Key $\mathbf{0}$ - (Open) All are welcome. **ST** – (Step) Twelve Steps of NA. T - (Tradition) Twelve Traditions of NA. **SWG** – (Step Working Guide) Discussion of the Step Working Guide text. **S** – (Speaker) Speaker, then opened for participation by attendees. **K** – (Kevtag) Keytags handed out celebrating lengths of clean time. **FD** – (Five and Dime) Discussion on the Fifth Step and Tenth Step **LC** – (Living Clean) Living Clean Book **IG** – (Introductory Guide) Introductory Guide to NA HIV - (HIV) Focused on the needs of HIV positive members. **JFT** – (Just for Today) Just For Today text. **BST** – (Beginners Step (1,2,3)) Steps 1, 2, 3, typically reading them from the Basic Text.

DC – (Childcare) Childcare is available C - (Closed) Closed to non-addicts. **ES** – (Espanol) Spanish

M – (Men) Meant to be attended by men only. W - (Women) Meant to be attended by women only **LGBT** — (Gay/Lesbian/Bi/Trans) Focused on the needs of LGBT community. **IP** – (Informational Pamphlet) Discussion of one or more Informational Pamphlets. Pi – (Pitch) Each person who shares picks the next person. **RF** – (Rotating Format) Format that changes for each meeting.

To – (Topic Discussion) Discusses a chosen topic. **IW** – (It Works: How and Why) Discussion of the It Works-How and Why text. BT - (Basic Text) Discussion of the Basic Text of Narcotics Anonymous. **CL** – (Candlelight) Meeting is held by candlelight.

CH - (Closed Holidays) Facility is usually closed on holidays. **WC** – (Wheelchair) Wheelchair accessible.

GP – (Guiding Principles) Discussion of the Guiding Principles book. Focused on the needs of vounger members of NA. **YP** – (Young People)

N.A. Meetings are usually 90 minutes long (an hour and a half), unless otherwise indicated.

Today We Live (0 To WC)

Awning Cleaning Industries, 29 Fitch St.

First Congregational Church, 122 Broad St.

10:30 AM

1:00 PM

6:00 PM

5:30 PM (1 hour 15 min)

Sunday-continued

9:00 AM (1 hour 15 min) Sunday Morning Serenity (0,To,S) St. Marks Episcopal Church, 147 West Main St. Speaker on the second Sunday of each month Waterhury

New Day New Way (0 To S WC) A Fresh Start (O To S K) West Main Behavioral Health Center, 88 Grandview Ave. Rasement

Young, Serene & Living Clean (0,To,S,WC,K,YP) Windsor Locks 10:00 AM (1 hour) Sanity on Sunday (0,To,S) W.A.L.C. (Wolcott Activities and Learning Center), 48 Todd Windsor Locks Senior Center, 41 Oak St 2nd Floor Speak every 2nd Sunday of the month Meriden

Principles before Personalities (O.GP) Early Stepping (O.BST.S) Immanuel Lutheran Church, 164 Hanover St. Bristol Recovery Club. 67 West St. Rear Entrance nen Arms (O To JFT K)

Fairfield 10:30 AM Bethel AME Church, 110 Grove St. Recovery on Park Avenue (0,To,WC) Corner of Laurel Street Sacred Heart University, 5151 Park Ave Room HC 202

6:00 PM (1 hour 15 min) Principles Before Personalities (0,S,W,ST,K) Bristol Baptist Church, 43 School St. Honesty in Reality (0,To,S,WC) Hartford

6:00 PM Hartford Hospital Amphitheater, 560 Hudson St. Y Are We Here (O To S WC) Trinity Church, 120 Sigourney St

10:30 AM Recovery in the Park (O.To)

6:00 PM (1 hour) New Freedom (O To WC K) St. Vincent Depaul Soup Kitchen, 615 Main St Hubbard Park (Behind the bandshell), 999 West Main St. Just North of Washington St.

New Haven No Excuses (0,To,WC,K) Yale Health Center, 55 Lock St.

Corner of Jefferson

Sunday-continued

New Haven

New London

Serenity at Sundown1 (O To)

6:00 PM Danielson St. Bernadette's R.C. Church, 385 Townsend Ave. Speaker on the last Sunday of each month

Stamford

Living Clean (O,LC) wrence and Memorial Hospital, 365 Montauk Ave. Second Floor Conference Room #2 Sunday Night Surrender (0,IP,S)

Jnited Methodist Church, 99 Summer St. Corner of Church St. Middletown 7:00 PM (1 hour) Came To Believe (0,To,WC,K)

Church of the Holy Trinity, 381 Main St. 2nd floor Vaugatuck When at the End of the Road (O,K,LC)

Hillside Covenant Church, 100 Hillside Ave. 7:00 PM (1 hour 15 min) New Britain Sunday Night Sanity (0,To,LC) YMCA, 50 High St.

IP Discussion on the Last Sunday of each month Hope to Grow (0,To,S) rinity Lutheran Church, 234 Orange St. Corner of Wall St.

