,JFT,K)
United Methodist Church
225 Great Hill Road, Seymour, 06483
(Fellowship Hall)

8:00PM The Other Thursday Night (O,RF)
Church of the Holy Spirit
28 Church Street, West Haven, 06516
  Speaker on the last Thursday of each month
  Masks are required inside the church

**FRIDAY / VIERNES**

NOON Right Step Into The Weekend (O,JFT,K)
Episcopal Church of St. Paul & St. James
57 Olive Street, New Haven, 06511
(Corner of Chapel St.)
  Weather permitting, we meet at Wooster Square Park. Bring a chair.

6:30PM Die Hard Recovery (O,S,To,K)
Christ and Epiphany Church
39 Park Place, East Haven, 06512
  Masks are Required to enter the building.

7:00PM Feeling Free (O,WC,LC,K)
Holy Rosary Church
10 Father Salemi Drive, Ansonia, 06401
(Parking Lot)

7:00PM Keep It Simple (O,S,To,WC)
First Congregational Church
1680 Foxon Road, North Branford, 06471
  Speaker on the First Saturday of each month

**SATURDAY / SÁBADO**

8:30AM The One Promise (O,JFT,K)
St. Peter’s Episcopal Church
71 River Street, Milford, 06460
  Meeting Outside (Inside if it rains) Bring Chairs & Masks

10:30AM Southern Exposure (O,BT,T,K)
Our Lady of the Assumption
1700 Litchfield Turnpike, Woodbridge, 06525
(Rt. 69)
  Masks & Social Distancing Required & Temperature Taken. No Food/Drinks allowed. 30 Person Capacity

5:30PM Loud and Proud (O,LGBT,To,K)
New Haven Pride Center
84 Orange Street, New Haven, 06510

6:00PM Die Hard Recovery (O,S,To,K)
Church of the Holy Spirit
65 North Main St, Wallingford, 06492
  Masks Required Entire Meeting. 30 person limit.

7:00PM Victory in the Valley (O,S,To,K)
War Memorial Building
695 Howe Avenue, Shelton, 06484
(Rt. 110)

**FRIDAY / VIERNES (CONT)**

8:00PM The Last Stop (O,RF,ST,K,GP)
Church of the Holy Spirit
28 Church Street, West Haven, 06516
(2nd Floor - Upstairs to the Left)
<table>
<thead>
<tr>
<th>Time</th>
<th>Meeting</th>
<th>Location</th>
<th>Type</th>
<th>Password</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUNDAY / DOMINGO</strong></td>
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<tr>
<td>10:30AM</td>
<td>No Excuses - New Haven, (O,To,WC,K,VM,TC)</td>
<td>Zoom Meeting ID: 370 597 718</td>
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<tr>
<td>10:30AM</td>
<td>Today We Live - New Haven, (O,To,WC,VM,TC)</td>
<td>Skype Meeting</td>
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<tr>
<td><strong>MONDAY / LUNES</strong></td>
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<tr>
<td>5:00PM</td>
<td>Alive@5 - New Haven, (O,To,VM)</td>
<td>Zoom Meeting ID: 491 556 778</td>
<td>Password:</td>
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<tr>
<td>6:00PM</td>
<td>Conectados por la recuperación - New Haven, (ES,VM)</td>
<td>Zoom Meeting ID: 318 480 980</td>
<td>Password:</td>
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<tr>
<td>7:00PM</td>
<td>Hope to Grow - New Haven, (O,To,VM,TC)</td>
<td>Zoom Meeting ID: 8865 608 0793</td>
<td>Password:</td>
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<tr>
<td><strong>TUESDAY / MARTES</strong></td>
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<td>8:00PM</td>
<td>Elm City Serenity - New Haven, (O,ST,K,VM,TC)</td>
<td>Zoom Meeting ID: 974 291 450</td>
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<td><strong>WEDNESDAY / MIÉRCOLES</strong></td>
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<tr>
<td>1:00PM</td>
<td>Midday Serenity - Wallingford, (O,JFT,WC,VM,TC)</td>
<td>Zoom Meeting ID: 289 121 3713</td>
<td>Password:</td>
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<tr>
<td>5:00PM</td>
<td>Alive@5 - New Haven, (O,To,VM)</td>
<td>Zoom Meeting ID: 491 556 778</td>
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<td>Conectados por la recuperación - New Haven, (ES,VM)</td>
<td>Zoom Meeting ID: 318 480 980</td>
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<tr>
<td>7:00PM</td>
<td>Solutions for Sisters - New Haven, (O,ST,W,VM,TC)</td>
<td>Zoom Meeting ID: 818 669 03672</td>
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<td>Womens Meeting</td>
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<td><strong>THURSDAY / JUEVES</strong></td>
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<td>Alive@5 - New Haven, (O,To,VM)</td>
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<td>Conectados por la recuperación - New Haven, (ES,VM)</td>
<td>Zoom Meeting ID: 318 480 980</td>
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<tr>
<td>7:30PM</td>
<td>On The Green - Branford, (O,To,VM)</td>
<td>Zoom Meeting ID: 369 184 5002</td>
<td>Speaker on</td>
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<tr>
<td><strong>FRIDAY / VIERNES</strong></td>
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<tr>
<td>12:30PM</td>
<td>Living Clean Midday - Wallingford, (C,LC,VM,TC)</td>
<td>Zoom Meeting ID: 289 121 3713</td>
<td>Password:</td>
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<td>5:00PM</td>
<td>Alive@5 - New Haven, (O,To,VM)</td>
<td>Zoom Meeting ID: 491 556 778</td>
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<td>6:00PM</td>
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### FRIDAY / VIERNES (CONT)

