

**CT Region Service Committee**

**August 29, 2009**

Southeast Mental Health Authority (Uncas on the Thames) 401 W. Thames Street #301, Norwich 06360

The meeting opened at 2:16 p.m. with a moment of silence and the Serenity Prayer

Visitors: Earl, Tracy and Cathy S/Convention Vice Chair, were welcomed. Group members read the Twelve Traditions and the Twelve Concepts.

Roll call – RCMs from 7 areas were present.

Minutes from July were reviewed; voted on and accepted, 7-0-0. Thanks, Gay, for the minutes! Buddy reported that the actual money for the H&I T-shirts in July's Motion #1 was \$599.00.

**EXECUTIVE COMMITTEE:**

**Chair** – Jim H. presented a written report. Received software for the website from Julie, previous Webservant. Jim has been contacted by addicts over insurance coverage for incidents at meetings. He repeated the insurance company's position that there is no coverage for violence at meetings. Chair Position is now OTF. Thanks, Jim!

**Vice Chair** – Adam presented a written report. September's subcommittee calendar has been updated. Please check for accuracy; for example, some Areas will not meet on their normally scheduled day due to the Labor Day holiday.

**(Note: one more RCM arrived at this time.)**

**Treasurer** – Dwight presented a written report for August. Opening balance: \$3,236.10. Area donations: \$2,446.55. Expenditures: \$3,265.89. WSO Fund Flow: none. RSC Closing Balance: \$2,416.76, which is 54.1% of the prudent reserve. Schedule Closing Balance: \$3,896.13. Checkbook Balance: \$6,312.89. Report accepted, 8-0-0.

**Alt. Treasurer-** OTF

**Regional Delegate** – Gerry P. presented a written report. Distributed the front page of the NAWS NEWS and requested that RCMs make copies for their Areas. The page includes links to a Membership Survey and a feedback site on "Living Clean". All addicts are encouraged to complete the survey since the information will be used to provide data to professionals on the NA fellowship. The Web addresses are as follows: <http://questionnaire.disc.na.org> or [http://www.na.org/?ID=Living\\_Clean\\_Project](http://www.na.org/?ID=Living_Clean_Project).

**Alt. Regional Delegate** – Absent

**Web Servant** – Roberta presented a verbal report. She's working with the RSC Vice Chair to get the website software downloaded and to update the website. Emails are coming to Roberta. They have all been answered. There have not been many submissions for new events. Adam has been handling the updates. Roberta is planning on attending the Peabody Mass Worldwide Workshop (11/20-11/22) because it will involve communications and the website.

**Alt. Web Servant** – OTF

**SUBCOMMITTEES:**

**BOD** – Vince presented a written report. BOD seats are open for TVA, CCA and SFA. Two Stamford Hotels and the Hartford Hilton responded to RFP for 2011 Convention.

**Convention** – Keith presented a written report. Convention Registration forms were available at the RSC. Registration should begin after 9/5 in order to obtain the Convention rate.

**H & I** – Buddy presented a written report. CTRNA H&I was joined with WSR and PI/PL to hold Learning Day on 8/8. Position is OTF. H & I Vice Chair is also OTF.

**Literature** – Absent/OTF.

**PI/PL** – Justin presented a written report. Discussed problems with behavior at meetings. One suggestion was that groups include the rules of the facilities within the group format. Currently CTRNA's 1-800 number is listed in the yellow pages of the phone book under Info Line. We still have a listing in 411 until the current AT&T contract expires. The phone number is also on the PI/PL web page, but not on the website's home page.

**Schedules** – Position is OTF – Vice Chair, Adam, submitted a written report. No Literature meeting due to lack of attendance. Adam is putting in the updates. Suggests that we remove the “non-smoking” category from the schedule since all meeting spots are now NS. There are 14,230 schedules remaining.

**WSR** – Pat presented a written report. Only 2 female letters from York. Learning day was very successful. 4 new step guides gained. One Spanish-speaking step guide is set to join as well as two people to translate Spanish letters.

### **AREA REPORTS :**

CCA – Robin B gave a report. Positions OTF: Alt. RCM, Assist. Sec. Fund Flow: None.

GDA – Gay gave a report. Positions OTF: Chair. Fund Flow: None.

GHA – Scott C gave a report. Positions OTF: None. Fund Flow: \$312.64

GNHA – Kate B. gave a report. Positions OTF: Vice Secretary. Fund Flow: \$443.00.

