

Greater Waterbury Area N.A. Hospitals and Institutions

July 6, 2017

Addicts in Attendance: 19

Voting Members: 6

Facilities Present: 8 of 8

Concept Read: 7

Minutes read and accepted: 4/0/1

Chair Report: OTF

Vice Chair Report: This subcommittee is in need of addict support. We currently have the positions of Chair, Orientation Chair and Secretary out to the fellowship. I will act as our Chair Person in the absence of one, but we are in need of help. Our policy states that the requirements and responsibilities of a Panel Coordinator include "attending all Area Subcommittee meetings". All H&I Panels with the exception of MCCA, whose presentation falls on every other Thursday, are required to be represented at **every** H&I subcommittee meeting! I will be reaching out to remind Coordinators to attend our meeting regularly. Please pass this information along and announce our need for support at the meetings you attend.

Our H&I Budget passed at Area. I ordered literature for every panel that night. I put in a fairly large order because we were in need of IPs. I am working with the Literature Subcommittee so as not to overwhelm them with our demand. There was an error with NAWS order Literature Subcommittee placed at Area so we are still owed several of IP #23. I have another order filled out that I just submitted at the Literature meeting about an hour ago to give them a heads up as to what we will be asking for. I will have a signed check for that order at our next Area meeting. Being that I am our Area Treasurer, I have a good understanding of budgets and will do my best to take full advantage of the funds we have been approved to spend. Our funds are limited so I will be putting in smaller orders regularly over the course of my commitment. By next year we should be pretty well off at the beginning of the fiscal year and will be much better stocked year-round. For now, our panels will carry the following IPs: #6 *Recovery and Relapse*, #7 *Am I an Addict?*, #11 *Sponsorship*, #12 *The Triangle of Self-Obsession*, #16 *For the Newcomer*, #22 *Welcome to NA and* #23 *Staying Clean on the Outside*. I will be looking to Panel Coordinators to keep me informed of the status of the literature in their facilities, so please be mindful of how many you have. Depending on how fast they are depleted it is my intention to provide additional IPs. Next month's order will include IP #29 *An Introduction to NA meetings*. In attending the Regional H&I meeting, I have discovered that our schedules are supplied there at no charge to our budget, so we will have the most current schedules provided to us every month.

Our revised policy has been drafted. I have copies for any and all interested in its updates. The red areas are what I have taken out and blue is what has been added. There is also a highlighted sentence that I have reworded. There have been some changes made to our policy in my records when I was secretary that I included, as well as a description of the entire Orientation Chair position. Our last policy in 2010 did not include this commitment even though we have had addicts with the position already. I will gladly and openly look into any suggestions for editing before I do submit it to the newly formed Policy Subcommittee for our Area. They have not yet announced a deadline for when it must be submitted.

Waterbury Area does not have a web servant so I have directly forwarded June's subcommittee minutes to the Regional Web Servant. Our H&I minutes can now be found on the ctna.org website under Area Pages, GWA and 2017 Area Minutes & Subcommittee Reports. I will be doing this every month for anyone interested in reviewing them online. I also had the Business Calendar on the website updated to reflect the dates and location of our Subcommittee meeting for anyone looking online interested in attending.

I called the Wellmore Women and Children's Facility in Waterbury and the contact there was very excited to hear from me. She would like a new panel for the women there. I brought this up to the Public Relations Subcommittee and will work with them on bringing in a presentation about Narcotics Anonymous and how H&I

works to their staff. I have already gotten three women volunteers, who are not currently on any panel, interested in committing to a panel. I will proceed to make arrangements with the facility and plan a night of the week, time for their meeting and how many addicts the facility prefers are on their panel; we may be looking for one more panel member next month.

I am concerned that our records of H&I members is outdated and not completely accurate. I have been keeping track of our attendance and newly joined panel members since the beginning of my secretary commitment, but there are several panels that have not been represented at our table recently. I ask that a representative of every panel here tonight, Panel Coordinators or otherwise, that are filling out a report form, to please make certain that you fill out your form completely. Please do not overlook the section asking you to identify your Panel Leader and Panel Coordinator and in addition to the usual questions, please include the names of your Panel Members. Phone numbers would also be greatly appreciated if you have that information on hand. Every commitment in H&I has an end date so members should be requalifying and voted in at the Subcommittee Meeting to continue on their panels when their time in the positions are done.

At the June Regional H&I meeting we talked about the great success of H&I clothing sales. At recent NA events, including the Rock fest and Pig Roast, \$1,468 was collected. They sold almost every single shirt that was made, new and old. This money was given to Region. I gave a copy of the email sent to Jodi and I, requesting a panel for the Chesire Youth Inmate population, to TVA. At the July Regional H&I meeting everyone was pleased to hear that TVA already has a date planned this month for their Area's Public Relations Subcommittee and H&I to give a presentation there. The Vice Chair reported that the DOC now has a new contact for Addiction Services and there is hope for closed meetings to get up and running again in our Prisons. Under new business, there was discussion on a Regional H&I Learning Day. It will be on Sunday, September 17th 12-4pm at the Ashler Village Pavilion on the Mosonicare Campus, 74 Chesire Rd. Wallingford. There will be further discussion at their next meeting as far as choosing speakers, formulating a format and information regarding possible PR and WSR involvement. Since there is still a demand for H&I shirts and hoodies, the Regional H&I Chair will request more be made for the Regional Learning Day.

