

Key

O – (Open)	All are welcome.
ST – (Step)	Twelve Steps of NA.
T – (Tradition)	Twelve Traditions of NA.
SWG – (Step Working Guide)	Discussion of the Step Working Guide text.
S – (Speaker)	Speaker, then opened for participation by attendees.
K – (Keytag)	Keytags handed out celebrating lengths of clean time.
FD – (Five and Dime)	Discussion on the Fifth Step and Tenth Step
LC – (Living Clean)	Living Clean Book
IG – (Introductory Guide)	Introductory Guide to NA
HIV – (HIV)	Focused on the needs of HIV positive members.
JFT – (Just for Today)	Just For Today text.
BST – (Beginners Step (1,2,3))	Steps 1, 2, 3, typically reading them from the Basic Text.
DC – (Childcare)	Childcare is available
C – (Closed)	Closed to non-addicts.
ES – (Español)	Spanish.
M – (Men)	Meant to be attended by men only.
W – (Women)	Meant to be attended by women only.
LGBT – (Gay/Lesbian/Bi/Trans)	Focused on the needs of LGBT community.
IP – (Informational Pamphlet)	Discussion of one or more Informational Pamphlets.
Pi – (Pitch)	Each person who shares picks the next person.
RF – (Rotating Format)	Format that changes for each meeting.
To – (Topic Discussion)	Discusses a chosen topic.
ITW – (It Works: How and Why)	Discussion of the It Works-How and Why text.
BT – (Basic Text)	Discussion of the Basic Text of Narcotics Anonymous.
CL – (Candlelight)	Meeting is held by candlelight.
CH – (Closed Holidays)	Facility is usually closed on holidays.
WC – (Wheelchair)	Wheelchair accessible.
GP – (Guiding Principles)	Discussion of the Guiding Principles book.
YP – (Young People)	Focused on the needs of younger members of NA.

N.A. Meetings are usually 90 minutes long (an hour and a half), unless otherwise indicated.

Sunday

New Britain	9:00 AM (1 hour 15 min)
Sunday Morning Serenity (O,To,S)	
St. Marks Episcopal Church, 147 West Main Street	
<i>Speaker on the second Sunday of each month</i>	
Waterbury	10:00 AM
A Fresh Start (O,To,S,K)	
West Main Behavioral Health Center, 88 Grandview Ave	
Basement	
Windsor Locks	10:00 AM (1 hour)
Sanity on Sunday (O,To,S)	
Windsor Locks Senior Center, 41 Oak Street	
2nd Floor Speak every 2nd Sunday of the month	
Bristol	10:30 AM
Early Stepping (O,BST,S)	
Bristol Recovery Club, 67 West Street	
Rear Entrance	
Fairfield	10:30 AM
Recovery on Park Avenue (O,To,WC)	
Sacred Heart University, 5151 Park Avenue	
Room HC 202	
Hartford	10:30 AM
Honesty in Reality (O,To,S,WC)	
Hartford Hospital Amphitheater, 560 Hudson Street	
Corner of Jefferson	
Middletown	10:30 AM
New Freedom (O,To,WC,K)	
St. Vincent DePaul Soup Kitchen, 615 Main Street	
Just North of Washington St.	
New Haven	10:30 AM (1 hour 15 min)
No Excuses (O,To,WC,K)	
Yale Health Center, 55 Lock Street	

Sunday-continued

New Haven	10:30 AM
Today We Live (O,To,WC)	
Awning Cleaning Industries, 29 Fitch Street	
Guilford	1:00 PM
New Day New Way (O,To,S,WC)	
First Congregational Church, 122 Broad Street	
Route 77	
Wolcott	4:30 PM
Young, Serene & Living Clean (O,To,S,WC,K,YP)	
W.A.L.C. (Wolcott Activities and Learning Center), 48 Todd Road	
Bridgeport	6:00 PM
Open Arms (O,To,JFT,K)	
Bethel AME Church, 110 Grove Street	
Corner of Laurel Street	
Bristol	6:00 PM (1 hour 15 min)
Principles Before Personalities (O,S,W,ST,K)	
Bristol Baptist Church, 43 School Street	
Hartford	6:00 PM
Y Are We Here (O,To,S,WC)	
Trinity Church, 120 Sigourney Street	
Meriden	6:00 PM (1 hour)
Recovery in the Park (O,To)	
Hubbard Park (Behind the bandshell), 999 West Main St	
Seasonal	
New Haven	6:00 PM
Serenity at Sundown1 (O,To)	
St. Bernadette's R.C. Church, 385 Townsend Avenue	
<i>Speaker on the last Sunday of each month</i>	