New Haven Serenity by the Sea (0,To) Fort Hale Park, Fort Hale Park Rd. Seasonal: Memorial Day - Labor Day

7:00 PM Road to Recovery (0,BT,To) First Congregational Church, 3 Lewis St. Corner of Park St.

Old Lyme Great to be Straight (O,T,WC,ST) Roger's Lake Clubhouse, 75 Rogers Lake Trail Address is approximate

The Promise is Freedom (0.5 T) Plainville Congregational Church, 130 West Main St. Tradition Speaker on the last Sunday of each month

Hartford Courage to Change (C,BT,IW,JFT) Recovery on the Hearth (O,To,JFT,S,WC,K) Chester Addison Community Center, 245 Selleck St.

7:30 PM Miracles Hannen (O To) Bantam Borough Hall, 890 Bantam Rd.

East Hartford 7:30 PM Clean Choice (0,S) New Covenant United Methodist Church, 16 Church St.

Middletown Where We Are Going (O.WC.LC) St. Vincent Depaul Soup Kitchen, 615 Main St. Just North of Washington St

7:30 PM Moose Tracks (0,CL,To) Moosup Methodist Church, 13 South Main St.

Crystal Clean (O.S.ST) St. Mark's Episcopal Church, 15 Pearl St.

7:30 PM (1 hour) Not At The Church (0.IP.WC.K) Newtown Congregational Church, 14 West St

South Windsor The Last Alternative (0,BST,To,S) Avery Street Christian Reformed Church, 661 Avery St. 7:30 PM (1 hour)

Touch of Life (C.JET) The Dry Dock, 68 Quinnipiac St.

8:00 PM (1 hour) Exactly Where You Need To Be (S) St Joseph's Church, 2 E Main Streeet New Life Foundation, 41 Stillwater Ave

10:00 AM (1 hour) Morning Serenity (0,LC) Westfield Congregational Church, 210 Main St. New London 10:00 AM (1 hour)

NA in the Day (O,BST,To,JFT,RF,K) Huntington Street Baptist Church, 29 Washington St. Middletown 10:30 AM A New Awakening (O.LC)

Holy Trinity Church, 381 Main St. New Britain Genesis (0,To) South Congregational Church - Hart Hall, 56 Arch St.

Entrance thru courtyard in basement New Haven Out of the Darkness (O,To,WC) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chanel St.

12:00 PM (1 hour)

Serenity at Noon (0,JFT,WC) Insnirica, 141 Franklin St. The Midday Message (0,To) irst Congregational Church, 23 South Main St.

New Britain Lifeline to Recovery (O.To.WC) St. Mark's Episcopal Church, 147 West Main St

6:00 PM (1 hour) A New Wave of Serenity on the Sound (0,To,WC) Saint John's Episcopal Church, 400 Main St. Portland 6:45 PM (1 hour 15 min)

Working the Steps (0.ST) Portland United Methodist Church, 381 Main St. During the first half of the meeting we write on our personal step work. During the second half of the meeting we have a step discussion out of the JFT

South Windsor Women Stepping Up (0,W,ST) Our Savior Lutheran Church, 239 Graham Rd.

New Bridge Over Troubled Waters (0,T,ST) First Congregational Church, 10 Wintonbury Ave. 7:00 PM (1 hour 15 min)

Onen Hearth, 437 Sheldon St. Straight From the Hip (0,DC,To,W,WC,K,LC) Emmanuel Lutheran Church, 164 Hanover St.

Middletown Miracles at Trinity (O.To.S.K) Church of the Holy Trinity 381 Main St. Speaker on the last Monday of each month

New Britain 7:00 PM (1 hour) Spring Into Recovery (0,S,K) t. John's Evangelical Lutheran Church, 295 Arch St. # 303 Corner of Grand St

New London Clean and Serene (C,T,ST) St. James Episcopal Church, 76 Federal St. Norwalk

It Works, How & Why (C,T,WC,ST,K) First Congregational Church, 3 Lewis St. Corner of Park St. Just For Monday (0,BT,K)

War Memorial Building, 695 Howe Ave. Rt. 110 Southington Keep on Stepping (0,WC,ST)

St. Paul's Episcopal Church, 145 Main St. 7:00 PM (1 hour 15 min) Recovery on the Hill (0,JFT)

Tuesday

7:00 PM (1 hour 15 min) Meriden 8:30 AM (1 hour 15 min) AM NA (0.JFTWC) St. Paul's Episcopal Church, 65 North Main St. First Congregational Church, 62 Colony St. 7:00 PM New London 10:00 AM (1 hour) NA in the Day (O,BST,To,JFT,RF,K) North End Recreational Center, 268 North Main S Huntington Street Baptist Church, 29 Washington St

Monday-continued

Wallingford

Waterhury

Willimantic

Branford

It's a Start (0 CL IW)

Unity Group (To,S)

There is Hope (O.JFT)

Spiritual Thunder (0.To)

Corner of Laurel St.