GWANA – Tim gave a report. Positions OTF: Lit. Chair, Alt. RCM, Secretary. Fund Flow: none

MSUA – Megan gave a report. Positions OTF: None. Fund Flow: \$697.15.

SFCANA – Absent

TVA – Art gave a report. Positions OTF: RCM and Alt. RCM. Fund Flow: Mail

USA – Myron T gave a report. Positions OTF: Literature Chair. Fund Flow: \$438.31.

Break – 10 minutes

### **SHARING SESSION:**

~ **Gay:** Having flyers of activities for Region helps spread the word of your events.

~ **Scott:** re: NA reputation discussion of last month. What survey was that? Gerry: I don't know. It was a survey for professionals outside of NA. All addicts should complete the on-line NAWs survey.

~ **Pat:** Fund Flow structure doesn't seem to be valued at the meeting level. There are celebrations using the basket monies. How can that be addressed? Justin: In the Concepts it says it's the group's responsibility to cover their Areas. Tim: Groups get angry at Area and are not giving to Area. Dwight: Groups can bypass Areas and send fund flow directly to Region. Buddy: We can express our views at business meetings.

Maybe pass a separate basket for celebrations. Tracy: Anniversary celebrations are good for newcomers. The basket is for the newcomer and celebrations have always been included in that.

~ **Gerry:** Should group meeting times be listed in event listings of University publications? Justin: It's okay, per World, as long as we don't advertise the University in our publications or website. Buddy: Link creates an implied relationship with the University. Adam: I don't see a problem with it. It doesn't imply support. Roberta: This would actually be a good topic for discussion at the Boston Workshop in Nov. How do we present an attractive image of NA?

**OLD BUSINESS: None**

## ELECTIONS:

**Alt. Treasurer:** No nominations or volunteers. **Remains OTF.**

**Alt. Web Servant:** No nominations or volunteers. **Remains OTF.**

**Schedule Chair:** Gerry and Scott nominated Buddy O. Declined. **OTF.**

**Literature Chair:** No nominations or volunteers. **OTF.**

**H&I Chair:** No nominations or volunteers. **OTF.**

## NEW BUSINESS:

**Motion #1:** 8/29/09; To move \$3,000.00 from the Schedule Reserve to the general RSC fund.

Intent: To allow use of funds where they are needed.

Maker: Adam H/Vice Chair; 2<sup>nd</sup> by Dwight T/Treasurer

**Motion Passed: 7-0-1.**

The meeting closed in the usual manner at 4:20 p.m.

Pleasure to serve,  
Vick

The next RSC meeting will be on September 26<sup>th</sup> at Southeast Mental Authority (Uncas on the Thames), 401 W. Thames Street #301, Norwich 06360

### **Upcoming Activities**

Visit [www.ctna.org](http://www.ctna.org) Activities page for directions and events in other regions.

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|---------------|---|
| Sept. 13      | Recovery Rock Fest. United Shoreline Area; McCook's Point, Niantic, CT; 11:00-6 p.m. Food served at 1:00. \$10.00. Kids 12 and under: Free. Bring a side dish to share. |
| Sept. 19      | GNHA Annual Comedy Night and Ziti Dinner, Annex Club, 554 Woodward Ave., New Haven, doors open at 7pm, \$20 in advance  |
| Sept. 26      | GDA Learning Day, 10 – 4pm, St. John's Episcopal Church, 7 Whittlesey Ave., New Milford. Free breakfast available.  |
| Sept. 26      | CCA Learning Day, 10 – 4pm, Community Lake Park, Wallingford  |
| Oct. 3        | Walk on the Beach. West Haven Beach, Free.  |
| Oct. 11, 2009 | Between the Covers 2 <sup>nd</sup> Annual Chili Contest, P & F Pond, across from 656 Silver Lane, East Hartford   |
| Oct. 9-11     | “Solutions for Sisters, Women's Retreat; Incarnation Retreat Center, 253 Bushy Hill Rd; Ivoryton, CT. Price: \$165.   |

**Cancelled: Free to Be Me Retreat, 10/9 – 10/11**

- Oct. 17      Speaker Jam. 12-9pm Hartford
- Nov. 14      Holiday Fund Raiser. St. Andrew's Church, 20 Catlin Sts., Meridan. Free.
- Nov. 15      Family Fun Day; 2-6 pm. So. Windsor
- Nov. 21      Sponsor/Sponsee Dance and Dinner; 1<sup>st</sup> Congregational Church, 62 Colony St., Meridan; \$10.00
- Jan 8-10, 2010      25<sup>th</sup> CTCNA Convention Hilton, Stamford