Sunday-continued

New London	6:00 PM (1 hour)
Living Clean (O,LC)	
Lawrence and Memorial Hospital, 365 Montauk Ave.	
Second Floor Conference Room #2	
Bristol	7:00 PM
Sunday Night Surrender (O,IPS)	
United Methodist Church, 99 Summer Street	
Corner of Church St	
Middletown	7:00 PM (1 hour)
Came To Believe (O,To,WC,K)	
Church of the Holy Trinity, 381 Main Street	
2nd floor	
Naugatuck	7:00 PM
When at the End of the Road (O,JFT,K)	
Hillside Covenant Church, 100 Hillside Ave.	
New Britain	7:00 PM (1 hour 15 min)
Sunday Night Sanity (O,To,LC)	
YMCA, 50 High Street	
<i>IP Discussion on the Last Sunday of each month</i>	
New Haven	7:00 PM
Hope to Grow (O,To,S)	
Trinity Lutheran Church, 234 Orange Street	
Corner of Wall St.	
New Haven	7:00 PM
Serenity by the Sea (O,To)	
Fort Hale Park, Fort Hale Park Road	
<i>Seasonal: Memorial Day - Labor Day</i>	
Norwalk	7:00 PM
Road to Recovery (O,BT,To)	
First Congregational Church, 3 Lewis Street	
Corner of Park St.	
Old Lyme	7:00 PM
Great to be Straight (O,T,WC,ST)	
Roger's Lake Clubhouse, 75 Rogers Lake Trail	
Address is approximate	
Plainville	7:00 PM (1 hour)
The Promise is Freedom (O,S,T)	
Plainville Congregational Church, 130 West Main Street	
<i>Tradition Speaker on the last Sunday of each month</i>	
Stamford	7:00 PM
Courage to Change (C,BT, JW, JFT)	
Chester Addison Community Center, 245 Selleck Street	
Bantam	7:30 PM
Miracles Happen (O,To)	
Bantam Borough Hall, 890 Bantam Rd.	
East Hartford	7:30 PM
Clean Choice (O,S)	
New Covenant United Methodist Church, 16 Church Street	
Middletown	7:30 PM
Where We Are Going (O,WC,LC)	
St. Vincent DePaul Soup Kitchen, 615 Main Street	
Just North of Washington St.	
Mystic	7:30 PM
Crystal Clean (O,S,ST)	
St. Mark's Episcopal Church, 15 Pearl Street	
Newtown	7:30 PM (1 hour)
Not At The Church (O,JP,WC,K)	
Newtown Congregational Church, 14 West Street	
Plainfield	7:30 PM
Moose Tracks (O,CL,To)	
Mooseup Methodist Church, 11 Main Street	
Corner of Rt 12 & 14	
South Windsor	7:30 PM
The Last Alternative (O,BST,To,S)	
Avery Street Christian Reformed Church, 661 Avery Street	
Meriden	6:00 PM (1 hour)
Recovery in the Park (O,To)	
Hubbard Park (Behind the bandshell), 999 West Main St	
Seasonal	
Canaan	8:00 PM (1 hour)
Exactly Where You Need To Be (S)	
St. Joseph's Church, 2 E Main St	