New Haven

Norwich

Living Clean (O.LC)

Chelsea Group (0,BT)

Stafford Springs

Clearview (O.CL.JFT)

Stafford Springs

Waterhury

Higganum

7:00 PM

201 Chestnut Hill Rd. Rt. 190

Hope Springs (0,To,JFT)

Recovery in the East (O,RF)

A Gift Called Life (0,BT,WC)

Stepping Free (0,S,WC,ST)

Corner of Rt. 81 and Little City Rd.

United Methodist Church, 8 Church St.

Christ Episcopal Church, 78 Washington St.

Johnson Memorial Hospital Wellness Center

Saints Peter and Paul Church, 117 Southmavd Rd.

St. James Church Parish Hall, 501 Killingworth Re

Center Congregation Church, 11 Center St.

CCAR. 713 Main St.

Corner of Church St.

Windsor Locks

10:30 AM 7:00 PM Waterbury Carpe Diem (WC.ST) St. John's Episcopal Church, 16 Church St. On The Green Locked in Recovery (0,To,IP,S,WC)

Just Do It (0.To) Congregational Church of Windsor Locks, 8 Main St. United Methodist Church, 571 Farmington Ave. Corner of South Whitney 7:15 PM (1 hour 15 min) Steps for a New Beginning (0,BST,WC) New Britain First Congregational Church, 835 Riverside Ave. The Reach Within Group (0,DC,To) South Congregational Church - Hart Hall, 90 Main St. 7:30 PM

Corner of Arch St. First Bantist Church, 975 Main St. New Haven 12:00 PM Tuesday at Noon (O.WC.ST.K) Episcopal Church of St. Paul & St. James, 57 Olive St. West Side Story (0,To,S,K) Corner of Chapel Street Bethel AMF Church, 110 Grove St East Hartford

Wings of Freedom (0.To) Pratt & Whitney Union Hall, 357 Main St. Monday Night Miracles (O To S) 6:00 PM (1 hour) Asbury United Methodist Church, 90 Church Ave. Torrington Recovering Hearts (C.W.K.WD) Enrestville

St. Mary Parish, 85 Pulaski St. Entrance on Forest Ct. Women's Meeting 12 Steps to Freedom (0,WC,ST) New Britian The Montessori School, 42 Shelter Rock Rd. Women With Hope (0,To,S,W) East Hampton South Congregational Church, 90 Main St After the Weekend (O.To.WC.K) Hart Hall Speaker Last Tuesday of The Month

Bethlehem Lutheran Church, 1 West High St. Corner of Rt. 66 and Main St. Speaker on the last Monday North Haven The Masks Have to Go (0.To) of each month Montowese Baptist Church, 201 Quinnipiac Ave. No Mas (0.To.K)

First Congregational Church, 62 Colony St. Starting Over (0,To,ST) 7:30 PM Community of the Cross Church, 7 Madison Ave. More Will Be Revealed (0,BT,CL,To,S) United Presbyterian Church, 109 Seaside Ave.

Get Clean or Die Trying (0,S) United Methodist Church, 9 Spring St. 7:30 PM (1 hour 15 min) East Haddam 7:00 PM (1 hour 15 min) Church of the Redeemer, 185 Cold Spring St. The Crossroads (O.RF.K)

Two Wrasslin' Cats Cafe, 374 Town St. Monkeys with an Itch (O,To,S,WC,ST,K) Wesley United Methodist Church, 55 Main St.

Speaker last Tuesdav/Mo Fairfield 7:00 PM (1 hour 15 min) Primary Purpose (O.RF.K) Holy Family School, 140 Edison Ave. 7:30 PM (1 hour)

Winchastar Free at Last (0,IW,WC,K) Hartford Winchester Center Congregational Church, 0 West Rd. Sisters Reaching Out (C,BST,W,WC) Rt 263 and Newfield Rd Tabor House, 184 Homestead Ave. Recovery in the Woods (0,BT,To,K)

New Britain 7:00 PM (1 hour 15 min) 7:45 PM (1 hour 15 min) Thru the Steps (0,S,T,ST) YMCA, 50 High St. Upstair conference room Tradition Speaker on the last Tuesday of each month

Never Alone, Never Again (O.LGBT.RF.K) Triangle Community Center, 618 West Ave. Room B Parking behind building available.

St. Ann's Episcopal Church, 82 Shore Rd 7:00 PM (1 hour 15 min) Plainville The Healing Starts Here (0 SWG WC K) Church of Our Savior, 115 West Main St.

Over The Wall (O.To.WC.K) Portland United Methodist Church, 381 Main St.

Living Clean Today (0,To,WC,LC)

Wednesday

7:00 PM Westbrook A Simple Solution (O BST.IFTTK) Three Stens Forward (O BST) Westbrook Congregational Church, 1166 Boston Post Rd. Chester Addison Community Center, 245 Selleck St. 7:00 PM Breaking the Chains (C,To,K,HIV) **New London** 10:00 AM (1 hour) North End Recreational Center, 268 North Main St. NA in the Day (O,BST,To,JFT,RF,K)

Huntington Street Baptist Church, 29 Washington St 7:00 PM Middletown United Methodist Church, 150 Prospect St. A New Awakening (0.JFT) Holy Trinity Church, 381 Main St. 7:00 PM (1 hour 15 min)

Same Meeting New Day (0,JFT) The Bessemer Center, 2200 North Ave. 7:30 PM (1 hour 15 min) Use back entrance No Other Way (O.To) Bolton United Methodist Church, 1041 Boston Turnpike Route 44 We Believe (0,To)

Windom Recovery Community Center, 713 Main St.