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<tbody>
<tr>
<td>7:30PM</td>
<td>Clean on The Green - Guilford, (O,JFT,VM,TC)</td>
<td>Zoom Meeting ID: 935 069 7912</td>
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<tr>
<td>7:30PM</td>
<td>Branford Homegrown NA - Branford, (VM)</td>
<td>Zoom Meeting ID: 369 184 5002</td>
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<tr>
<td>8:00PM</td>
<td>Fighting Back - New Haven, (O,S,To,VM,TC)</td>
<td>Zoom Meeting ID: 305 1415 332 Password: 03231991</td>
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</table>

### SATURDAY / SÁBADO

<table>
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<tbody>
<tr>
<td>8:30AM</td>
<td>The One Promise - Milford, (O,JFT,K,VM)</td>
<td>Zoom Meeting ID: 886 871 68041</td>
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<td>10:00AM</td>
<td>Solutions for Sisters - New Haven, (O,JFT,W,VM)</td>
<td>Zoom Meeting ID: 867 743 01628 Password: sisters</td>
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<td>5:00PM</td>
<td>Alive@5 - New Haven, (O,To,VM)</td>
<td>Zoom Meeting ID: 491 556 778 Password: 12121212</td>
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<tr>
<td>7:30PM</td>
<td>Branford Homegrown NA - Branford, (VM)</td>
<td>Zoom Meeting ID: 369 184 5002</td>
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</tr>
</tbody>
</table>

### MEETING FORMAT LEGEND

- **BT**: Basic Text
- **CL**: Candlelight
- **GP**: Guiding Principles
- **JFT**: Just for Today
- **LC**: Living Clean
- **M**: Men
- **RF**: Rotating Format
- **S**: Speaker/Discussion
- **ST**: Step
- **TC**: Temporarily Closed Facility
- **VM**: Virtual Meeting
- **W**: Women
- **WC**: Wheelchair

### PHONE NUMBERS

- **24 HOUR HELPLINE**: 1-800-627-3543
- [https://www.ctna.org](https://www.ctna.org)

### SUGGESTIONS FOR EVERYONE

- **DON’T USE** no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read NA literature daily
- Get and use a sponsor
- Use the PHONE
- **KEEP COMING BACK. IT WORKS**

### What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65