Monday

Danielson	10:00 AM (1 hour)
Morning Serenity (O,LC)	
Westfield Congregational Church, 210 Main Street	
New London	10:00 AM (1 hour)
NA in the Day (O,BST,To,JFT,RFK)	
Huntington Street Baptist Church, 29 Washington St	
Middletown	10:30 AM
A New Awakening (O,LC)	
Holy Trinity Church, 381 Main Street	
Hartford	12:00 PM (1 hour 15 min)
Any Lengths to Recover (O,GP)	
Mount Sinai Hospital, 500 Blue Hills Avenue	
New Britain	12:00 PM
Genesis (O,To)	
South Congregational Church - Hart Hall, 56 Arch Street	
Entrance thru courtyard in basement	
New Haven	12:00 PM (1 hour)
Out of the Darkness (O,To,WC)	
Episcopal Church of St. Paul & St. James, 57 Olive Street	
Corner of Chapel St.	
Stamford	12:00 PM (1 hour)
Serenity at Noon (O,JFT,WC)	
Inspirica, 141 Franklin Street	
Wallingford	12:30 PM
The Midday Message (O,To)	
First Congregational Church, 23 South Main Street	
Rear of building	
New Britain	5:30 PM (1 hour)
Lifeline to Recovery (O,To,WC)	
St. Mark's Episcopal Church, 147 West Main Street	
Old Lyme	6:00 PM (1 hour)
A New Wave of Serenity on the Sound (O,To,WC)	
Saint John's Episcopal Church, 400 Main Street	
Portland	6:45 PM (1 hour 15 min)
Working the Steps (O,ST)	
Portland United Methodist Church, 381 Main Street	
<i>During the first half of the meeting we write on our personal step work. During the second half of the meeting we have a step discussion out of the JFT</i>	
South Windsor	6:45 PM
Women Stepping Up (O,W,ST)	
Our Savior Lutheran Church, 293 Graham Road	
Main Level	
Bloomfield	7:00 PM
New Bridge Over Troubled Waters (O,T,ST)	
First Congregational Church, 10 Wintonbury Ave.	
Hartford	7:00 PM (1 hour 15 min)
Recovery on the Hearth (O,To,JFT,S,WC,K)	
Open Hearth, 437 Sheldon Street	
Meriden	7:00 PM
Straight From the Hip (O,DC,To,W,WC,K,LC)	
Emmanuel Lutheran Church, 164 Hanover Street	
Middletown	7:00 PM (1 hour)
Miracles on Oak (O,To,S,K)	
Open Door Missionary Baptist Church, 47 Oak Street	
<i>Speaker on the last Monday of each month</i>	
New Britain	7:00 PM (1 hour)
Spring Into Recovery (O,S,K)	
St. John's Evangelical Lutheran Church, 295 Arch St # 303	
Corner of Grand St.	
New Britain	7:00 PM (1 hour 15 min)
Live and Let Live (O,CL,LGBT,RFK)	
YMCA, 50 High Street	
New London	7:00 PM
Clean and Serene (C,T,ST)	
St. James Episcopal Church, 76 Federal Street	
Norwalk	7:00 PM
It Works, How & Why (C,T,WC,ST,K)	
First Congregational Church, 3 Lewis Street	
Corner of Park St.	
Shelton	7:00 PM
Just For Monday (O,BT,K)	
War Memorial Building, 695 Howe Ave. Rt. 110	
Southington	7:00 PM
Keep on Stepping (O,WC,ST)	
St. Paul's Episcopal Church, 145 Main Street	