Tuesday Night Candlelight Meeting of NA (O,RF,WC) Bridgeport

Tuesday-continued

Stamford

Wethersfield

New Haven

New London

South Windsor

Rt. 6 and Rt. 47

New Haven

Elm City Serenity (0,ST,K)

St. Paul's UAMF Church, 150 Dwight St.

Grace Episcopal Church, 124 Maple Hill Ave.

Straight Ahead (0,To,S,WC.K)

We Do Recover (O. IFT)

Huntington Baptist Church, 29 Huntington St

Take What You Need (O,To,WC,K)

irst Congregational Church, 992 Main St

Downstairs Speaker on the last Tuesday of each month

North Congregational Church, 11 Main St. North

Pure and Simple (0.5 ST)

Liberty Christian Church, 23 Vine St. Bridgeport 7:30 PM **New Britain** Principles Before Personalities (0.ST Golden Hill Methodist Church, 210 Flm St Genesis (0.T.ST) South Congregational Church - Hart Hall, 56 Arch St. Corner of Lafavette St Entrance thru courtyard in basement

Stop-N-Recover (0,To,S,WC,ST,K) New Haver Bristol Recovery Club, 67 West St. High Noon (O.To.Pi)

piscopal Church of St. Paul & St. James, 57 Olive St. Fast Haven Corner of Chanel St. Outer Limits (O To S K) Wallingford Christ & the Epiphany Church, 39 Park Place Midday Serenity (0,JFT,WC) First Congregational Church, 23 South Main St.

Hope Without Dope (0,To,S,W,K) Grace & St. Peter's Episcopal Church, 2927 Dixwell Ave. Middletowr Serenity Check (0,JFT,S,WC) 7:30 PM (1 hour) Hartford Back Door Mission Baptist Church, 47 Oak St. Speaker on the second Wednesday of each month

Addicts in Recovery (0) Mount Sinai Hospital, 500 Blue Hills Ave. 7:30 PM Finding the Way (0,BT,To,S,ST) State of Recovery (0,To,WC,K)

Cornerstone Baptist Church, 247 Broad St. Immanuel Lutheran Church, 164 Hanover St. Freedom to Live (0.To) New Perspectives (0,WC,K,GP) Church of Christ, 1075 Main St. St. Vincent DePaul's Soup Kitchen, 615 Main St

2nd Floor North Haven Twilight Zone (0.S.ST.K) Miracles Happen (O,BT,T,WC,ST,K) Old Mystic Fire District Hall, 115 Welles Rd. Montowese Baptist Church, 201 Quinnipiac Ave

7:30 PM

8:00 PM (1 hour 15 min)

7:30 PM (1 hour) Bridgenort Boys to Men (0,To,M,S,WC,K) New Hope (0.To.S.WC) MAAS Building, 426 East St. CCAR 35 Courtland St. 7:30 PM (1 hour 15 min)

Not Alone (0.To.S.WC.K) Bristol Baptist Church, 43 School St. 7:00 PM (1 hour) **New Britain** Issues (O To K)

McCullough Temple CME Church, 55 Chapman St. **New Haven** 7:00 PM Solutions for Sisters (0.W.ST) Church of the Redeemer, 185 Cold Spring St.

7:00 PM (30 min) Norwalk By the Text (C.T) Miracle Temple, 2 Trinity Place

Road to Recovery (C,T,WC) irst Congregational Church, 3 Lewis St. Corner of Park St.

7:00 PM (1 hour) Plainville The Steps Are the Key (0,ST) Plainville Congregational Church, 130 West Main St. Plainville 7:00 PM Brothers in Recovery (0.M.S)

Living Clean (O,LC) First Congregational Church, 554 Main St. rear entrance

Room 107 (around back)

Shelton Δ View to Recovery (Ω To K) War Memorial Building, 695 Howe Ave.

Our Lady of Mercy Parish Center, 19 South Canal St.

Wednesday-continued

9:30 AM (1 hour 15 min) Stamford A Simple Solution (O.BST.JFT.T.K) Chester Addison Center, 245 Selleck St.

12:00 PM (1 hour 15 min)

12:00 PM (1 hour 15 min)

12:00 PM

1:00 PM (1 hour)

6:30 PM

7:00 PM

This Is Your Life (0,To,K,LC) The Covenent Church, 64 Grove St. 7:00 PM (1 hour 15 min) What a Way to Grow (0.WC.ST)

United Methodist Church, 401 Hartford Turnpike 7:00 PM (1 hour 15 min) Wallingford The Time is Now (C,ST) Church of the Nazarene, 26 Parker Farms Rd.