As far as our Waterbury Area Learning Day, we are now looking at new tentative dates. There was not enough time to secure a date, time and location and get a flyer to our last Area meeting. A special thanks to Jodi and Donna for their footwork searching for an affordable, practical location. Donna looked into the Litchfield location which was asking for \$125.00 in rent. We turned it down because our entire H&I Learning Day Budget gives us only \$150.00 to spend. Jodi has gotten in touch with the contact for Sacred Heart Church who would not charge us rent but we are still waiting for more information as to their exact availability there. We will be talking about the Learning Day in more detail in New Business. Give some thought as to if you would like to be involved in the planning of our Learning Day as we will need volunteers for set up, clean up, food purchasing, food preparation, and other much needed collaboration. I will be passing around a volunteer sign-up sheet. Please write down your phone number and email and you will be included in the decisions and planning made along the way.

IMPORTANT NOTICE TO ALL: For all of those who have not yet heard the news, our subcommittee meeting will be changing locations for approximately the next 7 months. This branch of Thomaston Savings Bank will be remodeling until at least February. During construction we cannot use this room. Our next meeting, and every meeting until further notice, will be located at the **Thomaston Savings Bank** where the Literature Subcommittee meeting is held which is **985 Watertown Ave., Waterbury CT, 06708 at 7:30pm**. We will still be meeting on the first Thursday of every month. My sincere apologies go out to all H&I members who were not included in the making of this decision. I literally had from the night of the Area meeting until the following morning to reserve a location. I have made flyers for the next Area meeting so GSRs can pass the announcement of a temporarily changed location on to their groups. If you know that your home group does not attend Area, feel free to take a flyer tonight to personally bring to your group.

Facility Reports:

Carnes Weeks: 20 residents, 2 panel members, leader stepped down, 3 speakers and IP: *Sponsorship*, have been to the meeting 4x, no problems or situations, in need of literature

Help Inc.: 25-30 residents, 3 panel members, 4 speakers, have been to the meeting 4s, need literature, all is well

High Watch: 20 residents, 3 panel members, 2 speakers, have been to the meeting 2x, no problems or situations, need IPs

Renaissance West: 10-15 residents, 2 panel members, 3 speakers and IP #23, no problems, "Lit. would be legit"

MCCA: 10-20 residents, 2 panel members, 2 speaks, have been to the meeting 2x, no problems or situations, need literature

The Morris House: *tardy- no report*

Mountainside: 55 residents, 2-3 panel members, steps 1, 2, 3 and one speaker, no problems or situations, need literature

Trinity Glen: 6-12 residents, 3 panel members, leader stepped down, speaker every week, no problems or situations

Old Business: Donna H. has volunteered to look into another location for our Learning Day since we have not heard back from the Torrington Sacred Heart Church. Michelle R. will attend Public Relations Subcommittee and will get more information regarding speakers. She will be our H&I speaker seeker and will look into obtaining past formats as a point of reference in drafting a format for the event.

Elections:

Panel Observers: Ed M., Lorraine V.

Panel Members: none

Panel Leader: Jen R. – *Carnes Weeks* 5/0/0, Donna H. – *Help Inc.* 5/0/0, Michelle B. – *MCCA* 5/0/0, Louie B. – *Renaissance West* 5/0/0, Ryan L. – *Trinity Glen* 5/0/0

Panel Coordinator: none

Chairperson: OTF

Secretary: Liz B. 6/0/0

Orientation Chair: Scott G. 6/0/0

New Business: There was much discussion about the Learning Day. The Subcommittee is eager to get it up and going. A list went around and several H&I members volunteered to be involved in planning. The Vice Chair got a suggestion to look into possibly holding it at a park such as Black Rock State Park, because it would be of no charge to the Subcommittee. She will look into further details regarding the process of securing a location and keep the volunteers updated as to her progress. Once our location is decided, further planning will be made including making a flyer, formulating a format, choosing speakers, food purchasing and preparation. The Vice Chair will also keep Public Relations Subcommittee involved in the event and contact WSR to ask for their support and participation.

There was considerable discussion of starting a new facility, the Women with children facility in Waterbury known as Wellmore. There are already women interested in joining the panel. Public Relations and members of H&I Subcommittee will be putting on a presentation for the facility's staff in the near future. A night and time for the meeting is still to be announced. Hopefully we will have the final details for our next meeting and officially get positions filled.

There was discussion on H&I policy. We are in the process of writing a draft and will add a section specifically pertaining to the process of starting a new panel so there will be no uncertainty in the future. Several copies of our draft were made and brought to the table for members to take home and contribute to the changes.

Next month our Subcommittee meeting will be moving to the Thomaston Savings Bank in Waterbury. It will still be held on the first Thursday of the month at 7:30pm and will immediately follow the Literature Subcommittee meeting.

Our Subcommittee needs support desperately. We have many open positions on the panels and are still without an official Chairperson. Please pass the word along by announcing our great need for members at the meetings you attend.

In Loving Service,

Michelle R.

Next Meeting August 3, 2017

Thomaston Savings Bank

985 Watertown Ave., Waterbury CT, 06708

7:30pm