Monday-continued

Stamford	7:00 PM (1 hour 15 min)
Recovery on the Hill (O,JFT)	
New Life Foundation, 41 Stillwater Avenue	
Wallingford	7:00 PM (1 hour 15 min)
It's a Start (O,CL,W)	
St. Paul's Episcopal Church, 65 North Main Street	
Waterbury	7:00 PM
Unity Group (To,S)	
North End Recreational Center, 268 North Main Street	
Willimantic	7:00 PM
No Other Way (O,JFT)	
CCAR, 713 Main Street	
Corner of Church St.	
Torrington	7:15 PM (1 hour 15 min)
Steps for a New Beginning (O,BST,WC)	
First Congregational Church, 835 Riverside Avenue	
Branford	7:30 PM
Spiritual Thunder (O,To)	
First Baptist Church, 975 Main Street	
Bridgeport	7:30 PM
West Side Story (O,To,S,K)	
Episcopal Church of St. Paul & St. James, 57 Olive St	
Corner of Chapel Street	
East Hartford	6:00 PM
Wings of Freedom (O,To)	
Pratt & Whitney Union Hall, 357 Main Street	
Torrington	6:00 PM (1 hour)
Recovering Hearts (C,W,K,WD)	
St. Mary's Church, 85 Pulaski Street	
Entrance on Forest Ct. <i>Women's Meeting</i>	
New Britain	6:30 PM (1 hour)
Women With Hope (O,To,S,W)	
South Congregational Church, 90 Main Street	
Hart Hall <i>Speaker Last Tuesday of The Month</i>	
North Haven	6:30 PM
The Masks Have to Go (O,To)	
Montwese Baptist Church, 201 Quinnipiac Avenue	
Danbury	7:00 PM
Starting Over (O,To,ST)	
Community of the Cross Church, 7 Madison Ave.	
Danielson	7:00 PM (1 hour)
Get Clean or Die Trying (O,S)	
United Methodist Church, 9 Spring Street	
East Haddam	7:00 PM (1 hour 15 min)
The Crossroads (O,RFK)	
Two Wrasslin' Cats Cafe, 374 Town Street	
Hartford	7:00 PM
Sisters Reaching Out (C,BST,W,WC)	
Tabor House, 184 Homestead Ave.	
Basement	
New Britain	7:00 PM (1 hour 15 min)
Thru the Steps (O,S,T,ST)	
YMCA, 50 High Street	
Upstairs conference room <i>Tradition Speaker on the last Tuesday of each month</i>	
Norwalk	7:00 PM
Never Alone, Never Again (O,LGBT,RFK)	
Triangle Community Center, 619 West Avenue	
Room B <i>Parking behind building available.</i>	
Old Lyme	7:00 PM (1 hour)
Living Clean Today (O,To,WC,LC)	
St. Ann's Episcopal Church, 82 Shore Road	
Plainville	7:00 PM (1 hour 15 min)
The Healing Starts Here (O,SWG,WC,K)	
Church of Our Savior, 115 West Main Street	
Portland	7:00 PM
Over The Wall (O,To,WC,K)	
Portland United Methodist Church, 381 Main Street	
Corner of Church St.	
Stamford	7:00 PM
A Simple Solution (O,BST,JFT,T,K)	
Chester Addison Community Center, 245 Selleck Street	
Higganum	8:00 PM (1 hour 15 min)
Stepping Free (O,S,WC,ST)	
St. James Church Parish Hall, 501 Killingworth Rd.	
Corner of Rt. 81 and Little City Rd.	

Tuesday

Meriden	8:30 AM (1 hour 15 min)
Recovery on the Hill (O,JFT,WC)	
First Congregational Church, 62 Colony St	
New London	10:00 AM (1 hour)
NA in the Day (O,BST,To,JFT,RFK)	
Huntington Street Baptist Church, 29 Washington Street	
Waterbury	10:30 AM
Carpe Diem (WC,ST)	
St. John's Episcopal Church, 16 Church Street	
On The Green	
Hartford	12:00 PM
Just Do It (O,To)	
United Methodist Church, 571 Farmington Ave.	
Corner of South Whitney	
New Britain	12:00 PM (1 hour 15 min)
The Reach Within Group (O,DC,To)	
South Congregational Church - Hart Hall, 90 Main Street	
Corner of Arch St.	
New Haven	12:00 PM
Tuesday at Noon (O,WC,ST,K)	
Episcopal Church of St. Paul & St. James, 57 Olive St	
Corner of Chapel Street	
East Hartford	6:00 PM
Wings of Freedom (O,To)	
Pratt & Whitney Union Hall, 357 Main Street	
Torrington	6:00 PM (1 hour)
Recovering Hearts (C,W,K,WD)	
St. Mary's Church, 85 Pulaski Street	
Entrance on Forest Ct. <i>Women's Meeting</i>	
New Britain	6:30 PM (1 hour)
Women With Hope (O,To,S,W)	
South Congregational Church, 90 Main Street	
Hart Hall <i>Speaker Last Tuesday of The Month</i>	
North Haven	6:30 PM
The Masks Have to Go (O,To)	
Montwese Baptist Church, 201 Quinnipiac Avenue	
Danbury	7:00 PM
Starting Over (O,To,ST)	
Community of the Cross Church, 7 Madison Ave.	
Danielson	7:00 PM (1 hour)
Get Clean or Die Trying (O,S)	
United Methodist Church, 9 Spring Street	
East Haddam	7:00 PM (1 hour 15 min)
The Crossroads (O,RFK)	
Two Wrasslin' Cats Cafe, 374 Town Street	
Hartford	7:00 PM
Sisters Reaching Out (C,BST,W,WC)	
Tabor House, 184 Homestead Ave.	
Basement	
New Britain	7:00 PM (1 hour 15 min)
Thru the Steps (O,S,T,ST)	
YMCA, 50 High Street	
Upstairs conference room <i>Tradition Speaker on the last Tuesday of each month</i>	
Norwalk	7:00 PM
Never Alone, Never Again (O,LGBT,RFK)	
Triangle Community Center, 619 West Avenue	
Room B <i>Parking behind building available.</i>	
Old Lyme	7:00 PM (1 hour)
Living Clean Today (O,To,WC,LC)	
St. Ann's Episcopal Church, 82 Shore Road	
Plainville	7:00 PM (1 hour 15 min)
The Healing Starts Here (O,SWG,WC,K)	
Church of Our Savior, 115 West Main Street	
Portland	7:00 PM
Over The Wall (O,To,WC,K)	
Portland United Methodist Church, 381 Main Street	
Corner of Church St.	
Stamford	7:00 PM
A Simple Solution (O,BST,JFT,T,K)	
Chester Addison Community Center, 245 Selleck Street	
Higganum	8:00 PM (1 hour 15 min)
Stepping Free (O,S,WC,ST)	
St. James Church Parish Hall, 501 Killingworth Rd.	
Corner of Rt. 81 and Little City Rd.	