7:00 PM (1 hour) Waterbury Recovering Women (O,IP,S,W,K) North End Recreational Center, 268 North Main St

7:30 PM (1 hour 15 min) Brookfield Miracles Under the Stars (0.JFTWC LC) St. Marguerite Bourgeoys Church, 138 Candlewod Lake

7:30 PM (1 hour 15 min) All About Change (0,To,WC,K) Bethany Lutheran Church, 50 Court S Speaker on the last Wednesday of each month 7:30 PM (1 hour) Deen River

More Will Be Revealed (O. JETK) Deep River Congregational Church, 1 Church St 7:30 PM (1 hour) East Hartford Between the Covers (0,BT,To,M,ST,K)

South Congregational Church, 1301 Forbes St New Haven 7:30 PM (1 hour) Thursday Noon Outreach (O,To,WC,K) We Can Work It Out (0,ST) St. Patrick's Church, 64 Pearl St.

7:00 PM

7:00 PM

Fairfield 7:30 PM Stamford Free as an Eagle (0,To,S,K) Fairfield Warde High School, 755 Melville Ave Glastonbury 7:30 PM (1 hour)

Recovery by the River (0,To) St. James Episcopal Church, 2584 Main St. Stepping Stones to Recovery (0.JFT) Spring Glen Church, 20 Glen Parkway

Corner of Whitney Ave. Small Room New Birth (0.To.S) Metropolitan AME Zion Church, 2051 Main St.

Litchfield 7:30 PM Together We Can (O.JET WC K) St. Michael's Church Annex. 23 South St. Bridgenor

The Journey Continues (C,To) Golden Hill United Methodist Church, 210 Elm St. lanchester Hospital, 71 Haves St Conference Room D in basement Living Clean (O,LC) United Methodist Church, 99 Summer St Keep It Simple (0.To.JFT.K) Speaker Last Thursday of The Month

Immanual Lutheran Church, 164 Hanover St. Middletown Steppin' Thru It All (0,S,ST) Wesleyan University: Exley Science Center, 265 Church St. Woodhead Lounge - Parking Lot off Lawn Ave.

Survival Group (O,To,K) 7:30 PM Central Baptist Church, 457 Main St. Sound of Serenity (0,JFT,S) Niantic Community Church, 170 Pennsylvania Ave. Thursday Night Recovery (0,To,K) 7:30 PM (1 hour) St. Rose Community Center, 34 Center St.

First Congregational Church, 3 Lewis St Corner of Park St. Rocky Hill The War is Over (0,To,S,K) Veterans Home & Hospital, 287 West St.

Waterhury 7:30 PM (1 hour 15 min) It's a Boy (0.JFT.M.S.K) Morris House, 26 North Flm St.

Road to Recovery (C.JFT)

Fellowship House

Wednesday-continued

7:30 PM (1 hour 15 min) Westerly Outer Limits (O.BT.S.K) Grace United Methodist Church, 10 Park Ave.

7:45 PM (1 hour) By the Text (0,To,JFT,S) Miracle Temple, 2 Trinity Place Anniversary/keychain last Wednesday of the Month

Downstairs Speaker 1st Wednesday of Fach Month

8:00 PM (1 hour 15 min) On The Green (O,To) Trinity Episcopal Church, 1109 Main St.

Speaker on the last Wednesday of each month 8:00 PM North Haven Heaven Can Wait (O.To.M.ST.K) Montowese Baptist Church, 201 Quinnipiac Ave.

West Haven Over the Hump (0,BST,S,WC) VA Medical Center Bldg. 1, 950 Campbell Ave. 2nd FL Cafeteria

> Thursday New London NA in the Day (0,BST,To,JFT,RF,K)

Huntington Street Baptist Church, 29 Washington St 12:00 PM (1 hour) New Britain Within Reach (0.To) South Congregational Church, 90 Main St.

Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St.

Serenity at Noon (0,BST,DC,WC) Inspirica, 141 Franklin St.

Pilarim House

Hartford

New Britain

2nd Floor

Old Savbrook

Miracles on Arch (O.RF.S)

South Church, 90 Main St.

There is Hope (0,ST)

Steps on the Sound (0.ST)

South Norwalk Community Center, 98 S. Main St.

St. Paul Lutheran Church, 56 Great Hammock Rd. (Rt.154)

Arch Street Entrance

Get Clean or Die Trying (O,IG)

Jnited Methodist Church, 9 Spring St.

One O'Clock High (O,JFT,K) Living the Steps (C.S.SWG.ST) iberty Christian Church, 23 Vine St. Christian Love Center, 154 Derby Ave. Speaker on last Thursday of the month Speaker Last Thursday /Mo. 5:45 PM (1 hour) Middletown New Haven

No Joke on Main (O.JFT.WC) New Generation (O.JFT.WC.K) Church of the Holy Trinity, 381 Main St. United Church Parish House, 323 Temple St. Seymour Thursday Night (0,JFT,K)

Living Clean The Journey Continues (O,LC) Jnited Methodist Church, 225 Great Hill Rd. Congregational Church, 30 Granite Ave. Sky's the Limit (0,To,S,WC.K) East Side Story (0,LC)

7:00 PM (1 hour)

7:00 PM (1 hour)

7:00 PM (1 hour)

7:00 PM (1 hour 15 min)

St. Paul's Episcopal Church, 145 Main St. Sesame Street (0,IW,S,WC,ST,K) Mohegan Congregational Church, 27 Church Lane

> Survivors (O To) Saugatuck Congregational Church, 245 Post Road East Rear Enterance, 2nd Floor, Room 206 7:00 PM The Other Thursday Night (O,RF)

Fresh Start (0.S)

Middletown

New Haven

Open Hearth, 437 Sheldon St.

Steppin' Up (O,BST,WC)

Speaker last Thursday of the Month

St. Vincent DePaul Soun Kitchen, 615 Main St.

First Bantist Church, 308 Center St. Speaker on the last Thursday of each month

Thursday-continued

7:00 PM (1 hour 15 min) Enfield Plainville Making Headway (0,To.S.K) Congregational Church, 130 West Main St

The Meeting Place, 30 Center St. Rockville Wherever You Go, There You Are (O,To)

Progressive Recovery (0,To,K)

Stairway to Recovery (0,ST) West Main Behavioral Health Ctr., 88 Grandview Ave.

Willimantic The Way We Walk (0 ST) Windom Recovery Community Center, 713 Main St. /ou're Never Alone (Ω S TWC ST)

7:30 PM The Process is in the Book (0 ST)

> The Lie is Dead (0,BT,ST) Five & Dime (0.FD) St. Paul's Episcopal Church, 53 South Main St. rst Congregational Church of Guilford, 122 Broad St.

> > Stepping into the Traditions (O,T,WC,ST) CCAR, 35 Courtland St. 7:00 PM (1 hour)

7:30 PM (1 hour 15 min) Friday Night Freedom (0,To,S,K) United Methodist Church, 99 Summer St. Corner of Summer and Center

Hartford Pathway to Recovery (O.T.WC.ST.K) Trinity Episcopal Church, 120 Sigourney St.

Road to Recovery (C,JFT,T.WC.K) First Congregational Church, 3 Lewis St. Corner of Park St.

All Saints Episcopal Church, 262 Main St. 7:00 PM (1 hour 15 min) 7:30 PM (1 hour) Plainville Back To Basics (O,BT,CL,K)

> Stepping Into the Weekend (0,ST) Zion Lutheran Church, 183 Williams St

Trinity Episcopal Church, 220 Prospect St. Winsted More Good Times Ahead (0,IP,JFT,WC,K)

Recovery Is Possible (0,To) Sacred Heart Educational Center, 17 Cottage St.

To Carry the Message (0.DC.To.S.WC.K) New Covenant United Methodist Church, 16 Church St 7:30-9:00pm Last Friday/Mo.

Manchester 7:30 PM (1 hour 15 min) Seriously Seeking Recovery (0.JFT.S.WC.K)

Manchester Memorial Hospital, 71 Havnes St

Waking Up (O,BST,K) St. Patrick's Church, 64 Pearl St. 7:00 PM New London The Ladder to Recovery (0,BST,DC,S,K) NA in the Day (0,BST,To,JFT,RF,K) Huntington Street Baptist Church, 29 Washington S

United Methodist Church, 142 Grove St.

Parker Memorial Community Center, 2621 Main St. rinity Episcopal Church, 220 Prospect St 7:00 PM (1 hour 15 min) New Britain Genesis (O.To.K) South Congregational Church - Hart Hall, 56 Arch St

Rasement Entrance thru courtvard in basement New Haven Right Step Into The Weekend (O,BST.To.WC) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St.

The Montessori School, 42 Shelter Rock Rd. Living Clean Midday (C,LC) First Congregational Church, 23 South Main St. Moosun Glastonbury United Methodist Church, 508 Manchester Rd. Moose Tracks (O RES)

Moosup Methodist Church, 13 South Main St.

Middletown

Hartford

A New Awakening (O T

Tower of Power (O,LC)

Holy Trinity Church, 381 Main St.

Bridgeport

Friday

10:00 AM (1 hour)

10:00 AM (1 hour

12:30 PM (1 hour 15 min

12:00 PM

Upstairs Large Room

Just for Tonight (0,JFT,WC,K)

Plainville Congregational, 130 West Main St.

7:30 PM 7:00 PM (1 hour) Torrington Freedom Isn't Free (O.M.S.K.LC)

Church of Christ, 800 Main St.

7:30 PM (1 hour 15 min) Fast Hartford

Clean on The Green (O.JFT) St. George's Catholic Church, 33 Whitfield St.

Friday-continued

Middletown Pigs in Space (O,To,M,RF,S.WC.K) Church of The Holy Trinity, 381 Main S

7:30 PM (1 hour 15 min) New London Miracles Happen Here (0,To,S) Tree of Life Church, 122 Colman St

Norwich H.O.W. Group (O.To.S) Uncas on the Thames: SMHA Building, 401 W. Thames St.