Tuesday-continued

Waterbury	7:00 PM
Breaking the Chains (C,To,K,HIV)	
North End Recreational Center, 268 North Main Street	
Wethersfield	7:00 PM
Pure and Simple (O,S,ST)	
United Methodist Church, 150 Prospect Street	
Williamantic	7:00 PM (1 hour 15 min)
Tuesday Night Candlelight Meeting of NA (O,RF,WC)	
CCAR, 713 Main Street	
Bolton	7:30 PM (1 hour 15 min)
No Other Way (O,To)	
United Methodist Church, 1041 Boston Turnpike	
Route 44	
Bridgeport	7:30 PM
Principles Before Personalities (O,ST)	
Golden Hill Methodist Church, 210 Elm Street	
Corner of Lafayette St.	
Bristol	7:30 PM (1 hour)
Stop-N-Recover (O,To,S,WC,ST,K)	
Bristol Recovery Club, 67 West Street	
East Haven	7:30 PM
Outer Limits (O,To,S,K)	
Christ & the Epiphany Church, 39 Park Place	
Hamden	7:30 PM (1 hour)
Hope Without Dope (O,To,S,W,K)	
Grace & St. Peter's Episcopal Church, 2927 Dixwell Ave.	
Hartford	7:30 PM (1 hour)
Addicts in Recovery (O)	
Mount Sinai Hospital, 500 Blue Hills Ave	
Meriden	7:30 PM
State of Recovery (O,To,WC,K)	
Immanuel Lutheran Church, 164 Hanover Street	
Middletown	7:30 PM
New Perspectives (O,WC,K,GP)	
St. Vincent DePaul's Soup Kitchen, 615 Main Street	
Mystic	7:30 PM
Twilight Zone (O,S,ST,K)	
Old Mystic Fire District Hall, 115 Welles Rd.	
New Haven	7:30 PM (1 hour)
Boys to Men (O,To,M,S,WC,K)	
MAAS Building, 426 East Street	
New Haven	7:30 PM (1 hour)
Primary Purpose Group (O,BT, JW,ST)	
The Elm City Phoenix Club, 433 Chapel Street	
New London	7:30 PM (1 hour 15 min)
We Do Recover (O,JFT)	
Huntington Baptist Church, 29 Huntington Street	
South Windsor	7:30 PM (1 hour)
Take What You Need (O,To,WC,K)	
First Congregational Church, 992 Main Street	
Downstairs <i>Speaker on the last Tuesday of each month</i>	
Winchester	7:30 PM
Free at Last (O,W,WC,K)	
Winchester Center Congregational Church, 0 West Road	
Rt. 263 and Newfield Rd.	
Woodbury	7:30 PM
Recovery in the Woods (O,BT,To,K)	
North Congregational Church, 11 Main Street North	
Rt. 6 and Rt. 47	
New Haven	8:00 PM
Elm City Serenity (O,ST,K)	
St. Paul's UAME Church, 150 Dwight Street	
Newington	8:00 PM (1 hour 15 min)
Straight Ahead (O,To,S,WC,K)	
Grace Episcopal Church, 124 Maple Hill Ave.	

Wednesday

Westbrook	9:30 AM (1 hour 15 min)
Three Steps Forward (O,BST)	
Westbrook Congregational Church, 1166 Boston Post Rd.	
Parlor	