Old Saybrook

Steps to Freedom (0,BT,S,WC,ST) First Church of Christ in Saybrook, 366 Main St. NO Smoning on Grounds Portland

Straight Lace (0,JFT,S,W,WC,K) Portland United Methodist Church, 381 Main St. Corner of Church St.

Victory in the Valley (0,To,S,WC,K) War Memorial Building, 695 Howe Ave.

Southington 7:30 PM (1 hour) Top of the Hill (O.BT.To.IP.IW.RF.S.WC.K.LC) Faith Baptist Church, 243 Laning St.

WEcovery (0,To,JFT,S)

First Church of Christ Congregational, 81 High St

Recovery on Track (O,To,S,WC) St. Paul's Episcopal Church, 65 North Main St.

West Hartford 7:30 PM (1 hour) You're Right Where You're Supposed to Be (O To) Elmwood Community Church, 26 Newington Rd. Speaker on Last Friday of Each Month

New Haven Fighting Back (0,To,S) St. Paul's UAME Church, 150 Dwight St.

Free Spirit (0,To,S,WC,GP) New Life House, 41 Stillwater Ave.

Middletown Til' the Wheels Fall Off (O.RF) Faith Lutheran Church, 300 Washington St. Basement - entrance around back

Saturday

Milford 8:30 AM (1 hour 15 min) The One Promise (O.JFT.K) St. Peter's Episcopal Church, 71 River S

8:30 AM (1 hour 15 min) oint of Freedom (0,BT,K) Sacred Heart Church, 116 Grove St.

10:00 AM (1 hour 15 min) Hartford Walk the Walk, Talk the Talk (0.BST) United Methodist Church, 571 Farmington Av

The Intimate Step Meeting (C,ST) stitute of Health & Healing, 17 Niles St.

10:00 AM (1 hour 15 min) New Britain Saturday Morning Surrender (0,To,S) South Congregational Church - Hart Hall, 90 Main St. Corner of Arch St. Speaker on the last Saturday of each

10:30 AM The Morning After (0,BT,WC,K) Saint Rose Community Building, 34 Center St.

Second Time Around (0,To,S,K) St. Matthews U.F.W.B Church, 400 Dixwell Ave Robert J Gay Building, rear entrance, lower level

New London 10:30 AM (1 hour 15 min) New Beginnings (O.BST.K) Huntington Baptist Church, 29 Huntington St

Meets in Fellowshin Hall Willimantic 10:30 AM (1 hour 15 min) Women Taking Steps (C,W,ST) Willimantin Business Center, 322 Main St

Woodbridge Southern Exposure (O.BT.T.K) Our Lady of the Assumption, 1700 Litchfield Turnpike

Hartford 12:00 PM (1 hour 15 min) Home At Last (0,To,S)

Phillips Metropolitan C.M.E. Church, 2500 Main St. 12:00 PM Waterbury Hope by The Green (C,GP) St. Mary's School, 43 Cole St Main Entrance by the pre-K School Parking @ Bergin

funeral Home 290 East Main Street Wallingford 1:00 PM (1 hour) Young Weekend Warriors (O,K,LC)

Coalition for a Better Wallingford, 136 Center St Middletown 5:30 PM (1 hour 15 min) Basically Lit Recovery (0,BT)

Christ Lutheran Church, 300 Washington St. Line by Line Text Study New Haven

Loud and Proud (O.To.LGBT.K) New Haven Pride Center, 84 Orange St. 5:30 PM New Haven Inner City Recovery (0,JFT,K) St. Paul's UAME Church, 150 Dwight St.

Speaker on the third Saturday of each month New Britain 6:00 PM (1 hour 15 min) High on Recovery (O,To,S,K)

YMCA, 50 High St. Norwalk 6:30 PM (1 hour) By the Text (C.BST)

Miracle Temple, 2 Trinity Place

Saturday-continued

6:30 PM (1 hour) rst Congregational Church, 130 West Main St. Speaker on the last Saturday of each month, ending at

Feeling Free (0,WC,K,LC) Holy Rosary Church, 10 Father Salemi Drive Bingo Hall

Bridgeport Success Downtown (O.To.WC.K) CCAR, 35 Courtland St.

Plainville

Trust the Dream (C.JFT.T)

7:00 PM (1 hour Planet Recovery (C,ST,K) St. Patrick's Church, 64 Pearl St.

7:00 PM (1 hour Saturday Night's All Right (0,BST,K) Immanuel Lutheran Church, 164 Hanover St.

Middletown Saturday Night Sanity (0,To,S) Church of the Holy Trinity, 381 Main St. Speaker on the last Saturday of each month

New Canaan Lost Then Found (0,To,WC) Inited Methodist Church, 165 South Ave. Back Entrance

New Haven Die Hard Recovery (O.To.K) Frinity Lutheran Church, 234 Orange St. Corner of Wall St. - Basement

Grow With the Glow (O,CL,To) Noank Baptist Church, 18 Cathedral Heights

North Branford Keep It Simple (0,To,S,WC) North Branford Congregational, 1680 Foxon Rd. Speaker on the First Saturday of each month

> Norwalk Road to Recovery (C,S) First Congregational Church, 3 Lewis St. Corner of Park St.

It Works, How and Why (0,S,T,ST,K) Gateway Bible Church, 500 Buckingham St

7:00 PM Courage to Change (0,S) Chester Addison Community Center, 245 Selleck St.

The Elevator's Broken, Use the Steps (C.S.ST.K) Frinity Episcopal Church, 220 Prospect St. Waterbury 7:00 PM

Saturday Night Survivors (0.BT) Zion Bantist Church, 137 Pearl St.

The Real Deal (0,To,S) United Methodist Church, 5 Clapboard Ridge Rd. 7:30 PM (1 hour 15 min)

There's Hope For Today (O.JFT.K) Trinity Episcopal Church, 120 Sigourney St.

Saturday-continued

9:00 PM (1 hour)

Mobile Meetings are for ill or disabled addicts. 7:30 PM (1 hour) Recovery East (O.To.WC.K) Please call 800-627-3543 and follow prompts for Mobile Meetings. irst Congregational Church of Vernon, 695 Hartford

> **PHONE NUMBERS** 7:45 PM (1 hour 15 min)

en español

unes

Bridgeport Libertad (Freedom) (O,To,ES,K) Arevto Apartments Community Room, 665 Artic St Community Room

martes

7:00 PM (1 hour) Unidos Otra Vez (O,To,ES,K)

By the Text (C,BT,LC)

Hartford

Miracle Temple, 2 Trinity Place

United Methodist Church, 571 Farmington Ave.

Corner of South Whitney Bag Meeting

New Late Night (0,To,S)

United Church Parish Hall, 323 Temple St. miércoles

Hartford St. Augustine Church, 10 Campfield Ave

7:00 PM

7:00 PM

7:00 PM

7:30 PM

7:00 PM (1 hour 15 min) Los Quitaos (O,ES,WC,K)

SERENIDAD PLEGARIA

Mobile Meetings

Dios, concédeme la serenidad para aceptar las cosas que no puedo cambiar. valor para cambiar las que puedo y sabiduría para reconocer la diferencia

SÓLO POR HOY

Puedes decirte:

SÓLO POR HOY pensaré en mi recuperación viviendo y disfrutando la vida sin consumir drogas.

SÓLO POR HOY confiaré en alguien de NA que crea en mí y quiera ayudarme en mi recuperación.

SÓLO POR HOY tendré un programa y trataré de seguirlo lo mejor que

SÓLO POR HOY a través de NA intentaré tener una mejor perspectiva de mi vida.

SÓLO POR HOY no tendré miedo, pensaré en mis nuevas amistades, gente que no consume y que ha encontrado un nuevo modo de vivir. Mientras siga este camino no tengo nada que temer.

THE TWELVE STEPS OF NA

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- We made a decision to turn our will and our lives over to the care of God as we understood Him.
- We made a searching and fearless moral inventory of ourselves.
- We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- We were entirely ready to have God remove all these defects of character
- We humbly asked Him to remove our shortcomings.
- We made a list of all persons we had harmed, and became willing to make amends to them all.
- We made direct amends to such people wherever possible. except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

SERENITY PRAYER

God, grant me the serenity to accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference

"My gratitude speaks . . . when I care and when I share with others the NA way"

JUST FOR TODAY

Tell yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

- JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.
- JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.
- JUST FOR TODAY through NA I will try to get a better perspective on my life.
- JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

CONNECTICUT REGIONAL SERVICE COMMITTEE

P.O. Box 1817 Meriden, CT 06450

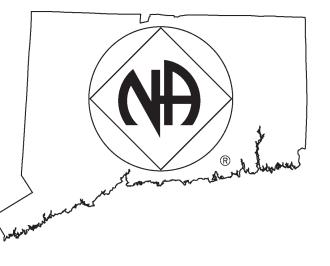
NEIGHBORING AREAS HELPLINE NUMBERS

212-929-6262 Greater New York Region Berkshire County Area 413-443-4377 401-461-1110 Free Spirit Area (Southern RI) New England Region (MA and Northern RI) 866-624-3578 ABCD Region (Albany, NY) 888-399-5519

THE TWELVE TRADITIONS OF NA

- 1. Our common welfare should come first; personal recovery depends on NA unity.
- 2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for membership is a desire to stop using.
- 4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
- 5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
- 6. An NA Group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
- 7. Every NA Group ought to be fully self-supporting, declining outside contributions.
- 8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they
- 10. Narcotics Anonymous has no opinion on outside issues: hence the NA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONNECTICUT REGION MEETING SCHEDULE



NARCOTICS ANONYMOUS

JANUARY 2019 REGIONAL PHONE LINE 1-800-627-3543

To order NA schedules write to: CTRSC Schedules P.O. Box 2572 Middletown, CT 06457

www.ctna.org